



BROOKDALE

CONTINUING AND PROFESSIONAL STUDIES

Lifelong Learning

JANUARY–JUNE 2025

Annual Women's Conference – May 16th!

See back inside cover for details.

The Bridge, 1912 by Carl Larsson

Meet Our Team!



We're here for you!

Professional, personable and phenomenal – our skilled and dedicated operations team delivers exceptional customer service, always!

Questions? Need help registering?
Call 732-224-2315



BROOKDALE

CONTINUING AND PROFESSIONAL STUDIES

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TOO MANY PASSWORDS TO REMEMBER?

LL USER ID

LL PASSWORD

Record your lifelong learning login info
here for safe keeping.

Watch Your Email!

Registration receipts are emailed within
3 days following enrollment. Please
continue to check your email.

Class updates are delivered via email
including notices of wait lists, class
cancellations, date changes, classroom
updates and more.

WHERE'S MY CLASSROOM?



- Call our office
(Mon-Fri 8:30 am-4:30 pm)
at 732-224-2315
- Read the posting on our front door –
inside lobby, ATeC building

Quick and Easy online registration

Need help?

Call 732-224-2315



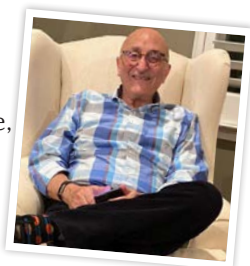
PONDERING THE POWER OF POETRY – it's a spring thing!



Life on Cloud Eight

Ed Ryterband, PhD

Ed is back by popular demand! Once more, he will lead us through his insights on the everyday events that infuse our lives with meaning. His journey inspires us to pause, reflect, and cultivate a more enriching experience in our own lives. Key highlights include his childhood dreams, his teenage years in New York, the joys of discovering his wife and children, and his contemplations on a fulfilling life, and the process of aging gracefully.



*In **Life on Cloud, Eight**, Ed Ryterband, vividly and lovingly reviews his life from early childhood to the present. Each of these poems is suffused with warmth, introspection, and an openness that invites the reader into the unique world of a poet, committed to personal honesty and growth.*

– **Jill Stein, author of *Steeplechase and Cautionary Tales***

Tender intimate and beautifully crafted poems – childhood, family, history, terrors, compassion, and loss. Ed can also invent delightful pieces of wit and humor, images of rejoicing, grief, quiet, caring, and love. A close look at a father and a person.

– **Sandra Gash, author of *Silk Elegy***

Ed's books are available for purchase at www.edryterband.com. All proceeds are donated to your charity of choice.

Wed, Apr 2, 10 am-noon

Fee: \$45, includes light refreshments

*Originally from Queens, **Ed Ryterband** has been living at the Jersey shore for 38 years with his wife of 43 years, Madalyn. His poetry has been published in Paterson Literary Review, Two River Times, New Verse News and U.S. 1 Worksheets. Ed has performed his stand-up and poetry readings at The Comic Strip, Mostly Magic, and The Piano Bar, among other venues in New York and New Jersey.*

Exploring Poetry Together

Ed Ryterband, PhD, poet, author and Alba de Bello, poet, founder A Child's Place

Join two published poets who have a passion for exploring the work of other poets. Alba and Ed will present a thoughtfully curated selection of poems for everyone to read and discuss together. The poets may be contemporary, currently active, or from long ago, yet their voices continue to resonate. Engage in lively discussions, share your thoughts, or simply listen - the variety of insights sparked by the poems will keep you engaged. This approach has been successfully utilized by Alba and Ed in community groups, providing enjoyment even for those who don't typically consider themselves poetry enthusiasts.

Poems are like a gift box of chocolates; each is individually wrapped waiting to be opened and discovered.

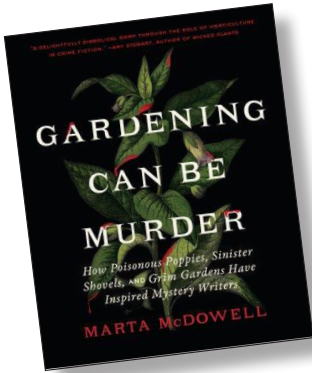
Poems will be emailed to students upon registration.

Wed, Apr 16, 10 am-noon

Fee: \$45, includes light refreshments

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Lifelong Learning is thrilled to welcome New Jersey Author, Marta McDowell to campus!



supported by



GARDENING CAN BE MURDER *How Poisonous Poppies, Sinister Shovels, and Grim Gardens Have Inspired Mystery Writers* By Marta McDowell

A captivating and delightful book explores the surprising influence that gardens and gardening have had on mystery novels and their authors. With their dangerous plants, sharp tools, concealed nooks, and natural burial sites, gardens serve as the perfect setting for a thrilling murder. However, the crucial role that gardens play in the mystery genre has often been overlooked. Now, Marta McDowell, a skilled writer and gardener with a deep understanding of the genre, highlights how our most celebrated mystery writers – from Edgar Allan Poe to today’s bestselling authors—have found inspiration in the enchanting yet ominous world of gardens.

Encounter plant-loving detectives and eerie groundskeeper suspects, observe lethal brews served in acts of malice, and explore the gardens – both real and fictional – that have served as backdrops for some of fiction’s most horrific crimes.

As a *New York Times* bestselling author, McDowell also introduces us to some of today’s leading writers who view gardening as essential to their storytelling, ensuring that horticultural themes will continue to thrive in countless twisting plots to come. Talk will be followed by a Q&A & book signing.

*Marta McDowell teaches landscape history and horticulture at the New York Botanical Garden and is a popular lecturer and writer. Her latest book is **Gardening Can Be Murder**, about the horticultural connections to crime fiction. Timber Press also published **Unearthing The Secret Garden**, **Emily Dickinson’s Gardening Life**, **The World of Laura Ingalls Wilder**, **New York Times**-bestselling **All the Presidents’ Gardens**, and **Beatrix Potter’s Gardening Life**, now in its ninth printing. She was the 2019 recipient of the Garden Club of America’s Sarah Chapman Francis Medal for outstanding literary achievement.*



Thurs, Mar 6, 10:30 am-noon

Fee: \$45 reduced fee made possible by the Friends of Lifelong Learning, includes breakfast
Books will be available for sale at the event.

ENHANCE YOUR LEARNING EXPERIENCE – Dig deeper into the theme of poisonous plants on screen with film appreciation instructor, Johnathan Shaloum.

Poisonous Plants In Cinema

Jonathan Shaloum MS, St. Joseph’s University, cinema studies adjunct instructor

Wed, Mar 12, 10 am-noon

Fee: \$39

Take both classes and enjoy a reduced fee. [Details on page 11](#)



Friends with a mission:
Friends of Lifelong Learning
 is a volunteer group formed
 with a mission to support,
 promote, enhance and
 preserve Lifelong Learning
 at Brookdale.



*The lifelong learning team at Brookdale is grateful for the support and assistance we get from our “friends.” Through their contributions we are offering reduced cost classes this fall. **LOOK FOR THE FRIENDS LOGO** throughout the book for special pricing made possible through their generosity.*



Interested in learning more about the Friends of Lifelong Learning?
 Email FLLbrookdale@gmail.com

CAMPUS CONNECTIONS

Displaced Homemakers

Have you lost your primary source of income due to separation, divorce, widowhood, spousal disability, spousal military deployment, or domestic violence, and need to transition into head of household?

You Are Not Alone!

Displaced Homemakers Services at Brookdale Community College offers women and men no cost, confidential, holistic, customized help to enable you to reach your full potential.

Email mwright@brookdalecc.edu or call 732-739-6020 for more information.

Center for Adult Transition

Brookdale’s Center for Adult Transition provides tailored educational programs that focus on life skills, social skills and vocational training aligned with personal interests, educational and career goals.



Brookdale Performing Arts Center

Till Death Do Us Part: Murder Mystery Dessert Theater

Murder Mystery Co

Feb 7, 8 pm

A Night Of Jazz Love Songs With A Live Jazz Trio

Feb 8, 2 pm & 8 pm

Blithe Spirit By Noel Coward

Feb 14-23, 7 pm & Feb 16 & 23, 2 pm

(Senior & Veteran discounts on Feb 16)

Godspell

April 4-19, 8 pm & April 6 & 13, 2 pm

(Senior & Veteran discounts on Apr 13)

For more information and to purchase tickets: visit www.brookdalecc.edu/pac, email pac@brookdalecc.edu or call 732-224-2411.

THE ARTS

Acrylic Painting

Arlene Smelson, certified art instructor, professional artist

Whether you are a beginner or haven't painted in a while, explore the magic of acrylic in a relaxed setting. Construct a painting by learning to develop an interesting composition, to mix colors, to build textures, and develop movement and values in a work of art. Learn a variety of techniques and how to bring out the artist within you. Develop skills and techniques that will allow you to express yourself in any way you can imagine. Supply list available upon registration. 5 SESSIONS
Tues, Mar 11-Apr 15, 10 am-12:30 pm
No class Mar 8
Fee: \$169

Quick and Easy online registration

Need help?

