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Often referred to as the “Mona Lisa of the North”, the painting is an example of a type of work called a tronie (16th/17th century Dutch for “face”). Tronies were paintings that focused on the face of a subject with an added element of fantasy or an exaggeration of expression that differentiates them from portraits.
Dear Brookdale Friends and Neighbors,

An educated population may never be more important than it is today; lifelong learning may never be more essential.

If you are eager to better understand the world and meet others who are intellectually curious, please join us on campus this fall to explore classic themes, emerging new ideas and fresh perspectives.

Don’t miss these new programs designed for seriously thoughtful people:

- Meet Brookdale’s English Department. Esteemed faculty members have stepped forward to offer a unique learning experience exploring the early days of American culture – through literature. See page 2
- Come to Campus on Friday October 28th for a day of learning featuring topics from bioethics to outer space. Find out how much you can learn in just one day. See page 7
- Pack your bags! Visit our nation’s capital; overnight trip Nov 30th-Dec 1st. See page 34
- A conference event debut: Retirement Reimagined features speakers to indulge your intellect, your viewpoint and your sense of humor. See page 9

Spend some time at Brookdale. Nothing beats the energy and excitement of a college campus. We look forward to seeing you this fall!

Marie Lucier-Woodruff
Associate Vice President, Continuing & Professional Studies

**Please Note:** On occasion we photograph and/or video Lifelong Learning and Career Development events. Photos/video clips may be used for promotional purposes by Brookdale Community College. If you do not wish to be photographed or recorded while attending a Brookdale event, please let the instructor or photographer know.
The Puritans
Dr. Carl Calendar, Dean, Humanities Institute
An exploration of the literature of the Puritans, especially William Bradford’s *The History of the Plymouth Plantation*, and Anne Bradstreet’s poetry. Discussion will include the two migrations to the New World on the Mayflower and on the Arabella, and the larger community from the area around Boston, England. Both Calvinism and Neo-Classicism in these works will be analyzed, as well as how the beliefs of early writers still percolate in American society today. **Oct 6**

Benjamin Franklin
Assistant Professor Jack Ryan, English Department
Delve into the diction, syntax, ideals, and humor that Franklin employed to help forge a national ethic through language. The talk focuses on *Remarks Concerning the Savages of North America*, *The Little Speech*, *The Silence Dogood Letters*, and *The Autobiography of Benjamin Franklin*. **Oct 13**

Gothic Literature
Assistant Professor Dara Evans, English Department
Gothic literature may be portrayed through binary sets, color, language, setting, surrealism, and theme. Together, we will attempt to uncover the truths within darkness purposefully created by Edgar Allan Poe and Nathaniel Hawthorne, in order to get to the heart of their intentions in creating fictions reflective of the human condition. Within their portrayals of presence and absence, morality and moralism, community, isolation, and religion, we will discover a light within the dark all humans face. **Oct 20**

Slave Narratives in American Cultural History
Professor Roseanne Alvarez, English Department
Consider the influence and significance of the slave narrative in American cultural history. Focusing on incidents in the *Life of a Slave Girl* by Harriet Jacobs, as well as William and Ellen Craft’s *Running A Thousand Miles For Freedom*, the presentation explores the discourse and construction of “American” identity through performance, gender, and race. **Oct 27**

Emily Dickinson
Professor Nancy Noe, English Department
Discuss Emily Dickinson and her work beyond her penchant for wearing white and her eccentric capitalization and punctuation. Come explore some of her poems, learn about her methods of revision, and find out about her relationships with those closest to her. **Nov 3**

Moby Dick
Associate Professor Dr. Michael Broek, English Department
Explore Herman Melville’s novel *Moby Dick* and the various ways that it has been interpreted since its publication in 1851, within a few years of the publication of *The Scarlet Letter* and *Leaves of Grass*. Originally panned by critics, the novel has become a part of the American literary canon, though critics still disagree about its meaning. Why has *Moby Dick* endured, and what does it mean to us today? **Nov 10**
George Washington Cable
Dr. Brandon Gramer, Associate Professor, English Department

An introduction to the work of the post-Civil War writer George Washington Cable. Forgotten today, Cable, a friend and literary rival of Mark Twain, was the most popular Southern writer of his day and a later influence on William Faulkner and Sherwood Anderson, who both spent time living and writing in New Orleans, Cable’s hometown. The short stories in Cable’s first book, Old Creole Days, not only introduced Americans to New Orleans as a literary place, but also challenged their racial and gender stereotypes by portraying black characters sympathetically, heroically, and as morally equal. Nov 17

Reduced fee per generous donor support and in celebration of Brookdale’s 50th birthday!!

Thurs, Oct 6-Nov 17, 11:45 am-1:15 pm
Fee and Code: $50, XHUMN 273

See: Before The American Revolution, a perfect primer for this literature series p.10

Brookdale Read

Join the Brookdale Community this fall in The Brookdale Read! We will share a common intellectual experience as we read the novel When the Emperor Was Divine, by Julie Otsuka. Powerful lectures, programs, films, and book discussions will be held throughout the semester, centered on the novel’s themes of racism, prejudice, and the dangers of stereotyping. Visit www.chhange.org for details.

DISPLACED HOMEMAKERS SERVICES
Are you a woman who has lost your primary source of income due to separation, divorce, widowhood, spousal disability, or spousal military deployment? Brookdale’s Displaced Homemakers Services offers free, customized, holistic, client-centered services to help you transition to becoming head of household. 732-739-6020; or www.brookdalecc.edu/displaced-homemakers/

COMMMUNITY MATTERS

See Community Conversations: Presidential Party Platforms, an examination of baby boomer/retiree issues p.10

Drawing Perspective I
Gina Torello, adjunct professor, Brookdale Community College and professional artist

Studio drawing perspective class will focus on values, scale, black and white, charcoal, and pencil. Gain confidence while learning the basics. Beginner class; no experience necessary.
Email mchiarella@brookdalecc.edu for materials list. 5 SESSIONS
Thurs, Sep 15, 22, Oct 13, 20, Nov 3, 10 am-noon
Fee and Code: $169, XARTF 016

Call To Register
732-224-2315
Beginner Oil Painting
Gina Torello, adjunct professor, Brookdale Community College and professional artist
If you’ve never painted with oils, this is your class. Learn the basics of materials, techniques, color, and concepts of oil painting in a structured, supportive environment.
Email mchiarella@brookdalecc.edu for materials list. 5 SESSIONS
Thurs, Sep 15, 22, Oct 13, 20; Nov 3, 1-3 pm
Fee and Code: $169, XARTF 178

Plein Air Workshop
Gina Torello, adjunct professor, Brookdale Community College and professional artist
Create your own French Impressionist-inspired masterpiece. Experience the joy of creating art from life out in the open air, nestled in the shade of the trees on our beautiful campus. Hands-on, step-by-step class from the preliminary sketch to finished impressionist painting using oil paints. Bring a bag lunch. Rain or shine; enrollment is limited.
Email mchiarella@brookdalecc.edu for materials list.
Sec 1: Sat, Sep 17, 10 am-2 pm
Sec 2: Sat, Oct 15, 10 am-2 pm
Fee and Code: $55, XARTF 179

Color Theory
Tonya Lee, professional artist and art professor
An introduction to relativity of color through a series of experimental projects developed by Josef Albers. Projects are designed to illuminate the deceptive qualities of our color perception and refine one’s eye for color. Produce a body of color studies that explore relativity, reversed grounds, color subtraction, simultaneous contrast, and transparency. Course includes history, instruction, studio projects, group and individual consultations. Suitable for all levels.
Please email mchiarella@brookdalecc.edu for supply list. 5 SESSIONS
Mon, Oct 17-Nov 14, 10 am- noon
Fee and Code: $129, XARTF 177

Intermediate Mosaics
Harvey Altman, instructor, award-winning artist
Take your mosaics to the next level in this hands-on workshop. If you have taken a beginner’s mosaics class or have background in mosaics, this is the class for you. Instructor will demonstrate creating a project with a specific pattern and design. A 12"x12" project will be completed to take home. Bring a check payable to the instructor in the amount of $25 for materials. 4 SESSIONS
Fri, Oct 28-Nov 18, 10 am- noon
Fee and Code: $99, XARTF 127

Introduction To Hand-Wrought Silver Jewelry
Susanne Anderson, adjunct professor, Brookdale Community College
Don’t miss this in-studio experience. Design and produce a hand wrought sterling silver pendant or earrings. Learning emphasis will be on design aspects, hard soldering, sawing piercing, texturing, pickling, and finishing. Supplies and tools provided. 4 SESSIONS
Wed, Sep 21-Oct 12, 6-8:30 pm
Fee and Code: $159, XARTC 094

Mosaics: A Beginner’s Workshop
Harvey Altman, instructor, award-winning artist
Learn design, cutting, tile layout, types of surfaces, adhesion, and grouting. All the techniques needed to complete a 9”x12” mosaic project to take home. Course materials provided. Materials fee $25 payable to the instructor. 4 SESSIONS
Fri, Sep 30-Oct 21, 10 am- noon
Fee and Code: $99, XARTF 115

Call To Register
732-224-2315
Drawing Perspective II
Gina Torello, adjunct professor, Brookdale Community College and professional artist

Calling all artists. Take your drawing skills to the next level. Projects include still lifes and campus landscapes. Work with graphite, charcoal, and toned papers. Email mchiarella@brookdalecc.edu for materials list. 5 SESSIONS
Thurs, Nov 10, 17, Dec 1, 8, 15, 10 am-noon
Fee and Code: $169, XARTF 171

Pastels 101
Gina Torello, adjunct professor, Brookdale Community College and professional artist

Pastels are the ideal medium! Draw with color in a very forgiving manner. Designed for the artist who wants to strengthen drawing skills and experiment with a new and exciting medium. Work from a still life and from photos, but rest assured, this is a step-by-step, structured class. Use both soft and hard pastels and learn new approaches to application and color mixing. Email mchiarella@brookdalecc.edu for materials list. 5 SESSIONS
Thurs, Nov 10, 17, Dec 1, 8, 15, 6-8 pm
Fee and Code: $169, XARTF 176

See also: Antiques Roadshow Workshop, p.19

Basics Of Digital SLR Photography
Kevin Burkitt, Brookdale media technology specialist; photographer

Unlock your camera’s potential to create great photos by manipulating ISO, shutter speed and aperture, as well as tips on black & white/color imagery and lighting. Enhance your landscape and portrait images. A digital single lens reflex camera required.
Sec 1: Mon & Wed, Oct 3 & 5, 6-7:30 pm, Lincroft campus
Sec 2: Sat, Oct 29, 1-4 pm, Lincroft campus
Sec 3: Mon & Wed, Nov 14 & 16, 6-7:30 pm, Brookdale at Wall
Fee and Code: $65, XARTP 069

