



**BROOKDALE**

CONTINUING AND PROFESSIONAL STUDIES

**Lifelong Learning**

**OCTOBER–DECEMBER 2023**

[www.brookdalecc.edu/lifelonglearning](http://www.brookdalecc.edu/lifelonglearning)



*Automat*, 1927  
oil painting by  
Edward Hopper,  
enhanced by  
graphic artist,  
Laura Chiarella

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### TOO MANY PASSWORDS TO REMEMBER?

LL USER ID \_\_\_\_\_

LL PASSWORD \_\_\_\_\_

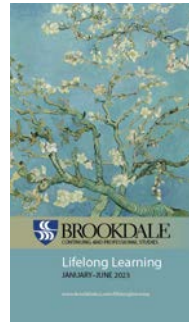
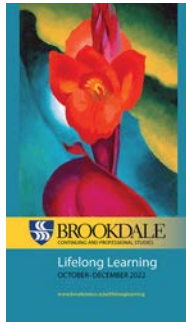
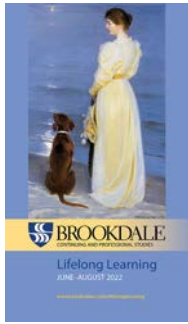
Record your lifelong learning login info here for safe keeping.

**Watch Your Email!** Registration receipts are emailed within 3 days following enrollment. Please continue to check your email. **Class and bus trip updates are delivered via email** including notices of wait lists, class cancellations, date changes, classroom updates and more.

### WHERE'S MY CLASSROOM?

- Call our office (Mon-Fri 8:30 am-4:30 pm) at **732-224-2315**
- Read the posting on our front door – inside lobby, ATeC building





Dear Friends and Neighbors,

No matter our age, fall stirs nostalgia for the excitement of ‘back to school.’ Embrace the season by starting a journey to personal growth and enrichment! Whether diving into the pages of history and literature, tapping into your creativity through the arts, or exploring the world of wellness and self-care, our offerings will help you expand your mind and challenge your perspective. This fall let’s change more than just our wardrobes – let’s change our minds.

We look forward to seeing you on campus this fall!

*Your Friends at Lifelong Learning*

### SPECIAL PRESENTATION Breakfast & Brilliance

Lifelong Learning’s favorite historian, Dr. Christopher Bellitto, has published a new book, *Humility: The Secret History of a Lost Virtue*



*We live in an age of bombast, vitriol, and ego.  
In the midst of what seems like an endless sea of  
‘self’-promotion – and even ‘self’-realization that seems  
cut off from a grander, more Divine Self – humility is  
indeed a most urgent virtue. Bellitto’s book is a balm for the heart.*

— Omid Safi, professor of Islamic studies, Duke University

*Humility*, a cultural history, and biography of the idea of humility, argues that the frightening alternative to humility has been the death of civility. Dr. Bellitto explores humility in Greco-Roman history, philosophy, and literature; in the ancient and medieval Jewish, Christian, and Muslim scriptures and sermons; in the Enlightenment; and in contemporary discussion of education in virtue and citizenship.



The book offers a fresh perspective on the lost virtue of humility for those of us concerned with the culture wars and interested in finding a path to renewed civility. Join the “God Squad,” Dr. Bellitto and Rabbi Susman for an intriguing, lively, and timely discussion of the many ways a loss of humility leads to excessive individualism, lack of respect for one another, arrogance, and narcissism. How did we lose our civility? How can it be reclaimed?

The talk will be followed by a Q&A and book signing by Dr. Bellitto. *Humility: The Secret of a Lost Virtue* will be available for purchase the day of the program.

**Thurs, Nov 2, 10 am -12:30 pm**

**Fee: \$55, includes breakfast**

# Friends' Corner Fall 2023



Friends with a mission: **Friends of Lifelong Learning** is a volunteer group formed with a mission to support, promote, enhance and preserve Lifelong Learning at Brookdale.



### “With A Little Help from Our Friends”

From sharing ideas, providing feedback, in-class support, program promotion, and financial support, The Friends of Lifelong Learning help to ensure the growth and success of lifelong learning at Brookdale in immeasurable ways.

Here at Lifelong Learning, we are grateful for all they do and feel fortunate to have an entire team of such exceptional friends.

Interested in learning more about the Friends of Lifelong Learning?  
Email [FLLbrookdale@gmail.com](mailto:FLLbrookdale@gmail.com)

### The Performing Arts Center

## Brookdale’s Spookily Spectacular Haunted Theater

Featuring a unique and interactive storyline that immerses visitors in the world of horror.  
October 13, 14, 15, 20, 21, 22, 27, 28, 29 2023  
6:30-10 pm  
Fee: \$20 + Service Fees

### **NEW!** Scaredy Cat Tours

Don’t miss this family-friendly Halloween extravaganza where fear takes a backseat, and laughter and candy reign supreme!  
October 22 & 29th  
2-4 pm  
Fee: \$10 Per Person + Service Fees

[www.brookdalehauntedtheater.com/tickets](http://www.brookdalehauntedtheater.com/tickets)

### *Put Your Money Where Your Mind (and Heart) Is*

*So often we are looking for a meaningful way to honor someone’s special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.*

*The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program. Email [nkane@brookdalecc.edu](mailto:nkane@brookdalecc.edu)*



## THE ARTS

### Acrylic Painting

**Arlene Smelson, certified art instructor, professional artist**

Whether you are a beginner or beyond, explore the magic of acrylic in a relaxed setting. Construct a painting by learning to develop an interesting composition, mix colors, build textures, and develop movement and values in a work of art. Learn a variety of techniques to bring out the artist within you. Develop skills to express yourself in any way you can imagine. Supply list available upon registration. 5 SESSIONS

Tues, Oct 3-31, 10 am-12:30 pm  
Fee: \$169

### Studio Time With Arlene

**Arlene Smelson, certified art instructor, professional artist**

Enjoy time in the studio with Arlene. Work on projects of your choice with a professional artist and instructor there to provide individual feedback and guidance. 4 SESSIONS

Tues, Nov 7-28, 10 am-12:30 pm  
Fee: \$135

### Intro To Jewelry Making

**Niels Pustrom, instructor**

Design and create a mixed metal piece in our professional jewelry studio. Learn techniques and safety procedures on specialized equipment. Leave with your own unique creation. Materials fee \$15 payable to instructor. 4 SESSIONS

Mon, Oct 2-23, 6-8 pm  
Fee: \$159

### Jewelry Studio Time

**Niels Pustrom, instructor**

Open to students who have completed a Jewelry making class at Brookdale, this workshop offers access to our professional jewelry studio. Work independently on your individual projects with your own materials to create unique pieces. No instruction or materials will be provided, but Niels Pustrom will be available in the studio to answer questions about equipment. 4 SESSIONS

Mon, Nov 6-27, 6-9 pm  
Fee: \$109

### Stained Glass Mosaics

**Harvey Altman, award-winning artist, instructor**

Create mosaics using stained glass in this hands-on workshop. Learn to cut, grind, and grout stained glass. Craft a one-of-a-kind project to take home. All materials provided. Materials fee \$70 payable to the instructor. 4 SESSIONS

