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# TOO MANY PASSWORDS TO REMEMBER?

**LL USER ID**__________________________________________________________

**LL PASSWORD**_____________________________________________________

Record your lifelong learning login info here for safe keeping.

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**Watch Your Email!** Registration receipts are emailed within 3 days following enrollment. Please continue to check your email. **Class and bus trip updates are delivered via email** including notices of wait lists, class cancellations, date changes, classroom updates and more.

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**WHERE’S MY CLASSROOM?**

- Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315  
- Read the posting on our front door – inside lobby, ATeC building

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*Red Canna,*  
Georgia O’Keeffe, 1919, High Museum of Art, Atlanta, Georgia
Dear Friends,

Crisp air and changing color of the leaves calling you back to school? Come to campus this fall and discover a community of like-minded neighbors who share a love of learning and desire to stay in-the-know.

As the holidays approach, don't miss these new programs created in the spirit of the season:

- Oktoberfest Celebration on ZOOM, page 12
- Pie Making & Holiday Cookie Baking, page 8
- Emotional Detox: Dealing With Negative People, page 9
- Ghost Hunting Workshop And Mini Investigation, page 13
- Was Dracula Actually Irish?, page 17
- NY Philharmonic, Holiday Brass, page 25

Your Friends at Lifelong Learning

Don’t miss our 2nd Annual Invitational Lecture sponsored by the Friends of Lifelong Learning. Ernest Shackleton & The Age of Antarctic Exploration, page 12.

Quick and Easy online registration
Need help? Call 732-224-2315
https://www.brookdalecc.edu/continuinged/lifelonglearning/

The Jersey Shore Academy of Lifelong Learning is back this fall! In collaboration with Ocean County College, Brookdale will be offering lifelong learning programs on the Ocean County campus. Turn to page 20 for a list of classes.

Classes are being held in person on campus unless otherwise indicated by ZOOM icon.
Friends with a mission: **Friends of Lifelong Learning**
is a volunteer group formed with a mission to support, promote,
enhance and preserve Lifelong Learning at Brookdale.

**Fall 2022 Invitational Lecture Grant:**
**Ernest Shackleton and the Age of Antarctic Exploration**

Join one of lifelong learning's favorite instructors, author and history buff, Greg Caggiano for a presentation on one of the greatest and most harrowing stories of courage in the history of exploration. See page 12 for details.

**Meet a Friend: Q & A with Mary Beth Purn**

- **Years enjoying lifelong learning classes?** I retired to the shore in June of 2016 and discovered Brookdale's lifelong learning program the following fall. I’ve taken classes ranging from tapas cooking to growing a kitchen garden!

- **Congratulations on the Friends of Lifelong Learning (FLL) presidency!** What inspired you to take the helm? I led many teams in my former life as an IT manager, and I admired the way former President Carol Smith ran Friends. I knew she’d be a hard act to follow, but I’m so happy I volunteered – it’s been a joy to helm such a wonderful group of people.

- **What do you envision the next year of FLL looking like?** We’ve hosted tables at the bigger events, such as the Irish Festival and Women’s Conference. We sponsored a presentation in June on Russia and China and in September on Arctic Exploration. As part of our Health and Wellness objectives, psychologist Diane Lang is scheduled to present Emotional Detox: Dealing With Negative People. See page 9 for details.

- **What kinds of lifelong learners are you seeking?** We are happy to welcome anyone who enjoys Brookdale's programs and joins our mission to support, promote, enhance, and preserve Lifelong Learning at Brookdale.

**We want to hear from you! E-mail us at FLLbrookdale@gmail.com**

*I am still learning.*
– Michelangelo at age 87
Oct 10th

Time To Listen? Messages From The Indigenous Peoples Of America

Join us for a unique opportunity to receive and better understand messages and teachings from the native peoples of America.

Filmmaker, Judit Papp will present a talk on her documentary, “1” The Message, a film providing insight into the Native American spiritual world and philosophy of life. Living among native people, listening to their stories, and seeing the world through their eyes moved her to invite individuals from various tribes living throughout the country to sit, share their experiences and offer a message in their own words.

This compelling award-winning documentary is the result of her desire to spread awareness of current native situations, debunk the Hollywood image of native people, and emphasize the importance of our connection to nature, the planet, and each other.

JUDIT PAPP was born in Hungary during the communist era, she has an M.A. in Cinema and Media. Her inspiration for the film, “1” The Message, was born while participating in a leadership program at the Pine Ridge Indian Reservation in South Dakota. The documentary has been accepted in 13 international film festivals to date and has received an award at the Spotlight film awards in Atlanta as well as the Doctors Without Borders film festival.

Reuben Fast Horse, member of the Hunkpapha Lakota from Standing Rock Reservation in South Dakota, Chief Sitting Bull’s Tribe, will share his knowledge, experience, and skills offering further insight into the culture, struggles, and hopes of native people in America.

As an educator and cultural ambassador, he speaks eloquently, carrying a message of peace and tolerance. In his words; “I’m on a mission. I want to bring hope. I want to challenge how people perceive their world so we can heal, and diversity can flourish.” Fast Horse embraces his role as a contrarian, derived from Heyokha, the sacred clown of the Lakota, who always took a contrary position in life’s matters. He believes that many of the answers to the impossible problems in life can be found simply by viewing the problem in an opposite light. He is a Lakotah language instructor at NYU and has addressed the United Nations, speaking to the importance of honoring, and preserving native language.

Mon, Oct 10, 10:30 am-1:30 pm
Fee: $49, includes lunch
**Acrylic Painting**

**Arlene Smelson, instructor**

Whether a beginner or just have not painted in a while, explore the magic of acrylic in a relaxed setting. Construct a painting by learning to develop an interesting composition, to mix colors, to build textures, and develop movement and values in a work of art. Learn a variety of techniques and how to bring out the artist within you. Develop skills and techniques to express yourself in any way you can imagine and dream. Supply list provided with registration confirmation email. 5 SESSIONS

Tues, Oct 4-Nov 1, 10 am-12:30 pm
Fee: $169

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**Introduction To Art Materials**

**David Dziemian, professional artist, Brookdale visual arts instructor**

Discover the fun of using a variety of art materials. Learn the basics of media such as watercolor, gouache, inks (both pen as well as brush applied), markers, oil pastels, and colored pencils. Find the materials that work for you and learn to experiment and get the best results from varied materials. Best approaches with each media as well as combining them will be discussed. Fun class is taught in a relaxed environment through a combination of demonstration and hands-on instruction. Some supplies will be available to experiment with in class. Suggested supply list provided with registration confirmation email. 5 SESSIONS

Wed, Oct 5-Nov 2, 10 am-12:30 pm
Fee: $169

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**NEW! The Joy Of Creating: Painting Sunflowers**

**Arlene Smelson, instructor**

Specifically designed for the beginning artist with a desire to create a work of art who has never taken the first step. Learn to make art through an assortment of mediums. Enjoy a wide variety of experiences while developing various techniques through exploration. Discover your creativity and set your imagination free. Join the fun and create your own painting by integrating mixed media components to produce a work of art. This workshop combines painting, stamping, and pointillism. When combining a series of processes, marvelous and sometimes surprising effects can occur. No experience necessary. Just bring your imagination and desire to be creative in a relaxed setting. Find the inner talent that you felt was out of reach! Supply fee of $20 payable to instructor. 4 SESSIONS