Camera Theory
Kevin Burkitt, Brookdale media technology specialist; photographer

Explore how ISO, aperture, and shutter speed work in unison to create incredible images. Please bring your DSLR camera to class and be ready to switch off automatic or guided modes in order to learn how to make manual adjustments which will take your photography to the next level. Students must have access to their own DSLR and have a basic working knowledge of their camera. Software and hardware not required. Just an open mind and a willingness to learn how ISO, aperture, and shutter work together in various situations.
Sat, Nov 12, 1-4 pm
Fee and Code: $65, XARTP 091

We No Longer Accept American Express
Brewing 101

Begin with a lecture on the business of brewing led by Belford Brewery owner, Kevin Enny. Kevin will discuss his path and give details on this fast growing business. Sessions 2-5 will be held at The Brewer’s Apprentice where students will get an inside view of the growing world of micro brewing. Overview of the science behind the brewing process. Continue with explorations of equipment and ingredients. As a class group, develop a recipe and then brew accordingly. Don’t miss this unique opportunity to learn from professionals about the process of brewing, fermentation, and bottling. Sessions will cover chemistry of beer, the equipment, recipe development and brewing, tasting, and bottling. A Tour of Belford Brewery will be offered, date TBD. 5 SESSIONS
First Session Brookdale Lincroft Campus
Sessions 2-5: Location: The Brewer’s Apprentice 865 Rte. 33 (Business), Unit 4, Freehold, NJ
Mon, Sep 12-Oct 10, 6-8:30 pm
Fee and Code: $249, XDEST 150

Real Estate Principles And Practices

The successful completion of this 75-hour program qualifies you to sit for the New Jersey Real Estate Examination. It is also valuable and essential for those who own real estate, are prospective buyers and sellers of real property, and for experienced salespeople. Required text is available in the College Bookstore. (Essentials of New Jersey Real Estate by Sobeck & Lenk, 12th Edition). Successful completion requires regular attendance. All applicants for licensure must submit to a criminal history record check. Prerequisites: 18 years of age and proof of high school diploma or GED at time of registering for the state licensing test.
Tues & Thurs, Sep 27-Dec 20, 6-9:35 pm
Fee and Code: $329, XREAL 001

Bartending Basics & Beyond

Whether you want to explore the experience on the other side of the bar, or simply become a more skilled party host, join us and learn the basics of set-ups, pouring and mixing cocktails. From Pre-Prohibition style drinks to Tiki cocktails & Mocktails. Don’t miss this opportunity to learn about tools and techniques in a professional, commercial setting. Class meets at B2Bistro 141 Shrewsbury Ave, Red Bank (free parking) 3 SESSIONS
Mon, Oct 3-17, 10:30 am-noon
Fee and Code: $99, XPRAG 117

Blogging: For Business, Pleasure, Or Both

Gregory Caggiano, historian, instructor, blogger
Do you have an interest you want to write about? Have a blog that needs a boost? Want to connect your blog to social media? Whether you are new to blogging or you are an experienced blogger, learn what makes a winning blog by examining successful blogs and advancing your knowledge of technology, finding inspiration, and developing your unique blogging voice.
2 SESSIONS
Thurs, Dec 1 & 8, 7-9 pm
Fee and Code: $59, XWRIT 082

See also: Selling on E-Bay and Craigs List for Fun And Profit, p.26

Horticulture Certificate
Visit: www.brookdalecc.edu/horticulture

Nonprofit Management Certificate
Visit: www.brookdalecc.edu/nonprofit

Call To Register
732-224-2315
Brisk fall days are meant for campus life. Set your mind in motion and meet others who are intellectually curious like yourself. Experience the pure joy of learning; no tests, no grades! Light lunch is included.

Fri, Oct 28

Morning Lectures: Choose one; 10 am-noon

Sec 1: Decisions, Decisions – Bioethics Is Personal

Rev David Cotton is the Chair of the Bioethics Consult Committee for Jersey Shore University Medical Center. This role, combined with his wealth of professional experience in the fields of education, medical ethics, and pastoral care, provides a unique and powerful vantage from which to explore bioethical principles. Do not miss this dynamic discussion from the controversial Schaivo end-of-life legal case to current world view decision models. What are the ethical principles governing autonomy and beneficence? How are these decisions made and by whom?

Sec 2: ASEAN-Asia’s High Growth Region And Concerns about China

Maiya Furgason, Foreign Policy Association Fellow presents ASEAN – the regional association of Brunei, Cambodia, Indonesia, Lao, Myanmar, Philippines, Singapore, Thailand, Malaysia, and Vietnam. These ten nations represent a combined economy of $2.4 trillion and a growing middle class. The US is increasingly concerned about the incursion of China into this region, including the development of military bases. Our discussion will review the economies of these countries, their development, politics, and their interaction with China.

Sec 3: Safety And Security: One Or Both?

Explore safety versus security with Anthony Cavallo, who has taught history at Rutgers and Brookdale. Did Ben Franklin really say security or safety; what did he mean in the 18th century? Do we have a choice? Do we need both? Was Edward Snowden a patriot or a scoundrel for releasing NSA surveillance? As we prepare for a national election and new administration, what should the government’s role be in protecting our freedoms, allaying our fears as well as protecting us from all forms of terrorism, external and internal?

Afternoon Lectures: Choose one; 1-3 pm

Sec 4: Who Really Elects the President

Frank Argote-Freyre, PhD, an elector for President Obama in 2012, provides a first-hand account of how the Electoral College works. A first-hand account of the workings of the Electoral College. In the early days of the Republic, the Founding Fathers attempted to mitigate the influence of the unruly public and so they established a body able, at least in theory, to overturn the election results.

Sec 5: The Italian Renaissance

Eduardo Mungiello, PhD, presents The Renaissance, or “rebirth”, that sparked dramatic changes in Italian art and culture in the fifteenth century. Discuss the history, religion, art, and social aspects of this period and how its influence is felt to this day.

Afternoon Lectures continued next page...
COMPUTERS

Getting Comfortable With Your Computer
This easy-paced course is for the novice user, especially seniors with limited or no prior knowledge of the PC. Become familiar with hardware, software, and technology. Learn some Windows and easy ways to work with files, folders, and objects. Workbook included. 3 SESSIONS
Sat, Sep 10-24, 9 am-noon
Long Branch HEC
Fee and Code: $155, XCOMG 039

Word Press Level 1
Make your own website. You don’t have to be a professional web developer to use this powerful, reliable, and flexible tool. Learn how to develop web sites and blogs with special features to fit the content of your message. You will work on site plans, WordPress theme development, and learn to leverage your site to attract more visitors. 12 Hours. Book Included. Prerequisites: knowledge of Windows, Word, and the Internet. 4 SESSIONS
Tues & Thurs, Sep 20-29, 6:30-9:30 pm
Fee and Code: $199, XCOMI 119

PC Intro With Windows 10
Learn how to use your computer with Windows 10. Start from the beginning and explore features to get the most out of your everyday computer use. This course uses a step by step approach to demonstrate features such as the Start menu, the task bar, and basic word processing. Additionally, you will learn to organize and manage files on the PC and the Internet and use apps. Time will be dedicated to exercises that will represent real life examples. Workbook included. 21 hours. Note: The computers do not have touch screen capabilities. The mouse will be used for all exercises. 7 SESSIONS
Tues & Thurs, Oct 18-Nov 8, 1-4 pm
Fee and Code: $239, XCOMG 059

ONLINE TRAINING COURSE OPTIONS
Can’t find the time to get to class? We have an online option for you! Through our partnership with ed2go we can help you learn that new skill where and when it is convenient for you. Select from hundreds of non-credit, courses designed for your personal and professional needs in Computer Applications, Language and Arts, Personal Development, Writing and Publishing and more. For more information, visit www.ed2go.com/brookdalecc.

Call To Register
732-224-2315
Your Second Act: Retirement Reimagined
A Conference Event, Friday, December 9th

Reinvent – Reimagine – Renew

Hear memorable speakers and sample subjects of interest all in one day. Indulge your intellect, your viewpoint, and your sense of humor.

Transitioning Into the New

Transitions aren’t always easy. You look back and wonder “where did the time go?” You look ahead and wonder “what will I do with the next 30 years?” When downsizing ended a 30 year career in the pharmaceutical industry, Jacqueline Robinson’s exploration of the changing face of retirement began. Don’t miss her research, her discoveries and her conclusions about how and why Baby Boomers are changing retirement and beginning their Second Act of discovery and possibility.

This Chair Rocks: A Manifesto Against Ageism

The more you know about old age, the better it looks. So why do so few people know this? We may think we know what lies ahead: a grim slide into depression and dependence, but that’s just the party line – author and activist Ashton Applewhite debunks it in spades!

It turns out:
- Older people enjoy better mental health
- People are happiest at the beginnings and ends of life

Part monologue, part consciousness-raiser, This Chair Rocks dispels myth after myth about late life and exposes the ageism that underlies all the hand-wringing. The talk is as funny as it is fierce, and it will change the way you envision the rest of your life.

Additional speakers to include:
William Kenny, retired executive, instructor, For Men Only; Adjusting to Retirement
Robert Cutrupi, senior portfolio director, Cutrupi Group of Morgan Stanley, instructor, Stock Market Boot Camp

Fee includes morning coffee and brunch.
Fri, Dec 9, 9 am-1 pm
Fee and Code: $69, XPERS 223
Watershed Moments In History: Who We Are And How We Got Here
Brooks Susman, history, philosophy instructor and rabbi emeritus

A continuing discovery and discussion of who we are through history’s pivotal events. From “traditional” beliefs originating with the three Abrahamic religions and their influence on history, both religious and political, we will follow through the World Wars of the Twentieth and now Twenty-first Centuries. How the past helps define the present will be a strong thread coursing through our discussions. 4 SESSIONS
Wed, Sep 14-Oct 5, 10:30 am-12:30 pm
Fee and Code: $79, XPERS 251

Before The American Revolution
Anthony Cavallo, historian

Just who were the early American settlers? What did they come to the “new world” for? When did they start to see themselves with a separate and distinct identify from their English King? How did this European American identity play out prior to the American Revolution? We’ll answer these questions and more; share perspectives, and better understand how we were shaped as a people. The perfect primer for the American Literature lecture series. 2 SESSIONS
Thurs, Sep 15 & Sep 22, 10 am-noon
Fee and Code: $49, XHUMN 290

Meet The Masters
Maurice Mahler, professional artist, art historian

Peek behind legendary scenes and examine the life and times of the artists who created them. Our exploration includes: Jackson Pollock, the Impressionists as portrayed in the new French film covering all members of the groups and their painting methods, and Renoir’s “Dance at the Moulin de la Galette.” 3 SESSIONS
Mon, Sep 26, Oct 10 & 31, 10:30 am-12 noon
Fee and Code: $65, XARTF 042

Community Conversations: Presidential Party Platforms And Fifty-Plus Citizens

Assemblywoman Amy Handlin will moderate a panel of experts representing both political parties and AARP. Join us for an examination of issues important to you:
• Can retirees really depend on Social Security?
• What about our children and grandchildren?
• What are the presidential candidates saying they’ll do to keep Social Security strong?
• With baby boomers now retiring and health care costs rising fast, what will happen to Medicare in the coming years?
Thurs, Sep 29, 6:30-8:30 pm
Fee and Code: no fee, XHUMN 293 (registration required)

