



**BROOKDALE**  
COMMUNITY COLLEGE

CONTINUING AND PROFESSIONAL STUDIES

# Lifelong Learning

JUNE–AUGUST 2025

*The Open Window, 1918 by Henri Matisse*



Friends with a mission:  
**Friends of Lifelong Learning**  
is a volunteer group formed  
with a mission to support,  
promote, enhance and  
preserve Lifelong Learning  
at Brookdale.

Dr. Rachael Goldman and Audree Feldman, the incoming Chair of the Friends of Lifelong Learning, share a joyful moment following Dr. Goldman's lecture titled "The Archaeology of the Etruscans: The Prehistoric Romans."

We appreciate Rachael for sharing her knowledge and passion, and Audree for her dedication and support in promoting lifelong learning.



### **"With A Little Help from Our Friends"**

*From sharing ideas, providing feedback, in-class assistance, program promotion, and financial support, The Friends of Lifelong Learning help to ensure the growth and success of lifelong learning at Brookdale in immeasurable ways.*

*Here at Lifelong Learning, we are grateful for all they do and feel fortunate to have an entire team of such exceptional friends.*

**Interested in learning more about the Friends of Lifelong Learning?**  
**Email [FLLbrookdale@gmail.com](mailto:FLLbrookdale@gmail.com)**

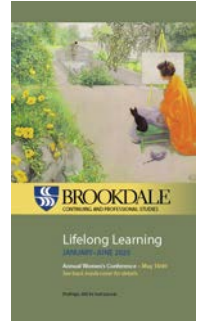
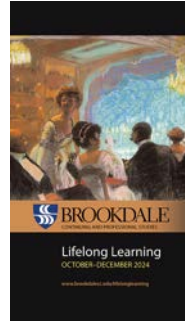
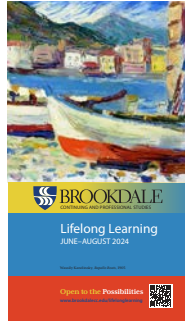


## **Meet Our Team!**

**We're here for you!**

Professional, personable and phenomenal – our skilled and dedicated operations team delivers exceptional customer service, always!

**Questions? Need help registering?**  
**Call 732-224-2315**



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### TOO MANY PASSWORDS TO REMEMBER?

LL USER ID \_\_\_\_\_

LL PASSWORD \_\_\_\_\_

Record your lifelong learning login info  
here for safe keeping.

### Watch Your Email!

Registration receipts are emailed within  
3 days following enrollment. Please  
continue to check your email.

**Class updates are delivered via email**  
including notices of wait lists, class  
cancellations, date changes, classroom  
updates and more.

### WHERE'S MY CLASSROOM?



- Call our office  
(Mon-Fri 8:30 am-4:30 pm)  
at 732-224-2315
- Read the posting on our front door –  
inside lobby, ATeC building

### Quick and Easy online registration

#### Need help?

Call 732-224-2315





## SUMMER SCHOLARS

### Experience a Scholarly Staycation with Four of our Leading Presenters!

Engage with fellow learning enthusiasts, keep cool in a dynamic learning environment, and enjoy the surroundings of Brookdale's beautiful campus.

Sign up today for a Smart Start to Summer!



Special thanks to the Friends of Lifelong Learning for providing bagels and coffee each morning.

#### *Morning Sessions 10 am-noon*



### Jewish & Christian History, Art, And Scripture

**Christopher Bellitto, PhD and Brooks Susman, rabbi emeritus**

How have Jews and Christians viewed each other through scripture and the arts over time?

Join us as we explore a shared heritage – first of conflict and recently of reconciliation – by considering Jewish and Christian history,

art, and scriptural interpretation through the centuries. Rabbi Susman and Dr. Bellitto have lectured together for two decades, offering talks on what is shared and distinct in Christmas and Chanukah, Passover and Easter, scripture and traditions. Their goal is to bridge the presumptive polarizing gap between Judaism and Christianity by using an open-eyed view of history to promote understanding and good faith moving forward.

[\(See Related Tour & Talk Next Page\)](#)



### Impacts Of The Revolutionary War In Monmouth County

**Rick Geffken, MA**

Join Rick for an in-depth examination of the Revolutionary War in Monmouth County, the people on both sides, Tories and Rebels; battles and skirmishes; religions; the economy and more. We'll highlight the conflicts between Militia Captain Joshua Huddy and the British Loyalist and a runaway slave Colonel Tye. Discover the role religious organizations played

during the Revolution: Dutch Church leader Dominie Benjamin DuBois; Church of England's Rev. Samuel Cooke; Presbyterian Tennent Church's Rev. John Tennent Woodhull; and Quakers such as the Grover and Hartshorne families. Embark on virtual visits to the many 1776-1782 Revolutionary war sites in Monmouth County. Besides the famous Battle of Monmouth Court House in 1778, many other skirmishes, raids, murders, and incidents happened during what has been called the Civil War in Monmouth County. We'll look at the places where these events happened comparing how they looked then and now.

