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**WHERE’S MY CLASSROOM? 4 WAYS TO FIND IT!**

- **Website:** [www.brookdalecc.edu/lifelonglearning](http://www.brookdalecc.edu/lifelonglearning)
  Scroll down and Click tab on screen lower right “Room Locations, Directions, Maps”
- **Call our prerecorded message:** 732-224-2100
- **Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315**
- **Read the posting on our front door – inside lobby, ATeC building**

*Yellow Bouquet by Marc Chagall.*
Dear Brookdale Friends and Neighbors –

Make this the year you fulfill those long delayed dreams. Make this the year you impress yourself. These pages are full of new, not-to-be-missed events to make your 2019 amazing.

**Brand New Stuff For A Brand New Year!**

★★ **First Timers $10:**

Haven’t been in a classroom in years? Tempted and curious? Find out what you are missing and meet others seeking intelligent entertainment. **Classes with a ★ star notation may be attended, for a $10 fee, by new lifelong learning students.** Simply call to register and mention this New Student only offer. (One $10 class per new student, please.)

**Live near our new WALL Campus?**

Meet your new neighbor! Lifelong Learning expands to the Wall Campus this spring. See classes on pages 6, 18, 21 and 27.

**A New Year Invitation – Friends of Lifelong Learning:**

Are you a dedicated lifelong learning student who regularly attends Brookdale? Would you like to join other senior scholars who wish to help build and strengthen the program? The Friends of Lifelong Learning is a newly forming group whose purpose is to promote and support Lifelong Learning at Brookdale. Founded by dedicated Lifelong Learning patrons, members will offer their talents, ideas and experience to proactively support and advocate for this program. The group will be independent, but guided by Brookdale administrators. Interested in attending a meeting to find out more? Email your name to lifelonglearning@brookdalecc.edu

Wishing you a happy, healthy, smart New Year!

**Watch Your Email!** Registration receipts are emailed within 3 days following enrollment. Please continue to check your email. **Class and bus trip updates are delivered via email** including notices of wait lists, class cancellations, date changes, classroom updates and more.
Academic Lecture Series – Psychology Today

A collaboration by the Brookdale Community College faculty and Lifelong Learning

**Spring Shows:**

**An Evening Of One Act Plays**
Feb 15, 16, 22, 23 at 8 pm
Feb 10, 17 at 2 pm

**The Wedding Singer**
Apr 5, 6, 12, 13, 19, 20 at 8 pm
Apr 7, 14 at 2 pm

**Brookdale Big Band**
Apr 27 at 8 pm
Tickets for ALL PROGRAMS are $15 general, $10 seniors and under 17, $5 Brookdale students with valid ID
Call our Box Office for more info: 732-224-2411

**Fraud Panel**

*In a bipartisan effort to serve the community, Assemblywoman Amy Handlin and Senator Vin Gopal will host a fraud panel on the dangers of scams and how to protect ourselves. Come join us for an expert panel discussion and Q & A session.*

“We have seen a steady increase in scams targeting New Jersey residents” said Assemblywomen Amy Handlin. “Falling victim to fraud can be just a phone call away” adds Senator Gopal. Join us to empower yourself to identify and report these crimes. This program is free and open to the public.

Wed, Jan 30, 10 am-noon
To register, email your name to Beth btarantino@brookdalecc.edu

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**Academic Lecture Series – Psychology Today**

**Psychology, Neuroscience, And Mindfulness:**
**An Introduction – Feb 7**
Joshua Cohen, PhD and Erin Mendoza, PhD

Better understand the brain body connection to improve your overall well-being. Learn how mindfulness, awareness that emerges by intentional, nonjudgmental focus on the unfolding of present experience, interacts with the brain and other organ systems. We will discuss how the biological changes associated with mindfulness correlate with emotions, thinking skills and behavior. Be introduced to brief guided mindfulness practices.

**Fixed Versus Growth Mindsets – Feb 14**
Raj Wesley, PhD

Contrary to popular belief, high achievement is not merely a product of talent and ability. A person with a fixed mindset believes that his or her intelligence is unchangeable, while a person with a growth mindset believes that his or her intelligence can be further developed. The distinction between these two extremes has tremendous implications for motivation, productivity, and confidence. The good news is, a growth mindset can be taught. Dr. Wesley is actively engaged in research at Brookdale and strategies that can be employed to increase the growth mindset.
Academic Lecture Series • The Arts

Intergenerational Trauma: The New Science Of Epigenetics And What It Means For You And Your Family – Feb 21
Laura McCullough, MFA and Leslie Greenley, MSW

Epigenetics reveals that family issues such as stress, anxiety, depression, relationship issues, and more are passed down biologically. Drawing on positive psychology, family constellation theory, recent breakthroughs in Post Traumatic Growth paradigms, and narrative-emotional therapy, we will explore family dynamics and healing strategies through family story and memory.

Positive Psychology – Mar 7
Diane Lang, MA

Explore the rapidly growing field of Positive Psychology. In the past we have focused on what is wrong and not working in our lives. Positive Psychology is the scientific study of well-being and optimal functioning. It is a strength-based approach to mental health which uses coaching as a process. This practical science can be applied to help people increase their well-being, build resiliency, learn their strengths and enhance their overall life satisfaction. Positive Psychology approaches can help alleviate and prevent mild to moderate depression and help people bounce back from adversity and feel happier. Our own personal happiness is a vital key to how effective we are in our daily lives. We know that happiness is also one of the most effective health interventions.

Thurs, Feb 7-Mar 7, 11:45 am-1:15 pm (no lecture Feb 28)
Fee and Code: $65, XHUMN 273

THE ARTS

Drawing Basics: Beginner/Intermediate
David Dziemian, Brookdale adjunct instructor, professional artist

Learn or review basic concepts and techniques while expanding your creative vision. Concepts include line, value, and perspective. Class includes teacher demonstration and individual feedback. Suggested materials list will be emailed to students one week prior. 5 SESSIONS
Fri, Feb 1-Mar 1, 10 am-12:30 pm
Fee & Code: $169, XARTF 207

Oil Painting: Still Life To Portrait
Nanci France-Vaz, professional artist, instructor

Designed for those beginner-intermediate artists who are either new to oil painting or would like to know more about oil painting, methods, and materials. Learn properties of oil paint, color theory, seeing value, rendering and drawing with oil paint, wet in wet techniques, layering, and glazing. Brands of paints, brushes, surfaces, and mediums will also be covered in the first class. Weekly demo and dedicated individual instruction. From still life to portrait, this class covers your favorite subjects. Suggested materials list will be emailed to students one week prior. 5 SESSIONS
Thurs, Feb 7-Mar 7, 10 am-12:30 pm
Fee & Code: $169, XARTF 204

Watch Your Email for Notices and Updates
Pastel Impressionism
Gina Torello, adjunct instructor, Brookdale and Monmouth U, professional artist
Explore this forgiving and simple media. Impressionists used pastels for studies but today we can create masterpieces using chalk pastels. Learn step-by-step how to pick your ideal subject matter and produce art work you will enjoy making. Beginner course but all skills welcome. Learn a new skill, explore techniques and be impressed. Bring copies of any impressionist work you enjoy. Suggested materials list will be emailed to students one week prior.
5 SESSIONS
Thurs, Feb 14-Mar 14, 10 am-12:30 pm
Fee and Code: $169, XARTF 184

Figure Drawing
Arlene Smelson, instructor
Begin with the essential elements of anatomy based on the method developed during the Renaissance. Recognize the body’s structural and anatomical characteristics and apply them to the practice of figure drawing. Working without live models, students will be guided through a series of exercises to develop an understanding of the human body and how it moves. Teacher demonstrations and personal guidance throughout the course. Suggested materials list will be emailed to students one week prior. 5 SESSIONS
Tues, Mar 5-Apr 9, 10 am-12:30 pm
(no class Mar 19)
Fee & Code: $169, XARTF 205

Pet Portraits
Nanci France-Vaz, professional artist, instructor
Celebrate your unique pet, whether dog, cat, or horse! Begin by examining your pet’s anatomy, then draw on canvas using vine charcoal, and finally paint using a limited palette. Focus on structure of the head to capture an exact likeness of the pet, explore color theory and texture to paint realistic soft fur. Beginner through advanced artists will learn through teacher demo and hands-on instruction. Don’t miss this opportunity to capture your pet’s charm and personality. Suggested materials list will be emailed to students one week prior. 5 SESSIONS
Thurs, Apr 4-May 2, 10 am-12:30 pm
Fee & Code: $169, XARTF 206

Acrylic Painting
Arlene Smelson, instructor
Whether you are a beginner or haven’t painted recently, explore the magic of acrylic in a relaxed setting. Construct a painting by learning to develop an interesting composition, to mix colors, to build textures, and develop movement and values in a work of art. Learn a variety of techniques and how to bring out the artist within you. Develop skills and techniques that will allow you to express yourself in any way you can imagine. Suggested materials list will be emailed to students one week prior. 5 SESSIONS
Tues, Apr 30-May 28, 10 am-12:30 pm
Fee & Code: $169, XARTF 195
Mosaics: A Beginner’s Workshop
Learn design, cutting, tile layout, types of surfaces, adhesion, and grouting. All the techniques needed to complete a 9”x12” mosaic project to take home. Course materials provided. Materials fee $25 payable to the instructor. 4 SESSIONS Fri, Mar 1-22, 10 am-noon Fee and Code: $99, XARTF 115

Intermediate Mosaics
Take your mosaics to the next level in this hands-on workshop. If you have taken a beginner’s mosaics class or have background in mosaics then this is the class for you. Instructor will demonstrate creating a project with a specific pattern and design. A 12” X 12” project will be completed to take home. Materials fee $25 payable to the instructor. 4 SESSIONS Fri, Apr 5-26, 10 am-noon Fee and Code: $99, XARTF 127

Glass Mosaics
Create mosaics using stained glass in this hands-on workshop. Learn to cut, grind, and grout stained glass. Craft a one-of-a-kind project to take home. All materials provided. Materials fee $45 payable to the instructor. 4 SESSIONS Fri, May 10-31, 10 am-noon Fee and Code: $99, XARTF 189

Broken China Mosaics
Create mosaics using broken china pieces in this hands-on workshop. China mosaics are a fun and addictive art form. Let us show you how to cut and assemble china to decorate a wall hanging and seal it with grout. Once you’ve made one you’ll never want to stop. Course materials provided. Materials fee $35 payable to the instructor. 4 SESSIONS Fri, May 10-May 31, 1-3 pm Fee and Code: $99, XARTF 202

Introduction To Machine Sewing
Betty McCarty, instructor
Do you have a love of fabric and design for the home and wardrobe? Do you have a sewing machine, or want one, but do not know how to use it? Learn how to operate and understand the parts of a sewing machine. Instructor will guide you through basic techniques to get you started on your first project. A portable sewing machine is required for this class. Sec 1: Mon, Apr 1, 6-9 pm Sec 2: Mon, Apr 8, 6-9 pm Fee and Code: $49, XARTC 139

Portfolio Development
David Dziemian, Brookdale adjunct instructor, professional artist
Develop an art portfolio that will showcase your work. Refine your artistic skills and cultivate your individual creative vision. Class size is limited to allow for individual feedback and instruction. Students are encouraged to use their own supplies, but a suggested supply list will be emailed to students one week prior. Ages 14 and up. 5 SESSIONS Tues, Apr 30-May 28, 6-8:30 pm Fee & Code: $169, XARTF 201

See also, Sketch Journaling, p.25

Watch Your Email for Notices and Updates
Basics Of Digital SLR Photography

Kevin Burkitt, Brookdale media technology specialist; photographer

Unlock your camera’s potential to create great photos by manipulating ISO, shutter speed and aperture. Enhance your landscape and portrait images. Whether you are new to photography or just need to brush up your skills, you will gain a better understanding of your camera and all you can do with it. Digital SLR camera required; no point-and-shoot or fixed-lens cameras.

Questions about your camera? Email kburkitt@brookdalecc.edu for more information. 2 SESSIONS

Sec 1: Tues & Thurs, Mar 5 & 7, 6:30-8:30 pm
Wall Campus
Sec 2: Tues & Thurs, Apr 2 & 4, 6:30-8:30 pm
Fee and Code: $69, XARTP 069

Creating Portraits: It’s All About The Light

Patricia Hart Zackman, instructor, professional photographer

Learn simple techniques for creating great portraits. Explore hard light vs. soft light, natural light vs. artificial light, on and off camera flash. Learn when and how to enhance light. Other topics include making your subject comfortable and minimizing flaws. Investigate and create a variety of portrait types including self-portrait and portraits that tell a story without showing the subject’s face. A DSLR camera is required for this class. 3 SESSIONS

Sat, Mar 23-Apr 6, 10 am-noon
Fee and Code: $89, XARTP 099

Lightroom

Kevin Burkitt, Brookdale media technology specialist; photographer

Now that you’ve taken pictures you probably want a way to store, catalog, and edit them. To do so you need a robust application like Adobe Lightroom. Come learn the basics of Lightroom Classic and how you can take your photography to the next level using this powerful storage and editing software.