Thurs, Oct 5-26, 10 am-noon  
Fee: \$99

## PHOTOGRAPHY

### Basics Of DSLR Photography

**Kevin Burkitt, instructor, photographer**

Unlock your camera's potential to create great photos by manipulating ISO, shutter speed and aperture. Enhance your landscape and portrait images. Whether you are new to photography or looking to brush up your skills, gain a better understanding of your camera and all it can do. Digital SLR camera required; no point-and-shoot or fixed-lens cameras. 2 SESSIONS

Tues & Thurs, Sept 26 & 28, 6:30-9 pm  
Fee: \$79

**New! Quick and Easy online registration**

**Need help?**

**Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>



## Camera Theory

**Kevin Burkitt, instructor, photographer**

Explore how ISO, aperture, and shutter speed work in unison to create incredible images. Please bring your Nikon or Canon DSLR camera to class and be ready to switch off automatic or guided modes to learn how to make manual adjustments that will take your photography to the next level. Discover how ISO, aperture, and shutter work together in various situations. Students must have access to their own DSLR and have a basic working knowledge of their camera. Software and hardware not required – just an open mind and desire to learn.

Prerequisite: Introduction to DSLR or working knowledge of your camera.

Sat, Oct 14, 10 am-3 pm

Fee: \$79

## CREATIVE COOKING

### Brookdale Culinary Arts – Hand-on Classes!

Discover what's cooking at Brookdale's award-winning Culinary Education Center in Asbury Park. Join our professional chefs in hands-on classes, cooking up favorite dishes in a commercial kitchen.

Visit our website for Fall 2023 cooking classes: [www.brookdaleecc.edu/continuinged/lifelonglearning/](http://www.brookdaleecc.edu/continuinged/lifelonglearning/)

### Fresh Mozzarella Making Class

**Chef instructor, Bill Roll**

Welcome to our “Mozzarella Magic” cooking class! Unleash your inner cheese whiz and join us for a fresh mozzarella cooking class like no other! In this hands-on session, we'll dive into the curd-tastic world of mozzarella-making. From curd to stretch, learn the art of creating creamy, dreamy mozzarella from scratch!

Thurs, Oct 19, 6-9 pm

Fee: \$79

**Watch Your Email  
for Notices and Updates**

## HISTORY & CULTURE

*“Opening hearts to the beauty of our culture and minds to who we are as a people today.”*

– Redhawk Native American Council



### A Celebration & Appreciation Of America's First People In Honor Of Native American Heritage Month

**The Redhawk Native American Arts Council**

Gain a deeper understanding of the rich culture, contributions, wisdom, proud heritage, and ongoing challenges of the native peoples of America. The Redhawk Native American Arts Council is a not-for-profit organization founded and maintained by Indigenous American artists, performers, and educators residing in New York and New Jersey. Join us for a unique opportunity to kick-off Native American heritage month. Help break media created stereotypes and gain a better understanding of the diverse traditions of Indigenous people and who native people are today. Through history, dance, and music we'll honor Native American heritage month – breathtaking performances will make your heart soar while experiencing an explosion of color and sound!

Thurs, Oct 26, 9:30 am-noon

Fee: \$79 includes breakfast



## The Bible As Literature: The Bible As Politics

**Brooks Susman, philosophy and history  
instructor and rabbi emeritus**

If a disturbing book is to be banned, why not begin with the Bible? It is replete with murders, fornication, slavery, evil and cruel characters as well as weak spined leaders. So, why is it so instructive as well as disturbing? We will explore the individuals, their situations, and their choices to conclude why it is also called "The Good Book!" 5 SESSIONS

Tues, Oct 10-Nov 7, 10 am-noon

Fee: \$89

## A Musical Journey Through The Past: History Via Song

**Pat Barton, professional musician, instructor**

Great songwriters have always been attracted to using people and events from history - both well-known and unsung - as a means to captivate and educate listeners. From Pontius Pilate in *Sympathy for the Devil* to the founding of our nation in *Hamilton*, from Sherman's March in *The Night They Drove Old Dixie Down* right up through 9/11 in *The Rising*, songs can be an enticing entry point for further exploring the history behind the song. Join professional musician and educator Pat Barton as he guides you on a six-hour musical journey through the past.

3 SESSIONS

Wed, Oct 25-Nov 8, 10 am-noon

Fee: \$79

## Film Appreciation: Classic American Genres

**Jonathan Shaloum MS, St. Joseph's University,  
cinema studies adjunct instructor**

Calling all movie buffs! Join Johnathan for an intriguing look at three classic American film genres.

Oct 18

### HORROR

The horror genre originated from a cultural need to confront and vicariously conquer things that threaten the normal order of things, including personal fears and societal changes. We'll discuss the origins of this genre viewing examples that range from creepy to campy. More importantly, examine how certain horror films directly reflected American social changes, including *The Wolf Man*, *Invasion of the Body Snatchers*, *The Blob*, and *Psycho*. We'll leave the lights on!

Nov 15

### THE WESTERN

The western genre far predates the advent of cinema and is truly a form of American mythology. We'll examine these narratives' roots in the American experience, and their themes of honor, individualism, and the pursuit of justice. We'll view examples from *The Great Train Robbery*, *The Man Who Shot Liberty Valance*, and *Unforgiven*.

Dec 13

### THE MUSICAL

The musical genre was born of the natural adaptation from musical theater into film. We'll discuss how early musicals like *The Jazz Singer* and *42nd Street* helped to develop musical genre conventions unique to cinema. We will then see the progression through films like *Gentlemen Prefer Blondes*, *Grease*, and *La La Land*.

Wed, Oct 18, Nov 15, Dec 13, 10 am-noon

Fee: \$79



## Italian-Americans

**Evan Weiner, award winning journalist, author**

It has been said that Joe DiMaggio and Frank Sinatra probably did more than anyone else of their time to bring Italian-Americans into the mainstream of their country's popular culture during the 1930s and 1940s. Since then, there have been thousands of Italian-Americans who flourished in America. Baseball players, actors, singers who in some cases changed American culture.

**Fri, Oct 27, 1:30-2:30 pm**

**Fee: \$45, includes light refreshments**

## The Great American Songbook Singers

**Doug Clarke, celebrated jazz guitarist, adjunct faculty Brookdale Community College**

Trace the evolution of the Great American Songbook through the singers who made the songs famous. Explore the music of Frank Sinatra, Doris Day, Jo Stafford, Billie Holiday, Ella Fitzgerald, Sarah Vaughan, Nina Simone, Blossom Dearie and Abbey Lincoln. Learn about the evolution of the music and hear how the torch has been passed to the singers of today who carry on the tradition including Kurt Elling, Stacey Kent, Esperanza Spalding, Samara Joy, and Cyrille Aimee.