[\(See Related Tour & Talk Next Page\)](#)

Afternoon Sessions 1-3 pm



## In The Time Of The Tudors: The Pole Family

Lyndell O'Hara, PhD

Margaret Pole, Countess of Salisbury, was the niece of the last two Plantagenet kings of England and elder sister of the "Princes in the Tower." She held a stronger claim to the English throne than the Tudors, yet she served with loyalty in the courts of both Henry VII and Henry VIII. As Henry VIII's marriage to Katherine unraveled, the allegiance of the Pole family came under suspicion and Lady Margaret, with her sons Reginald, Geoffrey and Henry, attempted to ride out the rising storm of Henry VIII's wrath.



## Checks and Balances: The Durability Of A Constitutional Principle

Bruce Brickman, Esq.

The U.S. Constitution's design hinges on two fundamental ideas: the separation of powers and the system of checks and balances that gives it life. Explore how that operational core of governance continues to function amid shifting political dynamics and institutional change. Examine the evolving role of Congress, the expanding scope of presidential power, and

the legal and constitutional implications of executive orders and judicial review. Historical context and precedent will guide our exploration of recent Supreme Court decisions on immigration, federal civil service, and the authority of independent agencies. Participants are encouraged to bring their insights and questions to what promises to be a timely, thoughtful, and engaging dialogue on the resilience of one of our nation's most essential principles.

Tues-Thurs, Aug 5-7, 10 am-3 pm

Fee: \$149, includes lunch

Breakfast provided by the Friends of Lifelong Learning

Registration for Trips is by phone only.

Call 732-224-2315

**Accelerate Your Quest for Knowledge —**  
*Journey beyond the classroom...*

### The Basilica Of St. Patrick's Old Cathedral & The Museum At Eldridge Street Synagogue: Lunch At Katz's Delicatessen

Join Dr. Bellitto and Rabbi Susman for an enriched learning experience exploring the history, art, and scriptures of Judaism and Christianity. Enjoy guided tours of two stunning historic places of worship: Eldridge Street Synagogue (1887), the first great house of worship established by Jewish immigrants from Eastern Europe, and St. Patrick's Old Cathedral, built between 1809 and 1815, which was New York's first cathedral and the original St. Patrick's until 1879. Indulge in a lunch you will relish at the iconic Katz's Deli.

Wed, Oct 15, 8:30 am-6 pm

Fee: \$275

### Guided Tour Of The Museum Of The American Revolution: Lunch At The Landmark Restaurant, Moshulu (Philadelphia)

Join historian, Rick Geffken for a deeper dive into the fascinating story of the American Revolution. A special exhibition: The Declaration's Journey, examines the history and global impact of the Declaration of Independence. Learn how a document born from colonial rebellion evolved into one of the most celebrated expressions of political rights in history. Significant documents, artworks, and artifacts highlighting the Declaration's 250-year legacy will be featured. Don't miss George Washington's original sleeping and office tent on permanent display at the museum. After your tour, savor a delightful lunch at the iconic Tall Ship restaurant, the only one of its kind in the world.

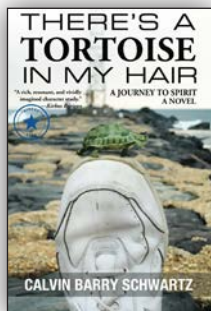
Wed, Nov 12, 9 am-5:45 pm

Fee: \$195

For Related Classes See: History & Culture, p.6

## New Jersey Author Talks

*To read is a voyage through time.* – Carl Sagan  
Book your voyage today!



*A rich, resonant, and vividly imagined character study* – Kirkus Review

### There's A Tortoise In My Hair

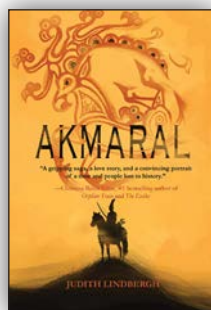
By Calvin Barry Schwartz

Cameron Simmons has always been haunted. It begins as a child, when Cam's father bestows upon him an insult that will take a lifetime to outlive, blaming his slow development on a *fictional* tortoise in his hair. Capturing each moment of anguish or hilarity with painstaking detail, Calvin Barry Schwartz's *'There's a Tortoise in My Hair'* is more than a life story; it's a legacy of love – for the world, for

humanity, and for the pains of life that shape our ability to love in the first place.