Call 732-224-2315



Watercolor Tips & Tricks

Arlene Smelson, certified art instructor, professional artist

Have you ever looked at a painting and asked yourself: 'How did they do that?' Learn how simple tools can produce your desired effects. Discover how plain household elements can create textures and values in a work of art. Embark on an adventurous journey where the results can be sometimes surprising. Focus on cultivating a variety of watercolor techniques and processes through step-by-step instruction and teacher demonstration. Be guided to achieving certain effects through an assortment of washes, textures and applications. Learn how wipe out techniques along with using resists can add texture and depth to a watercolor. Experience the opportunity to explore wide-ranging methods and develop a picture incorporating those concepts. No prior experience necessary. 5 SESSIONS
Thurs, Mar 27-Apr 24, 10 am-12:30 pm
Fee: \$169

Studio Time With Arlene

Arlene Smelson, certified art instructor, professional artist

Enjoy time in the studio with Arlene. Work on projects of your choice with Arlene there to provide individual feedback and guidance. 4 SESSIONS
Tues, Apr 22-May 13, 10 am-12:30 pm
Fee: \$135

Art Journaling

Tara Collins, professional artist, instructor

Whether you're a beginner or an artist, discover the joys of art journaling – learn the basics and more. Let your art journal serve as your personal diary, scrapbook, or artistic portfolio. Art journaling allows you to capture pieces of your daily life, blending various elements onto the page while providing a space to experiment with different artistic mediums. The best part? It's budget-friendly and therapeutic! A list of required supplies will be provided upon registration.
Thurs, Apr 3, 6-8 pm
Fee: \$39



The Art Of Pysanky

Jenny Santa Maria, artist, instructor

Celebrate spring with a unique opportunity to learn a skill and folk tradition passed down through generations - Pysanky, the ancient art of decorating eggs with beautiful designs. Discover the history and cultural significance of pysanky, enjoy a demonstration, and engage in independent practice. A variety of organic eggs and dyes, with all materials will be provided. This meditative and communal experience stands apart from other art forms, and for many, it marks the start of a cherished springtime family tradition to be passed down through the years. All ages and skill levels can create their own original pysanka. No prerequisite skills required. Attendance is limited. Bring a container or egg carton to take home your creation. \$15 supply fee payable to instructor.

Ages 18+

Wed, Mar 26, 10 am-12:30 pm

Fee: \$45

*Jenny Santa Maria is a multifaceted talent as a teaching artist, art coach, and exhibiting artist from Farmingdale, NJ. She has created countless beautiful eggs over the years, many of which have been featured in notable publications, including the **Wall Street Journal**. She refers to her work as batik eggs, though the process is rooted in the traditional art of pysanky. Her work blends a modern aesthetic with personal symbolism, pushing the boundaries of traditional techniques. While associated with spring, Jenny designs eggs year-round using eggs from her free-range hens and beeswax from her own hives.*

Introduction To Jewelry Making

Niels Pustrom, instructor

Design and create a mixed metal piece in our professional jewelry studio. Learn techniques and safety procedures on specialized equipment. Leave with your own unique creation. \$20 payable to instructor. 4 SESSIONS

Tues, Mar 11-Apr 1, 6-8 pm

Fee: \$159

Jewelry Studio Time

Niels Pustrom, instructor

Open to students who have attended a jewelry making class at Brookdale, this workshop offers access to our professional jewelry studio. Work independently on your individual projects with your own materials to create unique pieces. No instruction or materials will be provided, but Niels Pustrom will be available in the studio to answer questions about equipment. 4 SESSIONS

Sec 1: Wed, Apr 9-30, 11 am-2 pm

Sec 2: Mon, Apr 28-May 19, 6-9 pm

Fee: \$119

Introduction To Machine Sewing

Betty McCarty, instructor

Do you love fabric, fashion, and interior design? Do you have a sewing machine, but don't know how to use it? Learn how to operate and understand the parts of a sewing machine. Be guided through basic techniques and get started on your first project. A portable sewing machine is required for this class.

Tue, Apr 22, 6:30-8:30 pm

Fee: \$49

For Related Courses See:

Art Detectives: The British Museum, page 10

Irish Stained-Glass Artist Harry Clarke, page 21

The Art Of Looking At Art, page 13

Intro To Woodworking: Cheeseboard, page 18



PHOTOGRAPHY

Digital Photography Fundamentals (Beginner/Intermediate)

Ceaphas Stubbs, MFA, award-winning interdisciplinary artist, tenure-track Photography professor, Brookdale Community College

Whether you're new to digital photography or looking to take your skills to the next level, this course will teach you how to leverage your camera settings—shutter speed, aperture, ISO, BULB mode, white balance—to capture stunning images, and explore editing possibilities.

Requirements: Digital SLR camera and access to camera manual, memory card, and card reader required, no point-and-shoot cameras. 5 SESSIONS

Sec 1: Tues, Feb 4-Mar 4, 6:30-8:30 pm

Sec 2: Fri, Apr 4-May 2, 10 am-noon

Fee: \$139

iPhone Photography (Beginner)

Ceaphas Stubbs, MFA, award-winning interdisciplinary artist, tenure-track Photography professor, Brookdale Community College

Discover the art of iPhone photography in this comprehensive course, designed to explore every feature from the iPhone 8 through to the iPhone 16. Whether you're a mobile photography newbie or ready to elevate your skills, dive into capturing stunning "High Dynamic Range" HDR images, mastering motion blur with "Night Mode", creating unique distortions with "Panorama Mode", and experimenting with countless other creative techniques. Get ready to transform your everyday shots into extraordinary visuals!

Requirements: iPhone 13 or later models.

No Androids. 3 SESSIONS

Fri, May 9-23, 10 am-noon

Fee: \$89

Mastering Studio Lighting & Product Photography

Ceaphas Stubbs, MFA, award-winning interdisciplinary artist, tenure-track Photography professor, Brookdale Community College

Designed for artists, designers, and entrepreneurs who want to capture their work in its best light – LITERALLY!

Whether you are an entrepreneur looking to best capture your products and merchandise, a designer looking to best highlight the unique details of your artworks, or an artist looking to document your works with stunning accuracy, this course has you covered. Learn studio photography lighting with hands-on training with tungsten and strobe equipment, light modifiers, shadow control, and creative setups to make your work stand out like never before. Perfect for those looking to build a portfolio, launch an online shop, or simply take their visual presentation to the next level. Requirements: Digital Camera and memory card. 8 SESSIONS

Mon, Feb 3-Mar 24, 6-9 pm

Fee: \$199

*Ceaphas Stubbs earned his BA from Rutgers University in Visual Arts in 2011. He earned his MFA in Interdisciplinary Arts from the University of Pennsylvania in 2013, while also acquiring a certificate in "Time-Based Media" from the same institution. He was the recipient of a Christopher Lyon Memorial Award in 2013, and nominated for the Dedalus Foundation MFA Fellowship in the spring of 2012. Stubbs has completed residencies at Skowhegan School of Painting & Sculpture (2012), Jamaica Center for Arts and Learning (2017), The Creative Capital Professional Development Program (2017), and Express Newark (2017-18). His works have been reviewed in **The New York Times**, **Brooklyn Rail**, **Skowhegan's SPACE/LAUNCH**, **Expose Magazine**, and **Agave Magazine**. He is currently a full-time, tenure-track professor at Brookdale Community College and the Photography AA Program's Coordinator.*

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Celebrate WOMEN'S HISTORY MONTH

*Honoring the extraordinary achievements
and contributions of women.*

Women's History Lunch & Learn

MORNING SESSION

The Settlement House Movement

Lyndell O'Hara, PhD

In the late 19th century, thousands of European immigrants came to America seeking freedom and opportunity. They usually lived in tenements where disease, overcrowding and poverty surrounded them. In response to their plight, a number of young women who were among the first to graduate from college, used their education and passion to create Settlement Houses in the midst of poor neighborhoods. Here they taught English and provided classes in job training, health care and American culture. These young women offered hope and opportunity to the newly arrived families, opening a door to success in this new world.

AFTERNOON SESSION

Trailblazers Of Science & Society: Women Nobel Laureates

**Gerard Saint-Cyr, author, presenter,
founder of WOMANITY4WISE**

As of 2024 the Nobel Prize has been awarded to 65 women. Amazingly, Marie Curie won it twice. Learn about the lives, achievements, and lasting impact of women Nobel laureates. With work across categories including Peace, Literature, Physics, Chemistry, and Medicine these pioneering women have reshaped their fields and contributed to global progress. Join us for a fun, fact-filled exploration of these remarkable women.