**Thurs, Nov 2, 10 am-noon**

**Fee: \$39**

## Meet The Presidents: Founding Fathers

**Dan Radel, history instructor, journalist**

Revisit the Early American Republic through the eyes of the first presidents. Start with George Washington, John Adams and Thomas Jefferson and the Age of Federalism; go to James Madison and the War of 1812, James Monroe and the Compromise of 1820, John Quincy Adams' so-called Corrupt Bargain and end with "Old Hickory" Andrew Jackson. 3 SESSIONS

**Fri, Nov 3-17, 10 am-noon**

**Fee: \$79**

## Ukraine: It's History, It's People, And The Jews Who Lived Among Them

**Edith Frankel, PhD**

First, discover the origins of Ukraine and the Ukrainian People from Prince Vladimir/Volodymyr and Kievan Rus. Move on to the Middle Ages and discuss Ukraine as part of Poland-Lithuania; the influx of Jews into the area, their function and their relationship with their Christian neighbors. Then analyze Ukraine under Tsar and Emperor: from the 18th to the 20th century, developments affecting Ukrainians and their Jewish neighbors, and the rise of nationalism. Finally, understand the developments of the twentieth and twenty-first centuries: under the Soviets, the Second World War, and the Holocaust. Now an independent state, how has Ukraine fared and what might the future hold? 4 SESSIONS

**Mon, Nov 6-27, 10:30 am-noon**

**Fee: \$89**

**New! Quick and Easy online registration**

**Need help?**

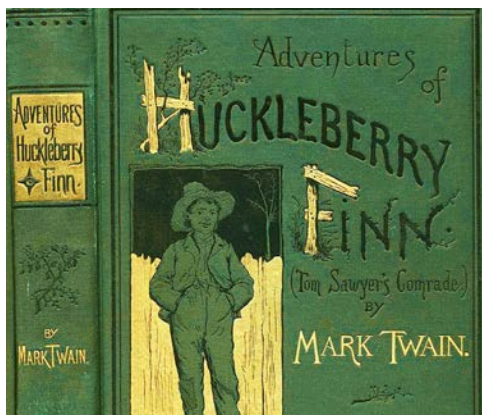
**Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>





## In The News



### Banned Books

**Liz deBeer, MA, EdD & Sari Alburtus, instructors**

America is often considered the land of free speech, but many books and topics are still taboo. Join a discussion about banned literature, including famous titles such as *Huckleberry Finn*, *The Catcher in the Rye*, *Harry Potter* series, and even some Dr. Seuss books. Focusing on excerpts we will read in class, we'll discuss why some classics have been banned. Questions will include: What is worthy literature? Why are some books controversial? What do these controversies say about American society? Who should read these controversial books? Suggestion to read prior to class: any book from the ALA Most Challenged Books: *Top 10 Most Challenged Books*. Students may also want to listen to the *Witch Trials of JK Rowling* Podcast.

**Tues, Oct 3, 10 am-noon**

**Fee: \$45, light refreshments included**

**Liz deBeer, MA, EdD, taught language arts at Point Pleasant Beach High School for 11 years. She has also lectured at several New Jersey colleges on topics related to language arts and education. Liz is currently writing YA novels with Project Write Now in Red Bank. [www.lizdebeerwriter.com](http://www.lizdebeerwriter.com).**

**Sari Alburtus taught language arts at Howell Middle School for 33 years. She is a certified Diversity, Equity and Inclusion Specialist who is currently contracted with the New Jersey Education Association.**

### Voting Rights: Two Consequential Supreme Court Decisions In Person & LIVE ZOOM

**Bruce Brickman, Esq**

Join Bruce for a deep dive exploring *Allen vs Milligan* and *Moore vs Harper*, both 2023 decisions. *Allen*, targeted the Voting Rights Act; while *Moore* tried to circumvent Judicial Review. We'll listen to portions of oral arguments and peel back the layers to gain a better understanding of the background, issues and thinking involved in the decisions. 2 SESSIONS

**Nov 4 & 11, 1-3 pm**

**Fee: \$59**

**Sec 1: In person**

**Sec 2: Live Zoom**



**LIVE ZOOM**

### Upcoming Election Analysis

**Robert Salman, Esq., litigator, and former Seton Hall adjunct law professor**

Join Bob for an analysis of recent Supreme Court decisions on affirmative action, student debt reduction, election related issues and LGBTQ rights and their impact on the 2023 and 2024 elections. Our instructor serves as a member of the New Jersey Democratic State Committee representing Monmouth County.

**Wed, Oct 25, 10:30 am-noon**

**Fee: \$29**

**See Our Own Backyard for Local History Classes, p.16**

## HOLISTIC HEALTH & WELLNESS

### An Intro To Qigong: Practices For Self-Care & Good Health

**Maxine Forster Guenther, MA, Certified Instructor of Integral Qigong since 2003**

The word is out! Qigong practice can help reduce stress, build stamina, increase vitality, and positively impact our immune system. The benefits are profound. Join us and discover these ancient Chinese healthcare exercises (slow, gentle movements) that integrate physical postures, breathing techniques, and focused intention. Qi is the vital life force energy in all things. These practices are easy to learn. Students of all levels and abilities are welcome. 3 SESSIONS

Thurs, Oct 5-26, 2-3:30 pm

Fee: \$75

### The Power Of Breath: Intro To Breathwork For Mind, Body & Spirit

**Megan Callus, MA, owner Boundless Breath**

Discover the transformative power of your breath with Megan Callus, a science-based breathwork practitioner, recently featured in Oprah Daily. Breathwork is an ancient practice that has been hailed as one of the most powerful medicines on the planet. In a fun and interactive environment, learn the influences your breath has on every system of the body including cognitive function, anxiety levels and energy. Explore and practice breathwork techniques proven to decrease dementia risks, lower blood pressure, reduce anxiety, regulate your nervous system, and help you sleep. Delve into the spiritual dimension of breathwork, as breath is as a sacred bridge that connects individuals to their higher selves and fosters a profound connection with Spirit. Armed with scientific knowledge and spiritual connection, you'll be better equipped to face life's challenges with grace tapping into the transformative power of breath and enhancing your well-being. 3 SESSIONS

Tues, Oct 10-24, 10 am-noon

Fee: \$79

### Lifestyle Diseases: What They Are And How To Avoid Them

**Debbie Peterson and Wendy Bright-Fallon, national board-certified health and wellness coaches, founders, Nourish Coaches**

According to the CDC chronic diseases are the leading cause of death and disability in the U.S. When examining chronic diseases, it is important to consider lifestyle risk factors that could play a role in their development. We'll discuss five key behaviors that can affect chronic diseases. Going beyond losing weight and avoiding specific foods, we'll talk about effective strategies to be well and stay healthy.

3 SESSIONS

Mon, Oct 16-30, 10:30 am-noon

Fee: \$79

### Body-Mind-Soul: Healing The "Whole" You

**Diane Lang, MA, author, therapist**

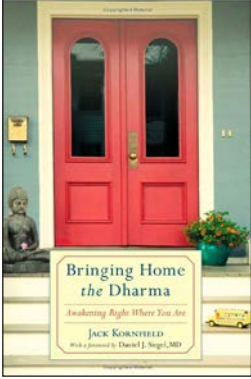
Most of us are always on the run, living demanding lives, often becoming disconnected from our health. When we have mental or physical health problems, the medical community will handle our symptoms, but what about the body-mind-soul gaps? If we don't heal all areas of our lives, we won't feel balanced and healthy. Being healthy takes place on many levels. We must consider the physical, emotional, mental, and spiritual levels to be truly healthy. Being healthy is a balance of all the core areas of life. Discover realistic, easy to follow tips for feeling good and balanced on all levels. 3 SESSIONS

Wed, Oct 18 -Nov 1, 10:30 am-noon

Fee: \$79



## Cheryl Bartholomew Discusses *Bringing Home The Dharma* By Jack Kornfield



Join Dr. Bartholomew for a discussion of *Bringing Home the Dharma: Awakening Right Where You Are* by Jack Kornfield, one of America's most respected Buddhist teachers.