Wed, June 25, 10-noon

Fee: \$39, includes coffee



*Akmaral transported me, night after page-turning night, to a world I would never have been able to experience otherwise, an unforgettable windswept world before the dawn of patriarchy.* – Barbara Quick, author of *Vivaldi's Virgins*

### Akmaral

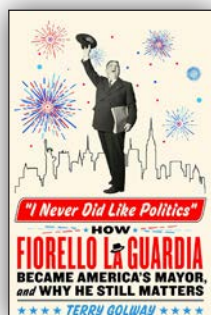
By Judith Lindbergh

Before the Silk Road had a name, nomads roamed the Asian steppes and women fought side by side as equals with men. Drawn from legends of Amazon women warriors from ancient Greece and recent

archaeological discoveries in Central Asia, AKMARAL is a sweeping tale about a powerful woman who must make peace with making war. Judith will share a slide presentation of artifacts, readings from her book and include a creative writing element in her talk.

Wed, July 16, 10:30 am-noon

Fee: \$55, including coffee and bagels



*In our current dismal passage of American politics, it's exhilarating to read about a politician who exemplified all the qualities – courage, honesty, vision, energy, disdain for hypocrisy, concern for the downtrodden – that we were taught to revere...Remarkable.* – Wall Street Journal

### I Never Did Like Politics – How Fiorello La Guardia Became America's Mayor, And Why He Still Matters

By Terry Golway

There was nobody quite like Fiorello LaGuardia. In this immensely readable book, as entertaining as the man himself, Terry Golway

captures the enduring appeal of one of America's greatest leaders. Almost one hundred years later, America is once again grappling with issues that would have been familiar to the Little Flower, as he was affectionately known. It's time to bring back LaGuardia, argues historian and journalist Terry Golway, to remind us all what an effective municipal officer (as he preferred to call himself) can achieve...

Wed, Aug 20, 10:30 am-noon

Fee: \$45, including coffee and bagels



## THE ARTS

### Paint With Pastels

**Arlene Smelson, instructor, professional artist**

Pastels, a fun tactile medium, allows you to get your hands dusty through mark making, blending, and layering. Be guided step-by-step through a variety of procedures that demonstrate color theory, color mixing, composition, and technique application. With group and individual instruction gain skills to explore and complete a work of art using pastels.

Relax and enjoy this hands-on course that encourages creativity and individual expression. List of suggested supplies will be emailed to students. 5 SESSIONS

Tues, Jun 24-Jul 22, 10 am-12:30 pm

Fee: \$169

### Studio Time with Arlene

**Arlene Smelson, certified art instructor, professional artist**

Enjoy time in the studio with Arlene. Work on projects of your choice with Arlene there to provide individual feedback and guidance. 4 SESSIONS

Tues, Jul 29-Aug 19, 10 am-12:30 pm

Fee: \$169

### Drawing For The Non-Artist

**Jenny Santa Maria, artist, instructor**

If you've ever said, 'I can't even draw a stick figure,' or avoided art classes altogether, this is the workshop for you. Art coach Jenny Santa Maria has tried-and-true methods that have helped countless people move out of their own way. She spent a decade in the classroom, homing in on the art of teaching art with the self-conscious, discouraged, resistant and anxious. This isn't a typical 'follow-the-teacher' art class; instead, tap into your unique creative voice and develop technical skills along the way. Leave this workshop with a whole new perspective, empowered to use the arts as a new language. Bring a sketchbook for writing and doodling and get ready to explore the possibilities! Materials fee \$10 payable to instructor. Ages 18+

Thurs, July 10, 10 am -12:30 pm

Fee: \$49

### Introduction To Machine Sewing

**Betty McCarty, instructor**

Do you love fabric, fashion, and interior design? Do you have a sewing machine, but don't know how to use it? Learn how to operate and understand the parts of a sewing machine. Be guided through basic techniques and get started on your first project. A portable sewing machine is required for this class.

Tues, July 15, 6-8 pm

Fee: \$49



**Watch Your Email  
for Notices and Updates**



## Stained Glass

**Harvey Altman, award-winning artist, instructor**

Create mosaics using stained glass in this hands-on workshop. Learn to cut, grind, and grout stained glass. Craft a one-of-a-kind project to proudly take home. All materials provided. Materials fee \$125 payable to the instructor.

6 SESSIONS

Wed, Jul 9-Aug 13, 10 am-noon

Fee: \$149



**90.5**  
**the night**  
**BROOKDALE PUBLIC RADIO**

## HISTORY & CULTURE



### Ernest Shackleton & The Age Of Antarctic Exploration

**Greg Caggiano, presenter, author, blogger**

Ernest Shackleton's Trans-Antarctic Expedition of 1914 is one of the greatest and most harrowing stories of courage in the history of exploration. Learn the background information of the voyage, what went wrong, and how he and his crew refused to quit even when shipwrecked in total isolation at the bottom of the world. This lecture is being offered in honor of the 2022 discovery of Shackleton's long-lost ship, the Endurance and the brand-new 3D scans of the wreck in 2024. The past will come alive in this exciting talk.

Tues, Jun 10, 11 am-1 pm

Fee: \$39

### The American Civil War

**Gregory Caggiano, presenter, author, blogger**

Explore the battles, the leadership, and the human drama of the Civil War. Discuss the causes of the Civil War and the major battles including First Manassas, Peninsula Campaign, Antietam, Fredericksburg, Chancellorsville, Gettysburg, and Vicksburg. Examine the dramatic Surrender at Appomattox. Finally, analyze the presidency of Abraham Lincoln.