Wed, Mar 5, 10:30 am-2 pm

Fee: \$79, includes lunch

Women Justices Of The Supreme Court: Exceptional & Consequential

Bruce Brickman, Esq., instructor

Since justice Sandra Day O'Connor's historic appointment, female justices have brought distinct perspectives, shaping legal precedents that have forever changed our society. Through their courage, tenacity and sheer grit these women broke cultural barriers. Their advocacy and focus on details often revolutionized legal precedents, provoking intense debate; more importantly, each of these women was inspirational. Generations of young women have now been able to dream that they can also achieve what was once an impossible goal. Touch on their personal stories, what motivated them and how their courage and persistence transformed opportunities for women in our society. Examine some of the landmark cases that have defined their legacies. Celebrate the legacy of these brilliant and remarkable trailblazers.

2 SESSIONS

Tues, Mar 11 & 18, 10:30 am-noon

Fee: \$59

The First Ladies Of Comedy

Evan Weiner, award winning journalist, author

Despite booking and talent agents considering comedy a man's world, some women successfully paved the way, with Phyllis Diller recognized as the first true female stand-up comic. While women faced significant obstacles, there were trailblazers before her, such as Moms Mabley and Jean Carroll. Following in their footsteps, Joan Rivers and many others have made their mark in this fiercely competitive industry.

Fri, Mar 14, 10:30 am-noon

Fee: \$39

HISTORY & CULTURE



Mary Todd Lincoln

Greg Caggiano, instructor

Join historian Greg Caggiano for an insightful exploration of Mary Todd Lincoln's life, her era, and the tragedies she faced. Discover details about her early years, her marriage to Abraham Lincoln, and her influence on his presidency. Additionally, this session will address the reevaluation of common misconceptions regarding her mental health after his assassination and other significant losses throughout her life.

Wed, Mar 19, 10:30 am-noon

Fee: \$39

Women Of Heart & Mind: A Changing Musical Landscape

**Pat Barton, professional musician
and educator**

With a few exceptions, the music and lyrics of most popular songs in the first half of the 20th century were written by men. But starting in the late 60s, trailblazing women composers like Carole King, Joni Mitchell, and Laura Nyro upended that paradigm around the same time that feminism was beginning to shift the national conversation. In this six-hour journey, Pat Barton will mesh song and modern-day history to guide you into the musical future these three pioneers – and others – helped to shape. 3 SESSIONS

Tues, Mar 25-Apr 8, 10 am-noon

Fee: \$79

Mother Jones: “The Most Dangerous Woman in America”

**Maureen Dunphy-Brady, MA, NYU Glucksman
Ireland House, Irish historian**

Standing barely five feet tall with snow-white hair and dressed all in black, the demure image of Mary Jones belied her fierce reputation as a labor activist. After emigrating from Ireland to America to escape the Great Famine of 1845, a series of personal tragedies changed the trajectory of her life. Jones turned heartbreak into activism, dedicating herself to the rights of workers and the repeal of child labor laws. Despite fierce opposition, she transformed herself into the ‘Mother’ of America’s 1900s labor movement.

Wed, Mar 26, 10 am-noon

Fee: \$39

DON'T MISS OUR ANNUAL WOMEN'S CONFERENCE - DETAILS ON BACK COVER

For Related Classes See:

Literature & Writing - What Is Going on With
These Women? page 22

“Tomorrow’s History”

**Brooks Susman, philosophy and history
instructor, rabbi emeritus**

Georges Santayana wrote: *Those who do not remember the past are condemned to repeat it.*

So why don't we heed that warning? In this course we will. Address the ideologies, theologies, and histories that might be have been taught; but have they been learned and understood...let alone practiced?

From whence and from whom do we get our news and views? What lessons can we incorporate to make reasoned choices so as to have a meaningful voice in establishing our history's future? All opinions will be given a hearing; but facts will intrude. So be gutsy; bring your voice! 6 SESSIONS

Tues, Feb 25-Apr 1, 10 am-noon

Fee: \$95

**Quick and Easy online
registration**

Need help?

Call 732-224-2315



Meet The Presidents (Teddy Roosevelt-Harry Truman)

Daniel Radel, history instructor, journalist

Begin with (Teddy) Roosevelt, Taft, and Wilson. Discuss Trust Busting, Square Deal, American Imperialism and World War I. Move to Harding, Coolidge, Hoover, (Franklin) Roosevelt and Truman. Discuss Prohibition, Roaring 20s, Stock Market Crash and Great Depression, The New Deal, World War II and the decision to drop the Atomic Bomb. 2 SESSIONS

Fri, Mar 7-14, 1-3 pm

Fee: \$59

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Art Detectives: The British Museum

Rachael Goldman, PhD, historian

The collecting and maintaining of artistic and historically significant objects require special attention to their acquisition history, conservation and attribution.

Without this information about a work of art, questions about its true ownership and country of origin can arise. Thousands of artworks changed hands after WWII and through colonization activities. These types of events can cause major upheavals to the world's major art collections. Even innocent collecting can result in the disruption of established collections and exhibitions. The British Museum is an example of an encyclopedic collection from every era and civilization. Pieces like the Ancient Greek Parthenon Marbles and the Benin Bronzes have been considered their most appealing but contentious holdings. We will discuss the importance of their position within a museum's provenance. Understanding the provenance of a collection can help to determine one's cultural heritage.

Wed, Mar 12, 10 am-noon

Fee: \$25 reduced fee made possible by the Friends of Lifelong Learning

The Archaeology Of The Etruscans: The Prehistoric Romans

Rachael Goldman, PhD, historian

Prior to the establishment of the Roman Republic and the spread of the Empire, the original inhabitants of the Roman peninsula were a highly sophisticated group. Though their language has not been completely translated, much has been interpreted through their archaeological advances, architecture, religious rituals, burial customs and law practices.

They were borrowers of Ancient Greek styles and lent much to the Romans.

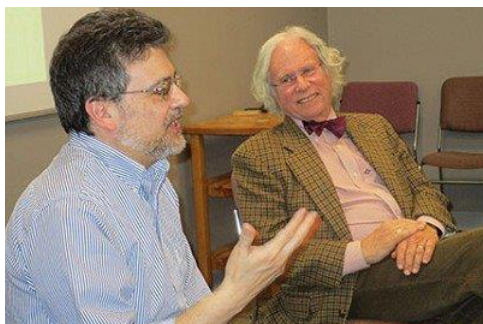
Our understanding of this mysterious civilization helps us to connect with the foundations of World Civilization. Much of the archaeological findings show some of the developments in contemporary architecture, jewelry, technology, and even fashion.

Tues, Apr 22, 10 am-noon

Fee: \$39

Dr. Rachael Goldman holds a Ph.D. from the City University of New York-Graduate Center in History. She is the author of "Color-Terms in a Social and Cultural Context in Ancient Rome" published by Gorgias Press. She has studied at the Summer Classical School at the American Academy in Rome and won awards from the New York Classical School. She has been published in the journal Glotta, the Bryn Mawr Classical Review, the Classical Journal, the Renaissance Quarterly and the Decorative Arts Journal of the Bard Graduate Center. She has taught at Adelphi University, the College of New Jersey, Rutgers College, and at various schools in City University of New York. She completed the Sotheby's American Fine and Decorative Arts course, and began her career as an appraiser, cataloguing the Asia and Jacobo Furman Judaica Collection. As a specialist for Bonhams, she ushered in the first Judaica sale. Rachael is a certified member of the Appraisers Association of America.





Passover & Easter

Christopher Bellitto, PhD, professor of history, Kean University, Brooks Susman, philosophy and history instructor, rabbi emeritus

Join two of our favorite scholars for a celebration and discussion of a shared heritage. Rabbi Susman and church historian Chris Bellitto will present a lively and intriguing presentation on the origins, similarities, and lasting connections between these two major religious holidays.

Wed, Mar 19, 10 am-noon

Fee: \$45 includes light refreshments

The Music Of Miles Davis: A Journey Through Jazz

Doug Clarke, celebrated jazz guitarist, adjunct faculty, Brookdale Community College

Discover the extraordinary music of Miles Davis, one of the most influential and groundbreaking jazz musicians of the 20th century. Deepen your understanding of Davis' transformative career and explore his incredible contributions to the world of jazz including a closer look at the evolution of Davis' sound, from his early days with the Charlie Parker Quintet to his pioneering work with the "Kind of Blue" album and beyond. Miles Davis was at the forefront of many jazz subgenres including bebop, cool jazz, modal jazz, and jazz fusion. He discovered/kick started the careers of legendary musicians John Coltrane, Cannonball Adderley, and Herbie Hancock to name a few. Whether you are revisiting his music or discovering it anew, you will leave with a deeper appreciation for Davis' musical genius, his bold experimentation, and his constant reinvention of himself as an artist.

Tues, Mar 18, 10 am-noon

Fee: \$39



FILM APPRECIATION

Pair With Gardening Can Be Murder & Save!

