

January 2012

Dear Nursing 161 Students,

Welcome to NURS 161

Enclosed are the course calendar and information regarding specific preparation prior to the beginning of the course. **Please bring this letter with you to orientation.**

NURS 161 Orientation

Sections	Date	Time	Place
800RL	Wednesday January 18	5p-10p	Student Life Center SLC 216
001RL	Thursday January 19	8a-1p	Student Life Center SLC 216

The Nursing Department Homepage: <http://www.brookdalecc.edu/pages/879.asp> gives information about our Department, Resources, Success Strategies and how to contact NURS 161 faculty and Health Sciences office staff.

You will be expected to take a math-test early in the semester on medication calculation for nurses. A grade of 90% is required to pass the math-test. Please review math content from NURS 160 and do the practice questions on-line at the Nursing Department's website: "Math Tutorial" and click "content", if math does not come easy to you.

Work on completing the Clinical Laboratory Requirements: Physical Examination, Criminal History Background Check, Malpractice Insurance, Accident Insurance, Cardiopulmonary Resuscitation Certification, and a passport photograph and submit to the Nursing Office. Students can not attend clinical laboratory unless all these requirements are completed.

You are required to use a Mobile Device in the clinical laboratory, iPhone, iPod Touch, BlackBerry, Windows Mobile Smartphone, or Android. Please refer to this website: <http://www.skyscape.com/estore/productdetail.aspx?productid=2392#> for memory requirements. The software program *Nursing Constellation Plus, powered by Skyscape* can be purchased in the college bookstore and includes three required textbooks (see p.6).

We will use ANGEL to announce important information about the course. Please check this site several times every week and use your BCC email account when you communicate with faculty.

There are two components to the course: Theory and Clinical.
THEORY

Sections	Day	Time	Place	Reading assignments for On Campus Clinical
001RL	Mon.	8:00a-11:45a	MAS 001	Taylor Chapters 17 and 27. Omit surgical asepsis preparing a sterile field, using a packaged sterile drape, putting on sterile gloves and removing sterile gloves
800RL	Tue.	6:00p-9:45p	MAS 001	Same as above

BROOKDALE COMMUNITY COLLEGE
NURSING 161
COURSE CALENDAR
Spring 2012
SECTION I THEORY

PLEASE NOTE THE FOLLOWING CHANGES SPRING 2012 SEMESTER: Syllabus Unit II will be changed to Unit I

Week 1: Thermoregulation and Oxygenation, (syllabus p. 14, 15)

Week 2: Alterations in Elimination (syllabus p. 16-18)

Week 3: Psychosocial (syllabus p.19, 20)

Unit II

Week 4: Infection Control and Documentation (syllabus p. 8, 9)

Week 5: Nutrition (syllabus p. 10,11)

Week 6: Nursing Care Plan (syllabus p.12,13)

	<u>DATES</u>	<u>TIME</u>
Class - Unit I	<u>Sec. 001RL</u> January 23, 30, February 6	8:00am - 11:45am
	<u>Sec. 800RL</u> January 24, 31, February 7	6:00pm – 9:45pm
EXAM	Unit I Classroom	
	<u>Sec. 001RL</u>	February 13 8:00 am – 9:00 am
	<u>Sec. 800RL</u>	February 14 6:00 pm – 7:00 pm
	Exams start promptly.	

Math for Meds Exams are taken at the Testing Center, BCC CAR Building– all sections must complete the Math Exams by the following dates:

Test I	Saturday February 4
Retest II	Saturday February 25
Retest III	Saturday March 10

Class - Unit II	<u>Sec. 001RL</u> February 13, 20, 27	8:00am - 11:45am
	<u>Sec. 800RL</u> February 14, 21, 28	6:00pm – 9:45pm

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EXAM	Unit II Classroom		
	<u>Sec. 001RL</u>	March 5	8:00 am – 9:00 am
	<u>Sec. 800RL</u>	March 6	6:00 pm – 7:00 pm
	Exams start promptly.		

SPRING BREAK Sunday March 11-Saturday March 17

Class - Unit III	<u>Sec. 001RL</u>		8:00am - 11:45am
	March 5, 19, 26		
	<u>Sec. 800RL</u>		6:00pm – 9:45pm
	March 6, 20, 27		

EXAM	Unit III Classroom		
	<u>Sec. 001RL</u>	April 2	8:00 am – 9:00 am
	<u>Sec. 800RL</u>	April 3	6:00 pm – 7:00 pm
	Exams start promptly.		