Sat, Apr 13, 10 am-2 pm
Fee and Code: $69, XARTP 102
Photographs: Framing, Naming, and Pricing

Patricia Hart Zackman, instructor, professional photographer

You’ve captured the ideal image, now take the next steps to display your photos with maximum impact. Join professional photographer, Patricia Hart Zackman to discuss formatting, printing, and framing. See how the same image looks different in various formats. Discuss the many options for framing. Finally, find out what’s in a name and how to price your work for sale.

Tues, May 7, 6-8 pm
Fee & Code: $29, XARTP 106

Sunset Photography: A Beginner’s Guide

Kevin Burkitt, Brookdale media technology specialist; photographer

End your day on a beautiful note! Join landscape photographer Kevin R. Burkitt to learn the secrets of shooting stunning sunset photos. First class meets on the Lincroft campus for a lesson in using your camera’s manual mode. Second class meets at a waterfront location where you will use your skills to create striking sunset photos. Note: This class is for Canon and Nikon DSLR cameras or Fuji, Olympus, or Sony Mirrorless DSLR cameras. Please no point and shoot or fixed lens cameras. If you have questions about your camera email kburkitt@brookdalecc.edu for more information. Rain date is May 19th. Please note: no refund will be given if rain date is used. 2 SESSIONS
Fri, May 17, 6-8 pm (Lincroft) AND Sat, May 18, 5-7 pm Memorial Park, Neptune City
Fee and Code: $69, XARTP 105

Sunrise Photography: A Beginner’s Guide

Kevin Burkitt, Brookdale media technology specialist; photographer

Calling all early risers! Join landscape photographer Kevin R. Burkitt to photograph the sunrise over the fishing pier in Belmar. First class meets on the Lincroft campus for a lesson in using your camera’s manual mode. Second class meets at the pier to capture the magic of nature in action. Note: This class is for Canon and Nikon DSLR cameras or Fuji, Olympus, or Sony Mirrorless DSLR cameras. Please no point and shoot or fixed lens cameras. If you have questions about your camera email kburkitt@brookdalecc.edu for more information. Rain date is May 18th. Please note: no refund will be given if rain date is used. 2 SESSIONS
Fri, May 10, 6-8 pm (Lincroft) AND Sat, May 11, 5-7 am at 2nd and Ocean Avenues in Belmar
Fee and Code: $69, XARTP 104

Elizabethan England

Lyndell O’Hara, PhD, history professor, Nyack College

It was the Golden Age of England: Elizabeth I was on the throne, the Spanish Armada was defeated, colonies were established in the New World, the plays of Shakespeare and Marlowe were filling theaters on the “other side” of the Thames, and peace and prosperity reigned throughout the land. While the major events of the time will be recognized, the concentration of this course will be on the daily life of the humble, common person in this Golden Age. Did they share in this era of peace and prosperity? We will dive into a sixteenth century town to study the customs, religion, and culture of the people who existed far beyond the magnificence of Elizabeth’s court! 3 SESSIONS
Mon, Feb 18-Mar 4, 10:30 am-12:30 pm
Fee and Code: $65, XHUMN 322
How Did We Get Here?
Brooks Susman, history, philosophy instructor and rabbi emeritus

Is the past prologue? Does history repeat itself? Does the arc of history bend toward justice? Sharpen your opinions by examining current events through the lens of history. Each week we will discuss and debate Sunday editorials and news coverage (in both left and right leaning media outlets) with a view to their resonance in history and in our own lives. Knowledge is more than a headline. Napoleon said, “history is a set of agreed upon lies.” Santayana declared, “those who forget the past are condemned to relive it.” Are they right? 4 SESSIONS
Wed, Feb 20-Mar 13, 10:30 am-12:30 pm
Fee and Code: $85, XHUMN 107

Remarkable People: Dewey And Du Bois, Icons Of Education
Connie Goddard, historian

John Dewey and W.E.B. Du Bois were public intellectuals whose voluminous works animated discussions about schools and society during the first half of the 20th century. Both contributed to the development of another icon, the Manual Training and Industrial School in Bordentown (1886-1955), a state-supported boarding school for “colored youth”. Their works, and the school’s disputed heritage, remain prescient today and inform our understanding of contemporary challenges. 3 SESSIONS
Thurs, Feb 28-Mar 14, 10:30 am-12:30 pm
Fee and Code: $65, XHUMN 078

★ Positive Aging
Diane Lang, therapist, author, educator

Life expectancy has improved considerably in recent decades. Most of us look forward to more than twenty years in retirement. How we choose to address our aging bodies and minds during this time is up to us. Our beliefs on aging play a huge role in our happiness and health. We will explore ways to thrive at any age, perspective on the aging process, the truths and myths of aging and cultivate a positive approach to future years and the new possibilities the next stage of life can bring. 3 SESSIONS
Mon, Apr 1-15, 10:30 am-noon
Fee and Code: $65, XPERS 211

★ Human Rights – Where Philosophy Meets Reality
Matthew Hershberger, writer, editor, human rights scholar

Even in divisive times, most of us would agree: everyone deserves basic human rights like life, liberty, and the pursuit of happiness. But how do these idealistic concepts fare when they’re confronted with the real world? There are few places where philosophy meets reality as starkly and controversially as in the field of human rights. Thoughtful topics will include: human rights and climate change, human rights and immigration and human rights and terrorism. 3 SESSIONS
Wed, Apr 3-17, 10 am-noon
Fee and Code: $65, XPHIL 069

A Special Tribute

So often we are looking for a meaningful way to honor someone’s special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.

The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program.
Contact Linda Martin, Director of Lifelong Learning 732-224-2303

Call To Register 732-224-2315
Are We Alone? Inquiry Into The Mystery Of Life
Sarbmeet Kanwal, PhD, physicist

There is mounting excitement that we are getting closer to answering the age-old question “Are we alone in the universe?” But has science brought us any closer to answering “Why are we here in the universe?” By recounting our current scientific knowledge of cosmic evolution, this class will provide a new perspective on some of the most profound questions that mankind has posed on the origin and purpose of life on Earth. 4 SESSIONS
Fri, Apr 5-Apr 26, 10:30 am-noon
Fee and Code: $85, XPERS 275

The Salem Witchcraft Trials
Lyndell O’Hara, PhD, history professor, Nyack College

In 1692, 144 men and women were interrogated by a council of judges regarding their possible collusion with the devil. Nineteen of them were put to death. Historians today still debate as to why this quickly escalating tragedy occurred in Salem. Was it caused by a growing tension in gender relations? Economic competition between Salem town and Salem village? Indian wars? What led people in a small colonial town to believe their neighbors were possessed by Satan and must be put to death for the safety of the community? In this course, we will examine the accusations, trials and executions from different perspectives as we form our own opinions as to the underlying motive.
3 SESSIONS
Wed, Apr 24-May 8, 10:30 am-12:30 pm
Fee and Code: $65, XHUMN 099

Supreme Court Decisions: Church And State
Bruce Brickman, Esq., instructor

Values clash when zealous faith meets the secular wall. Examine the Supreme Court’s pattern of often conflicted decisions involving religious clauses. Understand how the Court reached landmark, controversial, decisions. Clarify past decisions and current approach in order to glimpse the future inclination of the Court. Please bring a copy of the U.S. Constitution if you have one.
4 SESSIONS
Tues, Apr 30-May 21, 2-4 pm
Fee and Code: $85, XHUMN 325

Understanding Cryptocurrency
Lawrence Bashe, economist

Cryptocurrency is defined as decentralized digital money. Bitcoin is considered the first of its kind – electronic currency that does not use a central bank. But what does that mean, how does it work and what should individuals know. Join us and learn the basics. 2 SESSIONS
Wed, May 22 & 29, 10:30 am-noon
Fee and Code: $49, XFING 088
Spring Scholars

Bid farewell to winter with a spa for your head! Connect with others seeking intelligent entertainment. Three days of intriguing, diverse subjects. Light lunch included.

Monday, March 18:

**Pope Francis: Where Is He Taking The Catholic Church – And Will He Get There?**
**Christopher Bellitto, PhD, history professor, Kean University**

Who is Pope Francis? Why is everyone (not just Catholics) paying attention to the first Latin American and first Jesuit pope in history? How is he trying to change the church and what are people saying in support or opposition? Join us as we assess what he has done, what he has failed to do, and what might be next.

10 am-noon

**How Music Means**
**Jasmin Henry, BM, MM, adjunct music instructor**

Hans Christian Andersen said, "Where words fail, music speaks." Why do so many people around the world use music to express their innermost emotions? We will consider why music and musical performance are socially and emotionally meaningful. Using the analytical tools of scholars Turino and Peirce, we’ll examine how particular musical sounds resonate with our individual experiences and beliefs to produce unique feelings and thoughts. Learn why music is often at the center of our most profound moments in life.

1-3 pm

Tuesday, March 19:

**Conspiracy Theories**
**Christian Perez, Brookdale political science instructor**

What are conspiracy theories, and where do they come from? What differentiates historical conspiracies from conspiracy theories? We’ll explore the origins of conspiracy theories and discuss whether or not there is any truth to these often bombastic claims.

10 am-noon

**Van Gogh – His Life And His Work**
**Arlene Smelsen, art instructor**

One of the most misunderstood geniuses of the modern world, Vincent’s short and tragic life consisted of physical and mental struggles with paranoid behaviors. His negative qualities caused him painful isolation, yet he was a man with a social conscience and compassion towards others. During the last decade of his life, he created paintings filled with brilliant colors, thick paint, and swirling brushstrokes. His tragic death is shrouded in mystery. Thought to have committed suicide, is it possible there is a far more plausible scenario? After hearing all the facts in this lecture, it will be up to you to decide.

1-3 pm

*Continued next page...*
Spring Scholars continued

Wednesday, March 20:

How Shakespeare Changed The World
Dr. Carl Calendar, former Humanities Dean, Brookdale

Shakespeare's plays are more popular now in the English speaking world than ever before and they continue to be produced in translation worldwide. Shakespeare didn't just write his plays, he created dramas that changed how we see the human personality and the way we view war and politics. Moreover he gave us hundreds of proverbial expressions which are used every day.

Dr. Calendar will discuss Shakespeare's impact using major plays like Hamlet, Macbeth, King Lear, Twelfth Night and Midsummer's Night's Dream.

10 am-noon

Great Decisions, Foreign Policy Examination And Discussion
Gregory Caggiano, historian, presidential scholar

Great Decisions is America's global affairs discussion program with instructor guidance provided by the Foreign Policy Association. The program model involves classroom meetings to watch the Great Decisions briefing DVDs and discussing the most critical global issues facing America today. Today's topic is Populism in Europe.

1-3 pm

Mon-Wed, Mar 18-Mar 20, 10 am-3 pm
Fee and Code: $169, XPERS 245 (fee includes light lunches)

Understanding Medicare & Medicare Option Care
Alfred Norton, Licensed Health Insurance Agent

Whether you are soon turning 65, or already a Medicare recipient, don't miss this thorough review of Medicare program basics and the variety of ways to enroll in Medicare. Our discussion will outline Original Medicare (parts A&B), Medicare Prescription Drug Plans (Part D), Medicare Advantage Plans (Part C with or without Medicare Part D) and, finally, Medigap Coverage (Supplemental) and how it interfaces with Original Medicare. We will evaluate Medicare entitlement, approximate costs and eligibility, together with outlining help/procedures for individuals with limited income or those receiving Social Security Disability. Information will also be provided regarding the major carriers in NJ for Medicare Part C, and Medigap Policies.

Sat, Mar 9, 9:30-11:30 am
Fee and Code: $39, XFING 070

Financial Strategies For Successful Retirement
Joseph P. Silvestri, CFP®, ChFC®, CLU® CASL®, CLTC®, Frank Gordon, CLU®, LUTCF®, and John Beninato CDFA® of Creative Financial Strategies

As Baby Boomers approach retirement, new financial questions arise. We'll address your questions about building enough wealth to retire, increasing retirement income, and exploring lifestyle options. Discuss mutual funds, insurance, stocks, bonds, estate taxes, and long term care. You'll receive a workbook packed with sound, solid information that you can take home and put to good use in the development of your own financial blueprint. Come away with a clearer picture of the opportunities available to improve your future financial security. Spouse/partner may attend for free.