Poisonous Plants In Cinema

Jonathan Shaloum MS, St. Joseph's University, cinema studies adjunct instructor

Feed me! Step into the world of deadly greenery with our in-depth look at poisonous plants in cinema! Unpacks how filmmakers use botanical toxins to weave suspense, mystery, and beauty into unforgettable narratives, from classic Hitchcock thrillers to modern psychological dramas. Join us to explore the science behind these deadly plants, their cultural allure, and how they bring a unique depth to film storytelling.

Wed, Mar 12, 10 am-noon

Fee: \$39

Register for this class along with Gardening Can Be Murder, page 3 and save!

Call 732-224-2315 to register for both at a discounted fee of \$75

Silent Film Comedies

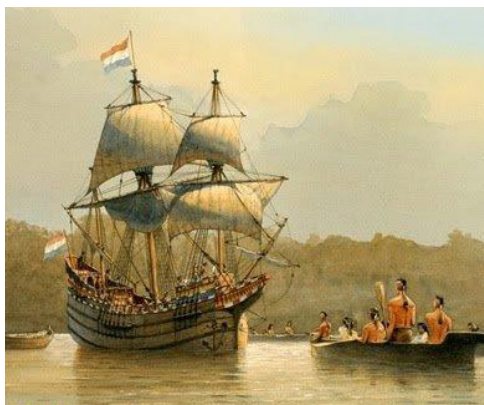
Jonathan Shaloum MS, St. Joseph's University, cinema studies adjunct instructor

Discover the genius of classic comedians like Charlie Chaplin, Buster Keaton, and Harold Lloyd, whose physical humor and expressive storytelling continue to captivate audiences. Whether you're a film buff or new to the genre, you'll leave with a new appreciation for these masters of laughter and the enduring legacy of silent cinema.

Wed, May 28, 10 am-noon

Fee: \$39

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Historical Maritime Events Along The New Jersey Coast

Rick Geffken, MA, instructor

In 1609, Henry Hudson anchored in what is today's Atlantic Highlands harbor, the first-recorded European to do so. The British fleet was at Sandy Hook throughout the Revolutionary War. James Fenimore Cooper sailed our waters which was said to inspire his 1830 novel, *The Water Witch*. Nineteenth century steamboats between Red Bank and New York transported people and produce. The Op-Sail fleet in 1976 stopped her to honor the 200th anniversary of the signing of the Declaration of Independence. Gain an overview of these events in New Jersey's nautical history.

Thurs, Apr 3, 10 am-noon

Fee: \$39

Alaska's Epic Tale: Ice, Gold & Stories Of the Last Frontier

John Rossi, New York University lecturer

Journey through the fascinating history of Alaska, from the pivotal 1867 Alaska Purchase, often called "Seward's Folly," to its rise as the 49th state in 1959. Delve into the excitement of the Klondike Gold Rush and the challenges faced by the flood of prospectors drawn to the Yukon in search of fortune. Discover how the gold rush not only transformed the landscape and environment but also brought sweeping social and economic change to this rugged frontier.

Wed, Apr 9, 10:30 am-12:30 pm

Fee: \$39



William Penn, New Jersey Proprietor

Rick Geffken, MA, instructor

Few realize that the well-known founder of Philadelphia also owned all of New Jersey in the late 17th century. Nor that the famous Quaker inherited an enslaved man from Tinton Falls. This session will reveal Penn's dream of establishing a Quaker community in West Jersey, and his dealings with Monmouth County's Hartshorne and Morris families.

Thurs, Apr 17, 10 am-noon

Fee: \$39

The Netherlands – The Dutch Golden Age – The Dutch Resistance

John Rossi, New York University lecturer

Explore the remarkable history of the Netherlands, beginning with the Dutch Golden Age of the 17th century—a time of extraordinary economic prosperity and cultural flourishing that established the Netherlands as a global leader in trade, science, military power, and the arts. Transition to the challenges of the 20th century, when World War I disrupted trade, caused shortages, and brought a large influx of Belgian refugees, revealing the Dutch commitment to humanitarian support despite limited resources. Finally, examine the courage of the Dutch Resistance during World War II, when, despite its neutral stance, the Netherlands was invaded by Nazi Germany. Discover how this movement engaged in acts of sabotage and provided vital support to the Allies. Conclude with a look at the Netherlands today: a stable, prosperous nation known for its progressive policies, robust economy, and influential role in global diplomacy and trade.

Wed, Apr 23, 10:30 am-12:30 pm

Fee: \$39

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Learning For Work: How Industrial Education Fostered Democratic Opportunity

Connie Goddard, PhD, writer, historian,
conniegoddard.com

Combining the work of the head and the hand in schooling has a long history, including right here in New Jersey. With roots going back to the “log colleges” of colonial America and the manual labor movement represented by abolitionist Theodore Weld, industrial - or vocational - education has been seen as a means of extending opportunities for young people. In 1889, a New Jersey state commission offered a novel definition of manual training as “thought expression” by means other than “verbal language” and New Jersey has been on the cutting edge of innovation since. After a brief historical survey, this class will consider how Monmouth County became a leader in vocational education and continues providing a path for others to follow.

2 SESSIONS

Thurs, May 1 & 8, 10:30 am-noon

Fee: \$39, reduced fee made possible by the Friends of Lifelong Learning

Connie Goddard, Ph.D., is a historian who writes about schooling during the Progressive Era and its implications for today. Her new book, Learning for Work: How Industrial Education Fostered Democratic Opportunity (University of Illinois Press, 2024), which was motivated in part by her experience teaching at the state prison in Rahway, includes a history of the iconic Manual Training and Industrial School in Bordentown.

Criminal Law For Non-Lawyers

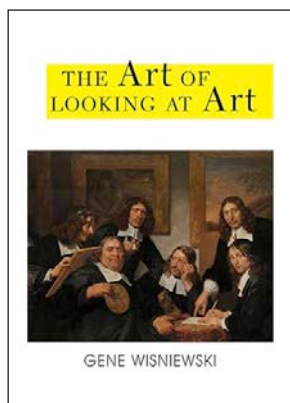
John Gutman, retired sociology lecturer,
 Hunter College

Ideal for anyone with an interest in how criminal law impacts society. Explore some of the fundamental principles and concepts that underpin criminal law, including the nature of crimes and the legal process. Learn what constitutes a violation, a misdemeanor, and a felony. Discuss specific laws and how and when they change, including marijuana and marriage laws.

3 SESSIONS

Tues, May 6-20, 10:30 am-noon

Fee: \$79



The Art Of Looking At Art

Gene Wisniewski, professional artist,
 teacher, author

There's an art to viewing art. Gene Wisniewski's full-color book includes 45 full-page reproductions, history, fascinating and human backstories, and information pertaining to every conceivable aspect of visual art.

- When was the first art made?
- Who decides which art is “for the ages”?
- What is art's purpose?
- How do paintings get to be worth tens of millions of dollars?
- Where do artists get their ideas?
- And perhaps the most pressing question of all, have human cadavers ever been used as art materials? (Yup.)

Experience an insightful book talk and lecture on learning the basic principles of how to approach, analyze, and appreciate great works of art as an artist would.

Discussion will include viewing art as both a physical object and the expression of an idea, art in the context of its time, and the elements of composition.

Fri, May 9, 11:30 am-2 pm

Fee: \$59, includes light lunch

Books will be available for purchase at the event for book signings.

Gene Wisniewski received his art education at the New York Academy of Art, The National Academy of Design, The New School, and L'Ecole Albert Defois in Vihiers, France. He has twenty years' experience teaching and is the author of The Art of Looking at Art This course has been presented at NYU, the 92nd St Y and Soho House in New York

“BEL PAESE”

Let's Tour Umbria: Perugia, Assisi, Wine Country, Truffle Land, And More!

Franca Giuliani, BFA, instructor

Known as the green heart of Italy, Umbria is located right in the center of Italy. This region is filled with forests, magnificent towns, and fabulous cuisine. Get to know Perugia, a marvelous town that goes back to the Etruscan era. Learn about see Assisi and how it honors St. Francis. Explore Umbria's history, stories, along with the truffles, wild boar, wines, chocolate ... and so much more. 2 Sessions

Thurs, Apr 10, 10:30 am-noon

Fee: \$49

Puglia: The Next Tuscany

Franca Giuliani, BFA, instructor

Get transported to one of Italy's most beautiful parts, Puglia. This Southeast region is becoming the next gem of Italy. Complete with grottos, beaches, and the beautiful Adriatic Sea, this soon may become your favorite summer destination.

Fri, May 2, 10:30 am-noon

Fee: \$39

supported by



The Last Stop On The Grand Tour

Carol Cofone, BA Italian, Certificate in Historic Preservation, translator

When we travel to experience the cultures of England, France and Italy, we are following in the footsteps of Gilded Age Americans on the Grand Tour. Discover their favorite “Last Stop” – the Villa Ludovisi in Rome, today's Via Veneto. With insights drawn from a newly published translation of a 1921 memoir and recent press coverage, you'll see this ultimate destination in a whole new way.