Thurs, Oct 6-27, 10 am-12:30 pm
Fee: $135

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**Sketch Journaling**

**David Dziemian, professional artist, Brookdale visual arts instructor**

Learn to sketch freehand and quickly render line, form, and values. Develop your art with pencil, pen, markers, or watercolors. Detail your travel sketching and journal drawing. Use materials of your choice, suggested materials list provided in registration confirmation email. 5 SESSIONS

Mon, Nov 7-Dec 5, 6-8:30 pm
Fee: $169

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**Watch Your Email for Notices and Updates**

**New! Quick and Easy online registration**

Need help? Call 732-224-2315

[https://www.brookdalecc.edu/continuinged/lifelonglearning](https://www.brookdalecc.edu/continuinged/lifelonglearning)
Introduction To Machine Sewing  
**Betty McCarty, instructor**  
Do you love fabric, fashion, and interior design? Do you have a sewing machine, but don’t know how to use it? Learn how to operate and understand the parts of a sewing machine. Be guided through basic techniques and get started on your first project. A portable sewing machine is required for this class.  
Sec 1: Tues, Oct 18, 6:30-8:30 pm  
Sec 2: Tues, Nov 1, 6:30-8:30 pm  
Fee: $49

Introduction To Jewelry Making  
**Niels Pustrom, instructor**  
Design and create a mixed metal piece in our professional jewelry studio. Learn techniques and safety procedures on specialized equipment. Leave with your own unique creation. Materials fee $15 payable to instructor. 4 SESSIONS  
Wed, Oct 5-26, 6-8 pm  
Fee: $159

Jewelry Making: Reuse, Recycle, Renew  
**Niels Pustrom, instructor**  
Bring us your tired, your broken, your out-of-fashion jewelry. Use your creativity to breathe new life into old pieces. Add a jump ring, or two, make a bail, forge a link, hammer a texture, and use your old jewelry a new way. Bring it in, and let’s see what’s possible. Materials fee of $15 payable to instructor. 4 SESSIONS  
Wed, Nov 2-30, 6-8 pm (no class 11/23)  
Fee: $159

Jewelry Studio Time  
**Niels Pustrom, instructor**  
Open to students who have attended a jewelry making class at Brookdale, this workshop offers access to our professional jewelry studio. Work independently on your individual projects with your own materials to create unique pieces. No instruction or materials will be provided, but Niels Pustrom will be available in the studio to answer questions about equipment. 4 SESSIONS  
Mon, Nov 7-28, 6-9 pm  
Fee: $99

Mosaics: A Beginner’s Workshop  
**Harvey Altman, instructor, award-winning artist**  
Learn design, cutting, tile layout, types of surfaces, adhesion, and grouting. All the techniques needed to complete a 9”x12” mosaic project to take home. Materials fee $70 payable to instructor. 4 SESSIONS  
Thurs, Oct 6-27, 10 am-noon  
Fee: $99

Mosaic Stepping-Stone  
**Harry Belkowitz, instructor**  
Create a 9” round mosaic stepping-stone in this fun, beginner-friendly class. Project will be completed by the end of the session. Brighten any garden or outdoor space with a piece of art crafted by you! Materials fee $70 payable to instructor.  
Thurs, Oct 13, 10 am-noon  
Fee: $35

Mosaic Trivet  
**Harry Belkowitz, instructor**  
A hands-on workshop in creating a decorative and functional mosaic trivet. Craft a unique art piece for the kitchen and dinner table. Learn how to arrange, glue and grout ceramic tiles to create your own one-of-a-kind 10”x12” mosaic trivet. All levels welcome! Tools and materials provided by the instructor. $70 material fee paid in class.  
Thurs, Oct 27, 10 am-noon  
Fee: $35

Stained-Glass Mosaics  
**Harvey Altman, instructor, award-winning artist**  
Create mosaics using stained glass in this hands-on workshop. Learn to cut, grind, and grout stained-glass. Craft a one-of-a-kind project to take home. Materials fee $70 payable to instructor. 4 SESSIONS  
Thurs, Nov 3-Dec 1, 10 am-noon (no class 11/24)  
Fee: $99
Photography • Visiting Authors

PHOTOGRAPHY

Basics Of DSLR Photography
Kevin Burkitt, instructor, photographer
Unlock your camera’s potential to create great photos by manipulating ISO, shutter speed, and aperture. Enhance your landscape and portrait images. Whether you are new to photography or just need to brush up your skills, gain a better understanding of your camera and all it can do. Digital SLR camera required; no point-and-shoot or fixed-lens cameras.
2 SESSIONS
Tues & Thurs, Oct 11 & 13, 6:30-9 pm
Fee: $75

Camera Theory
Kevin Burkitt, instructor, photographer
Prerequisite: Introduction to DSLR or working knowledge of your camera. Explore how ISO, aperture, and shutter speed work in unison to create incredible images. Please bring your Nikon or Canon DSLR camera to class and be ready to switch off automatic or guided modes in order to learn how to make manual adjustments which will take your photography to the next level. Discover how ISO, aperture, and shutter work together in various situations. Students must have access to their own DSLR and have a basic working knowledge of their camera. Software and hardware not required – just an open mind and desire to learn. 2 SESSIONS
Tues & Thurs, Nov 8 & 10, 6:30-9 pm
Fee: $75

BOOKS & BREAKFAST

The smart way to start your day!
NEW JERSEY
VISITING AUTHORS

CRAIG SCHMELL
The Uninvited
How I Crashed My Way Into Finding Myself
The true story of a young imposter with a talent for crashing celebrity events who discovers what’s really important in life.
Singing on stage at the Grammys, getting high inside the Kremlin, driving in a U.S. president’s motorcade – Craig Schmell has a world-class talent for talking his way into places he does not belong. But when his self-absorbed life crashes down around him, he finally learns how to be a better man. An inspiring coming-of-age story with cameos by some of the biggest stars of Hollywood and rock ‘n’ roll. The Uninvited is funny, insightful, and stunningly true.
CRAIG SCHMELL is a 25-year veteran of Wall Street and successful business owner. He is a popular public speaker, an advocate on addiction issues, and a dedicated peer counselor. A graduate of Syracuse University and Touro Law Center, he lives in New Jersey and New York with his two teenage daughters. These days, he almost never sneaks into anywhere he does not belong.
Wed, Oct 19, 10 am-noon
Fee: $55, includes breakfast and a copy of The Uninvited
GENE WISNIEWSKI
The Art Of Looking At Art
A readable guide to the art of looking at art.

There’s an art to viewing art.

This beautiful full-color book includes 45 full-page reproductions, history, fascinating and human backstories, and information pertaining to every conceivable aspect of visual art.

• When was the first art made?
• Who decides which art is “for the ages”?
• What is art’s purpose?
• How do paintings get to be worth tens of millions of dollars?
• Where do artists get their ideas?
• And perhaps the most pressing question of all, have human cadavers ever been used as art materials? (Yup.)

Program will include a book talk and lecture on learning the basic principles of how to approach, analyze, and appreciate great works of art as an artist would. Discussion will include viewing art as both a physical object and the expression of an idea, art in the context of its time, and the elements of composition.