3 SESSIONS
Sec 1: Wed, Mar 27-Apr 10, 6:30-9 pm
Freehold Campus
Sec 2: Sat, Mar 30-Apr 13, 9:30 am-noon
Lincroft Main Campus
Fee and Code: $65, XFING 002

Call To Register
732-224-2315
STOCK MARKET BOOT CAMP SERIES
Robert Cutrupi, senior portfolio director, the Cutrupi Group of Morgan Stanley Smith LLC

Stock Market Boot Camp
Explore basics for understanding the stock market to advanced strategies on how to select stocks and manage risk. Find out what information you need to increase the probability of making a successful investment. Learn how to read technical charts as well as how to review the fundamentals of a company. Investment strategies will be discussed, but no specific products will be offered.
Sat, Mar 2, 9:30 am-12:30 pm
Fee and Code: $39, XFING 073

Boot Camp – Next Steps
Expand your knowledge of the stock market. Review intermediate to advanced investment strategies combining fundamental and technical analysis (point and figure charting) and portfolio construction and risk management techniques. Learn the importance of sector and stock selection utilizing various technical tools including relative strength, momentum and trend. Students who attend this class should have basic knowledge of investing. Investment strategies will be discussed, but no specific products will be offered.
Sat, Mar 9, 9:30 am-12:30 pm
Fee and Code: $39, XFING 079

Advanced Boot Camp – Investing In Today’s Uncertain Market
Examine tactical portfolio management and tools for broadening your investment scope. Topics include: ETF (Exchange Traded Funds), Options, Investing in Bear Markets, Defense Investing, and Investing for Yield. Explore the six major asset classes: Cash, Bonds, US Equities, International Equities, Currencies and Fixed Income. Learn how to incorporate these asset classes into your portfolio. Strategies discussed, no specific products will be offered.
Sat, Mar 16, 9:30 am-12:30 pm
Fee and Code: $39, XFING 083

Register for Complete Series at discounted rate:
Fee and Code: $99, XFING 090

Watch Your Email for Notices and Updates

Call To Register
732-224-2315
Pilates
Pilates is a series of non-impact exercises designed to strengthen and lengthen the muscles without creating bulk. You will develop core strength as well as improve posture and body alignment.
Sec 1: Mon, Jan 28-Apr 1, 9-10 am
Sec 2: Thurs, Jan 31-Apr 4, 6-7 pm
Sec 3: Mon, Apr 15-Jun 17, 9-10 am
Sec 4: Thurs, Apr 18-Jun 20, 6-7 pm
Fee and Code: $99, XFITR 001

Rise and Shine Yoga
A great way to begin your day, this gentle class focuses on connecting yoga postures with the flow of the breath, that lead to an overall sense of well being. 10 sessions for $99.
Sec 1: Mon & Wed & Fri, Jan 28-Apr 5, 7:30-8:30 am
Sec 2: Mon & Wed & Fri, Apr 15-Jun 21, 7:30-8:30 am
Fee and Code: $99, XFITR 006

Lunchtime Express
Return to the office feeling energized after 30 minutes of varied exercises designed to make the most of your time and still allow time to eat lunch. No shower needed!
Sec 1: Mon & Wed, Jan 28-Apr 3, 12:30-1 pm
Sec 2: Mon & Wed, Apr 15-Jun 19, 12:30-1 pm
Fee and Code: $99, XFITR 016

Strength Training
Combination of traditional body sculpting methods using free weights, resistance bands, balls and your own body weight. Shapes and tones your muscles and provides a total body workout.
Sec 1: Mon, Jan 28-Apr 1, 5:30-6:30 pm
Sec 2: Thurs, Jan 31-Apr 4, 5-6 pm
Sec 3: Mon, Apr 15-Jun 17, 5:30-6:30 pm
Sec 4: Thurs, Apr 18-Jun 20, 5-6 pm
Fee and Code: $99, XFITR 017

Becoming fit is challenging enough. It doesn’t need to be intimidating too.

The Brookdale Fitness Center at Lincroft offers classes and fitness coaching in a comfortable, trusted environment. Our programs are open to all and cater to adults ages 40+ with special classes designed to help with balance and strength training.

Visit us or call 732-224-2140 for more information
Functional Fitness For Older Adults
Many older adults have serious concerns regarding balance and falling injuries. This exercise program is designed to provide greater stability, strength, and balance for the older adult.
Sec 1: Tues & Thurs, Jan 29-Apr 4, 9:30-10:30 am
Sec 2: Tues & Thurs, Jan 29-Apr 4, 10:30-11:30 am
Sec 3: Tues & Thurs, Apr 16-Jun 20, 9:30-10:30 am
Sec 4: Tues & Thurs, Apr 16-Jun 20, 10:30-11:30 am
Fee and Code: $199, XFITR 012

A Barre Workout
This is a total body, non-impact workout that combines ballet moves with core conditioning, Pilates and yoga. Following a warm up, you will be guided through an intense isometric leg workout that will incorporate upper body exercises and abs.
Sec 1: Thurs, Jan 31-Apr 4, 8:30-9:30 am
Sec 2: Thurs, Apr 18-Jun 20, 8:30-9:30 am
Fee and Code: $99, XFITR 003

Boot Camp
It’s nonstop action with this time-efficient workout that combines a variety of exercises to get your heart pumping and muscles strengthened.
Sec 1: Wed, Jan 30-Apr 3, 5:30-6:30 pm
Sec 2: Wed, Apr 17-Jun 19, 5:30-6:30 pm
Fee and Code: $99, XFITR 009

Ballroom Basics
Learn how to dance with a partner, and learn more about yourself in the process. Social dancing is fun and great exercise. Learn to Swing, Tango, Rumba, Fox trot, Salsa plus more. Come with or without a partner. Fee is per person.
Wed, Jan 30-Apr 3, 7-8 pm
Fee and Code: $99, XFITR 026

Ballroom – The Next Step
Want to take your basic ballroom skills to the next level? You will do just that in this intermediate class as you build upon your steps and learn to kick it up a notch.
Wed, Apr 17-Jun 19, 7-8 pm
Fitness Center
Fee and Code: $99, XFITR 034

Tabata
Burn maximum calories and fat with Tabata, an interval workout method. Twenty seconds of intense activity are followed by ten seconds of rest. Challenge yourself with this exciting fitness technique.
Sec 1: Thurs, Jan 31-Apr 4, 7-8 pm
Sec 2: Thurs, Apr 18-Jun 20, 7-8 pm
Fee and Code: $99, XFITR 018

Beginner Pilates
Designed with the beginner or older individual in mind, this class focuses on low back and abdominal strengthening as well as injury prevention and relief.
Sec 1: Wed, Jan 30-Apr 3, 9-10 am
Sec 2: Fri, Feb 1-Apr 5, 9-10 am
Sec 3: Wed, Apr 17-Jun 19, 9-10 am
Sec 4: Fri, Apr 19-Jun 21, 9-10 am
Fee and Code: $99, XFITR 002

Strength & Balance For Older Adults
Combines muscle strengthening exercises with balance training. Each week participants will gradually progress to improve strength and balance to help prevent falls.
Sec 1: Sat, Feb 2-Apr 6, 9-10 am
Sec 2: Sat, Apr 20-Jun 22, 9-10 am
Fee and Code: $99, XFITR 020

Tai Chi Easy With Bill Stevens
Tai Chi Easy is a carefully developed method and approach to Tai Chi and Qi(Chi). Easy, beneficial and fun from the beginning. No need to devote years to learning the traditional movement form or even the shortened form to enjoy the calming emotional and health benefits of Tai Chi. Tai Chi Easy can be done sitting, standing, or in combination. Since it is a mind/body integration practice, it can reduce your stress, and create a state of relaxation and calm. Join us! It is safe for people of all ages and levels of fitness as the movements are low impact and place minimal stress on the joints. 9 SESSIONS
Fri, Apr 26-Jun 21, 2-3 pm
Fee and Code: $99, XHEAF 079
Strengthen & Stretch
Combination of gentle stretching and strengthening designed for the beginner or for the older adult.
Sec 1: Sat, Feb 2-Apr 6, 10:30-11:30 am
Sec 2: Sat, Apr 20-Jun 22, 10:30-11:30 am
Fee and Code: $99, XFITR 032

Understanding Chinese Medicine
Kristopher Sparacino, licensed acupuncturist
Be introduced to three of the five branches of Chinese medicine – forms of healthcare and wellness that have proven effective for more than 3,000 years. 3 SESSIONS

Feb 19 – Acupuncture includes cupping. What is an acupuncture and cupping treatment? How does it work? What health issues are they used for? How are acupuncturists trained and licensed?

Feb 26 – Herbal medicine (including the use of essential oils) from a Chinese medical perspective. What are the commons ways to take herbs? What does a herbologist do? How to stay safe using herbs and oils for your health and home.

Mar 5 – Use of massage and nutrition as a way to stay well with a focus on using meditation and qi-gong exercise to ease pain and calm the mind for everyday well-being.

Down To Earth Food Series
Andreea Fegan, certified holistic health educator
Whole foods based diets have been on the rise in recent years, incorporating juicing, green smoothies, gluten free foods, dehydrated raw foods, all in an effort to get us eating clean again. Did you know it’s actually easy and fun (and quite delicious) to eat this way? Find out how you can incorporate healthier eating into your New Year without confusion or complex recipes. Learn how you can improve your health and keep your sanity, especially if the doctor advises you must! Each session will provide recipes and samples to try.

Mar 1 – Plant-Based Foods
Cooked or raw, staying close to nature and eating whole, seasonal, recognizable foods can get us back on track. Learn the food theory behind plant-based eating and learn how you can incorporate it in your lifestyle today!

Mar 8 – Raw Plant-Based Foods
Clean, raw, unheated food allows us to reap the benefits of enzyme-rich, nutrient filled nutrition that our bodies require to thrive. Learn the philosophy behind raw foods, and how to make simple, fun, and delicious recipes.

Mar 15 – Medicinal Raw And Living Foods For Longevity And Prevention
Explore some of the most powerful foods and superfoods humans can eat to help our bodies thrive while at the same time help prevent western-world disease trends.

Call To Register
732-224-2315
Aromatherapy And Essential Oils For Beginners  
Andreea Fegan, certified holistic health educator

Essential oils are trending these days. Wondering what it’s all about? Explore the history of aromatherapy and learn about the fundamentals of essential oils. What are the benefits and how can essential oils support general health and well-being? We’ll discuss the importance of quality, general applications and safety measures, and how they may offer holistic solutions to every day needs (such as body butters, gels, salves, make up remover, tension tamers, and even cleaning products!) We’ll explore – and even create – one or two.  
Sat, Feb 23, 9:30 am-12:30 pm  
Fee and Code: $39, XHEAF 002  

Reiki – Level I  
William Stevens, instructor

The Japanese work “Reiki” means universal life force/energy. Reiki, a 3,000-year-old method of healing touch, originated in ancient Eastern cultures. It’s a technique that uses touch to facilitate relaxation, reduce stress, manage pain and promote healing. Health sciences recognize that spiritual and emotional imbalances affect our physical health and wellbeing. Reiki restores balance to body, mind and spirit, maximizing the natural healing process. When we remain out of balance, we become susceptible to “dis-ease”. Upon completion participants will be fully trained and will receive a certificate for the Usui System of Reiki Healing. Wear comfortable clothes and bring water.  
Sat, Mar 23, 10 am-5:30 pm  
Fee and Code: $159, XHEAF 260  

Reiki - Level II  
William Stevens, instructor

Deepen your Reiki practice for yourself and others. Study the mantras and symbols that are the final component of the Usui System of Reiki, bringing you to a richer connection with earth and sky energy. Learn to help others at a distance and deepen your meditation practice. Students receive a completion certificate. Wear comfortable clothes and bring water.  
Sat, Apr 27, 10 am-5:30 pm  
Fee and Code: $159, XHEAF 260  

Nate Fegan, instructor

Warm your spirit with peace and balance. Each session focuses on a specific technique or method for achieving inner calm and energy. Bring a floormat or towel and an open mind. Wear loose, comfortable clothing.  

How To Meditate And Develop Mindfulness  
William Stevens, instructor

Master meditation without years of practice. A beginner’s guide to developing creative control over meditative and hypnotic mind-body states.  

