

December, 2011

Dear Nursing 160 Distance Education (DE) Students,

Welcome to Nursing 160 online, the first of your nursing courses at Brookdale Community College! I am honored to be your teacher for your first semester and am looking forward to getting to know you. We have a course orientation scheduled on **Wednesday, Jan. 18 from 5-8 pm** in Twin Lights I in the Student Life Center (SLC). At this orientation, we will get a chance to meet each other and review the course requirements and resources. We will also do an orientation to the ANGEL course management system in the Nursing Computer Lab and the ATI/Learning System RN program. If you are not familiar with the ANGEL course management system, we also recommend attending an ANGEL orientation program lead by the Teaching and Learning Center (TLC) at Brookdale. Dates, times and the registration process can be found on the ANGEL homepage found by clicking on the online courses tab on the Brookdale homepage.

Nursing 160 DE is organized into three units. Each unit contains modules with correlating reading assignments, powerpoint presentations and graded learning activities. In addition to the self-assessment tools that you will have in ANGEL, you will also have access to several other online programs including ATI/Learning System RN, an online program with practice nursing exams, and The Point, which is a resource offered by the publisher of your fundamentals textbook. Information on how to access these programs will be provided at orientation.

Your course grade will be composed of three unit exams and a computerized HESI final. The unit exams will be administered on-campus on Monday evenings. The HESI exam will be administered the last week of the semester at a time and location to be announced (TBA). The unit exam schedule is as follows:

Unit 1 Exam – Monday, February 13 – 6:00-7:00 pm in Twin Lights I in SLC
Unit 2 Exam – Monday, March 26 – 6:00-7:10 pm in Navesink I in SLC
Unit 3 Exam – Monday, April 30 – 6:00-7:10 pm in Twin Lights I in SLC
HESI Final Exam – Monday, May 7 – 6:00-8:00 pm location TBA

The following are the textbooks that are required for this course. These texts will be used throughout the nursing program.

Kee, J.L. & Hayes E.R (2012) *Pharmacology: A nursing process approach (7th ed)* Philadelphia, P A.:W.B.Saunders Co.

Kee, J.L.& Hayes, E.R.(2012) *Study Guide for Pharmacology: A nursing process approach (7th ed)* Philadelphia, PA: W.B. Saunders Co.

Taylor, C.,Lillis,C. (2011) *Fundamentals of Nursing Care (7th ed.)* Philadelphia: Lippincott Williams & Wilkins. (*Taylor's Video Guide to Clinical Nursing Skills: CD-ROM Modules*).

Videbeck, S. (2011) *Psychiatric Mental Health Nursing*, (5th ed.) Philadelphia, Lippincott, Williams & Wilkins (Lippincott's Video Guide to Psychiatric-Mental health Nursing Assessment).

You will also need to purchase the CD-ROM's that accompany the Taylor Fundamentals textbook and the videos that accompany the Videbeck Psychiatric textbook. The publisher has provided a special pricing package for the Taylor textbook with the CD-ROM's and the Videbeck text with the videos in the BCC bookstore. All nursing texts are used throughout the program.

The Nursing Skills Lab and your online work begin during the week of January 23. Your orientation session on January 18th counts as your lab time for the first week. You do not need to attend lab the week of January 16. You should have registered for a lab section when you registered for your lecture course. The lab sessions will help you apply the information you are learning in class. You will learn more about lab at your orientation session.

During your lab sessions, we have incorporated a variety of multidisciplinary programs to promote your success in the Nursing program. During the week of January 30, you are required to attend a program offered by the reading department. This session entitled **Successful Studying Workshop for Nursing Students** will be offered at four different times during the week and you will be able to sign-up for one of the sessions at orientation. The scheduled dates and times are:

Tuesday, Jan, 31 from 11:45 am-1:00 pm in LAH 124

Thursday, Feb. 2 from 11:45 am-1:00 pm in LAH 124

Wednesday, Feb.1 from 6:00-7:15 pm in LAH 124

Wednesday, Feb. 8 from 6:00-7:15 pm in LAH 124

If your session is not held during your scheduled lab time, your lab time will be shortened to give you time back to attend this required session. Please bring your calendar to orientation so you can sign up for a session that will work with your schedule. If you are a repeating Nursing 160 student, we recommend that you make an individual appointment with the reading lab staff instead of attending the workshop. You can schedule this appointment by contacting Laura Kirkwood at lkirkwood@brookdalecc.edu or 732-224-2610. Laura will notify the faculty that you have attended the session so that you can get credit for this required activity.

As many of you may be excited to get started with your reading before the semester begins, the following are the reading assignments for Unit One. You will be able to access your ANGEL course system starting on Jan. 17, so you will be able to begin reviewing the online learning resources at that time. If you have time before orientation, please complete the icebreaker activity in ANGEL. The instructions for the activity can be found under the content section in your course. We also recommend that you view the Study Skills website www.studygs.net. This website offers many practical techniques that will contribute to your success in the program. Areas covered include reading, study and note taking skills, critical thinking, time and stress management and online learning. Please feel free to email me if you have any questions.

Content Areas	Reading Assignments
Discipline of Nursing, Historical Perspective, Theorists, Legal/Ethical Standards, Nursing Process, Critical Thinking	Taylor & Lillis Chapter 1 Chapter 4, pgs. 55-59 Chapter 5, pgs.72-75 Chapter 6 Chapter 7 Chapter 11
Introduction to the Nurses Role in Medication Administration and Calculating Oral Medication Dosages	Taylor & Lillis Chapter 29 pgs. 726 (Table 29-1), 732-739, 735 (Table 29-2), 741-744 (Table 29-3) Kee & Hayes, Chapter 3 pgs. 22-34 Chapter 4 pgs. 35-40 Chapter 5 pgs 49-71 (omit body surface area) Kee & Hayes Study Guide Chapter 3 pgs. 10-12 (omit questions 11-21 & 28-32) Chapter 4 pgs 35-40 & (Figure 4-11) Chapter 5, sections 5A, 5B, 5C
Infection Control, Health & Illness & Cultural Competence	Taylor & Lillis Chapter 2 Chapter 3 Chapter 27 pgs. 653-674 & 680-685 (Skills 27-1 & 27-2). Videbeck Chapter 7 pgs. 124-134

I look forward to meeting you on January 18th and helping you to be successful in this course. Bring this letter to the orientation so we can clarify any questions you may have. Please feel free to contact me at 732-224-1893 or rsmith@brookdalecc.edu with any questions.

I would like to end with one of my favorite quotes from Florence Nightingale:

Nursing is an art: and if it is to be made an art, it requires an exclusive devotion, as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or dead marble, compared with having to do with the living body, the temple of God's spirit? It is one of the Fine Arts: I had almost said, the finest of Fine Arts.

Welcome to the nursing program!

Sincerely,

Robin Smith
Assistant Professor of Nursing