Dixie Chicks - A Redux
Dillies Pilevsky, English and history instructor

Those fabulous southern women writers, again! In a special time and place, how did these authors portray distinctive experiences, thoughts and feelings? Analyze elemental truths of life as seen through the eyes of the best southern writers and filtered through your own. First story will be emailed. Stories are “Greenleaf” by Flannery O’Connor, “The Haunted Boy” by Carson McCullers and “Residents and Transients” by Bobbie Ann Mason. 3 SESSIONS
Fri, Nov 4-18, 10 am-noon
Fee and Code: $59, XHUML 099

Online Courses For Personal And Professional Development

• Over 300 course titles
• 24/7 access from anywhere with an internet connection
• Expert instructors who answer questions and facilitate online discussions
Click onto www.ed2go.com/brookdalecc for more information
Financial

FINANCIAL

Finances For Women
Maiya Furgason, CRPC, Wells Fargo Advisors, LLC

Gain the confidence to take control of your finances and become a smarter investor. Learn the differences between stocks, bonds, mutual funds, options, annuities and all the tools of investing. Learn how to assess CDs, the difference between Roth and regular IRAs, inherited accounts and how to avoid common investing mistakes. Understand how to maximize your income and economic growth while staying within your risk parameters, protect yourself from inflation and taxes, and understand the potential for erosion of your assets due to possible long term health care needs. Develop a plan for your future and achieve peace of mind. 3 SESSIONS
Thurs, Sep 15-29, 9:30-11:30 am
Fee and Code: $59, XWOMN 171

Financial Strategies For Successful Retirement
Joseph P. Silvestri, CFP,ChFC,CLPC Creative Financial Group of New Jersey

As baby boomers approach retirement, new financial questions arise. We'll address your questions about building enough wealth to retire, increasing retirement income, and exploring lifestyle options. Discuss mutual funds, insurance, stocks, bonds, estate taxes, and long term care. You’ll receive a workbook packed with sound, solid information that you can take home and put to good use in the development of your own financial blueprint. Come away with a clearer picture of the opportunities available to improve your future financial security. Spouse/partner may attend for free. 3 SESSIONS
Sec 1: Sat, Oct 1-15, 9:30 am-noon, Lincroft campus
Sec 2: Wed, Oct 19-Nov 2, 6:30-9 pm, Brookdale at Wall
Fee and Code: $59, XFING 002

Appealing A Home Assessment To Reduce Your Real Estate Taxes
Frederick Burg, Brookdale Community College adjunct math instructor, successful appeal applicant

How do you know if your property taxes are too high? While you can not appeal your taxes, you might want to appeal your related property assessment (the deadline is Jan 15 for Monmouth County residents). How do you decide whether to pursue an appeal? How do you do it? Find out about a successful approach, used by our presenter, that answers these questions. Learn the appeal schedule and the form to be completed. Examine tools for finding “comparables” that are the basis of your appeal. Lastly, touch on the tax-board hearing proceedings when your appeal is heard, and what happens afterwards.
Sat, Oct 15, 9 am-1 pm
Fee and Code: $45, XFING 086

Life Is A Negotiation
James Wassel, real estate developer, instructor

Nearly every aspect of life involves negotiation, yet most of us lack training and often feel unprepared. Whether we are buying or selling a home or a car, are a member of a Board, a PTA, running a family business or estate, a job search or career change, or any new pursuit – we are always negotiating, whether we know it or not. And if we are not prepared, we can wind up on the wrong side of things. Don’t miss this workshop reviewing the history, psychology, and science that comprise the “Art of Negotiating”. Lively discussion, videos, and hands-on exercises will help you develop your personal path to successful negotiating. Gain confidence and skill to better negotiate your way through life. 2 SESSIONS
Sat, Oct 22 & 29, 10 am-noon
Fee and Code: $49, XPERS 029

See also: Apple TV, p.26

Call To Register
732-224-2315
STOCK MARKET BOOT CAMP SERIES
Robert Cutrupi, senior portfolio director, the Cutrupi Group of Morgan Stanley Smith LLC

Stock Market Boot Camp
Explore basics for understanding the stock market to advanced strategies on how to select stocks and manage risk. Find out what information you need to increase the probability of making a successful investment. Learn how to read technical charts as well as how to review the fundamentals of a company. Investment strategies will be discussed, but no specific products will be offered.
Sat, Oct 29, 9:30 am-12:30 pm
Fee and Code: $39, XFING 073

Boot Camp-Next Steps
Expand your knowledge of the stock market. Review intermediate to advanced investment strategies, combining fundamental and technical analysis (point and figure charting), and portfolio construction and risk management techniques. Learn the importance of sector and stock selection utilizing various technical tools including relative strength, momentum, and trend. Students who attend this class should have basic knowledge of investing. Investment strategies will be discussed, but no specific products will be offered.
Sat, Nov 5, 9:30 am-12:30 pm
Fee and Code: $39, XFING 079

Advanced Boot Camp – Investing In Today’s Uncertain Market
Examine tactical portfolio management and tools for broadening your investment scope. Topics include: ETF (Exchange Traded Funds), Options, Investing in Bear Markets, Defense Investing, and Investing for Yield. Explore the six major asset classes: Cash, Bonds, US Equities, International Equities, Currencies, and Fixed Income. Learn how to incorporate these asset classes into your portfolio. Strategies discussed, no specific products will be offered.
Sat, Nov 12, 9:30 am-12:30 pm
Fee and Code: $39, XFING 083

A Special Tribute
So often we are looking for a meaningful way to honor someone’s special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.
(See An Irish Gathering, p.21)

The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program.
Contact Linda Martin, Director of Lifelong Learning 732-224-2303
Brookdale Fitness Center

Becoming fit is challenging enough. It doesn’t need to be intimidating, too.

Brookdale’s Fitness Center – Membership Rates

* Standard Membership – Fitness Center Access Only
** Premium Membership – Fitness Center Access & Group exercise classes

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<td>Brookdale Students</td>
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<td>• Seasonal (4 Month)</td>
<td>$ 75</td>
<td>$ 115</td>
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<td>Community Members</td>
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<tr>
<td>• Annual</td>
<td>$ 239</td>
<td>$ 359</td>
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<tr>
<td>• Seasonal (4 Month)</td>
<td>$ 89</td>
<td>$ 135</td>
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<tr>
<td>Family Membership (per person)</td>
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<tr>
<td>• Annual</td>
<td>$ 215</td>
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<td>• Seasonal (4 Month)</td>
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<tr>
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<td>$ 45</td>
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<tr>
<td>Daily Rate (includes Group exercise class)</td>
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<tr>
<td>Daily Rate Brookdale Students</td>
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<td>$ 5</td>
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</table>

Whether fitness is a brand new personal pursuit or a long time dedication, join us to enjoy a unique fitness experience in a comfortable and welcoming environment. Call 732-224-2140 today to join.

“The fitness center has been my fountain of youth.”

George Poosikian, Member since 2011

Classes open to all. You don’t have to be a member.

Pilates

Pilates is a series of non-impact exercises designed to strengthen and lengthen the muscles without creating bulk. Pilates works to develop core strength as well as improve posture and body alignment.

Sec 1: Mon, Sep 19-Dec 5, 9-10 am
Sec 2: Thurs, Sep 22-Dec 15, 8:30-9:30 am
Sec 3: Thurs, Sep 22-Dec 15, 6-7 pm
Fee and Code: $119, XFTR 001
Wellness & Fitness Center Classes

Rise And Shine Yoga
A great way to begin your day, this gentle class focuses on connecting yoga postures with the flow of the breath in order to increase awareness, coordination, physical alignment, flexibility, and strength; leading all of us to an overall sense of well being.
Mon & Wed, Sep 19-Dec 7, 7:30-8:30 am
Fee and Code: $169, XFITR 006

Lunchtime Express
From walking to weights, join your co-workers for 30 minutes of varied exercises designed to make the most of your time and still allow time to eat lunch! No shower needed, but you are guaranteed to return to the office feeling energized.
Mon & Wed, Sep 19-Dec 7, 12:30-1 pm
Fee and Code: $119, XFITR 016

Strength Training Blast
This class combines varied exercises designed to maximize your time and results. You’ll use body bars, bands, balls, free weights, your own body weight and more for a total body workout.
Mon, Sep 19-Dec 5, 5:30-6:30 pm
Fee and Code: $119, XFITR 029

Qigong For Good Health
The word is out! Qigong practice can help reduce stress, build stamina, increase vitality, and positively impact our immune system. The benefits are profound. Join us and discover these ancient Chinese healthcare exercises (slow, gentle, movements) that integrate physical postures, breathing techniques, and focused intention. Qigong is the vital life force energy in all things. The practice is easy to learn and welcomes students with all levels of ability.
Mon, Sep 19-Dec 5, 6:45-7:45 pm
Fee and Code: $119, XHEAF 243

Functional Fitness For Older Adults
Older populations have never been more motivated to stay active and healthy than right now. Many older adults have serious concerns regarding balance and falling injuries. This safe, effective, and fun program is designed to provide greater stability, strength, and balance for the older adult.
Tues & Thurs, Sep 20-Dec 13, 9:30-10:30 am
Fee and Code: $169, XFITR 012

Ballroom For Mind & Body
Ballroom dancing is more than learning step patterns. It’s a life skill. Learn how to dance with a partner, and learn more about yourself in the process. Social dancing is fun and great exercise. Learn to Swing, Tango, Rumba, Foxtrot, Salsa plus more. Come with or without a partner.
Sec 1: Tues, Sep 20-Dec 6, 6:30-7:30 pm
Sec 2: Tues, Sep 20-Dec 6, 7:30-8:30 pm
Fee and Code: $119, XFITR 026

Improvement Through Movement
Move your body, awaken your brain, by combining a variety of movement and fitness techniques. Includes dance, qigong and somatic movement, to improve flexibility, strength, cardio and posture.
Breathe better, move better, feel better.
Tues, Sep 20-Dec 6, 6:30-7:30 pm
Fee and Code: $119, XFITR 028

A Barre Workout
The Barre Workout is a total body, non-impact workout that combines ballet moves with core conditioning, Pilates, and yoga. Following a warm up, you will be guided through an intense isometric leg workout at a ballet bar and a mat workout to incorporate upper body exercises and abs.
Sec 1: Wed, Sep 21-Dec 7, 9-10 am
Sec 2: Fri, Sep 23-Dec 9, 12:30-1:30 pm
Fee and Code: $119, XFITR 003

Call To Register
732-224-2315
Wellness & Fitness Center Classes

**Strength Training**
Combination of traditional body sculpting methods using free weights, resistance bands, balls, and your own body weight. Shapes and tones your muscles and provides a total body workout.
**Thurs, Sep 22-Dec 15, 5-6 pm**
**Fee and Code:** $119, XFITR 017