How To Relax And Be Happy  
William Stevens, instructor

Learn simple secrets for how to relax, clear common obstacles to find, and sustain, pleasure in life.  

Guided Meditation And Hypnosis For Deep Relaxation  
William Stevens, instructor

Be guided into the kind of deep-release hypnotic-relaxation that is like hitting the reset button to enjoy a fresh start.  

Clarity, Vision And Purpose  
William Stevens, instructor

Learn to create calm and focus, embrace mindfulness and allow yourself to grow forward to achieve your greatest potential.  

Sec 1: Mon, Feb 18-Mar 11, 7-9 pm  
Sec 2: Mon, Mar 25-Apr 15, 7-9 pm  
Fee and Code: $105, XHEAF 217
★ Great Masters Of Photography
Patricia Hart Zackman, instructor, professional photographer
Explore some of the most influential photographers of the 19th, 20th and 21st centuries. Photographers discussed include Ansel Adams, Alfred Stieglitz, Berenice Abbott and Dorothea Lange. We will also discuss lesser known photographers who contributed to the art of photography. Bring your curiosity and some of your favorite images to discuss. 2 SESSIONS
Wed, Feb 20 & 27, 6-8 pm
Fee and Code: $45, XARTP 103

Booth, Lincoln And The Shot That Changed History
Gregory Caggiano, historian, presidential scholar, blogger
Learn the backstory behind one of the most controversial presidents in American history as well as the life and career of his assassin, and the chain of events and politics that led to the American Civil War, and Lincoln’s untimely death at Ford’s Theater.
Thurs, Feb 21, 6-8 pm
Fee and Code: $29, XHUMN 238

Meet The Presidents
Daniel Radel, history instructor, journalist
Begin with (Teddy) Roosevelt, Taft and Wilson. Discuss Trust Busting, Square Deal, American Imperialism and World War I. Move to Harding, Coolidge, Hoover, (Franklin) Roosevelt and Truman. Discuss Prohibition, Roaring 20s, Stock Market Crash and Great Depression, The New Deal, World War II and the decision to drop the Atomic Bomb. 3 SESSIONS
Fri, Mar 8-Mar 22, 10 am-noon
Fee and Code: $69, XHUMN 249

★ The American Civil War
Gregory Caggiano, historian, presidential scholar, blogger
Explore the battles, the leadership, and the human drama of the Civil War. Discuss the causes of the Civil War and the major battles including First Manassas, Peninsula Campaign, Antietam, Fredericksburg, Chancellorsville, Gettysburg, and Vicksburg. Examine the dramatic Surrender at Appomattox. Finally, analyze the presidency of Abraham Lincoln. Please note: elements of this class have been presented by the speaker previously.
Thurs, Mar 14-Mar 28, 6-8 pm
Fee and Code: $69, XHUMN 304

Conspiracy Theories: An Exploration
Christian Perez, Brookdale political science instructor
What exactly are conspiracy theories, and where do they come from? Do shadowy all-powerful groups secretly control the world? This presentation will delve into some of the more prominent conspiracy theories and the issues raised by them. We will examine how conspiracy theories have crept into the political and cultural mainstream, and what signs you should look for when evaluating a supposed conspiracy theory. We know that human history has been riddled with tales of conspiracies, but what differentiates them from conspiracy theories? Aren’t conspiracy theorists just being skeptical? This presentation contends that grand scheme conspiracy theories are ultimately just lazy political science. But that could just be what they want you to believe. 3 SESSIONS
Tues, Apr 2-16, 6-8 pm
Fee and Code: $69, XHUMN 307

Watch Your Email for Notices and Updates
Dreaming Of Italy: Italian Language, Culture, And Art
Patricia Skea, MST, instructor
If you’ve been dreaming about visiting Italy, or dreaming of returning, then join fellow dreamers (and travelers) on our classroom journey! We’ll explore and discuss the culture, history, sights and sounds of Italy. Learn common Italian phrases for travelers, idiosyncrasies and social norms of the Italian way of life, and an overview of some of the most important masterpieces and artists in the history of the country. Instructor has eight years international classroom teaching experience (Rome, Italy) and a passion for La Dolce Vita! 4 SESSIONS
Wed, Apr 3-24, 10 am-noon
Wall Campus
Fee and Code: $79, XHUMN 274

Reconstructing Reconstruction
Gregory Caggiano, historian, presidential scholar, blogger
A look at Reconstruction following the American Civil War and its effects on our country, felt immediately and today. Examine life in the post-war South, Jim Crow laws, the mythology of the “Lost Cause” and its reflection in the popular films “The Birth of a Nation” and “Gone With the Wind.” The portrayal of African Americans in early 20th Century pop-culture and contemporary issues, such as the removal of Confederate flags and statues from public spaces, will be discussed. 2 SESSIONS
Thurs, Apr 4 & 11, 6-8 pm
Fee and Code: $39, XHUMN 319

★ The New Normal Of The Global Economy
Joseph Bonacci, MBA, instructor
The rise of populism in the United States and Europe has ushered in a new era for the global economy. How will protectionist policies affect trade and relationships with our partners? Begin with the formation of the European Union and adoption of the Euro. Explore the potential breakup of the EU and ramifications of such an event. Gain an understanding of emerging market fundamentals and risks in contrast to US and European developed markets. 3 SESSIONS
Tues, Apr 30-May 14, 10 am-noon
Fee and Code: $69, XHUMN 321

Prohibition On The Jersey Shore
Gregory Caggiano, historian, instructor, blogger
Take a sip of history in your own backyard. Explore the world of prohibition and bootlegging on the Jersey Shore, filled with mobsters, smuggling, corruption, and violence. Learn how an area built for religious retreats exploded into a crime underworld. Thurs, May 2, 6-8 pm
Fee & Code: $29, XHUMN 324

Moral Dilemmas
Bryan Cocchiara, Brookdale adjunct philosophy instructor
What is the right thing to do? How does one reach this conclusion? Can we be confident in our judgements? Join our discussion of three of the most complex ethical issues facing our modern society: violence and war; honesty and lying; rights, identity, and autonomy. Classroom readings and class viewed online lecture clips will inform our exploration. 3 SESSIONS
Tues, May 7-21, 5:30-7:30 pm
Fee and Code: $65, XPHIL 011

Call To Register
732-224-2315
**Why Buddhism Now? Part 2**  
Cheryl Bartholomew, PhD, adjunct instructor,  
Monmouth U, professor emerita, George Mason University

Back by popular demand, Dr. Bartholomew continues to explore Buddhist teachings, philosophy, and practices. Consider how Tibetan, Zen, and Theravada practices can help us to generate the energy of clarity, understanding, and compassion to address our individual, community, and global suffering in turbulent times. Gain a deeper understanding of how the intersection of science, religion, and spirituality empowers us towards enlightenment and happiness. Discover your path. 3 SESSIONS  
Tues, June 4-18, 10 am-noon  
Fee and Code: $65, XPHIL 071

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**Art History Series**  
Gina Torello, Brookdale adjunct instructor, professional artist

Take a tour through the ages in the world of art history. Journey from ancient Mediterranean civilizations to the centers of Christianity and the Renaissance. Finally, explore the Age of Kings, when monarchs governed as virtual dictators, and their influence dominated social, cultural and artistic affairs of the time as well as political matters. Lectures will include viewing, discussing, and examining art works. Enjoy a hands-on activity at the conclusion of every workshop. 4 SESSIONS  
Tues, Jun 11-Jul 2, 6-8:30 pm  
Fee and Code: $85, XARTF 164

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**Cead mile failte romhaibh**  
Feels like going home…

*Ah I tell you, it was great music, ‘twould make the water stand out in your eyes.*

**Live Music Presentation:**  
**Cook College Ramblers**

Music is at the center of the Irish soul. Come tap your feet, raise your voice, and lift your spirits, as we kick off the “season of St. Patrick.” Enjoy Irish instrumental and vocal selections that celebrate Irish culture. The Cook College Ramblers’ repertoire includes traditional Irish ballads reflecting Irish history as well as rousing audience sing-along songs. They are proud to pay tribute to the soul of Ireland and her people through their skilled musicianship.  
Fri, Feb 15, 3-4:30 pm  
Fee & Code: $25, XIRIG 136, light refreshments included

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**The Irish Literary Renaissance**  
Henry McNally, M.A., M.S., Irish historian

Examine five major Irish authors of the early 20th century with a focus on their connections to the struggle for independence. Short biographical sketches of each author will be followed by a look at the general body of work for each. A more detailed focus on at least one contribution for which she/he is noted. Authors studied will be Lady Augusta Gregory, William Butler Yeats, John Millington Synge, James Joyce, and Sean O’Casey. 5 SESSIONS  
Tues, Mar 26-Apr 23, 10 am-noon  
Fee and Code: $85, XIRIG 135

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Over 2,000 years old, the Irish language boasts the oldest living literature in Western Europe. Despite colonial attempts to destroy the language – it is alive and well – and here at Brookdale! Instructors at all levels have earned the Fáinne Óir, and our classes are informal, fun, and stress-free.
Irish Language
Rath de Houst, Donncha Quinn, Irish language instructors
Designed for beginners to fluent speakers, students will be divided into groups, each with its own instructor, based on abilities and needs. Groups will interact with one another and participate in joint activities. This format will enhance the objective of keeping Irish available as the living, spoken language at the very heart of Irish culture. Whether you’re looking to dive into the Tain Bo Culaigne or just pick up a few phrases for travel, this program will work for you!

Winter Mini Series (5 SESSIONS)
Thurs, Jan 17-Feb 14, 7-8:30 pm
Fee and Code: $59, XIRIL 025

Spring Series (10 SESSIONS)
Thurs, Mar 21 – May 23 7-8:30 pm
Fee and Code: $119, XIRIL 025

Advanced Italian
Nina R. Brilli, instructor
È tempo! You have learned your verbs and increased your vocabulary, now let’s read and discuss short stories – in Italiano naturalmente! Please email mchiarella@brookdalecc.edu for information about required text. 8 SESSIONS
Sat, Feb 23-Apr 13, 2:30-4:30 pm
Fee and Code: $179, XLANG 038

Stress-Free Spanish For Beginners
Frank Prignoli, Brookdale language instructor
Habla español and learn simple conversational phrases. Practice in a friendly, relaxed atmosphere designed to encourage conversation en Español. ¡Bienvenidos a todos! 8 SESSIONS
Mon & Wed, Mar 4-27, 6:30-8:30 pm
Fee and Code: $179, XLANG 006

Italian Conversation
Nina R. Brilli, instructor
If plans for sunny Italy are in your future and you want to do as the Romans do, or you just want to better understand this beautiful language, these sessions are for you. This is a basic, practical course in conversational Italian. 8 SESSIONS
Sat, Feb 23-Apr 13, 10 am-noon
Fee and Code: $179, XLANG 002

Italian Conversation Level II
Nina R. Brilli, instructor
Ciao! Come va? Revisit sunny Italy & increase your knowledge of this beautiful language. Elevate your command of the language. Learn verb tenses, increase your vocabulary, read short stories & practice conversing with each other. 8 SESSIONS
Sat, Feb 23-Apr 13, 12:15-2:15 pm
Fee and Code: $179, XLANG 004

Stress-Free Spanish Part II
Frank Prignoli, Brookdale language instructor
Based on a fun conversational approach, continue to develop your oral, reading and writing skills through short stories and dialogues. You will also have the opportunity for stress-free classroom discussion and interaction using your mastered vocabulary, grammar and idiomatic constructions. ¡Vamanos! 8 SESSIONS
Mon & Wed, Apr 1-24, 6:30-8:30 pm
Fee and Code: $179, XLANG 022

Stress-Free Spanish Part III
Frank Prignoli, Brookdale language instructor
Designed to improve on the skills acquired in Stress-Free Spanish I and II, Stress-Free Spanish III focuses on pronunciation and oral discourse. Practice will be provided with selected readings, dialogues and short stories. Focus will be on reviewing the present and preterit tenses, introducing the imperfect tense and idiomatic expressions. 8 SESSIONS
Mon & Wed, Apr 29-May 22, 6:30-8:30 pm
Fee and Code: $179, XLANG 036

Watch Your Email for Notices and Updates
Melting Pot?
Patricia Whitehead, librarian

Bring Us Your Tired, Your Poor, Your Huddled Masses. Examine short stories of immigrants and refugees from Vietnam, India and Haiti and their experiences in search of a better life in America. Stories are: War Years by Viet Thanh Nguyen, Interpreter of Maladies by Jhumpa Lahiri, Without Inspection by Edwige Danticat. Stories will be emailed Feb 19.