GENE WISNIEWSKI is an artist, writer, lecturer, teacher, and creator of the Six Hour Art Major Seminar, which has been taught at venues including New York University, 92nd St. Y, and Soho House New York. Gene received his art education at Rutgers University, the New York Academy of Art, The National Academy of Design, The New School, and L’Ecole Albert Depois in Vihiers, France. He has exhibited in galleries nationwide, including New York, Los Angeles, and Chicago.

Fri, Oct 28, 11:45 am-2 pm
Fee: $55, includes breakfast

JAMES BRODERICK
The Last Words Of James Joyce

One hundred years since the publication of his groundbreaking novel Ulysses, the Irish writer James Joyce remains a figure of immense interest and enduring importance. And while international scholars and armchair fans have immersed themselves in his work and life, little attention has been given to his daughter Lucia, a creative, enigmatic, and tragic figure who spent her entire adult life in a mental hospital. Lucia’s confinement becomes the jumping off point for The Last Words of James Joyce, a new novel the Manhattan Book Review calls “fascinating...an entertaining mystery with a dash of historic fiction.”

The book raises the prospect of a lost James Joyce work, a tantalizing idea that brings together scholars, a doomsday evangelical cult, a movie producer, and the local vice squad, culminating in a narrative that is “an irreverent campus satire” and “outlandish in its zeal”.

JAMES BRODERICK, a professor of literature at New Jersey City University, is the author of nine books, including Paging New Jersey: A Literary Guide to the Garden State (Rutgers University Press), which the New Jersey Center for the Book named one of the “10 notable books of the decade.” He and his wife Miriam live in Glen Ridge, New Jersey.

Wed, Nov 16, 10 am-noon
Fee: $55, includes breakfast
Brookdale Culinary Arts – Hands-on Classes!
Discover what’s cooking at Brookdale’s award-winning Culinary Education Center in Asbury Park. Join our professional chefs in hands-on classes, cooking up favorite dishes in a commercial kitchen.

Fresh Pasta 101
Chef instructor, Bill Roll
Focus on three fresh pasta dishes from various regions of Italy, each offering a twist on some of the classic dishes served here in the states – the one’s we all know and love!
Thurs, Oct 20, 6-9 pm
Fee: $75

Sweet Yeast Dough
Chef Instructor, Cathy Mandel
What’s the difference between lean dough and sweet yeast dough? Come find out. Prepare cinnamon rolls and pecan rings using a sweet dough. Both make a perfect accompaniment to a cup of Joe for a sweet start to the day.
Wed, Oct 26, 6-9 pm
Fee: $75

Bagels & Soft Pretzels
Chef Instructor, Cathy Mandel
Learn to make lean yeast dough and create delicious bagels and soft pretzels no one can resist.
Wed, Nov 2, 6-9 pm
Fee: $75

Sushi Making
Chef instructor, Chad Schoonveld
Learn everything you need to know about making beautiful and delicious Sushi.
Thurs, Nov 10, 6-9 pm
Fee: $85

Drip Cakes
Chef instructor, Maria Bouchard
Master the ongoing trend of drip cakes. From chocolate drips to colored drips, they have become a cake’s best friend! Learn icing techniques, how to make and use a drip, and fun decorating styles for a cake you will take home.
Mon, Nov 14, 6-9 pm
Fee: $75

Royal Icing Cookie Decorating
Chef instructor, Maria Bouchard
Discover how to decorate sugar cookies with various royal icing techniques. Different decorating techniques taught in class include, piping, flooding, scrollwork, and more. Take home your cookie creations
Mon, Nov 21, 6-9 pm
Fee: $75

Pie Making
Chef instructor, Maria Bouchard
Learn how to make and roll out pie dough. Impress family and friends by making a Thanksgiving pie of choice – apple, apple crumb, pumpkin or pecan.
Tues, Nov 22, 6-9 pm
Fee: $75

Holiday Cookie Baking (2 nights)
Chef instructor, Maria Bouchard
Get a start on your holiday baking in this two-night cookie marathon. Family and friends will be delighted by your variety of holiday cookies and you’ll be delighted to have no mess in your kitchen.
Sec 1: Wed & Thurs, Dec 14-15, 6-9 pm
Sec 2: Mon & Tues, Dec 19-20, 6-9 pm
Fee: $119

Watch Your Email for Notices and Updates
Meditation & Mindfulness Series – From The Ground Up
Karen Fiorelli, instructor

Looking for a way to go about life more calmly, thoughtfully and with less stress? Meditation may be the answer – it can help you navigate life's challenges and stressors with greater ease. Even a few moments of mindfulness meditation, such as meditative breathing, can bring calm and balance. Discuss and experience meditative practices such as breath meditations; mantra meditations and chanting; guided meditations; and walking meditations. Learn how to establish your own personal meditation practice. Each session includes an exploration of a specific type of meditation, a practice for the week, a group meditation, and time for questions and sharing. Discover the benefits of meditation, the meaning of mindfulness, and insight into the wisdom of some of the most profound teachers. Bring a meditation cushion or pillow to class, those more comfortable sitting in a chair are welcome to do so. 4 SESSIONS

Tues, Oct 4-25, 6:30-8 pm
Fee: $79

Introduction To Acupuncture And Traditional Chinese Medicine
Liping Wang, C.A., Dipl. C.H., Director, Holmdel Acupuncture & Herbal Medicine Center

Acupuncture is a treatment based on Traditional Chinese Medicine, a system of healing that dates back thousands of years. Learn how acupuncture is used for relaxation, pain relief, and improved sleep as well as modern research findings on acupuncture. Learn the history of Traditional Chinese Medicine and how to apply some of its principles in our daily life to stay healthy. 2 SESSIONS

Thurs, Oct. 6 & 13, 10 am-noon
Fee: $69

Sponsored by The Friends of Lifelong Learning

Emotional Detox: Dealing With Negative People
Diane Lang, therapist, author, educator

Learn strategies and communication techniques to effectively deal with negative and difficult people. We all have people who push our buttons, drain our energy, and take us off track. From co-workers to neighbors, friends, and family members, these people can create situations that cause us to feel frustrated, fatigued, and unhappy. Discover why some people are so negative and learn about the consequences of too much negativity in your life. Gain skills to turn a negative situation into a positive one.

Wed, Nov 2, 1-2:30 pm
Fee: $35, includes light refreshments
True creativity flows only from stillness. When stillness becomes conscious, the spiritual dimension enters your life and you begin to be guided by an intelligence far greater than the human mind.
– Eckhart Tolle

Self-healing –
A Spiritual Perspective
Judit Papp, certified spiritual healer and parapsychologist, instructor, Academy of Metaphysics and Spiritual Studies

Curious about the abundance of spiritual teachings and movements being offered through writings, social media, and holistic centers? Looking to better understand the terminology, techniques, and goals of spiritual work? Judit will offer fellow seekers insight into different paths on a spiritual journey to self-healing. 3 SESSIONS

Topics to be covered include:
Oct 28 – Clarifying terms such as metaphysics, spirituality, esoteric, auras and chakras. Discussion of bioenergy and how scientific discoveries prove the unseen.
Nov 4 – Karma – What is it and how does it work? What is Biorhythm? Learn ways of releasing negative energy to embrace acceptance, love, and self-love.
Nov 11 – Self-healing techniques: relaxation, herbs, sound, art, meditation, yoga/walking, breathing, balancing the 5 elements. 3 SESSIONS