**Tabata**
Burn maximum calories and fat with Tabata, an interval workout method. Twenty seconds of intense activity are followed by ten seconds of rest. Challenge yourself with this new and exciting fitness technique.
**Thurs, Sep 22-Dec 15, 7-8 pm**
**Fee and Code:** $119, XFITR 018

**Lunchtime Yoga**
Take a mid-day break to clear your mind and reset for the rest of the day. Please join us as we explore opening the mind, body, and breath connection through Yoga postures, breath work, and meditation. Each class will have time spent on centering the mind, stretching, and warming up the body, moving through a flow of postures (focusing on alignment) and relaxation.
**Thurs, Sep 22-Dec 15, noon-1 pm**
**Fee and Code:** $119, XFITR 024

**Tai Chi Easy**
Tai Chi Easy is a carefully developed method and approach to Tai Chi and Qi (Chi). Easy, beneficial, and fun from the beginning. No need to devote years to learning the traditional movement form or even the shortened form to enjoy the calming emotional and health benefits of Tai Chi. Tai Chi Easy can be done sitting, standing, or walking. Movements may be done individually or in combination. Since it is a mind/body integration practice, it can reduce your stress, and create a state of relaxation and calm. Join us! It is safe for people of all ages and levels of fitness as the movements are low impact and place minimal stress on muscles and joints.
**Thurs, Sep 22-Dec 15, 1:30-2:30 pm**
**Fee and Code:** $119, XHEAF 079

**Beginner Pilates**
Designed with the beginner or older individual in mind, this class focuses on low back and abdominal strengthening as well as injury prevention and relief.
**Fri, Sep 23-Dec 16, 9-10 am**
**Fee and Code:** $119, XFITR 002

**Zumba**
Zumba is a fun and easy to follow Latin rhythm based fitness class. This upbeat class includes a warm up and cool down along with modifications for all levels of fitness.
**Sat, Sep 24-Dec 10, 10-11 am**
**Fee and Code:** $119, XFITR 013

**Strength & Balance For Older Adults**
Combines muscle strengthening exercises with balance training. Each week participants will gradually progress to improve strength and balance to help prevent falls.
**Sat, Sep 24-Dec 10, 9-10 am**
**Fee and Code:** $119, XFITR 020

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**Online Courses For Personal And Professional Development**
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- 24/7 access from anywhere with an internet connection
- Expert instructors who answer questions and facilitate online discussions

Click onto [www.ed2go.com/brookdalecc](http://www.ed2go.com/brookdalecc) for more information
Reiki – Level I
William Stevens, Reiki instructor
The Japanese work “Reiki” means universal life force/energy. Reiki, a 3,000-year-old method of healing touch, originated in ancient Eastern cultures. It’s a technique that uses touch to facilitate relaxation, reduce stress, manage pain, and promote healing. Health sciences recognize that spiritual and emotional imbalances affect our physical health and wellbeing. Reiki restores balance to body, mind, and spirit, maximizing the natural healing process. When we remain out of balance, we become susceptible to “dis-ease”. Upon completion participants will be fully trained and will receive a certificate for the Usui System of Reiki Healing. Wear comfortable clothes and bring water.
Sat, Sep 24, 10 am-5:30 pm
Fee and Code: $149, XHEAF 122

Reiki – Level II
William Stevens, Reiki instructor
Deepen your Reiki practice for yourself and others. Study the mantras and symbols that are the final component of the Usui System of Reiki, bringing you to a richer connection with earth and sky energy. Learn to help others at a distance and deepen your meditation practice. All these teachings may be applied to work with animals. Students receive a completion certificate. Wear comfortable clothes and bring water.
Sat, Oct 8, 10 am-5:30 pm
Fee and Code: $149, XHEAF 260

Bouncing Back
How can you bounce back from life-changing events like loss of work or spouse, or recovering from illness? Learn how to increase your resilience and how to gain hope and excitement for life again. We are all faced with stresses and changes in life. Sometimes we get stuck and stop in our tracks, but it does not have to be that way. Join us for an inspirational course to move forward and live a fulfilled life on purpose. 2 SESSIONS
Ulrike Berzau, executive coach, is a certified Passion Test™ facilitator and the national account manager for The Passion Test™ for Business. She holds a master’s degree in health science, physical therapy and is the coauthor of the international best seller Imagine a Healthy You.
Tues, Nov 1 & 8, 10 am-noon
Fee and Code: $79, XPER 277

Using Essential Oils For Emotional, Physical Health
Dr. Jeff Styba, Chiropractor and doTERRA™ Wellness Advocate and Avis McMillon, doTERRA™ Wellness Advocate
Essential oils have impressive therapeutic and medicinal properties. Harvested from the petals of flowers, the leaves of plants, the rinds of fruit, and the resin of trees, essential oils contain regenerating, protective, and immune strengthening properties. When used aromatically, topically, or internally, there are many positive healthful effects. Discover a variety of therapeutic and medicinal uses of an assortment of oils and learn how to select pure and potent oils for maximum benefit. Learn how to incorporate essential oils into your personal holistic health regime and make a container of all natural deodorant to take home. Bring $7 to class for materials.
Sat, Nov 12, 10 am-noon
Fee and Code: $29, XHEAF 192

Call To Register
732-224-2315
**MEDITATION SERIES**

**Nate Fegan, instructor**

Warm your spirit with peace and balance. Each session focuses on a specific technique or method for achieving inner calm and energy. Bring a floor mat or towel and an open mind. Wear loose, comfortable clothing.

**Introduction to Zen Meditation** (Oct 3) Meditation is a practice of allowing one’s mind to rest. Learn the basics for achieving a relaxed, alert state of mind.

**Tranquility Meditation** (Oct 10) Still your mind and train yourself to connect to a consciousness of joy and tranquility.

**Relaxation and Rejuvenation Meditation** (Oct 17) Access more joy, bliss and compassion. Create calm anywhere, even amidst chaos. Find that still point within yourself.

**Mindfulness and Moving Meditation** (Oct 24) Learn simple secrets that deepen your meditative states of relaxation and awareness while helping you learn to move, with greater ease and relaxation, through all the daily activities of work and play.

Mon, Oct 3-24, 7-9 pm
Fee and Code: $105, XHEAF 217

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**Positive Thinking – Positive Change With NLP & Hypnosis**

**Nate Fegan, instructor**

Tired of letting negativity get in the way? Tired of feeling stuck and unable to achieve your goals? In this fully interactive class, using powerful tools of the imagination (neuro-linguistic programming (NLP) and hypnosis), we will learn simple, fun and highly effective self-help tools for developing the deeply satisfying benefits that accompany bringing positive thinking and positive change to life. 3 SESSIONS

Mon, Nov 7-21, 7-9 pm
Fee and Code: $65, XHEAF 053

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**Improve Your Life With Feng Shui**

**Franca Giuliani, feng shui consultant and instructor**

Feng Shui is an ancient Chinese practice that explains our relationship with our surroundings. Learn to see what is happening in your space that may be affecting you internally. Learn the principles of Feng Shui, how to apply them, and what remedies can be used to solve problem areas. Bring your own floor plan to class for personal guidance. 3 SESSIONS

Tues, Nov 1-15, 6-8 pm
Fee and Code: $65, XHOME 085

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**Preparing An Autumn Garden**

**Megan Solazzo, instructor**

Learn all the necessary tools and techniques needed to prepare a beautiful autumn garden. Discuss pruning, removal of summer plants, and replacement plants perfect for cooler temperatures. Simple methods of container gardening and spring preparation also covered. No experience necessary.

Sat, Sep 24, 10 am-noon
Fee and Code: $29, XHOME 078
Introduction To Machine Sewing
Betty McCarty, instructor

Do you have a love of fabric and design for the home and wardrobe? Do you have a sewing machine, or want one, but do not know how to use it? Learn how to operate and understand the parts of a sewing machine. Instructor will guide you through basic techniques to get you started on your first project. A portable sewing machine is required for this class.
Mon, Oct 10, 10 am-1 pm
Fee and Code: $49, XARTC 139

Clear Your Clutter, Transform Your Life!
Franca Giuliani, feng shui consultant and instructor

Being surrounded by clutter can affect our well-being and hinder personal growth. Learn how to identify clutter, understand why it exists, and strategies to get rid of it. Receive guidance in creating a clutter-clearing plan that works for you.
2 SESSIONS
Tues, Oct 18 & Oct 25, 6-8 pm
Fee and Code: $49, XHOME 084

Italian Festivals
Franca Giuliani, instructor

Italy is known for its wonderful food, fashion, landscapes, beaches, and so much more. However, many do not know about all the unique Italian festivals. Spend an evening traveling to Italy and learning about the interesting and entertaining festivals that take place throughout this amazing country all year long. A unique way to experience Italy!
Tues, Sep 27, 6-8 pm
Fee and Code: $29, XHUMN 289

Creative Writing
Nancy Bryan, adjunct faculty, Brookdale, MFA
Creative Writing

Poetry and Short-Form Prose: A Multi-Genre Workshop designed for the serious writer who is open to kind, constructive feedback, close reading of literature, and exercises to expand and discover new ways of writing, whether you are working in poetry or short-form prose (prose poem, memoir, ‘flash’ fiction, or a hybrid). Active discussions on readings and individual work in a safe and supportive environment. All levels of writers (beginners to more experienced) are welcome. 4 SESSIONS
Fri, Sep 30-Oct 21, 2-4 pm
Fee and Code: $85, XWRIT 031

Legends Of New Jersey: Fact Or Fiction
Gregory Caggiano, historian, instructor, presidential scholar, blogger

New Jersey is legendary. Explore the legends and history of New Jersey surrounding historical sites, local cemeteries, and private residences. The story of the Jersey Devil will be examined and his existence called into question. Are these legends Fact or Fiction?
Thurs, Oct 13, 7-9 pm
Fee and Code: $29, XHUMN 236
Meet the Presidents: Founding Fathers
Daniel Radel, history instructor, journalist
Revisit the early American Republic through the eyes of the first presidents. Start with George Washington, John Adams, Thomas Jefferson, and the Age of Federalism; go to James Madison and the War of 1812, James Monroe and the Compromise of 1820, John Quincy Adam’s so-called Corrupt Bargain, and end with “Old Hickory,” Andrew Jackson. 3 SESSIONS
Fri, Nov 4-18, 10 am- noon
Fee and Code: $69, XHUMN 288

Alien Worlds: The Search For Extra-terrestrial Life In The Universe
Sarbmeet Kanwal, Ph D, physicist
On May 10, 2016 NASA added 1,284 new finds to its list of indisputably verified extra-terrestrial planets! What is enabling this explosion in planet discoveries? What exciting possibilities lie ahead in our search for potentially habitable Earth-like planets? Which fortuitous events enabled life to evolve in our tiny corner of the universe? And could it have happened elsewhere? These are some questions the class will address. A science or math background is not required. 4 SESSIONS
Fri, Nov 4-Dec 2, 10:30 am- noon
Fee and Code: $79, XPERS 275
No class Nov 25