Class - Unit IV	<u>Sec. 001RL</u>		8:00am - 11:45am
	April 2, 9, 16, 23, 30		
	<u>Sec. 800RL</u>		6:00pm – 9:45pm
	April 3, 10, 17, 24, May 1		

EXAM (content covered in Unit IV, Weeks 1 through 4)	Unit IV Classroom		
	<u>Sec. 001RL</u>	April 30	8:00 am – 9:00 am
	<u>Sec. 800RL</u>	May 1	6:00 pm – 7:00 pm
	Exams start promptly.		

HESI Comprehensive Exam	Date	Time	Place
<u>Sec. 001RL</u>	May 7	TBA	TBA
<u>Sec. 800RL</u>	May 8	TBA	TBA

The comprehensive HESI final examination will be administered on campus in a computer classroom. This is a computerized exam which is proctored. This exam will be given during the last week of the semester but not necessarily during scheduled class time. The examination dates and times will be announced by mid-semester.

CLINICAL

Sections	Day	Time	Place
001-004RZ	Thursday Friday	Wk. 1-5: 8a – 12:30p Wk. 6-13: 8:30a – 1p 8a – 12:30p	Clinical Agency you are assigned to
800 – 803RZ	Wednesday Thursday	5:30p – 10p 5:30p – 10p	Clinical Agency you are assigned to
005-006-804RZ	Saturday	7a – 4:30p	Clinical Agency you are assigned to

Prior to beginning in the extended care agencies, there is one On-Campus clinical day (OCC)
Note: Saturday clinicals begin at the extended care facility since BCC does not open until 8am

PLEASE NOTE THE FOLLOWING CHANGES SPRING 2012 SEMESTER:

Syllabus Clinical Laboratory Guide:

Week 1: Orientation to Extended Care Facility stays the same

Week 2: Thermoregulation and Oxygenation (syllabus week 4)

Week 3: Elimination (syllabus week 5)

Week 4: Coping, Anxiety, Body Image, Support Systems (syllabus week 6, omit Hospital Orientation)

Week 5: Nutrition (syllabus week 2)

Week 6: Geriatrics; Needs Assessment (syllabus week 3)

Sections	OCC Day 1	Time/ Place	Activities OCC Day 1
800 – 803RZ	Wed. Jan. 25	5:30p-10p Student Life Center, SLC 216	Learning Harbor. Documentation. Isolation Precaution.
001-004RZ	Thur. Jan. 26	8a-12:30p Student Life Center, SLC 216	Learning Harbor. Documentation. Isolation Precaution.
005-006- 804RZ	Sat. Jan. 28	12n-4:30p Student Life Center, SLC 208	Learning Harbor. Documentation. Isolation Precaution.
Sections		Time	First day in extended care facility
800RZ 801RZ 802RZ 803RZ	Thur. Jan. 26	5:30p-10p	Meridian Nursing and Rehabilitation Manor Care Center Seabrook Village Renaissance Atrium, Navesink Harbor
001RZ 002RZ 003RZ 004RZ	Fri. Jan. 27	8a-12:30p	Bayshore Health Care & Rehabilitation Center Seabrook Village Renaissance Meridian Nursing and Rehabilitation Care One at Holmdel

005RZ 006RZ 804RZ	Sat. Jan. 28	7a-11:30a	Geraldine L. Thompson Care center Care One at Holmdel Bayshore Health Care & Rehabilitation Center
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ALL SECTIONS BEGIN HOSPITAL CLINICAL.

Evening Sec. 800-803RZ: Feb. 29. Day Sec. 001-004RZ: March. 1.

Saturday Sec. 005 and 804RZ: March. 3.

HOSPITAL CLINICAL TIMES ARE AS FOLLOWS:

NOTE: TIME CHANGE FOR SECTIONS 001, 002, 003, 004RZ

Sections 001, 002, 003, 004RZ:	1st clinical day of each week	8:30 a.m. – 1 pm
	2nd clinical day of each week	8:00 a.m. – 12:30 pm
Sections 800, 801, 802, 803RZ	1st and 2nd clinical day	5:30 p.m. – 10:00 p.m.
Sections 005, 006, 804RZ	Clinical day	7:00 am – 4:30 p.m.