Learn how to move wisely and graciously through the world, bestowing blessings and happiness upon yourself and others, in times of trouble and ease.

***“Enlightenment and liberation are not found in the Himalayas, nor in some ancient monasteries.***

***They are only found where you are.”***

Jack Kornfield

Thurs, Nov 16, 1-3 pm

Fee: \$45, includes light refreshments

Discussion Moderator, **Dr. Cheryl Bartholomew**, is a psychologist and professor who has taught at SUNY/Upstate NY, George Mason, and Monmouth Universities. She has received the Chancellor's award for excellence in teaching, the Martin Luther King Humanitarian award, Outstanding Women in Virginia, and the National Curriculum and Development award (AERA). Her curriculum has been adopted throughout the US, four additional countries, and by the Peace Corps. She has authored over 40 articles in professional journals, and her media appearances include NPR and CBS News



***The body heals with play, the mind heals with laughter and the spirit heals with joy.***

– Unknown

## Lifelong Learning Presents A Holistic Wellness Sampler!

Are you ready to explore new ideas, practices, and techniques that can help you tap into your senses, align with your higher self, and unleash your creativity? Take advantage of a unique opportunity to indulge in an intriguing array of workshops designed to bring more joy, creativity, inner peace, and well-being to your life. Let your curiosity, sense of adventure, and our expert practitioners and instructors lead the way as you embark on a journey of self-discovery and healing. Meet your inner muse, embrace the artist within and enjoy a day of rejuvenation!

Workshops include:

- Journaling
- Mindful Movement
- Immersive Sound Meditation
- Chakra Exploration
- Color Therapy
- And more!

Fri, Dec 1, 10 am-2 pm

Fee \$85, includes morning coffee & lunch

### DISPLACED HOMEMAKERS SERVICES

Are you someone who has lost your primary source of income due to separation, divorce, widowhood, spousal disability, or spousal military deployment? Brookdale's Displaced Homemakers Services offer free, customized, holistic, client-centered services to help you transition to becoming head of household.

732-739-6020; or [brookdalecc.edu/displaced-homemakers/](http://brookdalecc.edu/displaced-homemakers/)



INTERNATIONAL  
ACADEMY OF  
SPIRITUAL SCIENCES  
AND METAPHYSICS

 [iasism.com](http://iasism.com)

## Spiritual Healing CERTIFICATE PROGRAM

**Judit Papp, certified spiritual healer and parapsychologist**  
**Instructor of the International Academy of Metaphysics and Spiritual Studies**  
**(since 2016)**

Are you a spiritual seeker looking to take the first step on the path of self-awareness? Ready to take your spiritual journey to the next level? An introductory 10-week program offering a certificate of accomplishment issued from the International Academy of Spiritual Sciences and Metaphysics, this program sets the groundwork for those interested in continuing their spiritual studies in parapsychology and spiritual therapy and anyone wishing to develop a daily practice of self-healing, awareness, compassion, love, and purpose in life.  
10 SESSIONS

Class Topics Each Week Include:

- 1) **Self-knowledge, Body-Soul-Spirit Connection, Relaxation**
- 2) **Earth and our Connection to the Planet, Destiny**
- 3) **Auras, Chakras**
- 4) **Meditation**
- 5) **Spiritual Healing**
- 6) **About: Love, Fear, Complaining**
- 7) **Forgiveness**
- 8) **Positive thinking**
- 9) **Faith**
- 10) **Death from the spiritual perspective**

At least eight of the ten weeks must be attended to receive the certificate of accomplishment.

Mon, Oct 16-Dec 18, 6:30-8:30 pm

Fee: \$325





## IRISH HERITAGE

*Over 2,000 years old, the Irish language boasts the oldest living literature in Western Europe. Despite colonial attempts to destroy the language – it is alive and well – and here at Brookdale! Instructors at all levels have earned the Fáinne Óir, and our classes are informal, fun, and stress-free.*

### Halfway To St. Patrick's Day Celebration – Ireland & The Irish In Song & Story

**Henry McNally, MA, Fordham, Irish historian, recipient of the 2019 eoin McKiernan Award & The Cook College Ramblers**

In Ireland, it is said, there is a song for every story. We'll determine the truth in that – The Cook College Ramblers will perform 10 or more of their favorite songs and Hank McNally will meet the challenge, researching each song and sharing the story behind it. No challenge for the audience; sit back, enjoy the music, gain a better understanding of the words, tap your feet, and sing along with enthusiasm. *Wherever Green Is Worn*, (a phrase used in relation to the Irish Diaspora) around St. Patrick's Day there should be added focus on the history, culture, and music of the emerald isle. This program offers an opportunity to learn a little random history, enjoy the spirit of St. Patrick's Day and have a little fun.

**Fri, Sept 15, 10 am-12:30 pm**

**Fee: \$55, includes breakfast**

### Irish Language

**Rath DeHoust, Máire Léan Shevlin, Caoimhín Cléirigh, Irish language instructors**

Designed for beginners to fluent speakers, students will be divided into groups, each with its own instructor, based on abilities and needs. Groups will interact with one another and participate in joint activities. This format will enhance the objective of keeping Irish available as the living, spoken language at the very heart of Irish culture. Whether you're looking to dive into the *Tain Bo Culaighe* or just pick up a few phrases for travel, this program will work for you! **10 SESSIONS**

**Sect 1: ON CAMPUS, Thurs, Sept 14 -Nov 16, 7-8:30 pm (for all levels)**

**Sect 2: ZOOM option (for advanced level students only)**

**Fee: \$119**

### Learn To Play The Bodhran

**Máire Léan Shevlin, Irish instructor**

There was a time when the gallowglasses marched into battle to the beating of the bodhran. Today, this unique Irish goatskin drum adds dramatic vibrancy to "The Music." Audiences are intrigued by its very different method of playing and its beat that quickens the heart. To play, a sense of rhythm is necessary, but not the ability to read music. Please bring a bodhran to class with you. For purchasing information call (732) 747-1408. **5 SESSIONS**

**Thurs, Sept 14-Oct 12, 5:45-6:45 pm**

**Fee: \$69**



## Dublin's Abbey: Birthplace Of Ireland's National Theatre

In 1904, Ireland was a colony of Great Britain and the people were losing their distinctive "Irishness" through a daily barrage of English influences in their lives. The creation of a national theater, producing Irish plays by Irish authors, contributed to a Celtic Revival that awakened the soul of a people. In this course, the lives of playwrights Lady Gregory, John M. Synge and W. B. Yeats, along with Irish history, mythology and folklore will be reviewed. Students will read and discuss the four one-act plays that launched the Abbey in December 1904: *Spreading the News*; *In the Shadow of the Glen*; *On Baile's Strand*; and, *Kathleen Ni Houlihan* (PDFs of plays will be emailed prior to class). 5 SESSIONS

Mon, Oct 2-30, 10 am-noon

Fee: \$85



LIVE ZOOM

## Contemporary Irish Short Stories

Rath DeHoust, Irish language and literature lifelong learning instructor

Often hailed as a 'National Genre', Ireland's best writers continue to produce some of the most cutting-edge short stories on today's literary scene. We'll delve into the works of some well-known as well as lesser-known authors, identifying the cultural and historical issues and events that have shaped Irish writers, and Irish society, today. Join us as we explore some truly exciting literature from authors living and writing today, such as Claire Keegan, Kevin Barry, Billy O'Callaghan, Louise Kennedy and others. PDFs of plays will be emailed prior to class.