The JFK Conspiracy Theories
Gregory Caggiano, historian, instructor, presidential scholar
Did Lee Harvey Oswald really act alone in the killing of President Kennedy on November 22, 1963 in Dallas? Many people do not think so. This two-part presentation will examine the many conspiracy theories surrounding the assassination. From the bizarre to the thought-provoking, we will investigate the possibility that Oswald did not act alone, or maybe was not even involved at all. The presenter was inspired to conduct this lecture series after visiting Dealey Plaza in Dallas. 2 SESSIONS
Thurs, Nov 10 & 17, 7-9 pm
Fee and Code: $59, XHUMN 277

Antiques Roadshow Workshop
Megan Solazzo, instructor
Is it treasure or trash? Learn the process behind appraisals and receive guidance on appraisal methods and certification. Participants are encouraged to bring a single item to be evaluated. If available, bring a laptop or iPad.
Sat, Nov 5, 9:30 am-noon
Fee and Code: $39, XHOME 077

The Jews And The Tsars
Dr. Edith Rogovin Frankel, author, historian
Examine the interaction of the Jews of Russia with the tsarist autocracy. In such a vast country, with so many different nations and languages, how did the tsars deal with the Jews, a distinct group that came under Russian control toward the end of the 18th century? Explore the nature of individual tsars. What policies were followed? What effect did they have on Jewish life? We will discuss effects of the Napoleonic Wars on the Jewish community, the Cantonist system of drafting young Jewish boys into the military, the liberalization of policy under Alexander II, the pogroms of the 1880s and the repression and persecution of the Jews following Alexander’s assassination. 4 SESSIONS
Mon, Nov 7-Nov 28, 10:30 am-noon
Fee and Code: $79, XHUMN 287
The Dangling Conversation: Fifty Years Of Paul Simon
Pat Barton, professional musician, instructor
Explore a half century of musical conversation featuring Paul Simon. Pat will use recordings, live demonstration, and lecture to highlight Simon’s continuing evolution as a composer and lyricist as well as showcasing Simon’s role as the foremost ambassador of world music. 3 SESSIONS
Wednesday, Nov 2-16, 10 am-noon
Fee & Code: $65, XHUMN 292

Astrology 101
Dawn Dittmar, attorney at law, astrology enthusiast
Did you ever wonder what the Ancient People did before the invention of television? They waited until nightfall, studied the moon, stars and planets and began to realize that when Hermes Trismegistus said “As above, so below,” he wasn’t fooling. Astrology is still the ultimate “reality show”! Come to this Introduction to Basic Astrology and find out what the stars and planets are saying to YOU! A practical approach is emphasized for use as a springboard to future study. 3 SESSIONS
Thurs, Dec 1-15, 10 am-noon
Fee and Code: $65, XGENG 033

Irish Language
Padraig Mullen, Rath de Houst, Liam Guidery, Donncha Quinn, Irish language instructors
Designed for beginners to fluent speakers, students will be divided into groups, each with its own instructor, based on abilities and needs. Groups will interact with one another and participate in joint activities. This format will enhance the objective of keeping Irish available as the living, spoken language at the very heart of Irish culture. Whether you’re looking to dive into the Tain Bo Culaigne or just pick up a few phrases for travel, this program will work for you! 10 SESSIONS
Thurs, Sep 15-Nov 17, 7-8:30 pm
Fee and Code: $119, XIRIL 025

Call To Register
732-224-2315
Ireland, America & The Great Potato Famine

Henry McNally, M.A., M.S., Irish Historian

Between 1845 and 1850 a potato blight of unknown origin devastated Ireland and radically changed the history of the United States. Though separated by 3,000 miles, each country would feel both the short and long term effects of the potato failure. Referred to often as “Famine,” the five year span saw the death of 1.5 million Irish and the emigration of a similar number and saw the arrival in America of the country’s first wave of immigrants, uninvited, and unwanted. This five session course will examine the causes and details of what the Irish now call, “An Gorta Mor,” as well as the consequences and longer term legacy in Ireland and in the United States.

5 SESSIONS
Wed, Oct 12-Nov 9, 7-9 pm
Fee and Code: $69, XIRIG 123

Learn To Play – Bodhran

There was a time when the gallow glasses marched into battle to the beating of the bodhran. Today, this unique Irish goatskin drum adds dramatic vibrancy to “The Music.” Audiences are intrigued by its very different method of playing and its beat that quickens the heart. To play, a sense of rhythm is necessary, but not the ability to read music. Bring a bodhran to class. 5 SESSIONS
Wed, Nov 16-Dec 21, 7:30-8:30 pm
Fee and Code: $69, XIRIG 018
No class Nov 23

An Irish Gathering – In Memory of Ann Leahy

The following program was developed in honor of Ann Leahy’s memory. A passionate lifelong learner, who took great pride in her heritage and all things Irish, Ann’s friends decided to honor her by providing funds to sponsor this program, share her passions and celebrate her memory.

An afternoon of good craic begins with Irish historian Henry McNally weaving the tale of the Irish American experience. He brings vast knowledge, humor and heart to the story of a people’s struggle to find their way and make their mark in a new land.

Sit back and relax as the warmth of an afternoon cup of tea and sweetness of an Irish treat is matched by the story-telling and song of Glen Ceol. The group will present intricate and innovative arrangements of traditional Irish and Celtic-American music. As your feet start tapping and your spirit starts to rise – Donncha Quinn and Rath De Houst (Lifelong Learning Irish instructors) will teach a traditional Irish set dance to all those (willing) kindred spirits. They’ll also share a brief, fun introduction to Irish language.

Join us for an afternoon that will feel like going home.
Fri, Oct 14, 2-4:30 pm
Fee and Code: $10 includes light refreshments, XIRIG 124
Guitar For Adults Who Meant To Learn Years Ago
Nate Fegan, instructor
Have you long dreamed of playing the guitar? It’s time to start the music! Join fellow procrastinators in this class for adult beginners who will build a strong foundation to pursue any musical style, whether electric or acoustic. We will cover open chords, the major scale, basic rhythms, and proper technique. Prior experience is not necessary. Students must bring their own guitars (acoustic or electric). 4 SESSIONS
Thurs, Sep 15-Oct 6, 7-8:30 pm
Fee and Code: $69, XHUMM 060

Basic And Intermediate Genealogy
Russell Dutcher III, instructor, genealogist
Join genealogist, author, and historian Russ Dutcher through the peaks and valleys associated with both certified official government documents and the not-so-reliable posted family histories. Learn the proper way to verify and document your family history through various types of primary and secondary source documents. Online sources will be discussed and navigated. Please bring a flash drive to class for the uploading of documents. In addition to learning the best practices regarding genealogical detective work, a special emphasis will be placed on Italian, German, Irish, Slavic, African American, and Native American records. 6 SESSIONS
Sat, Sep 24-Oct 29, 3-5 pm
Fee and Code: $159, XHUMN 265

Instant Blues & Rock Guitar
Nate Fegan, instructor
Learn to play blues and rock guitar - the easy way! This class is for impatient guitar beginners and includes everything you need to get started with basic rhythms, chords, and solos. You will be jamming instantly starting on the very first day. Blues and Rock Guitar really is a great way for beginners and advancing players alike to discover a simple formula that makes blues and rock guitar easy to learn and so much fun to play. Bring your own guitar (acoustic or electric) 4 SESSIONS
Thurs, Oct 13-Nov 3, 7-8:30 pm
Fee and Code: $69, XHUMM 073

Public Speaking – Getting Comfortable
Mark Zegarelli, former president of Red Bank Toastmasters
Public speaking is filled with great potential – for anxiety, of course, but also for both advancement into a role of greater leadership at work and fulfillment in your personal life. Being yourself – your best self – while speaking about something that matters to you is a journey of personal exploration, regardless of whether you’re facing a group of 10 people or 10,000. We’ll create a supportive space for you to begin or continue this exploration, regardless of where you are right now, with a focus on both preparation and practice. 3 SESSIONS
Tues, Oct 18-Nov 1, 7-9 pm
Fee and Code: $65, XPERS 272

Strumming The Guitar
Nate Fegan, instructor
Continue your guitar learning experience. Strumming class focuses on the development of rhythmic essentials. Especially for players who want to have fun while becoming more musical. Beginners welcome. Bring your own guitar (acoustic or electric) 4 SESSIONS
Thurs, Nov 10-Dec 8, 7-8:30 pm
Fee and Code: $69, XHUMM 075
Personal Medical Genealogy
Russell Dutcher III, instructor, genealogist
Learn to utilize and extract information from documents to form a medical genealogical profile for your family. Knowing the medical history of your ancestors can provide helpful information for yourself and future generations.
2 SESSIONS
Sat, Dec 3 & 10, 3-5 pm
Fee and Code: $49, XHUMN 291

See also: Life Is A Negotiation, p.11
Clear Your Clutter, Transform Your Life, p.18
Bouncing Back, p.16
Positive Thinking, p.17

Practical Introduction To Japanese
Yoshiko Hurley, adjunct instructor, Brookdale Community College
Designed for those with little or no experience with the Japanese language. The focus will be on learning basic vocabulary and simple expressions for daily life. Previous knowledge of Japanese is not required. 4 SESSIONS
Thurs, Oct 6-27, 6-7:30 pm
Fee and Code: $89, XLANG 030

Stress Free Spanish Part II
Frank Prignoli, Brookdale language instructor
Based on a fun conversational approach, continue to develop your oral, reading, and writing skills through short stories and dialogues. You will also have the opportunity for stress-free classroom discussion and interaction using your mastered vocabulary, grammar, and idiomatic constructions. ¡Vámonos! 8 SESSIONS
Mon & Wed, Oct 24-Nov 16, 6:30-8:30 pm
Fee and Code: $179, XLANG 022

Bottoms Up!
Dillies Pilevsky, English and history instructor
Three short stories written by alcoholic authors. The harm caused by their addictions has been well documented. Readers may ask and wonder how drinking and writing and creativity can go together resulting in such intoxicating prose. Join a lively discussion of human vulnerabilities as well as strengths. First story will be emailed. Stories are Winter Dreams by F. Scott Fitzgerald, The Enormous Radio by John Cheever, and A Small Good Thing by Raymond Carver. 3 SESSIONS
Tues, Sep 27-Oct 25, 10 am-noon
No class Oct 4 and 11
Freehold Branch Campus
Fee and Code: $59, XHUML 098
Banned Books: Reflection & Discussion
Liz deBeer, MA, EdD, English instructor
America is considered the land of free speech, but many books and topics are still taboo. This course features discussions of banned literature, including famous titles such as Huckleberry Finn, The Catcher in the Rye, The Curious Incident of the Dog in the Night-Time, and The Diary of Ann Frank. In our first session, explore why some of the classics have been banned, focusing on excerpts we will read in class. Next sessions will discuss two short controversial books, Sherman Alexie's The Absolutely True Diary of a Part-time Indian and John Green's The Fault in Our Stars, as well as supplementary materials provided in class. Students are encouraged to read the novels but they are not required. 3 SESSIONS Fri, Oct 7-21, 10 am- noon Fee and Code: $65, XHUML 108