3 SESSIONS

Tues, Jul 1-15, 11 am-1 pm

Fee: \$79

*Classes are being held in person on campus unless otherwise indicated by ZOOM icon.*







## Picking Popes

**Christopher Bellitto, PhD, Professor of History, Kean University**

What happens when a pope dies or resigns? What's a conclave? How come only the cardinals vote? What's with the white smoke? This colorful presentation offers the history of papal elections with plenty of anecdotes and analysis from a church historian who works with the media during papal transitions.

**Fri, June 13, 10 am-noon**

**Fee: \$39**

*Christopher M. Bellitto, Ph.D., is Professor of History at Kean University, where he teaches courses in ancient and medieval history. A specialist in the Middle Ages, church history and reform, he is the author of ten books and over 30 articles and book chapters published in the United States and Europe. He has twice won grants from the National Endowment for the Humanities. In Summer 2019, he was a Fulbright Specialist at the University of Canterbury in Christchurch, New Zealand, and was Visiting Scholar at Princeton Theological Seminary 2021-2022. Dr. Bellitto also serves as series Editor in Chief of Brill's Companions to the Christian Tradition and Academic Editor at Large for Paulist Press. A media commentator on church history and contemporary Catholicism, he appears frequently in print, on radio, and television.*

## From Hathern To Highlands: The Hartshornes Of Monmouth County

**Rick Geffken, MA**

Review the lives of Hugh and Richard Hartshorne of Hathern, Leicestershire, England, early investors in the Jerseys. Older brother Hugh, described as "an upholsterer," was actually a well-connected businessman in the Worshipful Company of Skinners in London and also one of the original 24 East Jersey Proprietors, although he never visited New Jersey. Richard showed up in Monmouth County in 1669 and purchased huge tracts of land, including today's Sandy Hook and Hartshorne's Woods. His Quaker family prospered for the next several centuries in Middletown and other parts of New Jersey.

**Tues, Jun 24, 10 am-noon**

**Fee: \$39**

## Meet The Presidents: The Long Branch Edition

**Daniel Radel, journalist**

During the Gilded Age, Long Branch became the summer resort of the U.S. Presidents. Starting with U.S. Grant, seven presidents visited and stayed at Long Branch and nearby West Long Branch. One, James Garfield, took his last breath here. Spend an evening with us as we look back to a time when Long Branch was the summer capital.

**Thurs, Jun 26, 5:30-7:30 pm**

**Fee: \$39**

**Quick and Easy online registration**

**Need help?**

Call 732-224-2315



**Watch Your Email  
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## Art Detectives: The Metropolitan Museum Of Art

**Rachael Goldman, PhD, historian**

In recent years, the collecting practices of long-established encyclopedic museums have undergone re-examination. Fine Art and archaeological pieces of historical relevance have recently been considered within the context of their provenance and heritage. Museums now have an even larger watchdog role on the global stage, with responsibilities to document the acquisition process. The Met has embarked on an ambitious project of transparent research and repatriation. Objects from Ancient Egypt, Greece and Rome, from Turkey and the Ancient Near East, and Ancient India as well as ten works that were appropriated during the Nazi occupation of Europe have been part of the repatriation effort. Nineteen objects originally from the Tomb of King Tutankhamun round out this mission. For all the Met's efforts more work must be done. We will discuss the importance of the wide-reaching attitudes to museum collecting and the encyclopedic museum.

**Thurs, Jul 17, 10 am-noon**

**Fee: \$39**

*Dr. Rachael Goldman holds a Ph.D. from the City University of New York-Graduate Center in History. She is the author of "Color-Terms in a Social and Cultural Context in Ancient Rome" published by Gorgias Press. She has studied at the Summer Classical School at the American Academy in Rome and won awards from the New York Classical School. She has been published in the journal Glotta, the Bryn Mawr Classical Review, the Classical Journal, the Renaissance Quarterly and the Decorative Arts Journal of the Bard Graduate Center. She has taught at Adelphi University, the College of New Jersey, Rutgers College, and at various schools in City University of New York. She completed the Sotheby's American Fine and Decorative Arts course, and began her career as an appraiser, cataloguing the Asia and Jacobo Furman Judaica Collection. As a specialist for Bonhams, she ushered in the first Judaica sale. Rachael is a certified member of the Appraisers Association of America.*

## Society & Its Institutions

**John Gutman, retired sociology lecturer, Hunter College**

A society's institutions shape and are shaped by individual behaviors and social dynamics. Explore the fundamental structures and functions of society, emphasizing the role and impact of its core institutions. Examine the five institutions necessary to a society: family, education, religion, politics and government, and economy and work. Learn how social institutions can and do evolve to meet the changing needs and circumstances of society. 4 SESSIONS

**Wed, Jul 9-30, 10:30 am-noon**

**Fee: \$79**

## The Rise (And Almost Death) Of Rock & Roll In The 1950s

**Kevin Buck, author, A Concise History of Rock and Roll**

Rock and Roll may have burst onto the scene in the mid-1950s, but its roots run deep through gospel, blues, country, and R&B. In this class, we'll trace the origins of this electrifying new sound, explore the cultural and musical forces that shaped it, and examine how – just as it was taking off – rock and roll faced an unexpected backlash that nearly silenced it. Discover the artists, innovations, and controversies that defined the decade and set the stage for the music revolution to come.