SPRING BREAK Sunday March 11-Saturday March 17

Week of April 23:	Last week of clinical
Clinical make up as needed:	TBA
Clinical Evaluations:	Week of May 7

Students are required to wear uniforms in clinical. The uniform consists of:

- Light blue collared shirt with the Brookdale logo (required, purchase in the College Store)
- Navy blue pants with a stitched crease in front (required, purchase in the College Store)
- Brookdale name pin (purchase at the College Store)
- White nurses' shoes and white stockings or socks
- Watch with sweep secondhand.
- White lab coat
- Brookdale Patch (Available for purchase in Orientation. \$5.00)

All nursing students are required to purchase a nurse kit for the clinical nursing courses. The nurse kit has supplies that you need as you practice and test on NURS 161, 162, 261, and 262 skills in the College Laboratory. Sun Ray Medical is our vendor and you have to order the Nurse Kit from them. Sun Ray Medical will forward the kit to the BCC Nursing Lab.

Sun Ray Medical
1151 Highway 35
Middletown, NJ 07748

The Nurse kit will not be available for purchase in the College Store. You must have the Nurse Kit prior to practicing your skills in the Nursing Laboratory.

TEXTBOOKS AND SUPPLIES

REQUIRED TEXTBOOK/MATERIALS:

Dudek, S. (2010). *Nutrition Essentials for Nursing Practice* (6thed.). Lippincott.

Doenges, M.E. & Moorhouse M. F. & Murr A. C. (2010). *Nurse's Pocket Guide. Diagnoses, Prioritized Interventions, and Rationales* (12th ed.). PA: F. A. Davis.

Kee, J.L. & Hayes, E.R. (2012). *Pharmacology: A nursing process approach* (7th ed.). Philadelphia, PA: W.B. Saunders.

Kee, J.L. & Hayes, E.R. (2012). *Study Guide for Pharmacology: A nursing process approach* (7th ed.). Philadelphia, PA: W.B. Saunders.

Assessment Technologies Institute ATI. (This is a software program that will be used to enhance learning and practice exam questions on-line. Payment will be coordinated through the cashier.)

Nursing Constellation Plus. Powered by Skyscape. (Available in the bookstore)

This is a software program that integrates resources and tools you will need in clinical. You need a Mobile device/platform to download the information. Please refer to this website:

<http://www.skyscape.com/estore/productdetail.aspx?productid=2392#> for memory requirements. The following required books are included in the software: Deglin, J.H. & Vallerand, A. H. (2009). *Davis' Drug Guide for Nurses* (11th ed.). Philadelphia, PA: F.A. Davis; Schnell, Z., Van Leeuwen, A. & Krapnitz (2009). *Davis's comprehensive handbook of laboratory and diagnostic tests with nursing implications* (3rd ed.) Philadelphia: F.A. Davis; Venes, D. & Thomas, C. (2009) *Taber's Cyclopedic Medical Dictionary* (21st ed.). Philadelphia, PA: F.A. Davis.

Smeltzer, S.C. & Bare, B.G. & Hinkle, J. L. & Cheever, K. H. (2010). *Brunner & Suddarth's Textbook of Medical Surgical Nursing* (12th ed.). Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.

Taylor, C. & Lillis, C. & LeMone, P. & Lynn, P. (2011). *Fundamentals of Nursing* (7th ed.) with *Taylor's Video Guide to Clinical Nursing Skills*, Student Set on CD-ROM . Philadelphia, PA: Lippincott Williams & Wilkins.

Videbeck, S.L., (2011) *Psychiatric Mental Health Nursing* (5th ed.) Philadelphia: Lippincott.

- Needs Assessment Forms
- Nursing Care Plan Forms
- Nurse Kit

NOTE: The Needs Assessment Forms and Nursing Care Plans can be purchased together in the book store before the semester begins. See information regarding the Nurse Kit on pg. 5.

Again, we welcome you to the Nursing program and look forward to meeting you on January 18 and 19.

Nursing 161
Spring 2012

Sincerely,
Mary Ehret, MS, RN
Linda Hoffman, MSN, RN, CNE
Wendy Massaro-Johnson
Robin Smith, MSN, RN
Faculty, Nursing 161

Rev. 12.12.11 LH