Fri, Oct 28-Nov 11, 10 am-noon
Fee: $75

REIKI
Reiki – Level I
Karen Fiorelli, instructor

The Japanese work “Reiki” means universal life force/energy. Reiki, a 3,000-year-old method of healing touch, originated in ancient Eastern cultures. It’s a technique that uses touch or hands above the body to facilitate relaxation, reduce stress, manage pain and promote healing. Health sciences recognize that spiritual and emotional imbalances affect our physical health and wellbeing. Reiki restores balance to body, mind, and spirit, maximizing the natural healing process. When we remain out of balance, we become susceptible to “disease”. Upon completion participants will receive a certificate for the Usui System of Reiki Healing as Reiki practitioners. Wear comfortable clothes and bring water and a snack.
Sat, Oct 8, 10 am-5:30 pm
Fee: $165

Reiki – Level II
Karen Fiorelli, instructor

Focus and intensify the Reiki energy. We’ll build on the energy healing process taught in Reiki I. Study and learn to incorporate the mantras and symbols that are important components of the Usui System of Reiki, bringing you a richer connection with this universal healing energy. Deepen your Reiki and meditation practice and learn to help others at a distance. Students receive a Reiki II completion certificate. Wear comfortable clothes and bring water and a snack.
Prerequisite: Completion of Reiki I course.
Sat, Oct 29, 10 am-5:30 pm
Fee: $165

Put Your Money Where Your Mind (and Heart) Is

So often we are looking for a meaningful way to honor someone’s special occasion, to give a gift in memory of someone, as a part of estate planning, or perhaps solely to be a generous donor who appreciates a valuable program.

The Lifelong Learning Program at Brookdale Community College can be the perfect solution; particularly for those who love learning and who appreciate the opportunity to help fund a much loved program. Contact Noreen Kane 732-224-2049
Reiki For Animals
Karen Fiorelli, instructor

Love animals and want a way to help them with physical or emotional issues or “just” wellness? Whether or not you have taken a Reiki class before, this course is for anyone interested in sharing Reiki with animals. Focus is on specific methods for using Reiki to promote healing for animals through the mindful meditation practices of Reiki. Class will include a study of the system of Reiki, its components, and their meaning. Emphasis will be on learning specific practices and meditations to create a “healing space” for animals; how to use Reiki beyond the “hands on” techniques; the importance of intention; and how animals may respond to Reiki – cues and signals. Learn how you can start to share Reiki with senior, ill, or anxious pets at home or in shelters. Students receive a certificate in Reiki I for Animals. Students should also purchase an Animal Reiki I manual (cost $25 plus shipping) – a comprehensive manual from one of the world’s leaders in Animal Reiki. Details to be provided upon registration. Wear comfortable clothes and bring water and a snack.

Sat, Dec 3, 10 am-5:30 pm
Fee: $165

The Stuart Age: 1603-1714
Lyndell O’Hara, PhD, history professor
Nyack College

In 1603, at the death of Elizabeth I, her second cousin, James IV of Scotland was crowned James I of England. This event marked the end of the Tudor Era and the beginning of the reign of the Stuarts. Under the Stuarts Britain experienced an expansion of royal power in the American colonies and Ireland, a political upheaval resulting in the Civil War and Interregnum, continuous religious clashes among the Laudians, Puritans, Catholics and radical sects, the social worlds of court and country and early experiments in capitalism. Before the era ended with the death of Queen Anne, an attempt to blow up Parliament in the Gunpowder Plot was revealed, many buildings in London perished in the Great Fire and were rebuilt by Christopher Wren, Charles II was beheaded by Oliver Cromwell, over 100,000 people died in the plague of 1665 all as the government sought to find a restoration and permanence both economically and politically. It was an age of an ever-changing quest for power and stability in a world that was shedding the past and entering the modern era. 4 SESSIONS

Tues, Oct 4-25, 10 am-noon
Fee: $89
Ernest Shackleton And The Age Of Antarctic Exploration

Greg Caggiano, presenter, author, blogger

Ernest Shackleton’s Trans-Antarctic Expedition of 1914 is one of the greatest and most harrowing stories of courage in the history of exploration. Learn the background information of the voyage, what went wrong, and how he and his crew refused to quit even when shipwrecked in total isolation at the bottom of the world. This lecture is being offered in honor of the 2022 discovery of Shackleton’s long-lost ship, the Endurance. The past will come alive in this exciting talk.

Greg Caggiano is a popular Lifelong Learning presenter who lectures on a wide variety of topics in American and world history and culture. Greg has served on several local museum boards including the Proprietary House and the Atlantic Highlands Historical Society.

Thursday, October 13, 12:30-3 pm
Fee: $29, includes lunch

OKTOBERFEST CELEBRATION

A History Of German Food & Beer

Join German historian Anette Isaacs for a fascinating, fun – and delicious – journey through the culinary wonders of her native country. Bratwurst, sauerkraut, and all kinds of breads might be the first dishes to come to mind, but there is much more to German cuisine, especially considering regional differences in tastes and traditions. Included in this presentation is a lively exploration of the history of beer, Germany’s liquid bread, and the lucky German brewers who became Beer Barons in the USA.

Thursday, October 6, 6-8 pm
Fee: $35

“Mad” King Ludwig II Of Bavaria: Inside The Life And Mind Of Germany’s Fairy Tale King

Although he once said, “I wish to remain an eternal enigma to myself and to others,” King Ludwig II is perhaps the most illustrious of all Germans. Best known as an eccentric whose love of art and architecture is legendary, the young king had a charmed but also tragic existence. Unravel this “eternal enigma” and gain mesmerizing insights into the Fairy Tale King’s extraordinary life.

Wed, Oct 12, 6-8 pm
Fee: $35

Watch Your Email for Notices and Updates

New! Quick and Easy online registration
Need help?
Call 732-224-2315
https://www.brookdalecc.edu/continuinged/lifelonglearning/
The Stories Behind The Headlines
Brooks Susman, philosophy and history instructor, rabbi emeritus
Newspapers, magazines, Twitter, Facebook, social media, cable and news stations all seek ratings…and our loyalty! All have some bias, even though they all claim, “independence and truth”! These sessions will discuss the issues, evaluate the reporting and the rhetoric, and seek some consensus as to the facts. All opinions are valid as opinions. We will together suss out the facts. 3 SESSIONS
Mon, Oct 10-24, 1-3 pm
Fee: $75

Logical Fallacies: A Refresher Course
Martin McDermott, Brookdale faculty, author
Their names can seem archaic or even whimsical – red herring, ad hominem, straw man – but logical fallacies are very much alive in politics, business, social media, and daily discourse. Some are benign linguistic oddities while others spread like a cognitive virus that poisons leaders and entire nations. Come and learn how to identify and defuse a dozen common logical fallacies through lectures, story-telling, and interactive class exercises. 2 SESSIONS
Fri, Oct 14 & 21, 10 am-noon
Fee: $59

German Expressionist Art: Origins & Legacy
Claire Smuga, MA, BFA, Brookdale faculty
William F. Burns, D.Litt, Brookdale Associate VP, Educational Access and Innovation
German Expressionism is a fascinating topic blending history, art, culture, and cinema. This early 20th century art style emphasizes the artist’s inner thoughts and emotions and aims to evoke emotion in the viewer rather than replicate reality. The German Expressionist movement captured the uncertainty and unrest that followed the first World War. German Expressionist filmmakers created some of the greatest works in early cinema, including Nosferatu, Metropolis, and the Cabinet of Dr. Caligari. With the onset of the second World War, German Expressionist filmmakers fled to Hollywood, bringing their stylistic vision. This led to the origins of popular modern film genres, like film noir and horror. Explore the art, films, and legacy of this influential movement. 2 SESSIONS
Mon, Oct 17 & 24, 10-noon
Fee: $59