3 SESSIONS
Tues, Feb 26-Mar 12, 10 am-noon
Wall Campus
Fee and Code: $59, XHUML 098

Memoir Writing
Nancy Bryan, Brookdale adjunct instructor

Through in-class writing exercises, reading, and discussion you will discover new paths to your story. We will look for the language and images that shine in your work, and push to the edge of our personal experiences-to discover what we perceive and what we can’t perceive. This is a mostly generative workshop so join us to create, imagine and write anew. 5 SESSIONS
Mon-Fri, Mar 4-8, 2-4 pm
Fee and Code: $99, XWRIT 012

Poetry As Discovery
Nancy Bryan, Brookdale adjunct instructor

A primarily generative workshop that includes discussion of student work. Includes writing exercises that attempt to reach the unconscious parts of our memory, challenge our perceptions, and dig into the mystery of our memories and images. Our human experiences are unique but our common connections can often be found through poetry. We will read published poetry for inspiration as we look for the energy in our own writing. All levels of writing experience welcome. 5 SESSIONS
Mon-Fri, Apr 22-26, 2-4 pm
Fee and Code: $99, XWRIT 084

The Iliad, The Odyssey, And The Aeneid
Dr. Carl Calendar, former Humanities Dean, Brookdale

70 years ago every educated adult read significant parts of the Iliad, the Odyssey, and the Aeneid. Today, they get only a few chapters in World Literature classes. Yet their characters and gods – Odysseus, Achilles, Venus, Zeus, and dozens more – continue to be part of our culture. Dr. Calendar will spend one session on each epic, explaining what makes it a masterpiece and how to read it for maximum pleasure and learning.

3 SESSIONS
Thurs, Mar 28-Apr 11, 10 am-noon
Fee and Code: $65, XHUML 064

Transcendentalism: Revisiting Emerson And Thoreau
Elizabeth deBeer, MA, EdD

How do the concepts of this 19th century American philosophy apply to 21st century America? Is there still a place for solitude and contemplation in our distraction-filled modern world? Explore the concepts of Transcendentalism through excerpts from Henry David Thoreau’s Walden, poems and essays by Ralph Waldo Emerson, and the young adult novel Being Henry David. Readings will be emailed. 2 SESSIONS
Thurs, May 2 & 9, 10 am-noon
Fee and Code: $59, XHUML 116

Call To Register
732-224-2315
Get Going Guitar
Nate Fegan, instructor

It’s time to start the music! Join fellow procrastinators in this class for adult beginners and leave knowing how to learn complete songs by the Beatles, Bob Dylan, the Eagles and more. Begin building a foundation to pursue any musical style, whether electric or acoustic. Learn chords, scales, basic rhythms, and proper technique. Prior experience is not necessary. Students must bring their own guitars (acoustic or electric). 4 SESSIONS Thurs, Feb 21-Mar 14, 7-8:30 pm Fee and Code: $75, XHUMM 075

Five-String Banjo
(Beginner/Intermediate)
Ken Jewell, instructor, professional musician

A fun course for all! Whether you are a beginner or want to dust off your banjo and get playing again, this class is for you. First, get acquainted, or reacquainted, with your instrument: set-up, tuning, proper posture, picks, basic rolls, hammer-ons, slides and pull-offs. Then the fun begins: learn songs to apply your skills. For the experienced player, Ken will provide you with more challenging pieces to learn advanced techniques. Questions about the course or your banjo? Email mchiarella@brookdalecc.edu in advance for guidance. Enrollment limited. 4 SESSIONS Tues, Mar 12-Apr 2, 7-8:30 pm Fee and Code: $75, XHUMM 078

Shortcut Rock And Blues Guitar
Nate Fegan, instructor

Start here and get the kind of shortcut guidance everyone needs to step up and start jamming right away. Offered by a local band and jam session leader, you will learn simple tricks of the trade for how to grow confidence and be successful with chords, progressions and scales. This is your chance to take advantage of the simple, shortcut guide everyone needs to be successful jamming at home, with friends and live on stage! Students must bring their own guitars (acoustic or electric). 4 SESSIONS Thurs, Mar 28-Apr 18, 7-8:30 pm Fee and Code: $75, XHUMM 069

Piano For Procrastinators
John Balme, Brookdale adjunct instructor, Director, Concordia Vocal Academy

If you meant to learn the piano years ago, the time has arrived! Join fellow beginners in the wonderful world of music at Brookdale’s piano lab – where you can learn to play your favorite songs. All you need to bring is a sense of adventure, a sense of humor and a pencil. Music materials provided. Enrollment is limited. 4 SESSIONS Thurs, Apr 4-Apr 25, 10-11:30 am Fee and Code: $99, XHUMM 001

Beautiful Voice – Raise Your Voice, Raise Your Spirits
Cynthia Balme, professional soprano, Brookdale adjunct music instructor

Curious about what actually happens in a voice lesson? Is there more to it than opening one’s mouth to sing? Join us and explore the fascinating world of throat and body as a musical instrument. Learn inhalation and breath support for singing, how to create resonance in your sound, and self-expression through song. Suitable songs for group singing will be provided. Last class to include an informal recital! 4 SESSIONS Thurs, Apr 4-Apr 25, 10-11:30 am Fee and Code: $99, XHUMM 065
Some notable recording artists – Frank Sinatra – devoted their careers to interpreting the songs of others. Others – the Beatles – carefully selected a few timeless songs to record alongside their original compositions. Still others – Carly Simon – split their recordings between their own songs and covers of tunes written by first-rate composers. Explore the rich veins demonstrated by artists from all three groups to illustrate how great songs continue to evolve through imaginative covers. 3 SESSIONS
Tues, April 30- May 14, 10 am-noon
Fee and Code: $65, XHUMM 079

When our possessions clutter our lives, we feel drained of energy and lose our sense of freedom. Living a joyful, healthy life is often unrelated to food. It’s about lifestyle. Learn the benefits of a happy, decluttered life – from food, to home, to self. 3 SESSIONS

Feb 1 – Food and Kitchen
Join us as we simplify from pantry to fridge to meal planning and shopping lists so you can stick to your healthy eating goals.

Feb 8 – Home environment
We all like our stuff, but much of what we own owns us! Unravel what to keep and what not to keep when it comes to papers, books, clothes, and miscellaneous items.

Feb 15 – Self! What does it really mean to live a simplified life?
What distractions are tapping your energy and keeping you from your best life?
Learn how to live a cozy, happy, simplified life with more joy, every day.

Fri, Feb 1-15, 11 am-1 pm
Fee and Code: $75, XPERS 001

See also Cook College Ramblers, p.19
See also Positive Aging, p.8
Displaced Homemakers, p.38
Podcasting

Julia Zapcic, co-founder, producer, podcaster, Shared Universe Podcast Studio

Learn about the podcasting craze with professional podcasters and have fun doing so! Begin with the history of podcasting, then explore the current explosion in the field. Finally, try podcasting for yourself with a hands-on experience. Everybody gets to leave with a podcast of their own adventure! Ages 18 and up.

Sat, Feb 16, 10 am-1 pm
Fee & Code: $49, XPERS 290

From Treetop To Tabletop - Essential Woodworking

Ready to explore the artistry and craft of woodworking? It’s time to get started; no more excuses! Monmouth County’s School of Woodworking, The Wood Joint, has the perfect class for you. Expert craftsman Bruce Hogan and his trusted apprentice, Melanie Viani, will take you through a hands-on introduction to woodworking. You will learn basics of milling, characteristics of wood, use of machinery and safety. You’ll put that knowledge into action by creating your own cheese serving board. Class meets at The Wood Joint a state of the art workshop (3300 Shafto Rd Unit C, Tinton Falls). All supplies are included. 4 SESSIONS

Mon-Thurs, Feb 5-7, 10 am-noon
Fee and Code: $229, XPRAG 125

Hydroponics: Growing Plants Without Soil

Timothy Macaluso, environmental science instructor

Keep your hands clean! Hydroponics is easier than you think and can be enjoyed, year round, in your own home. Join us to examine different hydroponic systems and their functions. System set-up, nutrients and lighting will be covered. Learn how to construct your own simple system using basic tools we provide to start your own hydroponic garden. 3 SESSIONS

Sat, Feb 16-Mar 2, 10 am-noon
Fee and Code: $65, XPRAG 130

Gemology 101

Hillary Spector, GIA, GG
(graduate gemologist, former instructor, Gemological Institute of America)

Whether looking to pursue your passion for jewelry or explore a potential career move, Hillary’s introductory program offers the perfect setting. Gain a solid foundation in pearls, diamonds, gems and precious metals. Discover how gems are formed, mined, identified, graded, and priced. Learn about the global, political, and economic aspects of the industry. Using professional lab equipment, understand gem identifying techniques such as how to tell the difference between a blue aquamarine, a blue topaz, and a blue sapphire. Spark your interest and hear about effective paths to a career in gemology. Instructor is a former trainer and staff gemologist for Fortunoff and an owner of a jewelry gallery where she was responsible for buying, selling, and appraising diamonds and gems. 4 SESSIONS

Mon-Thurs, Mar 4-7, 6-9 pm
Freehold Campus
Fee and Code: $219, XPERS 270

Ghost Hunting Workshop And Mini Investigation

Gregory Caggiano, historian, instructor, presidential scholar, blogger

Explore the possibility that the Brookdale campus is haunted! The land has had many different uses over the centuries, including a famous race horse farm and even has a connection to the legendary pirate Captain Kidd. Do some previous residents still remain? Past paranormal investigations of Brookdale have rendered interesting results. Join us for a brief ghost hunting presentation and workshop, review of past evidence captured on campus, and then take part in our own mini investigation using gadgets such as the SB-7 radio, K-2, and EMF meters.

Thurs, Mar 7, 6-8:30 pm
Fee and Code: $39, XHUMN 297

Call To Register
732-224-2315
Sketch Journaling
David Dziemian, Brookdale adjunct instructor, professional artist
Try a new approach to journaling. Learn to sketch freehand and quickly render line, form, and values. Develop your art with pencil, pen, markers, or watercolors. Add interest and vibrant detail to your travel sketching and journal drawing. Use materials of your choice; suggested materials list will be emailed to students one week prior. 5 SESSIONS
Fri, Mar 15-Apr 12, 10 am-12:30 pm
Fee and Code: $149, XARTF 208

Fine Wines Of The World
David Glaubinger, instructor
Taste and discuss today’s most popular red and white wines from Europe, USA, South America and Australia/New Zealand. Learn about the origins, history and diverse styles of fine wine. Decipher labels, find the best values in the market and score wines on a professional tasting scorecard. Take home information on serving, storage, preservation and food pairings. Cheese and bread or crackers will be served. Ages 21 and up. 3 SESSIONS
Thurs, Apr 4-18, 7-9 pm
Fee and Code: $79, XGENG 053

Brewing 101
Begin with a lecture on the business of brewing led by Belford Brewery owner, Kevin Enny. Kevin will discuss his career path and give details on this fast growing business. Sessions 2-5 will be held at The Brewer’s Apprentice where students will get an inside view of the growing world of micro brewing. Learn the science behind the brewing process. Continue with explorations of equipment and ingredients. As a class group, develop a recipe and then brew accordingly. Don’t miss this unique opportunity to learn from professionals about the process brewing, fermentation and bottling. Sessions will cover an overview of the chemistry of beer, the equipment, recipe development and brewing, tasting and bottling. A tour of Belford Brewery will be offered, date TBD. 5 SESSIONS
Session 1: Brookdale Main Campus Lincroft
Sessions 2-5: The Brewer’s Apprentice where students will get an inside view of the growing world of micro brewing
865 Rte. 33 (Business), Unit 4, Freehold, NJ
Mon, Apr 1-29, 6-8:30 pm
Fee and Code: $199, XDEST 150

iPhone Tips And Tricks
Stephen Fowler, instructor
Are you getting the most out of your iPhone or iPad? Take advantage of the amazing technology in your pocket and learn how to take the best photos, task Siri to set your alarm, organize your apps and folders, send an email, backup your iPhone to iCloud, and more! REQUIRED: iPhone or iPad 3 SESSIONS
Tues, April 2-16, 5-6:30 p.m.
Fee and Code: $65, PERS 288

Selling On E-Bay And Craigs List For Fun And Profit
What to do with the treasures in your attic and beyond? Find out how to get started making money by selling on E-bay and/or Craig’s list, Etsy, Letgo. Instructor David Carlon, is an experienced E-bay Power Seller. Join this class for beginner to intermediate E-bay users. Learn, step by step, how to make money the fun and easy way.
Sat, Apr 6, 9:30 am-12:30 pm
Fee and Code: $55, XPRAG 094
**RECREATION**