Mon, Oct 9-Nov 13, 7-8:30 pm

Fee: \$99

## The History Of Ancient Ireland

While Ireland has emerged as a vital part of the European and World Community of Nations, the history of the Irish people is little known and largely unappreciated. This is particularly true for the more ancient history. We'll examine the origins of the Island called Ireland; the Mythologies upon which Irish Culture is based; the beginnings of Irish Civilization; the coming of the Celts and emergence of a fully Celtic Ireland; Patrick and a uniquely Celtic brand of Christianity; Viking incursions and the rise to power of the great Brian Boru; the coming of the Normans and gradual English dominance of the island. It is impossible to understand contemporary Ireland without an appreciation for the ancient history and culture. Believe it or not, Ancient Ireland is a lot of fun! 5 SESSIONS

Tues, Oct 10-Nov 7, 10:30 am-12:30 pm

Fee: \$85

## A Novel Idea! Contemporary Irish Fiction

Maureen Dunphy-Brady, MA, NYU Glucksman Ireland House, Irish Historian

Irish novelists have begun the process of fictionalizing the turbulent period in Northern Ireland known as "The Troubles" (1968-98), in an effort to interrogate trauma and attempt to conciliate the personal impact of the events. These novels grapple with difficult topics that arise during times of violent conflict but also demonstrate the redemptive power of the human spirit. Classes take place once a month for a three-month period. Students will read a novel by a different author each month and participate in discussions moderated by the instructor. 3 SESSIONS  
Novels include:

**Oct 11**, *Trespases* by Louise Kennedy

**Nov 8**, *Big Girl, Small Town* by Michelle Gallen

**Dec 13**, *Country* by Michael Hughes

Wed, Oct 11-Dec 13, 10 am-noon

Fee: \$89 includes light refreshments

Watch Your Email  
for Notices and Updates

## LANGUAGES

### Italian Conversation

**Nina R. Brill, instructor**

If plans for sunny Italy are in your future and you want to do as the Romans do, or you just want to better understand this beautiful language, these sessions are for you. This is a basic, practical course in conversational Italian. 8 SESSIONS

Sat, Sept 16-Nov 11, 10 am-noon

No Class Oct 14

Fee: \$179

### Italian Conversation Level II

**Nina R. Brill, instructor**

Ciao! Come va? Revisit sunny Italy and increase your knowledge of this beautiful language. Elevate your command of the language. Learn verb tenses, increase your vocabulary, read short stories, and practice conversing with each other. 8 SESSIONS

Sat, Sept 16-Nov 11, 12:15-2:15 pm

No class Oct 14

Fee: \$179

### Advanced Italian

**Nina R. Brill, instructor**

È tempo! You have learned your verbs and increased your vocabulary; now let's read and discuss short stories – in italiano naturalmente! Information about required text will be emailed prior to the start of class. 8 SESSIONS

Sat, Sept 16-Nov 11, 2:30-4:30 pm

Fee: \$179

No class Oct 14

### Stress-Free Spanish For Beginners

**Frank Prignoli, Brookdale language instructor**

Habla español and learn simple conversational phrases. Practice in a friendly, relaxed atmosphere designed to encourage conversation en español. Bienvenidos a todos! 8 SESSIONS

Sat, Sept 30 - Nov 18, 10 am-noon

Fee: \$179

## LITERATURE & WRITING

### Scriptwriting

**Barry Putt, instructor, award-winning author**

An introduction to writing stories in the scripted format including plays, TV series, screenplays, and audio dramas. Story structure, character development, and marketing will be discussed. Students will have the opportunity to develop a short script in the course. 3 SESSIONS

Sat, Sept 16-30, 9:30 am-12:30 pm

Fee: \$119

### Non-Fiction Writing

**Barry Putt, instructor, award-winning author**

Interested in writing non-fiction books including “how to”, biographies, Film/TV history, and more? In this course, you will learn how to develop a book proposal, how to conduct research, and how to market your work to publishers. Students will complete an initial draft of a book proposal in this course. 2 SESSIONS

Sat, Nov 4 & 11, 9:30 am-12:30 pm

Fee: \$79



**LIVE ZOOM**

### Contemporary Irish Short Stories

**Rath DeHoust, Irish language and literature lifelong learning instructor**

Often hailed as a ‘National Genre’, Ireland's best writers continue to produce some of the most cutting-edge short stories on today's literary scene. We'll delve into the works of some well-known as well as lesser-known authors, identifying the cultural and historical issues and events that have shaped Irish writers, and Irish society, today. Join us as we explore some truly exciting literature from authors living and writing today, such as Claire Keegan, Kevin Barry, Billy O'Callaghan, Louise Kennedy and others.

Mon, Oct 9-Nov 13, 7-8:30 pm

Fee: \$99

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Novels include:

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**Dec 13,** *Country* by Michael Hughes

Wed, Oct 11-Dec 13, 10 am-noon

Fee: \$89 includes light refreshments

## LIVE ZOOM

### Friday Morning Musing For Short Story Lovers

**Dillies Pilevsky, English & history Instructor**

Short stories, timeless in their magical ability to help us make human connections with an author, his or her narrative, with each other and with our own life experience, will be read, discussed, and analyzed. Related videos will be shown.

Stories are listed in order to be read.

Sec 1: October 6-20 Honoring F. Scott Fitzgerald

- *Bernice Bobs Her Hair* (1920)

- *Winter Dreams* (1926)

- *Babylon Revisited* (1931)

Sec 2: November 3-17

- Ellen Glasgow, *The Difference* (1923)

- Katherine Mansfield, *Doll's House* (1922)

- Zara Neal Hurston, *Sweat* (1926)

Sec 3: December 1-15

- Leo Tolstoy, *How Much Land Does a Man Need?* (1886)

- Gustave Flaubert, *A Simple Heart* (1877)

- Gabriel Garcia Marquez, *Handsome Drowned Man in the World* (1967)

Fee: \$55

Please note: A link to PDF of stories will be provided in your registration confirmation email.

## MONEY MATTERS

### Understanding Medicare

**Alfred Norton, Licensed Health Insurance Agent**

Whether turning 65 soon, or already a Medicare recipient, don't miss this thorough review of Medicare program basics and the variety of ways to enroll in Medicare. Our discussion will outline Original Medicare (Parts A&B), Medicare Prescription Drug Plans (Part D), Medicare Advantage Plans (Part C) and, finally, Medigap Coverage (Medicare Supplement) and how it interfaces with Original Medicare. We will evaluate Medicare entitlement, approximate costs and eligibility. Information will also be provided regarding the major insurance companies in NJ for Medicare Advantage, Medicare Part D Drug Plans and Medicare Supplement Policies.