Ghost Hunting Workshop And Mini Investigation
Greg Caggiano, presenter, author, blogger
Explore the possibility that the Brookdale campus is actually haunted! The land has had many different uses over the centuries, including a famous racehorse farm and even has a connection to the legendary pirate Captain Kidd. Do some previous residents remain? Past paranormal investigations of Brookdale have rendered interesting results. Join us for a brief ghost hunting presentation and workshop, review of past evidence captured on campus, and then take part in our own mini-investigation using gadgets such as the SB-7 radio, K-2, and EMF meters.
Wed, October 19, 6-8 pm
Fee: $35
Recent Supreme Court Decisions & Upcoming Elections: An Analysis
Robert Salman, Esq., litigator, and former Seton Hall adjunct law professor
Examine how changes on the Supreme Court could impact the 2022 midterm elections and the 2024 Presidential race. Analyze recent Supreme Court decisions on Roe v. Wade, the Second Amendment, and other legal proceedings, and consider the complex relationship between the Supreme Court and the electoral process. Our instructor serves as a member of the New Jersey Democratic State Committee representing Monmouth County.
Wed, Oct 26, 10-11:30 am
Fee: $29

Meet The Presidents: Founding Fathers
Dan Radel, history instructor, journalist
Revisit the Early American Republic through the eyes of the first presidents. Start with George Washington, John Adams and Thomas Jefferson and the Age of Federalism; go to James Madison and the War of 1812, James Monroe and the Compromise of 1820, John Quincy Adams’ so-called Corrupt Bargain and end with “Old Hickory” Andrew Jackson. 3 SESSIONS
Fri, Nov 4-18, 10 am-noon
Fee: $75

Off The Beaten Track: Jewish Communities Of The World
Edith Frankel, Ph.D.
An examination of the fascinating proliferation of Jewish communities from the very beginnings of the Diaspora. These settlements began and thrived in various corners of the globe before and outside the principal historic Jewish centers of the Russian and Habsburg empires. Explore the roots of the Diaspora, the places where Jews settled once they left the Holy Land, and how the communities survived over the centuries. This series of interdisciplinary lectures include The Beginnings of the Diaspora: Early settlements after the destruction of the First and Second Temples and The Golden Age of Spanish Jewry. The Jews of the Ottoman Empire: Ancient Jews of the Byzantine empire and the influx of more Jews after the Inquisition. The Jews of India: Their story and their various origins. Social, religious, and economic life in India as Jews. The Jews of China: Who were they in the beginning? The later influx of other Jews after the Opium Wars, after the Russian revolutions, and, finally, before World War II. 4 SESSIONS
Mon, Nov 7-28, 10:30 am-noon
Fee: $89

When Less Is More: Musical Sorcery Via Harmonic Simplicity
Pat Barton, professional musician, instructor
What do Jailhouse Rock, Feelin Alright, and Chain of Fools have in common? These classic songs – and scores more – have entranced listeners for decades, yet each uses three chords or fewer to create undeniable magic. Join professional musician and educator Pat Barton on a musical adventure exploring how a captivating lyric, a propulsive rhythm, a dynamic performance, or some combination of the three, can create musical sorcery even when harmonic simplicity is the order of the day.
3 SESSIONS
Thurs, Nov 3-17, 10 am-noon
Fee: $75

Watch Your Email for Notices and Updates
The History Of Food: Famous Feasts
Greg Caggiano, presenter, blogger
Join popular lifelong learning instructor Greg Caggiano and delve into history in a deliciously different way. Learn the story of food as experienced in famous meals throughout history. The First Thanksgiving. The Last Dinner on the Titanic. What did Jesus eat? Where would we be without salt? From the cavemen to contemporary cooking and eating trends, bring an appetite for learning in this fun presentation. Refreshments will be provided by Brookdale’s talented and creative Culinary Art Students.
Wed, Nov 9, 1-3 pm
Fee: $45, includes refreshments

Jew-ish – Jewish Humor, Jews In Sports, Hollywood And The Jews
Brooks Susman, philosophy and history instructor and rabbi emeritus
Jews; yes! But we can see ourselves in and through their stories and history. So laugh, be shocked! PC (Political Correctness) will take a backseat to reality! 3 SESSIONS
Fri, Dec 2-16, 10 am-noon
Fee: $75

Hanukah & Christmas
Christopher Bellitto, PhD, professor of history, Kean University, Brooks Susman, philosophy and history instructor and rabbi emeritus
Why is the solstice celebrated by both Christians and Jews through Christmas and Chanukah? What makes the festivals of freedom and salvation? Candles and trees, dreidels and Santa do not or should not define who we are. To better understand and appreciate what some refer to as Chrismukkah, join Rabbi Brooks Susman and church historian Christopher Bellitto for a lively presentation and discussion.
Thurs, Dec 1, 10 am-noon
Fee: $49, includes breakfast

WORLD WAR II STUDIES
The Center For WWII Studies & Conflict Resolution

“Our Parents’ War”
Facilitated by Marc David Bonagura, Director of Brookdale’s Center for WWII Studies & Conflict Resolution
Join us for a get together with several members of the Brookdale college community to discuss the impact and legacy of having parents who fought in World War II. We’ll share photographs, stories, and insight. Please join us and bring your own stories as we will allow participation from the audience to honor our connection to the “greatest generation.”
Wed, Oct 19, 6-8:45 pm
Fee: $29, includes light refreshments
Voices Of Survivors: The Leslie Schwartz Story

Presented by Marc David Bonagura, Director of Brookdale’s Center for WW II Studies & Conflict Resolution

Professor Bonagura will present a lecture and discussion on the decade he spent working with Hungarian-born Holocaust survivor Leslie Schwartz with regard to how Mr. Schwartz found his voice for writing and speaking about the trauma that he experienced as a child in Auschwitz and Dachau. As Schwartz realized the importance of his testimony and the possibilities for peace and healing he might inspire, his reputation spread around the world.

It all began when Schwartz gave a talk at Brookdale Community College and Professor Bonagura subsequently wrote a story about Schwartz in his blog. The next day Schwartz called Bonagura, and they became fast friends, speaking almost every day for more than ten years.

Once Leslie gained the confidence to speak about his ordeal, miraculous events became commonplace. Two books, a documentary and a feature film, presentations before the United Nations on Conflict resolution, and even a meeting with then Chancellor Merkel followed. Additionally, Schwartz spoke at many colleges and universities in the United States and met with thousands of German students.

Schwartz’ story has been featured on NPR, ABC and FOX News, The New York Times, The South Florida Sun Sentinel, Suddeutsche Zeitung, The Times of Israel, Bavarian Television and many other media outlets across the globe. Join us for a fascinating and inspiring talk!