Literature 101: The Bible
Brooks Susman, history, philosophy instructor and rabbi emeritus
A continuing examination of the most famous literature of all time. The Bible is as much a source of intriguing stories as religious teachings; it reflects historical situations, human events, and men’s reactions to these happenings. Its stories are referenced throughout great literature spanning the globe. Whatever your personal background, enjoy this discussion of stories and events with an emphasis on literary motifs, relationships, psychology, and as a source for Western values and ideas. No prior bible study necessary. Please bring a Bible to class. 3 SESSIONS Wed, Dec 7-21, 10:30 am-12:30 pm Freehold Branch Campus Fee and Code: $65, XPHIL 039

See also: Creative Writing, p.18

Was The Book Better? Themes Of Escape
Janet Boyarin, adjunct librarian, Brookdale Community College
Examine two very different novels in which women escape from the constraints of their society. A Room with a View is E.M. Forster’s delightful confection of a young English woman in Florence who learns to shed her Edwardian restraints. The Color Purple by Alice Walker tells the tale of Celie, an abused African-American who eventually frees herself. Watch the films made of these novels and discuss both in terms of theme and vision. Please read A Room with a View before the first class. Feel free to bring a brown bag lunch to enjoy while viewing. Class meets every two weeks to allow time for reading. 2 SESSIONS Tues, Nov 1 & 15, 10:30 am-1:30 pm Fee and Code: $49, XHUML 015

Introduction To Golf
Have you meant to learn to play golf for years? Now’s the time ‘fore’ fun! Learn the basics with fellow novices. Learn terminology, rules, etiquette, full swing fundamentals, putting, chipping, and bunker play. Class meets at Twin Brook Golf Center in Tinton Falls. All equipment is provided. 5 SESSIONS Sun, Sep 11-Oct 9, 8:45-10 am Fee and Code: $149, XRECR 025

Golf For Women
Golf for women, taught by women! Learn all aspects of golf in a non-threatening environment. Class meets at Twin Brook Golf Center in Tinton Falls. All equipment is provided. 5 SESSIONS Sun, Sep 11-Oct 9, 10-11:15 am Fee and Code: $149, XRECR 002

Call To Register
732-224-2315
Intermediate Golf For Women
Continue learning all aspects of golf in a non-threatening environment. Full swing, putting, chipping, bunker play and on the course instruction. Class meets at Twin Brook Golf Center in Tinton Falls. Bring your own equipment, or instructor will provide as needed. 5 SESSIONS
Sun, Sep 11-Oct 9, 10-11:15 am
Fee and Code: $149, XRECR 054

Playing School – On The Golf Course
Golf for intermediate players – all instruction takes place on the golf course. Class meets at Twin Brook Golf Center in Tinton Falls. Bring your own equipment, or instructor will provide as needed. 5 SESSIONS
Sun, Sep 11-Oct 9, 11:15 am-12:30 pm
Fee and Code: $149, XRECR 055

Striper Stories
Dave Muller, expert surfcasting guide
Striper stories that teach! Learn fishing through stories, photos, instruction, and shared fishing experiences of surfcaster extraordinaire, DJ Muller, a well-traveled, well seasoned surfcaster who has fished the ends of the striper surf and is the author of three striper books on surfcasting. 4 SESSIONS
Mon, Sep 12-Oct 3, 7-9 pm
Fee and Code: $69, XRECR 028

Tennis Anyone?
Nick Bhagat, instructor
Learn tennis basics and find out if it is love. On-the-court instruction for beginner to intermediate will include game rules and etiquette. Techniques for forehand, backhand, and serving. Bring your racquet and one container of tennis balls. 5 SESSIONS
Sun, Sep 25-Oct 23, 9-10:30 am
Fee and Code: $89, XRECR 037

Ready to Learn to Ride?
Have you always wanted to learn to horseback ride? Now is the time! Join fellow adult novice riders in a hands-on, horse-on experience. Learn about the different riding styles, English or Western, grooming and care of horses, and the world of horsemanship for pleasure. Classes held, rain or shine, at Baymar Farms, 38 Harbor Road, Morganville, 07751. Baymar Farms is situated on 30 park-like acres with two outdoor arenas and a state of the art indoor riding arena. Ages 18 and up only. Enrollment is limited. 4 SESSIONS
Mon, Sep 26- Oct 17, 6:30-7:30 pm
Fee and Code: $199, XRECR 049

Fine Wines Of The World
Dave Glaubinger, wine and spirits industry veteran
Taste and discuss today’s most popular red and white wines from Europe, USA, South America and Australia/New Zealand. Learn about the origins, history, and diverse styles of fine wine. Decipher labels, find the best values in the market, and score wines on a professional tasting scorecard. Take home information on serving, storage, preservation, and food pairings. Students must be 21 or older to attend. 3 SESSIONS
Thurs, Oct 13-27, 7-9 pm
Fee and Code: $79, XGENG 053
Enrichment Opportunities for Students with Developmental Disabilities

This 10-week noncredit course offers students with developmental disabilities the opportunity to continue their learning experiences. Receive instruction in the areas of self-advocacy, daily living skills and social skills training. Elective subjects are added for academic enrichment. Students must be over 18 years old to participate. Sessions start in October and March. Call 732-224-2049.
SAT Prep Boot Camp
Most students retake the SAT at least once. Before you plan a re-take, take advantage of this one-day, intensive refresher. We’ll focus on strategies for sentence completion, reading comprehension, and common vocabulary. Review grammar and successful essay writing tactics. In addition to reviewing basic algebra and geometry skill sets that are commonly assessed, students will focus on understanding test format and strategies that will increase their confidence and performance. Graphing calculators are recommended as time and attention will be given to their effective uses. The program hours are divided evenly between verbal and math review and includes a 30 minute break. Brown bag lunch/snack recommended.
Sat, Sep 24, 9 am-3 pm
Fee and Code: $99, XPRAG 092

ACT Prep Boot Camp Part 1: English, Reading, and Optional Writing. In recent years, the ACT has grown in popularity among high-school students and university admissions officers. This class focuses on test-taking strategies and skills building for the English, Reading, and Optional Writing sections of the ACT. Includes timed practice and detailed examination of actual ACT questions.
Materials included. Brown bag lunch recommended.
Sat, Oct 8, 9 am-3 pm
Fee and Code: $99, XPRAG 102

SAT Prep (Verbal)
Sessions provide confidence and skills by focusing on essential success strategies for boosting scores. In-depth review of SAT core material and question types that most commonly appear on the SAT. Includes timed practice and detailed examination of actual SAT questions. Test format changes for the new SAT included. Materials included. 8 SESSIONS EACH.
Mon-Thurs, Oct 17-27, 6-7:30 pm
Fee and Code: $199, XPRAG 001

SAT Prep (Math)
Sessions provide confidence and skills by focusing on essential success strategies for boosting scores. In-depth review of SAT core material and question types that most commonly appear on the SAT. Includes timed practice and detailed examination of actual SAT questions. Test format changes for the new SAT will be included. Materials included. 8 SESSIONS EACH.
Mon-Thurs, Oct 17-27, 7:45-9:15 pm
Fee and Code: $199, XPRAG 002

ACT Prep Boot Camp Part 2: Mathematics and Science Reasoning. In recent years, the ACT has grown in popularity among high-school students and university admissions officers. This class focuses on test-taking strategies and skills building for the Mathematics and Science Reasoning sections of the ACT. Includes timed practice and detailed examination of actual ACT questions.
Materials included. Brown bag lunch recommended.
Sat, Oct 15, 9 am-3 pm
Fee and Code: $99, XPRAG 103

Jon Bon Jovi Soul Kitchen: Toms River
New Location! Join this More-Than-A-Meal-Experience and learn about the JBJ Soul Kitchen Community Restaurant mission. Founded by the Jon Bon Jovi Soul Foundation in 2011, the Soul Kitchen offers unique community building opportunities. Whether you are interested in learning about how to take advantage of dining experiences, volunteering, or simply curious about this visionary enterprise, you won’t want to miss this opportunity. Lunch will be served so that you, too, can find out how delicious hope can taste! Address: 1769 Hooper Avenue, Toms River
Thurs, Sep 15, 12-1:30 pm
Fee and Code: $35, XPERS 260

Around Town
Call To Register
732-224-2315
Bring a Friend Walking Tour: Ocean Grove
Daniel Radel, history instructor, journalist
Spend an autumn day in Ocean Grove and learn the unique history of what is known as “God’s Square Mile.” Meet at the Great Auditorium, stroll Founder’s Park, come face-to-face with the statue of The Rev. Ellwood Stokes, the first president of the Ocean Grove Camp Meeting Association, walk the boardwalk and visit the quaint downtown. Rain date is October 8th. Cost is $39 for two so bring a friend!
Sat, Oct 1, 1-3 pm
Fee and Code: $39, XDEST 153

Architectural Historian Tour & Tea At The Plaza
Marvel at the splendor of The Plaza Hotel. Explore this iconic space guided by an architectural historian. Be intrigued not only by the gorgeous 1920’s style architecture and interior design but learn about the guest lists and social galas of high society. Tour the Grand Ballroom where Truman Capote threw his infamous “party of the century” in 1966 and hear some of the gossip surrounding that affair. Indulge in a “New Yorker” afternoon tea in the luxurious Palm Court. Spend the afternoon strolling 5th avenue or Central Park. Whether window shopping or people watching – enjoy a New York state of mind.
Thurs, Sep 22, 10:15 am-6:30 pm
Fee and Code: $159, XTRVY 040

Impressionism: American Gardens On Canvas At The New York Botanical Gardens; Lunch At Antonio’s Trattoria On Arthur Ave, The Little Italy Of The Bronx
Fall into an Impressionist Painting. Experience a guided tour of Francisca Coelho’s stunning flower display recreating the lush gardens and landscapes that inspired American Impressionists, who dared, like their European counterparts, to paint en plein air. View a beautiful complementary display of more than 20 paintings and sculptures by John Singer Sargent, Childe Hassam, William Merritt Chase, and their contemporaries. Enjoy a relaxing and informative tram tour exploring the beautiful natural terrain of this National Historic Landmark. Art instructor, Gina Torello will be on board to share her insights and expertise. Be treated like family as you feast on authentic Italian fare emulating Nonna’s home-cooking at Antonio’s Trattoria.
Sat, Sep 10, 8:15 am-6:30 pm
Fee & Code: $159, XTRVY 191

“Squabbles”, Hunterdon Hills Playhouse
Enjoy a day at New Jersey’s premier dining showplace offering the ultimate dinner theater experience. “Squabbles” portrays the story of how the happy life of a successful young couple is turned upside down by the wife’s curmudgeon of a father who has moved in with them. One hilarious squabble after another eventually leads to a heartwarming finale. Come tickle your funny bone and indulge your taste buds!
Mon, Sep 19, 9:45 am-4:30 pm
Fee and Code: $115, XTRVY 190

Experience something new.
Your life can change in a day.