**Golf For Women**
Golf for women, taught by a woman instructor! Learn all aspects of golf in a non-threatening environment! Class meets at Twin Brook Golf Center in Tinton Falls. All equipment is provided. 5 SESSIONS  
Sun, Apr 7-May 12, 8:45-10 am  
(no class Apr 21)  
Fee and Code: $149, XRECR 002

**Introduction To Golf**
Have you meant to learn to play golf for years? Now's the time 'fore' fun! Learn the basics with fellow novices. We'll cover terminology, rules, etiquette, full swing fundamentals, putting, chipping and bunker play. Class meets at Twin Brook Golf Center in Tinton Falls. All equipment is provided. 5 SESSIONS  
Sun, Apr 7-May 12, 8:45-10 am  
(no class Apr 21)  
Fee and Code: $149, XRECR 025

**Golf For The Experienced Player**
Designed for the intermediate and advanced players. Get golf ready for the 2019 golf season! Covering all aspects of golf, full swing, putting, chipping, bunker play, and on the course instruction! Class meets at Twin Brooks Golf Center in Tinton Falls. Bring your own equipment, or we will provide as needed. 5 SESSIONS  
Sun, Apr 7-May 12, 10:30-11:45 am  
(no class Apr 21)  
Fee and Code: $149, XRECR 051

**Short Game/Course Management 101**
In this innovative program, become a short game and course management expert in 5 weeks. Putting, chipping, pitching, bunker shots, and all trouble shots will be covered! Learn how to lower your scores through course management techniques and on the course situations. 5 SESSIONS  
Sun, Apr 7-May 12, 10:30-11:45 am  
(no class Apr 21)  
Fee and Code: $149, XRECR 056

**Learn To Sail**
Combined classroom and hands-on instruction will give the adult beginning sailor the skills and confidence to operate a small sailboat. The class includes four classroom sessions and two Saturday sailing sessions on the Shrewsbury River aboard 17-18 foot sloops (water sessions may be rescheduled if there is inclement weather). Successful completion leads to a SEAS Basic Sailing certificate. A basic swimming test is required (treading water and putting on a floatation device) during second class. Students must provide a personal floatation device (PFD) Fee includes textbook. Ages 18 and up only. 6 SESSIONS  
Mon & Thurs, Jun 3-13, 7-9 pm  
Sat, Jun 8 & 15, 9 am-4 pm, on the water  
Fee and Code: $225, XRECR 006

**Ready To Learn To Ride?**
Have you always wanted to learn to horseback ride? Now is the time! Join fellow adult novices in a hands-on, horse-on experience. Learn about the different riding styles, English or Western, grooming and care of horses, and the world of horsemanship for pleasure. Classes held, rain or shine, at Baymar Farms, 38 Harbor Road, Morganville 30 park-like acres with two outdoor arenas and a state of the art indoor riding arena. Ages 18 and up. 4 SESSIONS  
Mon, Apr 1-Apr 22, 6:30-7:30 pm  
Fee and Code: $199, XRECR 049

**SCUBA For Beginners**
Join fellow adult adventurers and see the world beneath the waves. Start here toward a PADI open water diver certification. A thorough introduction to Scuba includes 4 classroom sessions and 3 in-the-pool water dive sessions. Taught by PADI certified Scuba instructors will prepare students for the Open Water Dives required for certification (not included) Students must supply their own mask, snorkel, fins and boots. Instructor can provide purchasing guidance at first class. All other supplies included.  
Lincroft campus classroom sessions:  
Thurs, Mar 21, 28, Apr 4 &11, 7-8:30 pm  
Neptune Aquatics Center in water/pool sessions: Sat, Mar 30, Apr 6 & 13, 2-4 pm  
Fee and Code: $475, XPRAG 058
Lifeguarding
Learn the skills to prevent and respond to water emergencies. Train to become a Red Cross certified lifeguard. Class includes textbook, supplies and test fee. Prerequisites: at first class students must demonstrate ability to swim 300 yards continuously with crawl and breast stroke, surface dive 7-10 feet and retrieve item at bottom of pool before swimming back to the wall and tread water for two minutes without using arms. Class also includes CPR/AED and first aid certification training. Age 15 and up. Class meets at Neptune Aquatic Center, state-of-the-art pool facility.
Mon-Fri, May 20-24, 7 am-2 pm
Fee and Code: $299, XRECR 057

FLIGHT SCHOOL
Time to soar. Whether your interest is recreation or vocation, the sky is the limit!
Our classes, delivered in stages, teach students in manageable steps to ensure success.
Each course includes 4 classroom sessions at the Brookdale Wall Campus followed by an in-flight experience (scheduled individually) at Eagles View Aviation at Monmouth Executive Airport in Wall Township.
Classes are taught by FAA certified instructors. Textbook and test fees included.

Stage I – The Runway
Classroom sessions include: discovering aviation, airplane systems, aerodynamic principles, the flight environment and communication and flight information. Individual follow-up flight to take place at Eagles View Aviation at Monmouth Executive Airport in Wall Township. 5 SESSIONS Suitable as a stand-alone class for students with recreational goals who are not pursuing a license.
Tues & Thurs, Mar 26-Apr 4, 6:30-8:30 pm, Wall Campus
Fee and Code: $695, XPRAG 126

Stage II – Acceleration (Stage I is required prerequisite) 5 SESSIONS
Tues & Thurs, Apr 16-25, 6:30-8:30 pm, Wall Campus, plus in-flight session
Fee and Code: $695, XPRAG 127

Stage III – Altitude (Stages I and II are required prerequisites) 5 SESSIONS
Tues & Thurs, May 7- 16, 6:30-8:30 pm, Wall Campus, plus in-flight session
Fee and Code: $695, XPRAG 128

Taking Flight Series: Completion of Stages I-III
Prepares students to pass the FAA Written Knowledge Exam. Students are also provided preparation for the oral and practical exam. Passing these exams, coupled with 40 hours of flight time (not included), qualifies students for a Private Pilot License. A private pilot’s license is the first step toward an aviation career. Eagles View Aviation is a certified FAA testing center.
Tues & Thurs, Mar 26-May 16, 6:30-8:30 am, Wall Campus
Fee and Code: $1995, XPRAG 129
STUDENT SUCCESS AT ANY AGE

ENRICHMENT OPPORTUNITIES FOR STUDENTS WITH DEVELOPMENTAL DISABILITIES
This 10-week noncredit course offers students with developmental disabilities the opportunity to continue their learning experiences. Receive instruction in the areas of self-advocacy, daily living skills and social skills training. Elective subjects are added for academic enrichment. Students must be over 18 years old to participate. Sessions start in October and March. Call 732-224-2049.

SAT PREP
Sessions provide confidence and skills by focusing on essential success strategies for boosting scores. In-depth review of SAT core material and question types that most commonly appear on the SAT. Includes timed practice and detailed examination of actual SAT questions. Workbook provided to students registered by March 21.
8 SESSIONS
Tues & Thurs, Apr 2-May 2
(no class Apr 23 & 25)
Verbal: 5:30-7 pm, $209, XPRAG 001
Math: 7:15-8:45 pm, $209, XPRAG 002

AROUND TOWN

Jon Bon Jovi Soul Kitchen
Cooking Demonstration
And Lunch
Find out what’s really cooking at the JBJ Soul Kitchen – where unique community building happens. First, learn how to cook two of JBJ Soul Kitchen’s most popular menu items from their expert chefs. Next, enjoy a lunch prepared especially for you featuring these wonderful dishes and learn more about this visionary enterprise. A perfect opportunity to enjoy learning, laughing and lunch!
Address: 207 Monmouth Street, Red Bank
Sec 1: Thurs, Jan 24, 11:30 am-1 pm
Sec 2: Thurs, Mar 21, 11:30 am-1 pm
Fee and Code: $39, XPERS 260

It Seemed Like A Good Idea
Scott Ridley, PhD
History is awash with brilliant ideas evolving into meaningful accomplishments. Such is the end-product when an eloquent vision partners with unbridled ambition. Good things happen. But not always. As both poet Robert Burns and writer John Steinbeck have suggested, “The best laid plans of mice and men often go awry.” Indeed they do.
Join Dr. Scott Ridley, former Associate Professor of English at Brookdale and current Superintendent of Schools in Hazlet, for a provocative presentation on good intentions gone awry as he presents a potpourri of accidental disasters that, once upon a time, started off on such a positive note.
Thurs, Apr 11, 6:30-8 pm
Hazlet Campus
Fee and Code: $24, XDEST 162
Fee is for two people.

Watch Your Email for Notices and Updates
Bring A Friend Walking Tour: Ocean Grove
Daniel Radel, history instructor, journalist
Spend a spring day in Ocean Grove and learn the unique history of what is known as “God’s Square Mile.” Meet at the Great Auditorium, stroll Founder’s Park, come face to face with the statue of The Rev. Ellwood Stokes, the first president of the Ocean Grove Camp Meeting Association, walk the boardwalk and visit the quaint downtown. Rain date is May 4th. Please note: no refund will be given if rain date is used. Cost is $39 for two so bring a friend!
Sat, Apr 27, 1-3 pm
Fee and Code: $39, XDEST 153

Two River Theater – The Belle of Amherst
Pre-theater talk, lunch, and performance.
That it will never come again is what makes life so sweet. – Emily Dickinson
Crafted from diary entries, letters, and poems by Emily Dickinson, The Belle of Amherst is a spellbinding and insightful look at the life of one of America’s greatest poets. The production features the return of the beloved actress Maureen Silliman to the Two River stage and will be directed by Two River Founder Robert Rechnitz, who was a Professor of American Literature at Monmouth University for 35 years. Following lunch (catered by Danny’s Steakhouse) in a private in-theatre room, Dr. Carl Calendar, former Humanities Dean at Brookdale, will discuss the accuracy of the play’s portrait of Dickinson, how her poems are integrated in the text, and what biographers have said about it.
Sun, Apr 28, 12:45-5 pm
Fee & Code: $105, XTRVY 290

The Vonage Technology Center and Lifelong Learning Present

Cheers!
The History Of Liquor
Gregory Caggiano, historian, instructor, presidential scholar, blogger
Cheers! Don’t miss historian Greg Caggiano’s Spirited discussion of what we drink and why! From the life-giving beers and wines of Ancient Sumeria, to the controversial absinthe and American Prohibition of the 20th Century, alcohol has endured a spirited and tumultuous existence. Learn the history behind many different liquors from around the world, how they can be served, and what everybody is drinking today. What brandy can trace its legacy back to Noah’s Ark? Why was absinthe banned for so many years? Why are there so many different types of whiskey? Find out in this spirited program!
Our corporate neighbor and host of the evening’s program, Vonage, is a leading provider of cloud communications for businesses and consumers. Its award-winning campus is situated on 88 acres and is home to the Company’s flagship Network Operations Center (NOC) that operates 24/7/365 managing Vonage’s international network connecting billions of calls each year around the world. Don’t miss this unique opportunity to visit this impressive facility.
Group meets at the main Vonage lobby, 23 Main Street, Holmdel, NJ
Wed, May 1, 6:30-8 pm
Fee and Code: $24, XDEST 152
Fee is for two people

Call To Register
732-224-2315
Experience something new. Your life can change in a day.

Brookdale’s Tour & Talk day trips and overnight adventures offer yearlong opportunities for discovering places of cultural and historical interest. Get on board a luxury motor coach for a unique experience within a community of like-minded, learning enthusiasts. Leave the planning and the driving to us – sit back and enjoy the ride. Buses depart from Parking Lot #1 at the Lincroft campus.

“Without new experiences, something inside of us sleeps. The sleeper must awaken.”

F. Herbert

Guys & Dolls At Montclair State University, Alexander Kasser Theatre: Early Lunch At Laboratorio Kitchen

The College of the Arts’ Department of Theatre and Dance at Montclair State University has trained actors, dancers, production artists and educators to create “magic” for the stage for more than 50 years. Experience an iconic, Golden Era musical performed by MSU “stars of the future” in the state-of-the-art Alexander Kasser theater. Guys and Dolls has delighted audiences since opening in 1950, winning the Tony Award for Best Musical. The story of small-time gamblers and the ladies in their lives, Guys and Dolls’ classic score, includes Luck Be a Lady Tonight and Sit Down, You’re Rocking the Boat. By popular demand we’ll return to Laboratorio for an amazingly delicious lunch. Bet your lucky stars it will be a day to remember!