Co-sponsored by SAGE and the Center for World War II Studies & Conflict Resolution

No fee, ZOOM link will be provided upon registration

Tues, Dec 13, 11:45 am-1:15 pm

IRISH HERITAGE

Cead mile failte romhaibh

Irish Language

Over 2,000 years old, the Irish language boasts the oldest living literature in Western Europe. Despite colonial attempts to destroy the language – it is alive and well – and here at Brookdale! Instructors at all levels have earned the Fáinne Óir, and our classes are informal, fun, and stress-free.

Rath DeHoust, Máire Léan Shevlin, Caomhín Cléirigh, Irish language instructors

Designed for beginners to fluent speakers, students will be divided into groups, each with its own instructor, based on abilities and needs. Groups will interact with one another and participate in joint activities. This format will enhance the objective of keeping Irish available as the living, spoken language at the very heart of Irish culture. Whether you’re looking to dive into the Tain Bo Culaigne or just pick up a few phrases for travel, this program will work for you! 10 SESSIONS

Thurs, Sept 29-Dec 8, 7-8:30 pm (No class 11/24)

Sect 1: ON CAMPUS
Sect 2: ZOOM OPTION

Fee: $119

Bodhran, The Irish Drum

Máire Léan Shevlin, musician Irish instructor

There was a time when the gallowglasses marched into battle to the beating of the bodhran. Today, this unique Irish goatskin drum adds dramatic vibrancy to “The Music.” Audiences are intrigued by its very different method of playing and its beat that quickens the heart. To play, a sense of rhythm is necessary, but not the ability to read music. Please bring a bodhran to class.

5 SESSIONS

Thurs, Sept 29-Oct 27, 5:45-6:45 pm

Fee: $75

Watch Your Email for Notices and Updates
Turning Points In Irish History

Henry McNally, MA, Fordham, Irish historian, recipient of the 2019 Eoin McKiernan Award

The History of Ireland and the Irish is long, sometimes troubling, sometimes inspiring, always interesting. As is the case with all national stories, there are particular events which alter the direction of history. This course will cover five of the most important events in Irish History, each affecting the nature of contemporary Ireland and the Irish people. Topics include: the Arrival of Patrick; The Tudor Conquest; The Act of Union; An Gorta Mor (the Potato Famine); Rebellion and Struggle for Independence.

5 SESSIONS
Tues, Oct 4-Nov 1, 10 am-noon
Fee: $85

A Novel Idea!
Contemporary Irish Fiction

Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian

Today's contemporary Irish authors are breathing new life into the country’s celebrated literary tradition and contributing to “an unexpected golden age of Irish prose writing.” Students will read a novel by a different author each month and participate in discussions moderated by the instructor. Classes take place once a month for a three-month period. The novels for this session are: The Secret Scripture by Sebastian Barry; The Wonder by Emma Donoghue; and, Strange Flowers by Donal Ryan. 3 SESSIONS
Wed, Oct 5, Nov 2, Dec 7, 10 am-noon
Fee: $89, includes light refreshments

Was Count Dracula Actually Irish?

Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian

The Gothic horror novel Dracula has never been out of print since its first publication in 1897, yet the book’s Irish author is not as well-known as his immortal character. This course unveils clues in the life and experiences of Bram Stoker, the Dublin-born novelist, and in Irish history, mythology, folklore and language, to answer the question in the course title. This is a rare (and fun!) investigation into the unique Irish influences that inspired the classic tale and shaped its enduring legacy. Note: Reading the novel is not a prerequisite for the course. 2 SESSIONS
Mon, Oct 24 & 31, 10 am-noon
Fee: $59

Contemporary Irish Short Stories

Rath DeHoust, Irish language and Irish literature instructor

Often hailed as a ‘National Genre’, Ireland’s best writers continue to produce some of the most cutting-edge short stories on today’s literary scene. Delve into the works of some well-known as well as lesser-known authors, identifying the cultural and historical issues and events that have shaped Irish writers, and Irish society, today. Join us as we explore some truly exciting literature coming out of Ireland today from writers such as Colum McCann, Claire Keegan, Kevin Barry, Sally Rooney and others. 6 SESSIONS
Mon, Nov 7-Dec 12, 7-8:30 pm
Fee: $89

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https://www.brookdalecc.edu/continuinged/lifelonglearning/
Ireland 1916 To 1949: Post-Rising To Republic

Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian

This course examines Ireland’s transition from a British colony to an independent, democratic republic, starting with the period after the 1916 Easter Rising. Topics to be discussed are: the creation of the Irish Free State, the rise of Éamon de Valera; the influence of the Church; the evolving role of women; and, key events that shaped the emerging republic. The aim of this course is to provide students with knowledge of the major themes, social forces, and events that set the foundation for modern Ireland.

5 SESSIONS
Tues, Nov 8-Dec 6, 10 am-noon
Fee: $85

The Stories & Songs Of Irish Rebellion

Henry McNally, MA, Fordham, Irish historian, recipient of the 2019 eoin McKiernan Award,
Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian,
The Cook College Ramblers

It has been said that in the matter of war and rebellion, the victor writes the history, and the loser writes the song. A powerful song, however, carries a message that endures and inspires successive generations of rebels, not so much to change past history as to write a new chapter. This is the essential story of Irish resistance across the centuries. Join us for a program that will leave you admiring Irish resilience and humming a rebel tune.

THE STORIES
Maureen Brady will explore the rebellions of 1798, 1848, 1867, and 1916, looking at common themes, successes, and failures, introducing the major figures involved, and concluding with Ireland finally on the brink of independence.

THE SONGS
The Cook College Ramblers will perform 10-12 songs of Irish rebellion, with narration by Henry McNally. Audience participation is encouraged and expected.

Fri, Nov 18, 10:15 am-2:15 pm
Fee: $65, includes breakfast
Italian Conversation
Nina R. Brilli, instructor
If plans for sunny Italy are in your future and you want to do as the Romans do, or if you just want to better understand this beautiful language, these sessions are for you. This is a basic, practical course in conversational Italian. 8 SESSIONS
Sat, Oct 1-Nov 19, 10 am - noon
Fee: $179

Italian Conversation Level II
Nina R. Brilli, instructor
Ciao! Come va? Revisit sunny Italy and increase your knowledge of this beautiful language. Elevate your command of the language. Learn verb tenses, increase your vocabulary, read short stories, and practice conversing with each other. 8 SESSIONS
Sat, Oct 1-Nov 19, 12:15-2:15 pm
Fee: $179

Stress Free Spanish For Beginners
Frank Prignoli, Brookdale Language Instructor
Habla español and learn simple conversational phrases. Practice in a friendly, relaxed atmosphere designed to encourage conversation en español. Bienvenidos a todos. 8 SESSIONS
Sat, Oct 1-Nov 19, 10 am -noon
Fee: $179

Friday Morning Musing For Short Story Lovers
Dillies Pilevsky, English and history instructor
Short stories are timeless in their magical ability to help us make human connections with an author, a narrative, our own life experience, and each other. What does this mean? Let’s find out! Stories are in the order to be read.