Sat, Oct 7, 10-11:30 am

Fee: \$39

### Financial Strategies For Successful Retirement

**Joseph P. Silvestri, CFP, ChFC, CLTC and**

**Chester O. Gordon IV, CFP of Arkhitekton LLC**

As baby boomers approach retirement, new financial questions arise. We'll address your questions about building enough wealth to retire, increasing retirement income, and exploring lifestyle options. Discuss mutual funds, insurance, stocks, bonds, estate taxes, and long-term care. You'll receive a workbook packed with sound, solid information that you can take home and put to good use in the development of your own financial blueprint. Come away with a clearer picture of the opportunities available to improve your future financial security. Spouse/partner may attend for free.

3 SESSIONS

Sec 1: Wed, Oct 18-25, 6:30-9:30 pm

Sec 2: Sat, Oct 21-Nov 4, 9:30 am-12:30 pm

Fee: \$65



## MUSIC



## Piano For Procrastinators

**John Balme, adjunct faculty, Brookdale Community College, Director, Concordia Vocal Academy**

If you meant to learn the piano years ago, the time has arrived! Join fellow beginners in the wonderful world of music at Brookdale's piano lab where you can learn to play your favorite songs. All you need to bring is a sense of adventure, humor, and a pencil. Enrollment is limited. 4 SESSIONS  
**Mon, Oct 2-23, 10-11:30 am**  
 Fee: \$115, textbook included

## Bluegrass & Country Fiddle

**Joseph Fili, instructor, professional musician**

Calling all aspiring fiddlers! Understand the basics of bluegrass and country fiddling: the fretless fingerboard, proper positions, and mechanics (to avoid frustrating mistakes), figuring out a melody, and effective practice. Also a violin luthier, the instructor will check out your fiddle, its physical health and tonal potential. Enrollment Limited 4 SESSIONS  
**Mon, Oct 9-30, 6-7:30 pm**  
 Fee: \$99

## Five-String Banjo (Beginner/Intermediate)

**Ken Jewell, instructor, professional musician**

A fun course for all! Whether you are a beginner or want to dust off your banjo and get playing again, this class is for you. First, get acquainted, or reacquainted, with your instrument: set-up, tuning, proper posture, picks, basic rolls, hammer-ons, slides and pull-offs. Then the fun begins: learn songs to apply your skills. For the experienced player, Ken will provide you with more challenging pieces to learn advanced techniques. Enrollment limited. 4 SESSIONS

**Thurs, Oct 12-Nov 2, 6-7:30 pm**

Fee: \$99

## Learn To Play The Bodhran

**Máire Léan Shevlin, Irish instructor**

There was a time when the gallowglasses marched into battle to the beating of the bodhran. Today, this unique Irish goatskin drum adds dramatic vibrancy to "The Music." Audiences are intrigued by its very different method of playing and its beat that quickens the heart. To play, a sense of rhythm is necessary, but not the ability to read music. Please bring a bodhran to class with you. For purchasing information call (732) 747-1408. 5 SESSIONS

**Thurs, Sept 14-Oct 12, 5:45 -6:30 pm**

Fee: \$69

## Beautiful Voice

**Cynthia Balme, lifelong learning instructor**

Stop believing you can't sing! Applying tried and true vocal exercises, feel your voice becoming clearer and stronger. Appropriate music for group study will be provided and musical requests are always welcome. The last class will include an informal recital. 4 SESSIONS

**Mon, Nov 6-27, 10-11:30 am**

Fee: \$99

Related Classes:

[A Musical Journey Through the Past: History Via Song, p.5](#)

[The Great American Songbook Singers, p.6](#)

**Watch Your Email  
for Notices and Updates**

## OUR OWN BACKYARD

## Local History



*Harper's Weekly, Wreck of the "Adonis" at Long Branch, New Jersey March 8, 1859*

their end on Jersey's 130-mile-long shore. Storms, sandbars, accidents, or acts of violence created treacherous circumstances that claimed wrecks from Sandy Hook to Cape May. Come explore some of their stories and remember these local ghosts of the Atlantic Coast.

Tues, Oct 24, 10 am-noon

Fee: \$35

## Ghosts Of The Atlantic Coast: Shipwrecks Along The Jersey Shore

**Jeanne Vloyanetes, retired Brookdale history and library faculty**

After the ships of European explorers Giovanni Verrazzano and Henry Hudson ventured along New Jersey's coast, they were followed over the next 400 years by countless vessels with settlers, soldiers, fishermen, and cargo. An unknown number of these ships met

## Fort Monmouth's "Famous Firsts"

**Melissa Ziobro, professor, Monmouth University**

The history of Fort Monmouth begins in May 1917 when, as part of its wartime mobilization, the Army authorized four training camps for signal troops. One camp would be located in central NJ – that which would eventually be known as “Fort Monmouth,” in honor of the soldiers of the American Revolution who fought and died at the nearby Battle of Monmouth. The Army Signal Corps trained thousands of men for war there and built laboratories that worked on pioneering technologies like air to ground radio. For decades known as the “Home of the Signal Corps,” until its closure in 2011, the base was still innovating some of the most significant communications and electronics advances in military history - many of which would save lives on the battlefield and also be adapted for civilian use. Join Melissa, the last Command Historian at Fort Monmouth prior to the base's closure for an exploration of a few of the base's “famous firsts.” Some of which are sure to include technologies you use in your daily life!

Thurs, Nov 9, 2-3:15 pm

Fee: \$39, includes light refreshments

**Quick and Easy online registration**  
**Need help? Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>



## Monmouth County Parks History Lecture Series

**Kristen Hohn, archaeologist and historian, historic preservation specialist for the Monmouth County Park System**

**Nov 14**

### Tracing the American Revolution through the Monmouth County Parks

In the 18th century traveling through Monmouth County was one of the shortest routes connecting two of our nation's earliest cities, Philadelphia, and New York. When war broke out in the colonies Monmouth County became a literal battleground, leaving nearly every resident touched by the effects of war. From the sites of raids to military campsites, and the homes of affluent members of society during the conflict, the history of the Revolution through the Monmouth County Parks is a fascinating look into the fight for freedom as it took place in our own backyard.

**Nov 21**

### An Immersive History of Hartshorne Woods Park

What are those huge concrete bunkers? Who were the Hartshornes? Who lived here before they settled in the Navesink? There are so many questions surrounding one of the county's largest and most popular parks. The story of Hartshorne Woods begins long before European settlement and takes us all the way through the Cold War. We'll travel through all the major periods of history across this 800-acre park and learn a little more about how it came to be the beautiful site it is today.