Brookdale’s Tour & Talk day trips and overnight adventures offer yearlong opportunities for discovering places of cultural and historical interest. Get on board a luxury motor coach for a unique experience within a community of like-minded, learning enthusiasts. Leave the planning and the driving to us – sit back and enjoy the ride. Buses depart from Parking Lot #1 at the Lincroft campus.

“A mind that is stretched by a new experience can never go back to its old dimensions.”

Oliver Wendell Holmes

Tour & Talk
Hamilton Grange National Memorial, Alexander Hamilton: The Untold Story At The New York Historical Society; Lunch At Jones Wood Foundry

Hamilton takes center stage. Start by visiting the only home Alexander Hamilton ever owned – The Grange, nestled in the Hamilton Heights neighborhood of Harlem. Explore the intriguing story of the man who, from modest beginnings, became the founder of the nation’s financial system and the Federalist Party, chief staff aide to General Washington and one of the most influential interpreters and promoters of the U.S. Constitution. Delve even deeper with a docent-led tour of a special exhibit, Alexander Hamilton: The Untold Story at the NYHS. It offers a in-depth portrayal of a statesman and visionary whose life inspired discussion and controversy and shaped the America we live in 200 years after his death. Enjoy a jolly good lunch at Jones Wood Foundry, an authentic English tap room.
Fri, Sep 30, 8:15 am-6:30 pm
Fee & Code: $145, XTRVY 192

Pine Barrens – Native Fruits Cranberry Harvest – Guided Tour, Lunch Aqua Blu Restaurant

For over 150 years in the quiet of the South Jersey Barrens, Cranberry Harvest takes place each October! Fifth generation cranberry farmers Joe & Brenda invite you for an up close and personal tour of their farm. Learn how this native crop helped to preserve wetlands, secure open space in the Pine Barrens and bring healing and land value back to a decimated landscape. Get on board a bus specially designed to navigate the narrow dams around cranberry bogs. Enjoy couch seating and panoramic views as you see the harvest and learn about the growing cycle and cultivation practices from the farmer’s point of view. During the tour, Brenda will be happy to answer any questions about Whitesbog, the Pine Barrens or cranberries. An interactive tour that takes place on a working farm (not a demonstration farm) offers a unique experience every time. We’ll relax, regroup, and refresh with a tasty lunch at Aqua Blu.
Thurs, Oct 6, 7:30 am-4 pm
Fee & Code: $109, XTRVY 155
Tour & Talk

The Walnut Street Theatre, The Magic Garden; Lunch At The Dandelion Pub, Philadelphia

Experience an exclusive backstage tour of America's oldest theatre and hear the stories of the stars who made it their home, including the Booths, the Barrymores, Henry Fonda, Audrey Hepburn, Orson Welles, and Sidney Poitier. Learn about the New York riots, where Americans fought over who was the world's greatest Shakespearean actor. Discover who the first actor to take a curtain call was and what happened to the skull of Pop Reed. Enjoy a guided tour of Philadelphia's Magic Gardens. Spanning half a block on famous South Street, the museum includes an immersive outdoor art installation and indoor galleries. Artist and advocate Isaiah Zagar created the space using nontraditional materials such as folk art statues, found objects, bicycle wheels, colorful glass bottles, hand-made tiles and thousands of glittering mirrors. Lunch in a cozy room at the Dandelion Pub, a unique gastro pub bringing London's culinary revolution to Philly. Tour of the Walnut Street Theatre includes stairs and walking.
Thurs, Oct 13, 8:45 am-6:30 pm
Fee & Code: $125, XTRVY 193

Brotherhood Winery Tour & Tasting, Lunch At The Vinum Café, Hudson Valley

Visit America's oldest winery. Enjoy a guided tour through a vast network of underground cellars. Excavated by hand in the late 19th Century, the dimly lit cellars house over two hundred oak barrels and feature a crested vault containing some of the oldest vintages in the country. Learn the secrets of these vaults and be amused by tall tales of folly and tragedy. Test your wine tasting skills in a modern showroom and enjoy the many flavors and textures of Brotherhood wines. Indulge in a gourmet lunch at the Vinum Café, a delightful restaurant housed in the ground floor of the original winery building circa 1839.
Sun, Oct 16, 8:45 am-5 pm
Fee & Code: $129, XTRVY 196

Word & Image: Martin Luther’s Reformation At The Morgan Library & Museum; Lunch At Madison Bistro, NYC

History Professor, Dr Christopher Bellitto will share his expertise, insight, and humor as we examine the ground breaking thoughts and strategies of the most successful heretic in history. Although Martin Luther is a household name now, when he took on the Pope and the Holy Roman Emperor from a backwater town 500 years ago, he was just a monk. What has since become known as the Reformation is one of the most successful media campaigns in history and an event that completely altered the course of western culture. The inception and development of the Reformation will be illustrated in Word and Image with ninety works of art and objects, the majority of which are from museums in Germany and never seen before in North America. Enjoy a delightful lunch of classic French fare with a modern twist at the Madison Bistro.
Wed, Oct 19, 9:45 am-6 pm
Fee & Code: $135, XTRVY 194

Call To Register
732-224-2315
The Great Jack O’Lantern Blaze At Van Cortlandt Manor, Storytelling Performance At The Old Dutch Church, Early Dinner At The Hudson House

Experience a dramatic performance by master storyteller, Jonathan Kruk as he delivers a spell-binding presentation of Washington Irving’s *The Legend of Sleepy Hollow*. Within the setting of the Old Dutch Church, built 1697, and accompanied by haunting, live organ music, this performance captivates all audiences. End the evening in awe at the more than 5,000 individually hand-carved, illuminated jack o’lanterns that create an elaborate walkthrough experience at Van Cortlandt Manor. Complete with sound effects, synchronized lighting, and atmospheric music, this not-to-be-missed spectacle is the area’s most innovative Halloween happening. Enjoy an early dinner in The Hudson House situated in the former village hall and jailhouse in the quaint, but busy, Victorian village of Nyack, NY.

Sun, Oct 23, 1-11 pm
Fee and Code: $139, XTRVY 032

The Original Brooklyn Pizza Tour

Experience pizza and Brooklyn from one end to the other! As seen on the *Today Show*, *The Food Network*, and *The Travel Channel* – this is the original and the best pizza tour in Brooklyn. Skip the lines at Grimaldi’s for their Neapolitan pizza and L&B Spomoni for their Sicilian. Stroll the Coney Island Boardwalk, see iconic neighborhoods, landmarks and well-known movie locations. Come mangia, mingle and fall in love with Brooklyn!

Thurs, Oct 27, 9:15 am-5 pm
Fee & Code: $115, XTRVY 195

SORRY

There are no refunds on Trips.
See page 39 for details.
The New York Pops: Concert For Courage At Carnegie Hall; Dinner At The Liberty House

Under the direction of the charismatic conductor, Steven Reineke, The New York Pops promise an evening to remember. Commemorate Veterans Day as the orchestra honors the brave men and women of our armed forces. Guest appearances to include The Soldiers’ Chorus of the US Army Field Band. With their suave style and talented guest artists, The New York Pops is always irresistible fun. Start the evening with an early dinner at the Liberty House Restaurant offering delicious food and stunning views of the New York skyline.

*Tickets are in the Dress Circle with elevator access.*

Fri, Nov 11, 3-11pm
Fee & Code: $179, XTRVY 197

The Museum Of The American Gangster; Lunch At Il Cortile, Guided Afternoon Stroll Through Little Italy & Chinatown.

Experience a guided tour of the Museum of the American Gangster housed above a historic former speakeasy. Explore the role that crime played in shaping the politics, culture, myth and lore of New York City, Chicago, and other urban areas. Learn how informal immigrant street gangs turned into a larger more organized underworld of crime when anti-drinking laws were passed. Discover a story of immigrants, local power and clashing concepts of liberty. Break for an indulgent lunch at Il Cortile in Little Italy. Work it off with an intriguing and informative guided walking tour – hear stories about the history, culture and the people connected with these two iconic neighborhoods.

Wed, Nov 16, 8:45 am-6:30 pm
Fee & Code: $135, XTRVY 198
A Chanticleer Christmas At The Church Of St. Ignatius Loyola; Brunch At Amanda’s

Celebrate the mystery and wonder of Christmas in the breath-taking setting of St. Ignatius of Loyola while experiencing an elegant blend of traditional carols, medieval and Renaissance sacred works, and new holiday gems by Chanticleer, called “the world’s reigning male chorus” by The New Yorker magazine. A Chanticleer Christmas is in high demand during the holiday season with performances from coast-to-coast, and is broadcast annually on over 300 affiliated public radio stations nationwide. Start the day with a beautiful and bountiful brunch at Amanda’s, nestled in a charming Hoboken brownstone.

Sun, Dec 4, 11:30 am-7:30 pm
Fee & Code: $159, XTRVY 199

Fairmount Park Historic House Holiday Tour; Early Dinner At City Tavern

Delight in the style and spirit of the past with a visit to the historic Fairmount Park mansions. Our journey begins with a light breakfast at The Philadelphia Museum where we’ll meet our step-on guide to take us on an informative and exciting ride through the lovely neighborhood of Fairmont Park. Visit Strawberry Mansion and Cedar Grove for a docent-led tour of the interior of each home, stunningly decorated by local garden clubs. Keeping a connection to the past – like the founding fathers once did, we’ll dine at the historic City Tavern.