Sect 1: Sept 16-30, 10 am-noon
• Contest for Aaron Gold 1955
• Defender of the Faith 1959
• You Can’t Tell a Man By the Song He Sings 1959

Sect 2: Oct 14-28, 10 am-noon
• Jilting of Granny Weatherall 1927
• A Mother’s Tale 1951
• And of Clay Are We Created 1991

Sect 3: Nov 11-Dec 2, 10 am-noon
• To Build a Fire 1908
• A Jury of Her Peers 1917
• The Way We Live Now 1986
Fee: $55

Write Away!
Mary Walsh, MA, author of A Spy is Not a Spy, creative writing instructor Flagler College
Fiction or not, this course is a light-hearted approach to what some consider a serious endeavor: the written word. Participants will recognize what makes writing engage us and try their hand at the following skills: the backstory, the narrator, description, the narrative arc, and writing to the conclusion. Each class will focus on one of these. Students will respond to weekly prompts, or if you have something specific in mind, that can be your goal. The only requirement is the desire to write, and an openness to listen to the work of your fellow classmates, should they choose to share. 6 SESSIONS
Tues, Oct 18-Nov 22, 10:30 am-12:30 pm
Fee: $119

Watch Your Email for Notices and Updates
Writing Children’s Fiction I
Barry M. Putt, award-winning author
Learn the essential elements of creating engaging children’s stories. Explore story language, developing memorable characters for children and story structure. Marketing approaches will also be discussed. Brown bag lunch recommended.
Sat, Oct 8, 9:30 am-4 pm
Fee: $79

Writing Children’s Fiction II
Barry M. Putt, award-winning author
Use the skill sets learned in Writing Children’s Fiction I to develop an original children’s story for an age-group of your choosing. Brown bag lunch recommended.
Saturday, Oct 15, 9:30 am-4 pm
Fee: $79

Shakespeare’s Villains
Carl Calendar, PhD, former Dean of Humanities,
Join Dr. Carl Calendar on a trip through Shakespeare’s wickedest characters including Richard the Third, Iago, Macbeth, Tamara the Goth, And John the Bastard. Find out the background the Bard had to develop these protagonists and why they are given so many great speeches.
3 SESSIONS
Thurs, Oct 20-Nov 3, 10 am-noon
Fee: $69

NEW! Non-Fiction Writing
Barry M. Putt, award-winning author
Description: Interested in writing non-fiction books including “how to”, biographies, Film/TV history, and more. You will learn how to develop a book proposal, how to conduct research, and how to market your work to publishers. Students will complete an initial draft of a book proposal in this course. 2 SESSIONS
Sat, Nov 12 & 19, 9:30-12:30 pm
Fee: $79

On The Road Again
Patricia Whitehead, librarian, teacher, enthusiastic reader
Everyone is on the move, going somewhere, perhaps getting nowhere. These stories deal with movement, characters traversing their way to an unknown destination. Where are they headed? What do they hope to find there? Are they all on a Road to Nowhere? Come join the discussion of these intriguing tales of lost souls trying to find their way. PDF of stories will be emailed to registrants. 4 SESSIONS
Stories in the order to be read:
Here’s Your Hat, What’s Your Hurry, Elizabeth McCracken
Backpack, Tony Earley
The Other Side of the Hedge, E. M. Forster
To Sunland, Lauren Groff
Wed, Oct 5-26, 10 am-noon
Fee: $79

Senior Moments
Patricia Whitehead, librarian, teacher, enthusiastic reader
Growing older, gaining wisdom, moving on through life. The main characters in these stories are each on the downward slope of life, looking back, trying to grab a foothold at the end, with a lifetime of experience and memory to draw upon. We’ll join together to hear their stories, help to unravel their thoughts, and peek into their hidden worlds. PDF of stories will be emailed to registrants. 4 SESSIONS
Stories in the order to be read:
Playing With Dynamite, John Updike
A Sheltered Woman, Yiyun Li
My Man Bovonne, Toni Cade Bambara
Mrs. Crasthorpe, William Trevor
Tues, Nov 8-29, 10 am-noon
Fee: $79

ZOOM: Friday Morning Musing For Short Story Lovers, see page 19
Books & Breakfast: Visiting NJ Authors, see page 6
A Novel Idea! Contemporary Irish Fiction, see page 17
Contemporary Irish Short Stories, see page 17

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Money Matters • Lifelong Learning On OCC Campus

The New Normal: An Economy Of Extremes
Joseph Bonacci, MBA, instructor
The COVID 19 pandemic at its outset served to produce economic data rivaling that of the Great Depression while the subsequent recovery in 2021 produced some of the strongest economic growth on record. As we entered 2022, the economy was showing both signs of continued strength and weakness. Where is the economy going and what is causing these extremes? Discussion will include the effects on employment, inflation, interest rates, Federal Reserve policy and the stock and bond markets along with historical perspectives on each. 3 SESSIONS
Tues, Oct 11-25, 10 am-noon
Fee: $75

Financial Strategies For Successful Retirement
Joseph P. Silvestri, CFP, ChFC, CLTC
Chester O. Gordon IV, CFP of Arkhitekton LLC.
As baby boomers approach retirement, new financial questions arise. We’ll address your questions about building enough wealth to retire, increasing retirement income, and exploring lifestyle options. Discuss mutual funds, insurance, stocks, bonds, estate taxes, and long-term care. You’ll receive a workbook packed with sound, solid information that you can take home and put to good use in the development of your own financial blueprint. Come away with a clearer picture of the opportunities available to improve your future financial security. Spouse/partner may attend for free. 3 SESSIONS
Tues, Oct 4-18, 6:30-9 pm
Fee: $65
Location: Hazlet Higher Education Center

Understanding Medicare
Alfred Norton, Licensed Health Insurance Agent
Whether soon turning 65, or already a Medicare recipient, don’t miss this thorough review of Medicare program basics and the variety of ways to enroll in Medicare. Our discussion will outline Original Medicare (parts A&B), Medicare Prescription Drug Plans (Part D), Medicare Advantage Plans (Part C) and, finally, Medigap Coverage (Medicare Supplement) and how it interfaces with Original Medicare. We will evaluate Medicare entitlement, approximate costs and eligibility. Information will also be provided regarding the major insurance companies in NJ for Medicare Advantage, Medicare Part D Drug Plans and Medicare Supplement Policies.
Sat, Oct 15, 10-11:30 am
Fee: $39

Was Count Dracula Actually Irish?
Maureen Dunphy Brady, MA, NYU Glucksman Ireland House, Irish historian
The Gothic horror novel Dracula has never been out of print since its first publication in 1897, yet the book’s Irish author is not as well-known as his immortal character. This course unearths clues in the life and experiences of Bram Stoker, the Dublin-born novelist, and in Irish history, mythology, folklore and language, to answer the question in the course title. This is a rare (and fun!) investigation into the unique Irish influences that inspired the classic tale and shaped its enduring legacy. Note: Reading the novel is not a prerequisite for the course.
Thurs, Oct 20 & 27, 10 am-noon
Fee: $59

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Book Talk: Wabi Sabi-Japanese Wisdom For A Perfectly Imperfect Life
Cheryl Bartholemew, moderator
Derived from Buddhist concepts, Wabi Sabi is a world view that embraces impermanence, this lovely little book. Discussion Moderator, Dr. Cheryl Bartholomew, is a psychologist and professor who has taught at SUNY/Upstate NY, George Mason, and Monmouth Universities. She has received the Chancellor’s award for excellence in teaching, the Martin Luther King Humanitarian award, Outstanding Women in Virginia, and the National Curriculum and Development award (AERA). Her curriculum has been adopted throughout the US, four additional countries, and by the Peace Corps. She has authored over 40 articles in professional journals, and her media appearances include NPR, CBS News.
Thurs, Nov 10, 1-3 pm
Fee: $35