**Nov 28**

### The History of Thompson Park, Beyond the Thompsons

In recent years amazing research on Geraldine Thompson and her family has been uncovered by Brookdale's very own history professor Jane Scimeca. This lecture serves to compliment the work done on the family by providing a detailed look at the history of the Brookdale Farm National Register Historic District at Thompson Park, from its earliest settlement in the 18th century, through its era as a nationally recognized thoroughbred stud farm and beyond. 3 SESSIONS

Tues, Nov 14-28, 10 am-noon

Fee: \$79

## Eleanor Roosevelt & Geraldine L. Thompson: The First Lady at Brookdale Farm

**Jane Scimeca, distinguished professor of History, Brookdale Community College**

Eleanor Roosevelt is the most famous women of her generation. Her service as First Lady during the Great Depression and World War II, in addition to her leadership of United Nations, solidified her reputation as an important figure in American History. What is less known about Eleanor Roosevelt is that she visited Monmouth County frequently to visit Brookdale Farm's Geraldine Thompson. Their long friendship is preserved in hundreds of letters exchanged over decades. Prof. Jane Scimeca will share her research journey through their correspondence to shed light on these two women and their common interest in helping people. Enjoy a lively discussion of the amazing friendship between Geraldine Thompson and Eleanor Roosevelt.

*Jane Scimeca is a distinguished Professor of History at Brookdale Community College, where she specializes in teaching World History and Women's History. She has earned a Master of Arts degree in History and Graduate Certificate in Women's Studies from Rutgers University. Professor Scimeca is also the host of New Books in Women's History, a podcast on the New Books Network where she discusses new scholarship in women's history with writers and historians. Professor Scimeca is currently working on a biography of Geraldine L. Thompson titled, "Mrs. Thompson Saves the Day."*

Wed, Dec 6, 10 am-noon

Fee: \$35

## Around Town

### Jon Bon Jovi Soul Kitchen Cooking Demonstration & Lunch

Find out what's really cooking at the JBJ Soul Kitchen – where unique community building happens. First, learn to cook two of JBJ Soul Kitchen's most popular menu items from their expert chefs. Next, enjoy a lunch prepared especially for you featuring these delicious dishes and learn more about this innovative enterprise. A perfect opportunity to enjoy learning, laughing, and lunch!

Address: 207 Monmouth Street, Red Bank

Sec 1: Thurs, Sept 7

Sec 2: Thurs, Oct 26

Sec 3: Thurs, Nov 9

11:30 am-1 pm

Fee: \$39

### Walking Tour: Freehold

**Dan Radel, history instructor, journalist**

Step back in time and enjoy a walking tour of Freehold's rich history from colonial times to the early 20th century. Stops on the tour include St. Peter's Church, Monmouth Court House, The American Hotel, and the Carnegie Library. The tour ends at the Monmouth County Historical Association Museum where participants will have the option of taking a tour of the museum. The Museum charge is \$5 for entrance. Meet at the steps of the Monmouth County Hall of Records on East Main Street. Rain date, Saturday October 14th. Please note: a refund will not be given if rain date is used.

Sat, Oct 7, 1-3 pm

Fee: \$29

## RECREATION

**NEW!**

### Mah Jongg For Beginners

**Sharon Talansky, instructor**

Ever wanted to play Mah Jongg? Come learn to play in a fun, relaxed setting! Learn how to choose a hand, the progression of play, and strategies to win. You'll have plenty of time for in-class practice, with tips offered in a friendly and interactive environment. Meet other interested individuals and perhaps form a game of your own with classmates. If you have a Mah Jongg set or can borrow one, please make every effort to bring it with you to the first class. However, a set is NOT required to enroll. Mah Jongg cards, an essential tool for playing the game, ARE required. Please be sure you have the most recent card, designed for the year 2023. Bring a pen and paper, as well. Mah Jongg is great for stretching your mind and a wonderful way to spend time with friends.

5 SESSIONS

Thurs, Sept 28-Oct 26, 1-2:30 pm

Fee: \$85



### Pickleball For Beginners

Find out why pickleball is the fastest growing sport in America! A paddle sport for all ages and skill levels, pickleball combines elements of tennis, badminton, and table tennis. The rules are simple, and the game is easy to learn. We'll provide the paddles and the balls (similar to whiffle balls) Don't miss this addictive new form of fitness and fun. Class meets at the Colts Neck Racquet Club indoor courts (36 Artisan Pl, Colts Neck) Class size is limited.

3 SESSIONS

Sec 1: Tues, Sept 15-19, 3-4 pm

Sec 2: Tues, Oct 3-17, 3-4 pm

Sec 3: Tues, Nov 7-21, 3-4 pm

Fee: \$79

## Black Founders Of Monmouth County

### Trolley Tour & Talk of Black History Sites (Second in a Series)

Gilda Rogers, Executive Director of the T. Thomas Fortune Cultural Center, writer, activist, adjunct faculty, Brookdale Community College; Rick Geffken, author, local historian.



Discover more about the history of Black people and their contributions to Monmouth County. Join Gilda and Rick for an examination of three historic sites relating to the local Black Experience.

### Tinton Falls Ironworks Site In Tinton Falls

In 1675, Col. Lewis Morris purchased an ironworks along the Swimming River, calling it "Tinton Manor." More than sixty enslaved Africans, the first to arrive in Monmouth County, were brought from Morris's sugar plantations in Barbados and forced to work at what is now Tinton Falls. An unknown number of these enslaved people are buried in unmarked graves in the cemetery here.

### Marlpit Hall In Middletown

Many enslaved Blacks, such as Elizabeth Van Cleaf, lived at Marlpit Hall, owned by the Taylor family. The current award-winning exhibit, *Beneath the Floorboards, Whispers of the Enslaved* shows how slavery took root in early Monmouth County, as well as the complex dynamics of daily life and relationships among the enslaved.

### The T. Thomas Fortune Cultural Center In Red Bank

Former home of the one-time enslaved Timothy Thomas Fortune who lived here into the early 20th century while publishing Black newspapers in New York. An exhibit called *The Black Press, Stewarts of Democracy* and other aspects of Black cultural life will be on display. Catered lunch will be enjoyed at this location.

Fri, Oct 20, 10 am-3 pm

Fee: \$119, includes lunch and transportation

Bus will depart from Parking Lot 1 on the Lincroft Campus

Seating is limited – sign up early!

**Quick and Easy online registration**  
**Need help? Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>



**Watch Your Email  
for Notices and Updates**

TOUR & TALK

*Traveling – it leaves you speechless, then turns you into a storyteller.*

Brookdale’s Day Trips offer yearlong opportunities for discovering places of cultural and historical interest. Get on board a luxury motor coach for a unique experience within a community of like-minded, learning enthusiasts. Leave the planning and the driving to us – sit back and enjoy the ride. Buses depart from parking Lot I on the Lincroft campus.



**Kykuit – The Rockefeller Estate: Lunch At Horsefeathers**

A rare historic and architectural gem, Kykuit was home to 4 generations of the Rockefeller Family. It’s a meticulously preserved century-old masterpiece, with amazing views of the surrounding Hudson valley, beautifully landscaped grounds and gardens, rare works of art – from ancient Chinese figurines to Picasso tapestry, from replica Florentine statues to modern sculptures – and beautiful architecture. Enjoy a delightful and delicious lunch at Horsefeathers, a Tarrytown staple.