Sun, Mar 3, 10 am-6 pm
Fee and Code: $139, XTRVY 278

SORRY
There are no refunds on Trips.
Andy Warhol: From A To B And Back Again, The Whitney Museum: Lunch At Fig & Olive

Art? That’s a man’s name. – Andy Warhol

Few American artists are as instantly recognizable as Andy Warhol (1928–1987). Experience a guided tour of the first Warhol retrospective since 1989. Andy Warhol: From A to B and Back Again reconsiders the work of one of the most inventive and influential American artists. Building on a wealth of new materials and research emerging since the artist’s untimely death in 1987, this exhibition reveals new complexities about the Warhol we think we know. We’ll stop on the way to check out Flow Separation, a 1930s fire boat done up in a contemporary Dazzle motif by artist Tauba Auerbach and The Bowery Mural Wall. Enjoy the Mediterranean flavors and sophisticated yet relaxing atmosphere of Fig & Olive for a late lunch.

Mon, Mar 11, 9 am-6 pm
Fee and Code: $149, XTRVY 279

National Geographic Encounter, Ocean Odyssey, Stephen A. Schwarzman Building Tour – New York Public Library: Lunch at Pergola Des Artistes

This first-of-its kind immersive entertainment experience lets you play with sea lions, get up-close with a majestic, life-sized humpback whale, and discover the incredible stories of National Geographic’s ocean explorers. Take a breathtaking, interactive underwater journey that uses cutting-edge technology to transport you to extraordinary places and rarely witnessed moments in nature. Enjoy lunch at Pergola Des Artistes, a family-run French restaurant in Times Square. Last stop is a tour of the majestic Beaux-Arts landmark, known to most as the New York Public Library. Patience and Fortitude, the coolest cats in town guard the space with dignity. Marvel at the beauty of the architecture while we learn the history, and a few surprises, about this iconic public space.

Thurs, Mar 28, 8:30 am-5:30 pm
Fee and Code: $149, XTRVY 280
Kennett Symphony’s *Classically Yours* Performance At Longwood Gardens, Visit to the Gardens: Late Lunch At Brandywine Prime

The *Classically Yours* performance is a rare combination of art forms – the symphony and the stunning beauty of Longwood Gardens. The Kennett Symphony will perform *Siegfried Idyll*, an astonishing birthday gift for Wagner’s wife, Cosima, which was performed on the steps to her bedroom as she awoke one Christmas morning. Also featured – Mozart’s *Symphony No. 40*, beautiful for its tragic power and vitality of expression, as well as Tchaikovsky’s *Variations on a Rococo Theme*. You’ll have ample time to visit the beautiful gardens at Longwood prior to a pre-concert talk providing insight into the evening’s music selections. There will be a post concert Q&A with the cello soloist and select members of the orchestra. Enjoy traditional American cuisine and a charming atmosphere at Brandywine Prime.

**Sun, Apr 7, 11:30 am-11:30 pm**  
Fee and Code: $159, XTRVY 281  
Snack will be provided on the bus ride home.

Museum Of The American Revolution, Elfreth’s Alley: Lunch At Positano Coast, Philadelphia

Experience a memorable visit to the City of Brotherly Love, with lifelong learning’s favorite scholars – Dr. Christopher Bellitto and Rabbi emeritus, Brooks Susman. Explore the dynamic story of the American Revolution through an expansive collection of Revolutionary-era weapons, personal items, documents, and works of art that bring to life the original “greatest generation.” Immersive galleries, theater experiences, and recreated historical moments showcase the events, ideals and modern-day relevance of our nation’s founding. A docent-led highlight tour will be followed by time on your own to further explore – make sure to experience the awe-inspiring presentation featuring General Washington’s original headquarters tent. Our first stop will be a stroll down Elfreth’s Alley, our nation’s oldest residential street. Indulge in a delicious lunch at Positano Coast.

**Wed, Apr 10, 8:30 am-6:15 pm**  
Fee and Code: $139, XTRVY 282
Guided Building Tour Of Hamilton’s Custom House, National Museum Of The American Indian, Castle Clinton National Monument; Lunch At Fraunces Tavern

Nothing taxing about this day – experience an in-depth look at the unique architecture and exquisite beauty of the Alexander Hamilton U.S. Custom House, designed by the famed architect Cass Gilbert (Woolworth Building) – now home of The National Museum of the American Indian. Visit the Collectors Office, not normally open to the public, which features woodwork by Tiffany Studios. Explore the Museum of the American Indian and its’ current exhibit; Infinity of Nations presenting works of art from Native North, Central, and South America, with more than 700 works on display. Following lunch at the historical Fraunces Tavern, enjoy a ranger-led tour of Castle Clinton National Monument, located on the southern tip of Manhattan. Initially intended to prevent a British invasion in 1812, the fortification has transformed over the years to welcome theatergoers, immigrants, sightseers, and now, millions of visitors to New York Harbor.

Mon, Apr 15, 8:15 am-6 pm
Fee and Code: $149, XTRVY 283

Spring Lambing Tour At Valley Shephard Creamery, Highland Airs Alpaca Ranch Tour: Lunch At Chesapeake Tavern

An expert guide will introduce you to the world of milking, cheese making, and sheep shearing. Through glass windows, observe a state-of-the-art barn and ewenique rotary milking parlor. You may even get a glimpse of a cheese maker in action! Enjoy a taste of a few famous Valley Shepherd cave aged cheeses. Grab your camera for a visit to the lamb building – meet hundreds of fluffy baby lambs just waiting to be held. End your visit nibbling cheese made at this award-winning creamery and check out the wide selection of gourmet goodies and gifts. Following a tasty lunch at the Chesapeake Tavern, visit the Highland Airs Alpaca Ranch where you’ll learn the history of the ranch, general knowledge about alpacas, and meet and interact with a few of these soft and friendly animals – said to make great pets. We’ll be tempted; but no alpacas allowed on the bus!

Thurs, May 23, 8:30 am-6 pm
Fee and Code: $129, XTRVY 284
Brooklyn Unplugged Tours – Coney Island Boardwalk & Surrounding Neighborhoods Guided Bus Tour; Lunch At il Fornetto

Jeff Stirewalt, expert on all things Brooklyn will hop on our coach and guide us through a unique exploration of diverse neighborhoods. Experience the eccentric vibe of Coney Island, birthplace of the amusement park and circus sideshow. Learn about the historical and cultural seaside section of Brighton Beach, known as “Little Odessa” due to its tight-knit Russian and Eastern European communities. Explore Orthodox Jewish Gravesend & Midwood. Did you know that Brooklyn has one of the largest concentrations of Victorian homes in the country? Discover the tree-lined streets of Victorian Flatbush boasting Queen Anne, Tudor, Greek Revival, Colonial Revival, and Japanese Cottage style homes. Mangia at il Fornetto, serving authentic Italian cuisine on the waterfront in Sheepshead Bay.

Thurs, May 30, 8:15 am-6 pm
Fee and Code: $135, XTRVY 285

Hampton National Historic Site; Early Dinner At Bread & Circuses

Tour Hampton Mansion and estate considered one of the finest examples of late Georgian style architecture in America. In 1790, the house was the largest in the United States. At its peak, Hampton had 25,000 acres with ironworks, grain crops, beef cattle, thoroughbred horses, coal mining, marble quarries, mills, and other mercantile interests. Standing on a hill overlooking terraced gardens, exotic trees, and green lawns, Hampton is the story of people – enslaved African Americans, European indentured servants, industrial and agricultural workers, and owners. It is also the story of the economic and moral changes that made forced servitude in the United States obsolete. Enjoy an early dinner at an authentic bistro serving contemporary American cuisine with a Bohemian flair.

Thurs, June 6, 9 am-9 pm
Fee and Code: $149, XTRVY 286
Boxed lunch will be provided during the ride to our destination
**The Way We Were: A Tribute To Barbara Streisand**

**At The Brownstone, Paterson NJ**

Hello Gorgeous... Celebrate an American diva, superstar and sensation! Since the 1960s, she has won more varied awards (Emmy, Grammy, Oscar, special Tony, Golden Globe, Peabody) than anyone else in show business. “Barbra” Streisand has sold over sixty-eight million records, more than any other female singer with songs like: *Memories, Happy Days are Here Again, People, Hello Dolly* and many more. Starring Ryan Kelly award winning film and singing star and funny man Chris Monty, this show will leave you cheering for more. Enjoy a family style lunch and two complimentary drinks.

*Thurs, June 27, 10 am-5 pm*
*Fee and Code: $125, XTRVY 287*

**Grounds For Sculpture: Lunch At Rat’s Restaurant**

Experience a docent-led tour of Grounds For Sculpture, a 42-acre public sculpture park founded by Seward Johnson to promote an understanding of and appreciation for contemporary sculpture. Discover an outdoor permanent collection of over 270 sculptures by both well-known and emerging contemporary artists as well as indoor seasonal exhibitions in eight galleries. Grounds For Sculpture is also a garden and arboretum, featuring paved terraces, pergolas, and courtyards juxtaposed with natural woodlands, ponds and groves of bamboo. Following a private lunch in the beautiful Pavilion at Rat’s Restaurant enjoy time on your own for a leisurely and inspiring exploration of the gardens, sculptures and galleries.

*Thurs, June 13, 9 am-5:30 pm*
*Fee and Code: $149, XTRVY 289*
PACK YOUR BAGS!

Traveling – It leaves you speechless, then turns you into a story teller.
– Ibn Battuta

Be swept away by two of Eastern Europe’s most magical riverside cities –

VIENNA & PRAGUE

Sept 7-Sept 15

Join fellow Lifelong Learners on an exceptional all-inclusive itinerary. Campus to campus travel includes:

• Roundtrip bus transportation from Brookdale’s Lincroft campus to airport and Roundtrip airfare from Newark
• 4 nights at four-star hotel Ananas in Vienna
• 3 nights at four-star hotel NH City in Prague
• Schönbrunn Palace and gardens – an UNESCO World -Cultural-Heritage Site
• Vienna Woods
• Wachau Valley & Melk Abbey
• Cesky Krumlov – Prague
• Danube River Cruise from Melk to Krems
• Dinner Cruise on the Vltava River
• Professional travel escort
• And More…

Includes all touring, guides and admission fees
Daily European breakfast buffets and 6 dinners

Interested? Attend the info session to learn full details and complete itinerary!

Date & Time: Wed, Mar 6, 6:30 pm

Register for info session by emailing your name to nkane@brookdalecc.edu

Estimated All-inclusive fee for trip: $4,199
The Light In 9/11: Shocked By Kindness, Healed By Love
Within weeks of 9/11 Lisa Luckett vowed that she would make something good come from the nightmare of the death of her husband and all the others in the devastating event that changed our world forever. With a warrior’s will, Lisa reframed her struggle and pain into a fast track for personal growth and positive change for herself and for her young family. The Light in 9/11: Shocked by Kindness, Healed by Love is the story of her inspiring journey that came from having an open mind, perseverance, and a different perspective. What she discovered is how the power of kindness can make the world a better place.

Lisa Luckett is a social visionary, an activist for kindness and an advocate of gaining wisdom by experiencing life head-on. Her mantra “Choose Courage” is the foundation of her social vision reminding us that we are strong, resilient and have a choice in how we live our lives. She is an entrepreneur, speaker, author, and mother of three young adults. As a 9/11 widow, single mother, and breast cancer survivor, she knows the value of life’s struggles and sees the light or silver lining in every situation. Lisa recognizes that life’s lessons and grace lie within the struggle.

What’s In Your Closet? Examine Your Personality From The Outside In.
Diane Ciotta will outline the unique qualities of six clothing personalities: Classic; Dramatic; Romantic; Ingenue: Natural; and Gamin. Which one fits you best? Discover what your wardrobe choices say about you. Gain new confidence when shopping for clothes and express yourself in style!

Through a dynamic combination of Jersey sarcasm and Italian passion, Ms. Ciotta has been energizing audiences for over 29 years. After a dozen years in sales, Diane established Training Classics as a sales refinement company. In response to her positive influence and frequent keynote requests, she has broadened her focus beyond the preverbal sales training box and diversified her company as the Keynote Effect. With her unique ability to humbly relate to a variety of audiences she shares intriguing insights and inspiration. Diane was born, raised and still proudly resides in Central Jersey.

Thurs, Apr 18, 9:30 am-3 pm
Fee and Code: $79, XWOMN 203 Includes morning coffee and lunch
The Center for World War II Studies and Conflict Resolution

D-Day, June 6, 1944 Commemoration In Honor Of The 75th Anniversary Of The D-Day Invasion.