Thurs, Apr 24, 10 am -noon

Fee: \$25 reduced fee made possible by the Friends of Lifelong Learning

HOLISTIC HEALTH & WELLNESS

Deepening Mindfulness: Exploring Inner Calm & Emotional Resilience

Samantha Doluweera, experienced meditation teacher and practitioner, assistant professor, Brookdale Community college

Designed for individuals ready to deepen their meditation and mindfulness practice. Explore concepts and methods to enhance focus, emotional resilience, and inner calm through guided meditation. Learn how to integrate mindfulness into daily routines, enriching day-to-day experiences. Each session will introduce new approaches, such as observing thoughts and sensations, providing a pathway to explore the nature of consciousness firsthand. Whether you've established a foundation in meditation or are looking to refine your current practice, take the next step in your mindfulness journey. 4 SESSIONS

Thurs, Feb 13-Mar 6, 10:30 am-noon

Fee: \$85

Living Well: The Five Foundations Of Health

Debbie Peterson and Wendy Bright-Fallon, national board-certified health and wellness coaches, founders, Nourish Coaches

Discover the keys to living a nourishing and vibrant life with our three-part series, Living Well: The Five Foundations of Health. Designed especially for men and women seeking to embrace new perspectives and habits, this course will explore the essential pillars of a healthy lifestyle – Nutrition, Sleep, Movement, Mindset, and Connection – offering practical insights and tools to enhance your overall well-being. Together, we will focus on cultivating sustainable habits and shifting away from the often detrimental “diet culture” mentality, allowing you to fully enjoy this next chapter of life.

3 SESSIONS

Wed, May 7-21, 10:30 am-noon

Fee: \$79

Intuition As A Business Partner

**Martin McDermott, M.A., author, faculty,
Brookdale Community College**

Steve Jobs, Oprah Winfrey, Jonas Salk, and Albert Einstein have all praised the role of intuition in their very successful lives. Whether you own a business, work for one, or spend time as a volunteer, come and learn strategies that give intuition a powerful seat in the boardroom. Engaging exercises and brainstorming sessions will wake up intuition for all in this hands-on class. 2 SESSIONS

Sat, Apr 5 & 12, 10 am-noon

Fee: \$59



Gentle Yoga

Patti Dominach, certified yoga instructor

Join our classes to improve flexibility, joint health, muscle tone, and strength. Additional benefits include improved posture and balance. Classes will start with meditation and breath work followed by deep stretching. Seated postures, twists, basic standing and balancing poses will be included. *All levels of ability are welcome; modifications and options for poses will be offered to each participant.* 5 SESSIONS

Tues, Mar 4-Apr 1, 5:30-7 pm

Fee: \$79

Patti Dominach has been practicing yoga for ten years and is a certified 200-hour RYT instructor. Patti's teaching style incorporates Pranayama (breath work) and Asanas (grounding poses) with modifications that help students go deeper, both physically and spiritually in their practice.

Healing Through Vocal Resonance & Sound

Julie Albert, instructor, owner Earth Sister Holistic Healing

Learn several different ways to use our most important instrument, our voice, to deeply connect to ourselves and invite healing and a deep sense of peace. Explore humming, mantra chanting and singing simple medicine songs. We'll discuss theories behind these concepts and explore each in depth. This is an interactive course. No singing experience is required.

3 SESSIONS

Wed, Mar 12-26, 10 am-noon

Fee: \$79

Julie Albert is a Sound Healer, Yoga Instructor, Massage Therapist, Reiki practitioner and Somatic Breathwork facilitator. She is the owner of Earth Sister Holistic Healing specializing in yoga, sound healing meditation, breathwork and reiki. Julie offers instruction in corporate, school, and private settings. Her main passion is healing through the medicine of sound.

Find Julie at www.earthsisterholistichealing.com.

Meditation: What? Why? How?

Julie Egbert, wellness coach and health educator

Meditation is often recommended to alleviate stress and improve sleep. This is the perfect opportunity to learn how and why meditation works. Explore breathwork, mindfulness, meditation, and manifestation practicing guided meditations in each session. Learn skills and strategies to de-stress, feel calm, and improve overall quality of everyday life. Whether you are interested in starting your own meditation practice, or discovering more about the process of meditation, this class is for you. All are welcome here.

4 SESSIONS

Thurs, Mar 6-27, 6-7:30 pm

Fee: \$85

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**Quick and Easy online
registration**

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Reiki I

Janet Woods, Reiki instructor

The word Reiki is a combination of two Japanese words, meaning universal life force energy. Developed in Japan, Reiki is a natural method for reducing stress and inducing relaxation. Through a combination of lecture, demonstration, and in-class practice, learn the principles of energy healing and hand positions used in Reiki. Emphasis is on meditation, attunements, and practical applications of Reiki. Upon completion of this class students will receive Reiki Level 1 certification. Manual included. Class size is limited. Dress comfortably and bring water. Please limit your caffeine and alcohol to 24 hours prior to class.

Sat, Mar 22, 10 am-2 pm

Fee: \$179

Reiki II

Janet Woods, Reiki instructor

Deepen your Reiki practice for yourself and others. Learn ancient symbols and protocols to strengthen your Reiki skills. Learn how to send distant Reiki and use a pendulum. Focus on meditation and attunement continues. Upon completion of this class students may begin to work professionally as Reiki practitioners. Manual included. Class size is limited. Dress comfortably and bring water. Please limit your caffeine and alcohol to 24 hours prior to class.

Sat, Apr 12, 10 am-2 pm

Fee: \$179

Vibrational Sound Healing With Tuning Forks Certification Workshop

Janet Woods, instructor

Vibrational sound therapy can retune your body, mind, and spirit, encouraging relaxation, healing, and wellness. When relaxing through soothing sound and vibration, your body is affected on a cellular level, opening energy flow to move you back toward healthy alignment. Stress creates an unhealthy flow of energy, first appearing as low energy in your aura, and, later, as ill health, mentally and physically. The benefits of vibrational sound therapy are numerous. Learn the history of tuning forks, how to hold, strike, and activate tuning forks, and how to use weighted tuning forks on the body. Class does not include tuning forks and you do not need to purchase them before class; instructor can provide recommendations for students interested in purchasing. Anyone can learn Vibrational Sound Therapy and use this protocol for self-care, and on friends, family, and clients.

[Includes manual and certification upon completion of class.](#)

Sat, May 17, 10 am-2 pm

Fee: \$79

Janet Woods is a Reiki Master/Teacher, practicing the Usui system. Her training and work experience include advanced Reiki study with Reiki Masters versed in traditional, non-traditional, and Japanese Reiki as well as licensed practical nursing. Janet believes that a balanced life is a healthy life.



Classes are being held in person on campus unless otherwise indicated by ZOOM icon.



Western Medicine VS Traditional Chinese Medicine: Two Boxes Of Different Tools

**Liping Wang, C.A., Dipl. C.H., Director, Holmdel
Acupuncture & Herbal Medicine Center**

Traditional Chinese Medicine (TCM) is the fastest growing alternative medicine in the U.S. Just like western medicine, TCM is also a comprehensive health care system. But its anatomy and physiology, pathogenesis, diagnosis and treatments are completely different. Compare these two medicines and discover valuable information on when to use which and when to integrate them.

Tues, Apr 8, 10 am-noon

Fee: \$39

The Art Of Acupuncture

**Liping Wang, C.A., Dipl. C.H., Director, Holmdel
Acupuncture & Herbal Medicine Center**

In recent years, acupuncture has been gaining rapid recognition in almost all medical specialties. From anxiety, depression, to infertility, cancer, and many medical conditions, more and more doctors and health care professionals are recommending acupuncture to their patients. Learn how acupuncture works and how a well-trained acupuncturist can skillfully treat a variety of health concerns with great success. Also gain an understanding of what techniques a skilled practitioner uses to deliver comfortable treatments to small children or adults who are afraid of needles.

Tues, Apr 15, 10 am-noon

Fee: \$39

**Quick and Easy online
registration**

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HOME & GARDEN



Spring Spruce-Up Workshop

Sabrina Teekah, instructor

Refresh your home with quick, budget-friendly techniques that bring a breath of spring indoors. Learn the art of tabletop styling with seasonal accents and discover simple ways to transform any room with color. Leave with a styled surface design and a checklist for quick, impactful spring updates for every room. Ready to create a fresh, vibrant space for spring. Perfect for anyone looking to add a seasonal touch without a full redesign!

Tue, Apr 1, 10:30 am-12:30 pm

Fee: \$39

Dahlia Fever

Andreea Fegan, Certified Holistic Health Coach

Interested in growing your own dahlias but not sure where to start? Dahlia growing has become a hot hobby, dramatically increasing in popularity, and with the right knowledge you'll be enjoying your own bouquets of blooms straight out of the garden. Join us as we cover a multitude of topics: varieties of dahlias, planting, staking, propagating, feeding, pruning dahlia plants for your garden, and everything in between. Learn how to prune and cut dahlias for the greatest vase life, in addition to growing your tuber collection, digging up, and harvesting at the end of the season. Interested in creating your own varieties? We've got you covered there as well. There is so much to learn, and it's exciting to learn together!