**Thurs, Jul 31, 10 am-noon**

**Fee: \$39**



## The Panama Canal – American Creativity & Inspiration

**John Rossi, New York University lecturer**

The Panama Canal stands as a shining example of American creativity and inspiration, showcasing the nation's ability to overcome monumental challenges through innovation, perseverance, and collaboration. The construction of the Panama Canal required groundbreaking engineering solutions and relied on the labor of thousands of workers, including engineers, technicians, and laborers, many of whom were immigrants. The completion of the Panama Canal in 1914 had profound strategic implications for the United States and the world. Learn the fascinating story of one of the most significant engineering feats in history.

**Wed, Aug 13, 10:30 am-12:30 pm**

**Fee: \$39**

## The Amazing Amazon – Magical, Vibrant & Dangerous

**John Rossi, New York University lecturer**

The Amazon rainforest is often referred to as the “Lungs of the Earth” because of its role in producing approximately 20% of the world's oxygen. It harbors an astounding variety of plant and animal species, many of which are not found anywhere else on the planet. Journey into the heart of one of the most biodiverse and mysterious regions on Earth.

**Wed, Aug 27, 10:30 am-12:30 pm**

**Fee: \$39**

**For Related Courses See:**

**What Is AI & Should I Care, page 14**

**Quick and Easy online registration**

**Need help?**

Call 732-224-2315



**Watch Your Email  
for Notices and Updates**



## HOLISTIC HEALTH & WELLNESS

### Gentle Yoga

**Patti Dominach, certified yoga instructor**

Improve flexibility, joint health, muscle tone, and strength. Additional benefits include improved posture and balance. Each class will begin with meditation and breath work followed by deep stretching. Seated postures, twists, basic standing and balancing poses will be included. All levels of ability are welcome; modifications and options for poses will be offered to each participant. 5 SESSIONS

**Tues, Jun 17-Jul 15, 5:30-7 pm**

**Fee: \$79**

*Patti Dominach has been practicing yoga for ten years and is a certified 200-hour RYT instructor. Patti's teaching style incorporates Pranayama (breath work) and Asanas (grounding poses) with modifications that help students go deeper, both physically and spiritually in their practice.*

### Reset & Thrive: Your Personal Wellness Plan

**Julie Egbert, National Board Certified health and wellness coach**

A guided, action-oriented journey to break free from feeling stuck and create a sustainable wellness plan with support, accountability, and expert coaching. This 4-week coaching experience provides a structured, supportive environment to take action. By the end of the program each participant will have a personalized wellness plan that aligns with their goals and lifestyle, along with the accountability and tools to make lasting change.

Enrollment is limited. 4 SESSIONS

**Jun 24-Jul 15, 10 am-noon**

**Fee: \$79**



## Living For Today – Aging With Intention

**Diane Lang, MA, PPC, author**

We are all aging! Aging with intention is a mindset that can maintain and even improve quality of life by staying active and engaged throughout our lives. It's about healthy routines and asking important questions. It's about being preventive in your selfcare. It will look different for everyone, but the practice of intentional aging includes the following: physical activity, socializing, mental health care, and optimizing cognitive health. Join popular lifelong learning instructor Diane Lang and go beyond the headlines to examine the research and learn to apply the most effective strategies to ensure a vibrant and active future. 2 SESSIONS

Tues, July 22 & 29, 1-2:30 pm

Fee: \$59

## Crystal Bowl Workshop

**Janet Woods, RMT**

Join us for an immersive workshop where you can explore the transformative effects of crystal singing bowls and sound therapy. This workshop is open to everyone! You'll focus on learning how to play crystal singing bowls, enhancing your holistic practice or discovering a new skill. No prior musical experience is required, and it's not necessary to purchase crystal bowls before attending. If you have your own bowls, feel free to bring them along. Includes a manual and a certificate of completion.

Thurs, July 24, 10 am-2 pm

Fee: \$59

## What's Love Got To Do With It: Exploring Connection & Fulfillment

**Cheryl Bartholomew, PhD**

Is love really just a secondhand emotion? Or is it the key to a meaningful life? We often hear cliches about love like, "It's all about love" and "love is all you need," but what is the real meaning of love in our lives? Let's explore how childhood experiences shape our understanding of love, the ways we give and receive love in relationships, and whether we can – or should – love everyone. Relationships can be complicated, but meaningful connections can lead to a less stressful, more fulfilling life. Join us for an engaging discussion on love, connection, and emotional well-being.