The longest walk is the story of the 29th Infantry Division on D-Day and those who enabled D-Day to succeed.

Operation Overlord, the amphibious invasion of northwest France on June 6, 1944, was the largest seaborne assault ever conducted. It was carefully planned over a six month period as a combined, joint service operation. The operation nearly failed. This presentation will review the details of this crucial invasion and how the hard fought actions of the 29th US Infantry Division enabled the operation to succeed.

Our presenter is Paul E. Zigo, history professor, author and military historian and the founder and director, of the World War II Era Studies Institute.

Thurs, Mar 7, 7-9 pm
Fee and Code: $19, XWWTS 200

WORLD WAR II STUDIES

SPRING CAREER MOVES

Real Estate Principles And Practices
Ann Marie Hohmann, Licensed New Jersey state instructor

The successful completion of this 75-hour program qualifies you to sit for the New Jersey Real Estate Salesperson’s Examination. It is also valuable and essential for those who own real estate, are prospective buyers and sellers of real property, and for experienced salespeople. Successful completion requires regular attendance. All applicants for licensure must submit to a criminal history record check. 22 SESSIONS Prerequisites: 18 years of age and proof of high school diploma or GED at time of registration for the NJ licensing exam. Note: Textbook required. Sec 1: Tues & Wed, Mar 5-May 15, 9 am-12:25 pm Sec 2: Mon & Tues, Jun 3-Aug 13, 6-9:25 pm Fee and Code: $384 (plus text), XREAL 001

Voice-Over Workshop
Jeffrey Dreisbach, actor, author, teacher

Voice-overs are everywhere. From commercial to promotional videos, book reads, and narration, “heard but not seen” is the key component to making money with just your voice. Learn from a seasoned pro and successful bi-coastal professional actor/voice-over coach and casting director the best way to audition for and get voice-over gigs. In this 18-hour hands-on program, held in Brookdale’s state-of-the-art recording studio, your performances will be professionally recorded, critiqued, and evaluated. For course outline and instructor bio, go to: www.brookdalecc.edu/continuinged/careerdevelopment/voice-over/. 6 SESSIONS Note: Textbook required. Wed, Feb 20-Mar 27, 6-9 pm Fee and Code: $449, XBUSS 080

DISPLACED HOMEMAKERS SERVICES

Are you a woman who has lost your primary source of income due to separation, divorce, widowhood, spousal disability, or spousal military deployment? Brookdale’s Displaced Homemakers Services offer free, customized, holistic, client-centered services to help you transition to becoming head of household. 732-739-6020; or continuinged.brookdalecc.edu/displaced-homemakers/
Basic Bookkeeping And QuickBooks

Add basic bookkeeping skills to your resume. Learn how to analyze and record financial transactions. Accounts receivable, accounts payable, payroll procedures, sales taxes, and various banking activities will be discussed. Move on to QuickBooks which is a highly effective yet simple to operate package which is perfect for emerging and mid-size companies. Learn how to use QuickBooks software to set up and track accounts payable and receivable. Examine how to forecast cash flow, produce profit and loss statements, and track income and expenses by jobs or departments.

Workbook included. 15 SESSIONS

Prerequisites: Knowledge of Windows and Microsoft Word

Mon-Fri, Mar 18-April 5, 9:30 am-1:30 pm

Fee and Code: $759, XCOMO 305

Audition Masterclass

Jeffrey Dreisbach, actor, author, teacher

What does it take to be a working actor? Some say talent, others say being in the right place at the right time. In reality, auditioning well is the first step to success. You only have one chance to make a good first impression. Get coached and trained by an experienced New York City casting director, actor, and author. Discover the tricks, tips, and techniques to audition for commercials, film roles, and television projects. This is a “hands on” workshop, conducted in Brookdale’s TV studio, designed to provide feedback and improve your skills while learning about the professional world of show business. If you want to find out what it takes to be an actor or increase your confidence in front of the camera and microphone, this workshop is for you! 6 SESSIONS

Wed, Apr 17-May 22, 6-9 pm

Fee and Code: $449, XBUSS 097

Also see Gemology 101, p.24
AMERICA’S SMALL BUSINESS DEVELOPMENT CENTER
At Brookdale Community College

America’s SBDC at Brookdale Community College network is committed to guiding established small business owners and aspiring entrepreneurs to create and expand their business enterprises which will, in turn, result in sustainable growth, job creation and statewide economic development and prosperity.

The network, in carrying out its mission and purpose, exists to:
• Provide unmatched customer service and personal commitment to the small business client with honest evaluations of client probability of success;
• Bring high-value to the small business community;
• Produce positive outcomes for entrepreneurs and established small businesses;
• Serve communities and small businesses, facilitating economic development;
• Lead in providing education and training to small businesses.

To register for SBDC workshops call 732-842-8685

ENTREPRENEUR CERTIFICATE PROGRAM
The Entrepreneur Certificate Program offers training to help those looking to start or grow their own business. Topics include business planning, goal setting, financing, and marketing. The Monmouth/Ocean Small Business Development Center (MOSBDC) – located at both Brookdale Community College and Ocean County College – sponsors this 33.5-hour program. Take one course to improve your knowledge or take all courses and receive an Entrepreneur Certificate. To acquire a certificate, you must attend 100% of the Business Development Core Workshops and forward a certificate request to MOSBDC.

Business Start-Up Workshop
If you are an entrepreneur who is planning to start, or have recently started a small business, this course is for you! Examine the legal forms, how to register your business, setting up financial records, taxation information, insurance needs, and licensing.
Sec 1: Sat, Jan 5, 9 am-3:30 pm
Sec 2: Sat, Mar 9, 9 am-3:30 pm
Sec 3: Tues & Thurs, Apr 2 & 4, 6-9 pm
Sec 4: Sat, May 11, 9 am-3:30 pm
Fee and Code: $97, XBUSD 001

Marketing Strategies For Small Businesses
In this 15-hour overview, identify how to position your business by developing a marketing plan that focuses on goals and strategies. Discover how to effectively analyze the current marketplace in creating valid pricing. Investigate creating a customer database and explore how to develop a marketing mix through advertising, promotions, and sales.
S SESSIONS
Mon, Mar 4-Apr 1, 6-9 pm
Fee and Code: $269, XBUSD 044
Financing A Small Business
Interested in starting a business or expanding an existing business? Need financial assistance? Gain information on determining money needs, SBA loans, venture capital, working with local banks, and use of a business plan to secure financing.
Sec 1: Sat, Jan 26, 1-4 pm
Sec 2: Thurs, Apr 25, 6-9 pm
Fee and Code: $60, XBUSD 009

A Business Plan
Even the most skeptical banker can be persuaded positively with a convincing business plan. Comprehensive plans include sales forecasts, market identification, resources, personnel, cash flow, and income projections. Learn what to include, which language to use, and in what format.
Sec 1: Sat, Jan 26, 9 am-12:30 pm
Sec 2: Thurs, Mar 21, 6-9:30 pm
Sec 3: Mon, Apr 15, 6-9:30 pm
Sec 4: Mon, May 20, 6-9:30 pm
Fee and Code: $65, XBUSD 008

Record Keeping For Small Businesses
Gain an understanding of primary financial statements, and effective methods of analysis. With hands-on instruction in business and accounting software programs, participants will learn the general accounting cycle.
Sec 1: Tues & Thurs, Jan 15 & 17, 6-9 pm
Sec 2: Tues & Thurs, Apr 16 & 18, 6-9 pm
Sec 3: Tues & Thurs, May 7 & 9, 6-9 pm
Fee and Code: $99, XBUSD 043

For a comprehensive schedule of workshops and services, or to register, call 732-842-8685 or visit www.mosbdc.com

Think Summer!
2019 Summer Camps At Brookdale Coming Mid-February...
Call 732-224-2005
90.5 the Night
BROOKDALE PUBLIC RADIO

90.5 FM/HD or online 90.5TheNight.org

GENERAL INFORMATION

WHERE’S MY CLASSROOM? 4 WAYS TO FIND IT!

- Website: www.brookdalecc.edu/lifelonglearning Scroll down and Click tab on screen lower right “Room Locations, Directions, Maps”
- Call our prerecorded message: 732-224-2100
- Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315
- Read the posting on our front door – inside lobby, ATeC building

College Closing
For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to www.brookdalecc.edu

FERPA – The Family Education Rights and Privacy Act of 1974 (Buckley Amendment)
The Act provides for the confidentiality of student records. The College reserves the right to release, or not release, directory information at the discretion of appropriate officials. Directory information may include a student’s name, address, telephone number, field of study, dates of attendance, certifications, awards, most recent educational institution attended, e-mail address, class schedule, class roster and photographs. Students who wish to have directory information withheld must notify the Associate Vice President, Continuing & Professional Studies, in writing within seven days of the first day of your class and request that such information not be released without consent. FERPA affords students certain rights with respect to their education records. For further information please refer to www.brookdalecc.edu/about/ferpa/

For Persons With Special Needs Wishing To Take Our Tour And Talk
CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant’s responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.

Cancellation and Refunds
We cancel courses if enrollment minimums are not met. We will contact you via mail, if time allows, or call you by phone.
Refund Policy
(excludes training programs, see Center for Career Development website for refund policy for training)
A $20 processing fee will be deducted from all refunds. Our refund policy is:

■ 14 or more days (2 weeks) before the beginning of a class: 100% refund of full course fee
■ 1-13 days before the start of class: 50% refund of full course fee

All refunds will be issued in the form of a check. Please allow two to four weeks for processing.
There are no refunds for trips, ticketed events and specified training programs.

Appeal Process
Only under extreme circumstances will partial refund appeals be considered. Registrants must request an appeal in writing stating their reason and providing supporting documentation (doctor’s medical note, accident report, etc) including course name and date. Send to Director of Lifelong Learning, Continuing & Professional Studies, Brookdale Community College, 765 Newman Springs Road, Lincroft 07738. Any refund issued in response to an appeal may be in the form of a gift certificate for use toward another Lifelong Learning activity within a year of issue date.

Don’t Delay – Register today!
A course or trip may be canceled due to low registration. You can help that course run by registering at least ten days before it starts.

Helpful hints for online registration:
■ On line registration is limited to one individual at a time.
■ You may register for as many classes as you would like.
■ A credit or debit card is required (MasterCard, Visa, or Discover).
■ You will need to provide your date of birth, gender and email. This information is required for identification purposes.
■ If you already have a Brookdale Account, you will need your User Name and Password previously mailed to you.
■ Don’t know your User Name and/or Password? Do not have a Brookdale Account? You will need to complete a Personal Identification Form. Click on the link under the menu item “New or Returning Brookdale Customer?” “Search, Register and Pay for Continuing Education Courses,” Follow the steps listed.

Sorry – some of our courses are not available online
REGISTRATION FORM

Please check the box if the following are new (within the past 12 months):

☐ Home Phone  ☐ Business Phone  ☐ Cell Phone  ☐ Email Address

Name (Last) ________________________________________ (First) __________________________________

Address ___________________________________________________________________________________

City ___________________________________________  State  _____________  Zip _____________________

Cell Phone _______________________________  E-mail ___________________________________________

Home Phone _________________________________   Business Phone _______________________________

Social
Security # __________________________  Date of Birth ___________________  Gender:  ☐ Male  ☐ Female

Please include separate form for each registrant with their name, address and phone number.

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☐ Charge to my  ☐ Visa  ☐ MasterCard  ☐ Discover

Name As It Appears On Credit Card ______________________________________________________________

Card No. _________________________________________________  Exp Date ___________________________

Authorization Code No. ______________________________________________________________________

Signature __________________________________________________________________________________

☐ Enclosed is my check, payable to BCC/CPS
(Brookdale Community College/Continuing and Professional Studies)

Mail to: Continuing & Professional Studies, Brookdale Community College,
765 Newman Springs Road, Lincroft, NJ 07738-1597.

Please make separate checks for each program.
Center For Career Development

Offering over 100 short-term, comprehensive, training and certificate programs and customized business solutions.

- Patient Care Technician
- Hemodialysis Technician
- Pharmacy Technician
- Business Office Support Specialist
- CISCO Certificates
- Microsoft CompTia Certificates
- Interpreting: Judicial, Medical, Community
- Nonprofit Management
- Certified Bookkeeper

www.brookdalecc.edu/careerdevelopment/
Lifelong Learning At Brookdale

Register online at www.brookdalecc.edu/lifelonglearning
Or call 732-224-2315