Fri, Apr 4, 10 am-noon

Fee: \$39

Grow A Cut Flower Garden

Paul Molzon, instructor

Fresh flowers brighten any space. Learn how to plan, plant, grow, and harvest an assortment of annuals and perennials. Gain tips that will keep the blooms coming including feeding, mulching, and watering techniques then tour the nursery's flower beds. Students will go home with a sampling of cut flowers. Workshop takes place at a local nursery for expert tips. Location: Molzon's Landscape Nursery, 140 Middletown Lincroft Rd, Lincroft, NJ 07738

Thurs, Apr 24, 10 am-noon

Fee: \$39



Woodworking Essentials: Cheese Board

Bruce Hogan, proprietor, The Wood Joint

Ready to explore the artistry and craft of woodworking? It's time to get started, no more excuses! Monmouth County's School of Woodworking, The Wood Joint, has the perfect class for you. Expert craftsman Bruce Hogan will guide you through a hands-on introduction to woodworking. Learn basics of milling, characteristics of wood, use of machinery and safety. Put that knowledge into action by creating your own cheese serving board. Class meets at The Wood Joint a state-of-the-art workshop (Falcon Millworks 1325 6th Ave. Neptune, NJ). All supplies are included. 4 SESSIONS
Tues, Mar 4-25, noon-2 pm
Fee: \$259



Container Gardening

Paul Molzon, instructor

No garden, no problem! With sun and water everything you can grow in the ground can be grown in a container. Learn the practice of growing plants exclusively in containers. A great practice for those with limited space, or desire to add more color to an already mature garden. Students will go home with a planted container. Workshop takes place at a local nursery for expert tips. Location: Molzon's Landscape Nursery, 140 Middletown Lincroft Rd, Lincroft, NJ 07738
Thurs, May 15, 10 am-noon
Fee: \$39

For Related Courses See:

Gardening Can Be Murder: How Poisonous Poppies, Sinister Shovels, and Grim Gardens Have Inspired Mystery Writers, page 3

Quick and Easy online registration

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IRISH HERITAGE



Over 2,000 years old, the Irish language boasts the oldest living literature in Western Europe. Despite colonial attempts to destroy the language – it is alive and well – and here at Brookdale! Instructors at all levels have earned the Fáinne Óir, and our classes are informal, fun, and stress-free.

Irish Language

Rath DeHoust, Máire Léan Shevlin, Caoimhín Cléirigh, Irish language instructors

Designed for beginners to fluent speakers, students will be divided into groups, each with its own instructor, based on abilities and needs. Groups will interact with one another and participate in joint activities. This format will enhance the objective of keeping Irish available as the living, spoken language at the very heart of Irish culture. Whether you're looking to dive into the *Tain Bo Culaighe* or just pick up a few phrases for travel, this program will work for you!

WINTER MINI SERIES – 5 SESSIONS

Sec 1: ON CAMPUS, Thurs, Jan 16-Feb 13,
7-8:30 pm (for all levels)



Sec 2: ZOOM option for advanced level students only

Fee: \$59

SPRING SERIES – 10 SESSIONS

Sec 1: ON CAMPUS, Thurs, Apr 3-June 5,
7-8:30 pm (for all levels)



Sec 2: ZOOM option for advanced level students only

Fee: \$119

A Novel Idea! Contemporary Irish Fiction

Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian

Today's Irish writers are contributing to "an unexpected golden age of Irish prose writing." Classes take place once a month for three months. Students will read a novel by a different author each month and participate in group discussions.

March 12

***Solace* by Belinda McKeon** – A story of a father and son thrown together by tragedy; one clinging to the old ways and one plunging into the new. This novel is about the conflicting values of the old and young generations and the stubborn, heartbreaking habits that mute the language of love.

April 16

***The Coast Road* by Alan Murrin** – Set in 1994, *The Coast Road* details the experiences of two women—Izzy Keaveney, a housewife, and Colette Crowley, a poet. It is a tale about limits placed on women's lives in Ireland only a generation ago, and the consequences they suffered trying to gain independence.

May 14

***Wild Houses* by Colin Barrett** – Set against the trademark depictions of small-town life in County Mayo, Ireland, it is a thrillingly-told story of a collective of mournful souls striving to find themselves. At the center are two outsiders caught in the crosshairs of a revenge kidnapping gone awry.

Wed, Mar 12-May 14, 10 am-noon

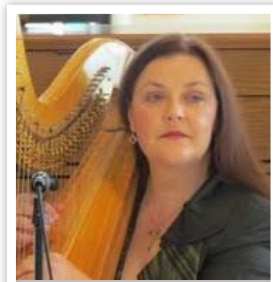
Fee: \$95, includes light refreshment

Seating is limited



Lifelong Learning's Annual – "Ceol agus Craic" The St. Patrick's Day Celebration continues...

Join us for a lively presentation of Irish music, song, history and literature.



FEATURING

Aideen O'Donnell – professional harpist, singer, and teacher

Recognized for her dedication and excellence in music, Ms O'Donnell began her career as a professional musician after studying in Ireland and teaching for several years. Originally inspired by her mother, who was involved in speech and drama, she celebrates 20 years in the music industry as a critically acclaimed harpist and vocalist. Her distinctive voice

and musicianship on the Concert Harp creates a powerful musical sound providing audiences with an original and memorable performance.

A critically acclaimed performer, she has showcased her talents at prestigious venues like Carnegie Hall and Lincoln Center. Ms. O'Donnell has collaborated with notable artists and performed for dignitaries. She is a two-time winner of the All-Ireland Harp Competition and holds a Bachelor of Arts from the College of St Elizabeth. She is a member of the American Harp Society and the Irish American Cultural Institute, and plans to continue her solo work, teaching, and music education.

PROGRAM AGENDA

Morning Coffee & Welcome

Ireland: The World's Literary Powerhouse

Maureen Dunphy Brady, MA, NYU

Ireland is internationally recognized for its gifted writers and literary accomplishments, an impressive achievement considering the country's size and population. This was not always the case. Explore how this small nation revived its native voice while under British rule and discover how contemporary Ireland nurtures its next generation of writers to actively preserve its cultural heritage.

Yeats & Heaney: "Held In Devout Reverence"

Patrick McGowan, MA, Montclair State University

Over 400 years ago an English nobleman characterized Ireland as a place where "poets are held in a devout reverence." Jump ahead in time and join us in celebrating the two most "revered" Irish poets of the 20th and 21st centuries, Nobel Prize winners William Butler Yeats (1865-1939) and Seamus Heaney (1939-2013). We will also consider some of the trends in modern and contemporary Irish poetry, including the current state of Irish verse, "post-Heaney."

Lunch

Music & Song: A Conversation With Aideen O'Donnell And Irish historian, Henry McNally

Musical Renditions performed by Aideen O'Donnell

The Irish Arts Center in NYC has generously agreed to donate books as part of their Annual Book Giveaway to all attendees at this "lifelong learning" event.

Fri, Mar 21, 9:30 am-3 pm

Fee: \$99 includes morning coffee and lunch



Irish Stained-Glass Artist Harry Clarke (1889-1931)

Maureen Dunphy Brady, MA, NYU Glucksman Ireland House

Harry Clarke's imaginative artwork in book illustrations and stained glass is breathtaking, spellbinding,

otherworldly. His work melds the magical with the macabre, the religious with the literary. Exquisite details in his jewel-toned stained glass fuse Celtic Revivalism with Art Deco and Art Nouveau motifs, creating a spectacular visual bounty – a veritable feast for the eyes! Explore the life and work of a creative genius whose glass art is among the best in the world. 5 SESSIONS

Tues, Mar 25 -Apr 22, 10 am-noon

Fee: \$85

Tour & Talk: Harry Clarke's Stained Glass Windows, St. Vincent De Paul

Experience a unique opportunity to be awed by the genius of a world-class master glass artist and craftsman. Travel with Maureen to visit a bit of Ireland in Bayonne discovering forty stained glass windows designed by the celebrated Irish glass artist, Harry Clarke. Fabricated in jewel-toned glass in his Dublin studio, incorporate exquisite details inspired by Celtic imagery, Art Deco and Art Nouveau motifs the windows depict saints, priests, angels, tidbits of American and Irish history, Biblical events from the Old and New Testaments, Hebrew figures, even George Washington in Morristown!