Tues, Aug 19, 1-2:30 pm

Fee: \$39

## Displaced Homemakers

Have you lost your primary source of income due to separation, divorce, widowhood, spousal disability, spousal military deployment, or domestic violence, and need to transition into head of household?

### You Are Not Alone!

Displaced Homemakers Services at Brookdale Community College offers women and men no cost, confidential, holistic, customized help to enable you to reach your full potential.

Email [gjmenza@brookdalecc.edu](mailto:gjmenza@brookdalecc.edu) or call 732-224-2503 for more information.

## Center for Adult Transition

The Center for Adult Transition offers young adults (18+) with intellectual and developmental disabilities the support, programming, and resources needed to achieve meaningful and successful transitions from secondary school to adulthood.



**Watch Your Email  
for Notices and Updates**

## IRISH HERITAGE



### MARK YOUR CALENDAR!

Friday, Oct 31st

### The Spirit of Ireland Through the Ages *Wonder, Story & Song.*

*Presenters will include:*

*Henry McNally, MA, Fordham University*

*Maureen Dunphy Brady, MA, NYU*

*Patrick McGowan, MA, Montclair  
State University*

*The Cook College Ramblers*

Details will be announced via email and  
registration will open Aug 1.

### Here's to Hank!

For more than 20 years, Henry “Hank” McNally has been the beating heart of Irish Heritage programming at Brookdale! As many of you know, he concluded his crowd-pleasing Irish history lectures this past spring. His contagious passion, unwavering enthusiasm, and exceptional teaching skill have provided students with a wealth of knowledge and an inspired appreciation for Ireland’s dynamic history and culture.

His talent for bringing history to life, skillfully blending humor with insight, has made an impression on everyone fortunate enough to attend his classes. As we say goodbye to an era enriched by his contributions, we carry forward his teachings and the spirit of exploration and curiosity he cultivated.

At our program’s conclusion, we’ll take a moment to share stories, express our gratitude, and acknowledge the impact his teaching has had on our understanding of the intricate history and culture of the Irish.



### Irish Language

**Irish Language is away for summer but  
back in Fall!**

Féach leat i mí Mheán Fómhair  
(See you in September)

## LANGUAGES

## Stress-Free Spanish For Beginners

**Frank Prignoli, Brookdale Language Instructor**

Habla español and learn simple conversational phrases. Practice in a friendly, relaxed atmosphere designed to encourage conversation en español.

Bienvenidos a todos. 8 SESSIONS

Thurs, July 3-Aug 21, 6-8 pm

Fee: \$179

## Italian Made Easy: Speak & Enjoy!

**Joe Palumbo, Brookdale Italian Instructor**

Benvenuti! Experience the joy of learning Italian in a fun, relaxed setting. Master essential phrases, build confidence in conversation, and immerse yourself in Italy's rich culture – no stress, just results!

Whether you're planning a trip or simply love the language, you'll be speaking Italian from day one. 8 SESSIONS

Tues & Thurs, Jul 8-31, 10 am-noon

Fee: \$179

## Learning French Is Fun!

**Giselle Rappaport, French language & culture teacher**

Bienvenue à tous! Join us to learn French in an effective and fun way. The total immersion method will enable you to converse, read and write in the target language. Starting from the basics, you will engage in interactive conversation. Each lesson adds new material to the previous one and you will be amazed at your progress, as you become more comfortable speaking and understanding. 8 SESSIONS

Tues & Thurs, Jul 8-31, 6-8 pm

Fee: \$179

## LITERATURE &amp; WRITING


## LIVE ZOOM

### Friday Morning Musing For Short Story Lovers

**Dillies Pilevsky, English & history instructor**

Short stories, timeless in their magical ability to help make human connections with an author, his or her narrative, each other, and our life experience, will be read, discussed and analyzed. PDFs of short stories will be provided before the class begins. 3 SESSIONS

Sec 1: June 13-27

 Sec 2: July 11-25

Sec 3: August 8-22

Fri, 10 am-noon

Fee: \$59

For Related Classes See Beach Reads, page xx

## RECREATION

## Pickleball For Beginners

Find out why pickleball is the fastest growing sport in America! A paddle sport for all ages and skill levels, pickleball combines elements of tennis, badminton, and table tennis. The rules are simple, and the game is easy to learn. We'll provide the paddles and balls (similar to whiffle balls) Don't miss this addictive new form of fitness and fun. Class meets at the Colts Neck Racquet Club indoor courts (36 Artisan Pl, Colts Neck) Class size is limited. 3 SESSIONS