Wed, Dec 7, 8 am-7 pm
Fee & Code: $139, XTRVY 200

We No Longer Accept American Express
Brooklyn Lights
Rockafeller Center? Fuhgettaboudit. Climb aboard the Brooklyn express – first stop an early Italian dinner at the infamous L&B Spumoni- nobody's leaving hungry. Well-fed and warmed up, Tony, our expert guide will lead us on a magical tour of animatronic toys, glowing nativity scenes, 30 foot tall wooden soldiers, and sparkling arrangements including every color Christmas light imaginable. It’s fun, it’s festive, and it only comes once a year!
Wed, Dec 14, 1:45 pm-9:30 pm
Fee & Code: $125, XTRVY 042

New Year’s Eve – NY Philharmonic Lincoln Center
Ring in the New Year with an “Enchanted Evening” of American classics, including beloved works by Rodgers & Hammerstein at Lincoln Center. Dine at Marseille’s and indulge in the exciting, flavorful and authentic cuisine of a New York Original. Nothing sets the stage for a New Year’s Eve to remember like the energy of New York City at night.
Sat, Dec 31, 2-11 pm
Fee and Code: $225, XTRVY 088

PACK YOUR BAGS!
Capitol Hill In Style
Overnight To Washington DC
Wednesday, Nov 30- Thursday, Dec 1
Join two of lifelong learnings most energetic scholar and historians, Dr. Christopher Bellitto and Rabbi Brooks Susman for a two day adventure on Capitol Hill. Learn, laugh and love D.C.!
- One night stay in the Hyatt Regency on Capitol Hill
- One breakfast, one lunch and two dinners
  701 Restaurant
  Old Ebbitts Grill
- United States Holocaust Memorial Museum (boxed lunch)
- Monuments By Moonlight Docent-led bus tour
- Tour The Supreme Court Building
- Smithsonian Visitors Center – An afternoon exploring the museums of your choice.
Depart Parking Lot 1, Lincroft Wednesday at 7:15 am, Return Thursday 11 pm
Fee & Code: $455 double occupancy, $555 single, XTRVW 012
The Secret Jewish Fleet
The story of twelve ships out of sixty that helped to deliver refugees of the Holocaust in Europe to Palestine between 1945 and 1948. Discussion includes the famous Exodus ship and involves hundreds of American, Canadian, and British WWII veterans who volunteered to help man these ships and run the gauntlet of the British blockades. Bruce Tucker is an adjunct professor at Rutgers University School of Continuing Education. He is a graduate of both the City University of New York and the Stevens Institute of Technology in Hoboken, NJ.
Thurs, Oct 6, 7-8:30 pm
Fee and Code: $19, XWWTS 299

NJ Women in World War II
Real-life Rosie the Riveters worked the lines in New Jersey’s factories, such as those of General Motor’s Eastern Aircraft Division, while women on the vulnerable coast enforced blackout orders. Others sold War Bonds, planted victory gardens, and conserved materials for the war effort. Thousands more served as nurses and in branches of the armed forces like the Women’s Army Corps and the U.S. Navy’s Women Accepted for Volunteer Emergency Service. African-American women fought a double war: one against the nation’s enemies and another against discrimination. Historian Patricia Chappine explores the pivotal roles that New Jersey women played in World War II. Patricia is an Adjunct Professor at Stockton University. She earned a Bachelor’s degree in Sociology and a Master’s degree in Holocaust and Genocide Studies from Stockton University and is currently a doctoral student in the History and Culture Program at Drew University.
Wed, Oct 19, 7-8:30 pm
Fee and Code: $19, XWWTS 300

Jimmy Mirikitani: Internment Camp Survivor and Artist
Explore the life and work of Japanese-American artist and Internment Camp survivor, Jimmy Mirikitani 1920-2012 (born Tsutomu Mirikitani). There will be a showing of the award-winning documentary film by Linda Hattendorf, The Cats of Mirikitani, and a discussion afterwards lead by Brookdale Professors Marc David Bonagura of the English Department and Dr. Laura Nietzel of the History Department.
Thurs, Nov 3, 7-8:30 pm
Fee and Code: $19, XWWTS 301

Programs are underwritten by a supporter of the Center. Free to Brookdale students with valid ID.
America’s SBDC at Brookdale Community College is committed to guiding established small business owners and aspiring entrepreneurs to create and expand their business enterprises which will, in turn, result in sustainable growth, job creation and statewide economic development and prosperity.

The Center, in carrying out its mission and purpose, exists to:

• Provide unmatched customer service and personal commitment to the small business client with honest evaluations of client probability of success
• Bring high-value to the small business community
• Produce positive outcomes for entrepreneurs and established small businesses
• Serve communities and small businesses, facilitating economic development
• Lead in providing education and training to small businesses

To register for SBDC workshops call 732 842-8685

ENTREPRENEUR CERTIFICATE PROGRAM

The Entrepreneur Certificate Program offers training to help those looking to start or grow their own business. Topics include business planning, goal setting, financing, and marketing. The Monmouth/Ocean Small Business Development Center (MOSBDC) – located at both Brookdale Community College and Ocean County College – sponsors this 33.5 hour program. Take one course to improve your knowledge or take all courses and receive an Entrepreneur Certificate. To acquire a certificate, you must attend 100% of the Business Development Core Workshops and forward a certificate request to MOSBDC.

Business Start-Up Workshop

If you are an entrepreneur who is planning to start, or have recently started a small business, this course is for you! Examine the legal forms, how to register your business, setting up financial records, taxation information, insurance needs, and licensing.

Sat, Nov 5, 9 am-3:30 pm
Sat, Dec 3, 9 am-3:30 pm
Sat, Sept 10, 9 am-3:30 pm

Fee and Code: $97 XBUSD 001
Marketing Strategies For Small Businesses
In this 15-hour overview, identify how to position your business by developing a marketing plan that focuses on goals and strategies. Discover how to effectively analyze the current marketplace in creating valid pricing. Investigate creating a customer database and explore how to develop a marketing mix through advertising, promotions, and sales.
5 SESSIONS
Wed, Sept 7-Oct 5, 6–9 pm
Wed, Nov 2-30, 6-9 pm
Fee and Code: $269 XBUSD 044

Record Keeping For Small Businesses
Gain an understanding of primary financial statements, and effective methods of analysis. With hands-on instruction in business and accounting software programs, participants will learn the general accounting cycle.
Tues & Thurs, Sept. 20 & 22, 6-9 pm
Tues & Thurs, Nov 1 & 3, 6-9 pm
Tues & Thurs, Dec 13 & 15, 6-9 pm
Fee and Code: $99 XBUSD 043

Financing a Small Business
Interested in starting a business or expanding an existing business? Need financial assistance? Gain information on determining money needs, SBA loans, venture capital, working with local banks, and use of a business plan to secure financing.
Mon, Sept 26, 6-9 pm
Sat, Nov 19, 1-4 pm
Thur, Dec 15, 6-9 pm
Fee and Code: $55 XBUSD 009

A Business Plan
Even the most skeptical banker can be persuaded positively with a convincing business plan. Comprehensive plans include sales forecasts, market identification, resources, personnel, cash flow, and income projections. Learn what to include, which language to use, and in what format.
Sat, Nov 19, 9 am-12:30 pm
Sat, Dec 10, 9 am-12:30 pm
Fee and Code: $65 XBUSD 008

Call 732-842-8685 to register

Social Media Workshops
In today’s market, it is essential to approach social media with a sound strategy that’s the right match for your small business. From Facebook Business Pages, to Twitter, LinkedIn and Instagram, you will discover the most efficient and effective tools to help sustain business growth.

Website Management Workshops
Whether you’re promoting services or selling products online, an effective website is essential to all businesses, small or large. Learn about the online components that can be utilized to represent your offerings and put you in front of new customers/clients, from Website Development Strategy to Search Engine Optimization (SEO), Video Creation, Analytics and more.

For a comprehensive schedule of workshops and services, call 732-842-8685 or visit www.mosbdc.com
Location
Classes are held on the Lincroft Campus unless otherwise noted. For classroom location, call 732-224-2100 or visit www.brookdalecc.edu/locations

College Closing
For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to www.brookdalecc.edu

FERPA – The Family Education Rights and Privacy Act of 1974
The Act provides for the confidentiality of student records. For further details, visit www.brookdalecc.edu/ferpa

Important Information For Patrons With Special Needs
If you require special accommodations, complete the registration process and then contact Disability Services at 732-224-2730.

For Persons With Special Needs Wishing To Take Our Tour And Talk
CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant’s responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.
Cancellation and Refunds
We cancel courses if enrollment minimums are not met. We will contact you via mail, if time allows, or call you by phone.

Refund Policy
(excludes training programs, see Center for Career Development website for refund policy for training)
A $20 processing fee will be deducted from all refunds. Our refund policy is:

- 14 or more days (2 weeks) before the beginning of a class: 100% refund of full course fee
- 1-13 days before the start of class: 50% refund of full course fee

There are no refunds for trips, ticketed events and specified training programs.
All refunds will be issued in the form of a check. Please allow two to four weeks for processing.

Appeal Process
Only under extreme circumstances will appeals be considered. Registrants must request an appeal in writing stating their reason and providing supporting documentation (doctor’s medical note, accident report, etc) including course name and date. Send to Director of Lifelong Learning, Continuing & Professional Studies, Brookdale Community College, 765 Newman Springs Road, Lincroft 07738. Any refund issued in response to an appeal may be in the form of a gift certificate for use toward another Lifelong Learning activity within a year of issue date.

Don’t Delay – Register today!
A course or trip may be canceled due to low registration. You can help that course run by registering at least ten days before it starts.

Helpful hints for online registration:
- On line registration is limited to one individual at a time.
- You may register for as many classes as you would like.
- A credit or debit card is required (MasterCard, Visa, or Discover).
- You will need to provide your date of birth, gender and email. This information is required for identification purposes.
- If you already have a Brookdale Account, you will need your User Name and Password previously mailed to you.

Don’t know your User Name and/or Password? Do not have a Brookdale Account? You will need to complete a Personal Identification Form. Click on the link under the menu item “New or Returning Brookdale Customer?” “Search, Register and Pay for Continuing Education Courses,” Follow the steps listed.

Sorry – some of our courses are not available online

5 EASY WAYS TO REGISTER

1. Register Online Using WebAdvisor
Register from home any time, seven days a week. Visit www.brookdalecc.edu/continuinged and click on the “Register Online” button at the bottom of every page.

2. Telephone
Call us at 732-224-2315 Mon-Fri, 8:30 am to 5 pm.

3. Fax
Fax a registration form to 732-224-2664.
- Include credit/debit card or purchase order information.

4. Mail
Mail a registration form to:
Continuing & Professional Studies
Attn: Registration Desk
Brookdale Community College
765 Newman Springs Road
Lincroft, New Jersey 07738-1543
- Include credit/debit card number or purchase order information.
- Checks should be made payable to: “BCC/CPS.”

5. In Person
Visit the Continuing & Professional Studies office, ATeC Building on the Lincroft Campus: Mon-Fri, 8:30 am to 5 pm. Pay by credit/debit card, check or cash. Park in either Lot #5 or #6 closest to the ATeC Building. You may also register with a credit/debit card or check at our locations in Freehold, Neptune, Wall, Long Branch and Hazlet.

Special Accommodations: If you have a documented disability and require special accommodations, complete the registration process and then contact the Disability Services office at 732-224-2730.

Thank you for choosing our programs and trips at Brookdale Community College!
REGISTRATION FORM

Please check the box if the following are new (within the past 12 months):

☐ Home Phone  ☐ Business Phone  ☐ Cell Phone  ☐ Email Address

Name (Last) ____________________________________  (First) __________________________________

Address __________________________________________________________________________________

City ___________________________________________  State ___________________  Zip __________

Home Phone _________________________________   Business Phone _______________________________

Cell Phone _______________________________  E-mail __________________________________________

Social Security # __________________________  Date of Birth ___________________  Gender:  ☐ Male  ☐ Female

Please include separate form for each registrant with their name, address and phone number.

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☐ Charge to my  ☐ Visa  ☐ MasterCard  ☐ Discover

Name As It Appears On Credit Card ______________________________________________________________

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