Wed, Apr 30, 9:45 am-4:30 pm

Fee: \$175, includes lunch in local Irish Pub Bus departs Parking Lot 1, Lincroft Campus

The Epic Story Of The Irish In America

Henry McNally, MA, Fordham, Irish historian, recipient of the Eoin McKirenan Award

The story of the Irish in America is at once generic and highly individual. It can be told with passenger manifests and census data and it can be told through the poignant, half-remembered tales recalled and repeated across generations. It is a story that includes heroism and shame, success and failure, joy and sorrow. We'll consider new and emerging research into the Irish American story, look at early Irish arrivals in America while focusing more on immigration mid to late 20th Century and beyond. Explore the very real question of the existence of Irish-America today and in years to come. Format and discussion is deliberately designed to invite a sharing of experiences and opinions. 5 SESSIONS

Tues, Apr 1-29, 10 am-noon

Fee: \$85

LIVE ZOOM

Contemporary Irish Short Stories

Rath DeHoust, Irish language and literature lifelong learning instructor

Often hailed as a 'National Genre', Ireland's best writers continue to produce some of the most cutting-edge short stories on today's literary scene. We'll delve into the works of some well-known as well as lesser-known authors, identifying the cultural and historical issues and events that have shaped Irish writers, and Irish society, today. Join us as we explore some truly exciting literature from authors living and writing today. PDFs of stories will be emailed prior to class. 6 SESSIONS



Mon, Apr 7-May 12, 7-8:30 pm

Fee: \$99

Quick and Easy online registration

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LANGUAGES

Stress Free Spanish
For Beginners**Frank Prignoli, Brookdale Language Instructor**

Habla español and learn simple conversational phrases. Practice in a friendly, relaxed atmosphere designed to encourage conversation en español.

Bienvenidos a todos. 8 SESSIONS

Sat, Feb 1-Mar 22, 10 am-noon

Fee: \$179

Stress-Free Spanish Part II

Frank Prignoli, Brookdale Language Instructor

Based on a fun conversational approach, continue to develop your oral, reading and writing skills through short stories and dialogues. You will also have the opportunity for stress-free classroom discussion and interaction using your mastered vocabulary, grammar, and idiomatic constructions. ¡Vámanos!

8 SESSIONS

Sat, Mar 29-May 17, 10 am-noon

Fee: \$179

Learning French Is Fun!

Giselle Rappaport, French language & culture teacher

Bienvenue à tous! Join us to learn French in an effective and fun way. The total immersion method will enable you to converse, read and write in the target language. Starting from the basics, you will engage in interactive conversation. Each lesson adds new material to the previous one and you will be amazed at your progress, as you become more comfortable speaking and understanding. 8 SESSIONS

Sat, Mar 1-Apr 19, 10 am-noon

Fee: \$179

LITERATURE & WRITING

Writing Children's Fiction

Barry Putt, instructor, award-winning author

Learn the essential elements of creating engaging children's stories. Explore language, developing memorable characters for children and story structure. Marketing approaches will also be discussed. 2 SESSIONS

Sat, Mar 1 & 8, 9:30 am-12:30 pm

Fee: \$79

Write Your Story

Barry Putt, instructor, award-winning author

Write your memoir, discover your individual voice. You've got a tale that wants telling. How will you tell it? Join us as we explore the terrain of the creative memoir with in-class discussions and exercises as well as additional tools to help shape it. 2 SESSIONS

Sat, Mar 22 & 29, 9:30-11:30 am

Fee: \$59

What Is Going On
With These Women?**Pat Whitehead, librarian**

Discover four contemporary short stories about women by women, stories that are each bound to leave a lasting impression on the reader. Let's take a look inside a woman's psyche at critical points in their lives and perhaps come away with a better understanding of ourselves. These four gems provide an opportunity for all of us, men and women, to come together and glimpse what lies beneath. 4 SESSIONS

Annunciation by Lauren Groff

In My Next Life by Pam Houston

The Nanny by Emma Cline

Hairball by Margaret Atwood

Thurs, Mar 13-Apr 3, 10:30 am-noon

Fee: \$89

Classes are being held in person on campus unless otherwise indicated by ZOOM icon.



Read The Russians 2: Classic Short Fiction

Regina Wackerman, MFA, instructor

What better way to tackle these literary giants, than with short works? Immerse yourself in the rich tapestry of Russian literature as you read and discuss a curated selection of short fiction, examining narrative techniques, character development, and timeless themes. Explore the cultural, historical and philosophical context of each work and discover why these classic tales continue to resonate with readers around the world. Stories will be different from those discussed in the previous course; authors include Tolstoy, Babel, and Dostoevsky

3 SESSIONS

Mon, Mar 31-Apr 14, 10:30 am-noon

Fee, \$79

LIVE ZOOM

Friday Morning Musing For Short Story Lovers

Dillies Pilevsky, English & history instructor

Short stories, timeless in their magical ability to help make human connections with an author, his or her narrative, each other, and our life experience, will be read, discussed and analyzed. PDFs of short stories will be provided before the class begins. 3 SESSIONS



Sec 1: Feb 14-28

Sec 2: Mar 7-28, No class Mar 14

Sec 3: Apr 11-25

Sec 4: May 2-16

Fri, 10 am-noon

Fee: \$59

For Related Courses See:

Gardening Can Be Murder: How Poisonous Poppies, Sinister Shovels, and Grim Gardens Have Inspired Mystery Writers, page 3

Life on Cloud Eight, page 2

Exploring Poetry Together, page 2

The Art Of Looking At A Work Of Art, page 13

Irish Heritage Series, page 19

MONEY MATTERS

Financial Strategies For Successful Retirement

Joseph P. Silvestri, CFP, ChFC, CLTC,

Chester O. Gordon IV, CFP of Arkhitekton LLC.

As baby boomers approach retirement, new financial questions arise. We'll address your questions about building enough wealth to retire, increasing retirement income, and exploring lifestyle options. Discuss mutual funds, insurance, stocks, bonds, estate taxes, and long-term care. You'll receive a workbook packed with sound, solid information that you can take home and put to good use in the development of your own financial blueprint. Come away with a clearer picture of the opportunities available to improve your future financial security. Spouse/partner may attend for free.

3 SESSIONS

Wed, Mar 19-Apr 2, 6-9 pm

Fee: \$65

Understanding Medicare

Alfred Norton, Licensed Health

Insurance Agent

Whether turning 65 soon, or already a Medicare recipient, don't miss this Educational Seminar on Medicare program basics and the variety of ways to enroll in Medicare. Our discussion will outline Original Medicare (Parts A&B), Medicare Prescription Drug Plans (Part D), Medicare Advantage Plans (Part C) and, finally, Medigap Coverage (Medicare Supplement) and how it interfaces with Original Medicare. We will evaluate Medicare entitlement, approximate costs and eligibility. Information will also be provided regarding the major insurance companies in NJ for Medicare Advantage, Medicare Part D Drug Plans and Medicare Supplement Policies."

Sat, Mar 15, 10-11:30 am

Fee: \$39

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MUSIC

Piano For Procrastinators

John Balme, instructor Brookdale Community College, Director, Concordia Vocal Academy

If you meant to learn the piano years ago, the time has arrived! Join fellow beginners in the wonderful world of music at Brookdale's piano lab where you can learn to play your favorite songs. All you need to bring is a sense of adventure, a sense of humor and a pencil. Required text is included. Enrollment is limited.

4 SESSIONS

Mon, Mar 3-24, 10:30 am-noon

Fee: \$115

Piano For Procrastinators 2

John Balme, instructor Brookdale Community College, Director, Concordia Vocal Academy

A continuation of the previous course, for those who wish to continue their musical journey. 4 SESSIONS,

Thurs, Mar 6-27 10:30 am-noon

Fee: \$115

Beautiful Voice

Cynthia Balme, lifelong learning instructor

Stop believing you can't sing! Applying tried and true vocal exercises, feel your voice becoming clearer and stronger. Appropriate music for group study will be provided and musical requests are always welcome. Last class will include an informal recital. 4 SESSIONS

Mon, Apr 28-May 19, 10-11:30 am

Fee: \$99

For Related Courses See:

The Music Of Miles Davis: A Journey Through Jazz, page 11

Women Of Heart & Mind: A Changing Musical Landscape, page 9

ON THE TOWN

Walking Tour: Ocean Grove

Dan Radel, history instructor, journalist

Spend a spring day in Ocean Grove and learn the unique history of what is known as "God's Square Mile." Meet at the Great Auditorium, stroll Founder's Park, come face to face with the statue of The Rev. Ellwood Stokes, the first president of the Ocean Grove Camp Meeting Association, walk the boardwalk and visit the quaint downtown. Rain date is Apr 12. Please note: no refund will be given if the rain date is used.