Fri, Sept 29, 7:45 am-5:30 pm

Fee: \$185





## Lyndhurst Gothic Revival Mansion: Lunch At Tarry Tavern

Start a spookily spectacular adventure with a tour combining history and Halloween at the Gothic-style Lyndhurst Castle. Once the summer home of railroad magnate Jay Gould the house was the on-location setting of the 1970 *House of Dark Shadows* & 1971's *Night of Dark Shadows*. The property was designed in 1838 Alexander Jackson Davis, an architectural genius at the time who aimed to complement the natural elements of the region and the artistry of the Gothic revival Marvel as you enter the majestic vestibule and entrance hall, reception room, parlor, library, and the sumptuous Victorian dining room – all eloquently decorated with trimmings for the autumn season! Lunch in the country farmhouse feel of the Tarry Tavern enjoying a menu inspired by the season and local produce.

Thurs, Oct 26, 7:45 am-4 pm

Fee: \$169

## World Premiere Musical: *The Great Gatsby*, Paper Mill Playhouse: Early Dinner At Moonshine Modern Supper Club

Enter the glamorous world of the Golden Age; experience a soul-stirring world premiere musical. F. Scott Fitzgerald's *The Great Gatsby* is one of the most beloved tales of all time, having sold over 30 million novels and adapted to an acclaimed blockbuster film, *The Great Gatsby* has always been destined to sing. Featuring an electrifying jazz and pop-infused score written by Tony Award nominees Nathan Tysen (*Paradise Square*) & Jason Howland (*Beautiful: The Carole King Musical* - Grammy Award winner), a book by Kait Kerrigan (*The Mad Ones*), and direction by Marc Bruni (*Beautiful: The Carole King Musical*), this world premiere musical is set to roar *The Great Gatsby* into the 21st century. Enjoy a stylish dining experience at Moonshine Modern Supper Club.

Thurs, Nov 9, 11:45 am-7:30 pm

Fee: \$235

**Watch Your Email  
for Notices and Updates**



## A Christmas Carol; Early Dinner At Metro North Princeton

McCarter Theatre's annual holiday tradition returns with more magic, more music, and more merriment for all. Follow Ebenezer Scrooge on a fantastical journey through Christmases past, present, and future and enjoy this classic story as it comes to life around you. Be ushered into the spirit of the season with all the delight, wonder, and generosity that Scrooge himself discovers. Starring Joel McKinnon Miller (Brooklyn Nine-Nine) as Scrooge. An early dinner in the inviting atmosphere and Italian cuisine of Metro North provides the perfect end to an inspiring day.

Sat, Dec 9, 11:30 am-6:45 pm

Fee: \$225

## New York City Ballet's George Balanchine's The Nutcracker At Lincoln Center: Early Dinner At Joanne Trattoria

Be dazzled, be delighted. This spectacular dance event of the season is exquisitely presented by one of the premier ballet companies in the world. One of the most complex theatrical staged ballets in the Company's active repertory – it is sure to provide an unforgettable spark to your holiday season. Keep your spirits high indulging in homestyle Italian cooking at Joanne Trattoria – owned by Lady Gaga's parents.

Wed, Dec 20, 11:15 am-8:30 pm

Fee: \$359

SORRY

*There are no refunds on Trips.*





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## Get started in a new and exciting career as a Real Estate Agent this Fall!

Get the training you need to sit for the NJ State Real Estate Exam.

Freehold (In Person): Tues/Thurs 9-2:30 pm, Sept 12-Oct 26

Lincroft (ZOOM): Mon/Wed 5:30-9 pm, Sept 11- Nov 29

Saturday session (ZOOM): 8:30-4:30 pm, Sept 23-Dec 2

For more information, call 732-224-2380

## Need computer training?

A great line-up of Microsoft classes will be starting in September. Online and in person classes available.

Visit [www.brookdalecc.edu/continuinged](http://www.brookdalecc.edu/continuinged)

**Quick and Easy online registration**  
**Need help? Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>



## GENERAL INFORMATION

## COLLEGE CLOSING

College Closing For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to [www.brookdalecc.edu](http://www.brookdalecc.edu)

### FERPA – The Family Education Rights and Privacy Act of 1974 (Buckley Amendment)

The Act provides for the confidentiality of student records. For further information please refer to [www.brookdalecc.edu/about/ferpa/](http://www.brookdalecc.edu/about/ferpa/)

### For Persons With Special Needs Wishing To Take Our Tour And Talk

CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant's responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.

## CANCELLATION &amp; REFUNDS

**A full refund will be given when a program or trip is canceled by Brookdale.**

## Refund Policy

With adequate advance notice (at least seven calendar days prior to program start date) a full refund will be issued less a \$10 processing fee.

**There are no refunds for trips, ticketed events and specified programs.**

Should you wish to appeal the refund policy, please submit an appeal in writing via email to [tsilletti@brookdalecc.edu](mailto:tsilletti@brookdalecc.edu). Include the date and title of course and state the reason for you are unable to attend the program. All decisions will be made by the Dean of Continuing & Professional Studies.



**Watch Your Email  
for Notices and Updates**

## WHERE'S MY CLASSROOM?

- Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315
- Read the posting on our front door – inside lobby, ATeC building



**Quick and Easy online registration  
Need help? Call 732-224-2315**

<https://www.brookdalecc.edu/continuinged/lifelonglearning/>



# Brookdale Community College Center of Adult Transitions SAIL (Students Achieving Independent Lives)

## Tier One



Brookdale Community College and Voyagers' Community School are proud to offer a free, innovative, pre-vocational program that offers adult students, ages 18 to 24, with intellectual and developmental disabilities a robust and well-balanced learning experience in life, consumer, and employment skills, self-advocacy, healthy habits, financial literacy, and use of state-of-the-art technology.

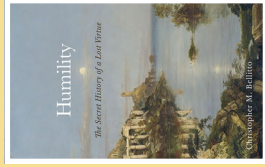
The grant is funded through the Office of the Secretary of Higher Education in continuing support of community college-based Center for Adult Transitions.

SAIL classes will meet on campus each Thursday from September 14 through December 14 from 9:30 am-12:30 pm. Teachers will prepare students to pursue their goals, clarify their plans, and take the next step as adults. Program offerings will focus on career readiness. Acceptance is based on a student interview.

If interested as a potential participant or to learn more about the Center for Adult Transition email [cposs@brookdalecc.edu](mailto:cposs@brookdalecc.edu).

***New this Fall!*** Students interested in a full day experience can register for the Sail Extension program, Thursdays, Sept 14-Dec 14 from 12:45-3:45 pm. Details will be provided upon acceptance into the morning program.

# Breakfast & Brilliance November 2



**Book Talk**  
*Humility: The Secret  
History of a Lost Virtue*  
by Dr. Christopher  
Bellitto



Join Dr. Bellitto and Rabbi  
Susman for an intriguing,  
lively, and timely discussion of  
how we lost our humility, what  
it means for a society, and how  
it can be reclaimed.



## BROOKDALE

THE COUNTY COLLEGE OF MONMOUTH  
CONTINUING AND PROFESSIONAL STUDIES

765 Newman Springs Road  
Lincroft, NJ 07738

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## Open to the Possibilities

Visit us online [www.brookdalecc.edu/lifelonglearning](http://www.brookdalecc.edu/lifelonglearning)

Or call us 732-224-2315