

**BROOKDALE COMMUNITY COLLEGE
DEPARTMENT OF STUDENT LIFE AND ACTIVITIES
STUDENT COVID-19 STATEMENT**

I have read, thoroughly reviewed, and understand the CDC's: ***“What you should know about COVID-19 to protect yourself and others”*** fact sheet (*COVID-19 Fact Sheet on THE Student Life & Activities website*). After reading this fact sheet, I am aware of the following information:

_____ Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
Initial

_____ COVID-19 symptoms can range from mild (or no symptoms) to severe illness. Symptoms include:
Initial

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

_____ I can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
Initial

_____ I can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
Initial

_____ There is currently no vaccine to protect against COVID-19. The best way to protect myself is to avoid being exposed to the virus that causes COVID-19.
Initial

_____ To protect myself (and others) from COVID-19, I should:
Initial

- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers my nose and mouth in public settings.
- Wash my hands often with soap and water for at least 20 seconds, or use an alcohol based hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces.

_____ In the event I become ill or experience COVID-19 symptoms, I will:
Initial

- Stay home, except to get medical care.
- Separate myself from team/athletic dept. personnel and other people and pets in my home.
- Alert my athletic trainer or their designee.
- Avoid public transportation, ride-sharing, or taxis.

To the best of my knowledge, I am in good health and suffer no COVID-19 symptoms, which renders my participation in Student Life and Activities or club/organization activity medically acceptable. Additionally, and to the best of my knowledge, I have had no direct contact in the past 14 (fourteen) days with anyone that has a suspected or lab confirmed case of COVID-19.

Signature of Student

Printed Name of Student

Date

Reviewing the provided COVID-19 Fact Sheet and signing this statement is not intended to be, and should not be used as a substitute for appropriate medical care. Any and all illness/ injuries incurred while participating in Brookdale Community College Student Life and Activities events should be reported to appropriate medical personnel as soon as possible.