Sat, Apr 5, 1-3 pm

Fee: \$29

Jon Bon Jovi Soul Kitchen Cooking Demonstration & Lunch

Find out what's really cooking at the JBJ Soul Kitchen – where unique community-building happens. First, learn to cook two of JBJ Soul Kitchen's most popular menu items from their expert chefs. Next, enjoy a lunch prepared especially for you featuring these delicious dishes and learn more about this innovative enterprise. A perfect opportunity to enjoy learning, laughing, and lunch! Address: 207 Monmouth Street, Red Bank

Sat, Feb 15

Sat, Mar 15

Sat, Apr 19

Sat, May 3

11:30 am-1 pm

Fee: \$85



RECREATION

Pickleball For Beginners

Find out why pickleball is the fastest growing sport in America! A paddle sport for all ages and skill levels, pickleball combines elements of tennis, badminton, and table tennis. The rules are simple, and the game is easy to learn. We'll provide the paddles and the balls (similar to whiffle balls) Don't miss this addictive new form of fitness and fun. Class meets at the Colts Neck Racquet Club indoor courts (36 Artisan Pl, Colts Neck) Class size is limited. 3 SESSIONS

Sec 1: Tues, Feb 4-18, 3-4 pm

Sec 2: Sat, Feb 1-15, noon-1 pm

Sec 3: Tues, Mar 4-18, 3-4 pm

Sec 4: Sat, Mar 8-22, noon-1 pm

Sec 5: Tues, Apr 1-15, 3-4 pm

Sec 6: Sat, Apr 5-19, noon-1 pm

Sec 7: Tues, May 6-20, 3-4 pm

Sec 8: Sat, May 3-17, noon-1 pm

Fee: \$79

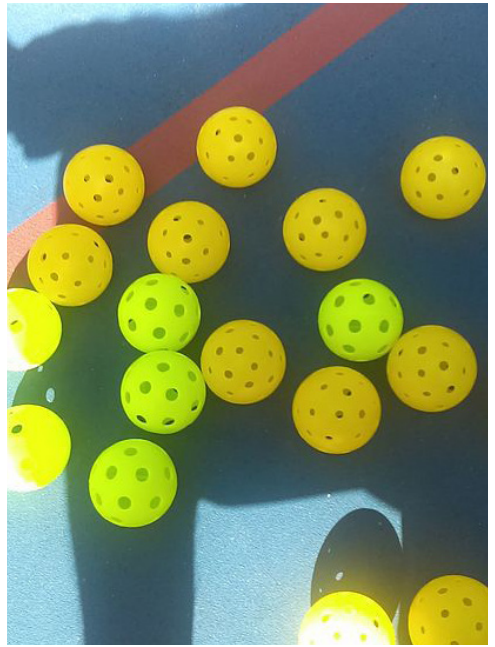
Mah Jongg For Beginners

Sharon Talansky, instructor

Ever wanted to play Mah Jongg? Come learn to play in a fun, relaxed setting! Learn how to choose a hand, the progression of play, and strategies to win. You'll have plenty of time for in-class practice, with tips offered in a friendly and interactive environment. Meet other interested individuals and perhaps form a game of your own with classmates. If you have a Mah Jongg set or can borrow one, please make every effort to bring it with you to the first class. However, a set is NOT required to enroll. Mah Jongg cards, an essential tool for playing the game, ARE required. Please be sure you have the most recent card, designed for the year 2023. Bring a pen and paper, as well. Mah Jongg is great for stretching your mind and a wonderful way to spend time with friends. This class promises to be stress-free and fun! 7 SESSIONS

Thurs, Feb 27-Apr 17, 1-3 pm

Fee: \$135



Beginner Canasta

Sharon Talansky, instructor

Ever heard people talking about canasta and wondered, 'what is that exactly?' This is your opportunity to learn! Canasta is a card game played with a partner. A total of four people play a game. Experience a relaxed, stress-free environment learning the basics from a very patient teacher. Learn the rules of play, non-verbal ways to communicate with your partner during a game, and strategies to win. During the class, you will play casual practice games and laugh as you learn. Come with a friend or come on your own and meet others who are also interested in playing. Canasta is a great way to engage socially while stretching your mind. 7 SESSIONS
Thurs, Feb 27-Apr 17, 10:30 am-12:30 pm
Fee: \$135

For Related Courses See:

[Essentials of Woodworking, page 18](#)

[Photography, page 7](#)

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SPECIAL INTEREST

AI For Today: Exploring The Applications, Concerns, And Evolution Of Artificial Intelligence

Stephen M. Fowler, Instructional Designer, Teaching and Learning Center, Brookdale Community College

An introductory course on the rapidly evolving world of artificial intelligence, specifically focusing on OpenAI’s GPT-4. Topics covered include a brief history and current status of AI development and innovation, privacy and ethical concerns, the potential impact on various industries, and how it can serve as a helpful assistant in your daily life. This course includes updated material from the Spring 2024 class for returning students. 3 SESSIONS
Tues, Mar 11-25, 1:30-3 pm
Fee: \$79

You Ought To Be In Pictures

Tom Waclawik, instructor

Always wanted to be on the big screen? Here’s your chance to learn how to become a movie or TV “extra” and make some ‘extra’ money. Our instructor has appeared in movies with Al Pacino, Tom Hanks, Robert DeNiro and Leo DiCaprio. He has been on movie sets directed by Martin Scorsese, Clint Eastwood, Steven Soderbergh. His TV appearances include *Madam Secretary*, *Law and Order*, *The Good Wife*, *Homeland* and more. There are over 50 shows filming in NYC this year, and plenty in New Jersey as well. Find out how to get on the set, or in commercials. It’s easier than you think, and you don’t need acting experience. Ages 18 and up welcome.
Sat, Feb 22, 10 am -noon
Fee: \$39

Put Your Money Where Your Mind (and Heart) Is

So often we are looking for a meaningful way to honor someone’s special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.

The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program. Email nkane@brookdalecc.edu



Interested in business classes or training for a new career?
Need to brush up on your Microsoft skills? Brookdale's Continuing Education department has classes ranging from Real Estate and Software Coding to Nonprofit Management and Human Resources. Courses are available both in person and online, and even some Saturday sessions.

Check out all our Business Career and Technical Training courses at <https://www.brookdalecc.edu/continuinged/business-professional-training/>
Questions? Email ccarroll@brookdalecc.edu

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BROOKDALE PUBLIC RADIO

GENERAL INFORMATION

COLLEGE CLOSING

College Closing For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to www.brookdalecc.edu

FERPA – The Family Education Rights and Privacy Act of 1974 (Buckley Amendment)

The Act provides for the confidentiality of student records. For further information please refer to www.brookdalecc.edu/about/ferpa/

For Persons With Special Needs Wishing To Take Our Tour And Talk

CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant’s responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.

CANCELLATION & REFUNDS

A full refund will be given when a program or trip is canceled by Brookdale.

Refund Policy

With adequate advance notice (at least seven calendar days prior to program start date) a full refund will be issued less a \$5 processing fee.

There are no refunds for trips, ticketed events and specified programs.

Should you wish to appeal the refund policy, please submit an appeal in writing via email to tsilletti@brookdalecc.edu. Include the date and title of course and state the reason for you are unable to attend the program. All decisions will be made by the Executive Director of Continuing & Professional Studies.



Watch Your Email for Notices and Updates

WHERE’S MY CLASSROOM?

- Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315
- Read the posting on our front door – inside lobby, ATeC building



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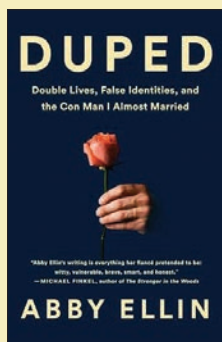
A WOMEN'S CONFERENCE

Friday, May 16, 2025

When women gather to learn and share new experiences, we empower each other, strengthen our bonds, and create something meaningful. Join us in creating a meaningful day of **Learning, Laughing, Lunching**. Hear a memorable speaker and sample topics of interest all in one incredible day! Morning & Afternoon workshops cover topics from history & culture to wellness!

Keynote Speaker: Abby Ellin

Abby Ellin stands out as an expert in the uncomfortable issues of today – trust and treachery; underdogs; duplicity and gaslighting.



In high demand for writing and social commentary, she is a familiar voice in *The New York Times*, the *Wall Street Journal*, and on *ABC News*. Her recent work includes Executive Producer and *Host of Impostors: The Commander*, the second season of the #1 Spotify original podcast series.

Through her cautionary yet resilient narratives that extend beyond mere human-interest stories, Abby teaches us how to cultivate a sixth sense for trust. Her personal journey through broken trust, tangled emotions, denial, embarrassment, retreat, and self-soothing inspired her best-selling book, ***Duped: Double Lives, False Identities, and the Con Man I Almost Married***.

Abby chooses to highlight hope by pushing aside the narcissists, con artists, charlatans, gangsters, and just plain bad people dominating the news often celebrated rather than vilified. Why do shows like *The Sopranos* attract more attention than *The Good Place*? What are the societal implications of normalizing government fraud and deception? Where are we headed as a society – toward Heaven Can Wait or Idiocracy?

Funny, engaging, and insightful, Abby shares tales relatable across the board. A great fit for those of us searching for certainty and discovery during strange times; she chronicles life with honesty, wit and lessons for all.

Abby Ellin's writing is everything her fiancé pretended to be: witty, vulnerable, brave, smart, and honest.

– Michael Finkel, author of the National Bestseller, *The Stranger in the Woods*

Fri, May 16, 9:30 am-3 pm

Fee: \$125, includes morning coffee and hot buffet lunch





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