Sec 1: Tues, Jun 10-24, 3-4 pm

Sec 2: Tues, Jul 8-22, 3-4 pm

Sec 3: Tues, Aug 5-19, 3-4 pm

Fee: \$79



**Quick and Easy online  
registration**

**Need help?**

Call 732-224-2315





## Beginner Canasta

**Sharon Talansky, instructor**

Ever heard people talking about canasta and wondered, 'what is that exactly?' This is your opportunity to learn! Canasta is a card game played with a partner. A total of four people play a game. This BEGINNER CANASTA class will be a relaxed, stress-free environment to learn the basics from a very patient teacher. Learn the rules of play, non-verbal ways to communicate with your partner during a game, and strategies to win. During the class, you will play casual practice games and laugh as you learn. Come with a friend or come on your own and meet others who are also interested in playing. Canasta is a great way to engage socially while stretching your mind. 7 SESSIONS

**Tues, Jul 1-Aug 19, 10:30 am-12:30 pm**

**No Class July 15**

**Fee: \$135**

## Mah Jongg For Beginners

**Sharon Talansky, instructor**

Ever wanted to play Mah Jongg? Come learn to play in a fun, relaxed setting! Learn how to choose a hand, the progression of play, and strategies to win. You'll have plenty of time for in-class practice, with tips offered in a friendly and interactive environment. Meet other interested individuals and perhaps form a game of your own with classmates, a Mah Jongg set is NOT required to enroll. Mah Jongg cards, an essential tool for playing the game, ARE required. Please be sure you have the most recent card, designed for the year 2025. Bring a pen and paper, as well. Mah Jongg is great for stretching your mind and a wonderful way to spend time with friends. This class promises to be stress-free and fun! 7 SESSIONS

**Tues, Jul 1-Aug 19, 1-3 pm**

**No Class July 15**

**Fee: \$135**



## Learn To Sail

**Seas Monmouth, certified sailing instructors**

Combined classroom and hands-on instruction will give the adult beginning sailor the skills and confidence to operate a small sailboat. The class includes four evening classroom sessions and two Saturday sailing sessions on the Shrewsbury River aboard 17-18 foot sloops (water sessions may be rescheduled due to inclement weather). Successful completion of the course leads to a SEAS Basic Sailing certificate. A basic swimming test is required (treading water and putting on a flotation device) administered during the second class. Students are required to provide a personal flotation device (PFD) for the water sessions. Required text: Learning to Sail: The Annapolis Sailing School Guide for All Ages. Ages 18 and up only. 6 SESSIONS

**Sec 1: Mon & Thurs, Jun 2-12, 7-9 pm  
Sat, Jun 7 & 14, 9 am-4 pm, on the water**

**Sec 2: Mon & Thurs, Jul 7-17, 7-9 pm  
Sat, Jul 12 & 19, 9 am-4pm, on the water**

**Sec 3: Mon & Thurs, Aug 4-14, 7-9 pm  
Sat, Aug 9 & 16, 9 am-4 pm, on the water**

**Sec 4: Mon & Thurs, Sep 8-18, 7-9 pm  
Sat, Sep 13 & 20, 9 am-4 pm, on the water**

**Fee: \$295**

**Watch Your Email  
for Notices and Updates**

## SPECIAL INTEREST

## What is AI – And Should I Care? A Friendly Introduction To Artificial Intelligence

**Sabrina Teekah, founder of Bits & BYTEs**

Designed specifically for adults who are curious about the growing presence of artificial intelligence (AI) in daily life but may feel uncertain or overwhelmed by it. Learn what AI is, how it works, where it's already showing up, and whether participants may want to engage with it. Through relatable examples, plain-language explanations, and interactive discussions, participants will gain clarity and confidence – without pressure to adopt any new tools. Discuss common myths and concerns about AI, including privacy and scams. AI isn't something to fear, and might even be helpful in small, practical ways that fit your lifestyle and comfort level. Be assured that curiosity – not expertise – is all you need to understand and potentially benefit from this new technology. 3 SESSIONS

Tues, Aug 12-26, 10:30 am-12:30 pm

Fee: \$79

## Creating Your Next Act: A Step-by-Step Guide

**Jacqueline Robinson, second act  
lifestyle blogger**

If you're thinking about what comes next in your life, join us for this fun interactive workshop where we dive into how to create your "next act" with clarity, purpose, and excitement! Engage in thought-provoking discussions and reflective exercises to equip you with practical tools you can immediately apply to your life. Identify what truly matters to you and overcome hurdles that might hold you back. It's about discovering what motivates you and providing the support to get you started. 2 SESSIONS

Thurs, July 10 & 17, 11 am-12:30 pm

Fee: \$69

## Financial Wellness 101: Saving & Investing For A Secure Future

**Gerard St-Cyr, author, instructor**

Take charge of your financial future with this practical and engaging course designed to help you build a solid foundation in saving and investing. Whether you're building an emergency fund, planning for a major purchase, or simply looking to grow your wealth, this course covers key financial tools and strategies. Topics include cash management, certificates of deposit (CDs), stocks, and bonds, and investing in volatile times. You'll learn how to make informed decisions, balance risk and return, and create a plan that aligns with your personal goals and financial situation. Perfect for learners of all backgrounds, this course empowers you to take confident steps toward lifelong financial wellness. Please note that this course is for educational purposes only. No individual financial advice will be given. 3 SESSIONS

Wed, Jul 16-30, 6-7:30 pm

Fee: \$79

## How To Ace Any Talk Like A TED Presenter!

**Martin McDermott, M.A., author, faculty,  
Brookdale Community College**

Have you ever wondered what happens behind the curtains at TED and TEDx events? Seasoned Speech professor, author, and two-time TEDx presenter Martin McDermott shares how these events work along with insider tips for those who dream about standing on the red, round carpet and sharing their wisdom. Whether you have this aspiration or just want to improve your speaking skills in general, you will learn presenting secrets that will set you apart on any stage. No public speaking experience necessary.

Sat, Jun 21, 10 am-noon

Fee: \$39

## AROUND TOWN

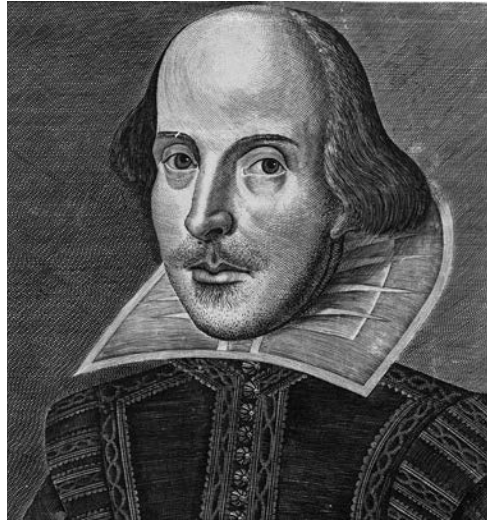
### Walking Tour: Red Bank

**Dan Radel, history instructor, journalist**

Discover Red Bank's history on this walking tour of the vibrant downtown nestled against the banks of the Navesink River. Tour will include the Red Bank railroad station, one of the last remaining examples of the Stick Style station houses built by the New York and Long Branch Railroad in the 1870s. The Count Basie Theater, opened on November 11, 1926 as a vaudeville theater and cinema and named after jazz legend and Red Bank native William James "Count" Basie. The Lollipop Clock, built by a Swiss clock inspector and jeweler in 1902, and the Second Empire style architecture of the Dublin House. Participants should make sure to wear comfortable walking shoes and be prepared to walk at least two miles. Meeting place in front of The Dublin House: 30 Monmouth Street, Red Bank. Rain Date Saturday, August 16th. Please note: no refund will be given if the rain date is used.

Sat, Aug 9, 1-3 pm

Fee: \$29



It's that time of year!  
Time for Summer Shakespeare!  
Brookdale Performing Arts  
Center is pleased to announce  
Shakespeare on the  
Great Lawn

### MACBETH

Show dates are July 10, 11, 12, 13, 17, 18, 19, 20  
at 7 pm

On the Lawn behind Larrison Hall

Free & Open to All

<https://www.brookdalecc.edu/pac>

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### ***Put Your Money Where Your Mind (and Heart) Is***

*So often we are looking for a meaningful way to honor someone's special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.*

*The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program. Email [nkane@brookdalecc.edu](mailto:nkane@brookdalecc.edu)*

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## GENERAL INFORMATION

## COLLEGE CLOSING

For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to [www.brookdalecc.edu](http://www.brookdalecc.edu)

## FERPA – The Family Education Rights and Privacy Act of 1974 (Buckley Amendment)

The Act provides for the confidentiality of student records. For further information please refer to [www.brookdalecc.edu/about/ferpa/](http://www.brookdalecc.edu/about/ferpa/)

## For Persons With Special Needs Wishing To Take Our Tour And Talk

CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant's responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.

## CANCELLATION &amp; REFUNDS

**A full refund will be given when a program or trip is canceled by Brookdale.**

## Refund Policy

With adequate advance notice (at least seven calendar days prior to program start date) a full refund will be issued less a \$10 processing fee.

**There are no refunds for trips, ticketed events and specified programs.**

Should you wish to appeal the refund policy, please submit an appeal in writing via email to [tsilletti@brookdalecc.edu](mailto:tsilletti@brookdalecc.edu). Include the date and title of course and state the reason for you are unable to attend the program. All decisions will be made by the Executive Director of Continuing & Professional Studies.



**Watch Your Email  
for Notices and Updates**

## WHERE'S MY CLASSROOM?

- Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315
- Read the posting on our front door – inside lobby, ATeC building



**Quick and Easy online registration**  
**Need help?**  
**Call 732-224-2315**

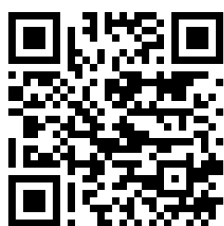




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