The Roaring 20s Through The Rocking 80s: The Timeless Appeal Of Great Songs
Pat Barton, professional musician, instructor
Using lecture, live performance, and recordings, join professional musician and educator Pat Barton on a six-hour journey that begins with a stroll through Tin Pan Alley in the early to mid-twentieth century. Climb the stairs of the Brill Building at the dawn of the rock n’ roll era, celebrate the British invasion, dance to the Motown beat, and revel in the artistry of the singer-songwriters as the 1970s unfold, leading to a stunning musical hybrid as the 1980s begin. And carried through each era is one unchanging truth – a great song is timeless.
3 SESSIONS
Tues, Nov 22-Dec 6, 10 am-noon
Fee: $79

No Greater Love: The Hunger Strike in Ireland
Henry McNally, MA, Fordham, Irish historian, recipient of the 2019 Eoin McKiernan Award
Forty years ago, the Hunger Strike, long a part of the Celtic tradition, reemerged in Ireland, changing the dynamics of Northern Ireland Politics and setting the stage for an eventual peaceful end to “The Troubles.” Those who died gave their lives freely and willingly for a cause in which they believed, enduring literally months of agony; they died as patriots and as heroes. Examine the events leading to the adoption by political prisoners of this extraordinary measure. Learning experience will be enhanced by viewings of relevant film clips and YouTube videos.
Thurs, Dec 1, 9:45 am-noon
Fee: $39

Selling On eBay, FB Marketplace For Fun & Profit
David Carlon, instructor
Join this class for beginner to intermediate eBay users. Learn step by step, how to make money the fun and easy way.
Sat, Oct 15, 9:30 am-12:30 pm
Fee: $55

Walking Tour: Freehold
Dan Radel, history instructor, journalist
Take a step back in time and enjoy a walking tour of Freehold’s rich history from colonial times to the early 20th century. Stops on the tour include St. Peter’s Church, Monmouth Court House, The American Hotel, and the Carnegie Library. Tour ends at the Monmouth County Historical Association Museum where participants will have the option of taking a tour of the museum. The Museum charge is $5 for entrance. Meet at the steps of the Monmouth County Hall of Records on East Main Street.
Rain date: Saturday October 15th. Please note: refund will not be given if rain date is used.
Sat, Oct 8, 1-3 pm
Fee: $29

Watch Your Email for Notices and Updates
Jon Bon Jovi Soul Kitchen Cooking Demonstration & Lunch
Jon Bon Jovi Soul Foundation
Find out what's really cooking at the JBJ Soul Kitchen – where unique community-building happens. First, learn to cook two of JBJ Soul Kitchen's most popular menu items from their expert chefs. Next, enjoy a lunch prepared especially for you featuring these delicious dishes and learn more about this innovative enterprise. A perfect opportunity to enjoy learning, laughing, and lunch!
Address: 207 Monmouth Street, Red Bank
Sect 1: Thurs, Oct 13, 11:30 am-1 pm
Sect 2: Thurs, Nov 10, 11:30 am-1 pm
Sect 3: Thurs, Dec 8, 11:30 am-1 pm
Fee: $39

Amazing New Jersey, People & Places Of The Garden State
Rick Geffken, MA, author
The New Jersey colony dates from the middle of the 17th century when Dutch and English settlers bought land from the native Lenape. For over 350 years, New Jersey has played a pivotal economic and historical role in the United States. With regions as different from one another as the Shore and the Skylands, New Jersey offers residents and tourists delightful and informative experiences everywhere. This talk features historical events, famous and infamous people – entertainers, politicians, and entrepreneurs – highlighted by many evocative images of locations throughout New Jersey.
Wed, Nov 30, 10 am-noon
Fee: $39

Pickleball For Beginners
Find out why pickleball is the fastest growing sport in America! A paddle sport for all ages and skill levels, pickleball combines elements of tennis, badminton, and table tennis. The rules are simple, and the game is easy to learn. We'll provide the paddles and the balls (similar to whiffle balls) Don’t miss this addictive new form of fitness and fun. Class meets at the Colts Neck Racquet Club indoor courts (36 Artisan Pl, Colts Neck) Class size is limited.
3 SESSIONS
Sec 1: Mon, Oct 10-24, 2-3 pm
Sec 2: Tues, Oct 11-25, noon-1 pm
Sec 3: Thurs, Oct 13-27, 3-4 pm
Sec 4: Mon, Nov 7-21, 3-4 pm
Sec 5: Tues Nov 1-15, 3-4 pm
Sec 6: Thurs, Nov 3-17, 2-3 pm
Fee: $69

NEW! Dance Classes
Ballroom Dance
Juan Arguedas, studio professional dancer, Fred Astaire Dance Studio
Whether you are a beginner, need a refresher, or just want a fun way to stay fit – come dance with us! This introduction to American rhythm dances including Rumba, Cha Cha, and Swing as well as upbeat dance styles including Salsa and Hustle. Come with or without a partner. 7 SESSIONS
Thurs, Oct 6-Nov 17, 7:30-8:15 pm
Fee: $129

Ballet Basics For Strength And Flexibility
Lindsey Radice, studio professional dancer, Fred Astaire Dance Studio
Learn basic ballet figures and positions for strength training and lean muscle toning. Specific exercises for flexibility and mobility. 7 SESSIONS
Tues, Oct 4-Nov 15, 7:30-8:15 pm
Fee: $129
Staying Safe Amidst The Modern Cyber Threat Landscape

Joshua Berry, Brookdale Community College, Technical Director, Office of Information Technology

Did you know you have a presence in the ever-expanding digital world? IT security experts call this your “digital footprint” or “digital shadow.” As cyber-security tools improve, securing the human (that’s us!) is receiving greater focus. Securing your digital self is a crucial step to remaining safe from phishing scams, cyber-security risks, and the persistent threats of this highly connected climate. This presentation will walk through the basic steps towards developing awareness and staying safe. Participants learn about the tools they can use to better protect their usernames, passwords, and online identity.

Thurs, Oct 20, 10:30 am-noon
Fee: $29

“Gustav Klimt: Gold In Motion” At The Hall des Lumieres; Mural Project World Trade Center: Lunch At Trinity Place

The historic Emigrant Industrial Savings Bank building is being transformed into the Hall des Lumieres. Retaining the Beaux-Arts architectural style of the building creates the perfect canvas for the “Gustav Klimt: Gold in Motion” exhibition featuring 30-foot-tall images of celebrated works that move across the structure in a way that’s meant to complement Klimt’s artwork as well as the marble walls, stained glass skylights and towering columns. The 360-degree imagery, along with a specifically arranged musical soundtrack featuring Wagner, Beethoven, Puccini, and others, will create a unique experience that blends art, sound, and architecture. Following lunch in a converted bank vault at Trinity Place restaurant we’ll take a short walk through Zuccotti Park (lots of history there!) to the Mural Project at the World Trade Center.

Wed, Oct 19, 8:45 am-5:30 pm
Fee: $185
Guided Tour Of The MET
Cloisters, Lunch At Emilia’s,
Arthur Avenue, The Bronx

Join Brookdale’s two favorite scholars, Dr. Christopher Bellitto and Rabbi Brooks Susman for a memorable visit to the unique home for the Met’s vast medieval holdings. Elevated on a hill offering spectacular views of the Hudson River, The Cloisters recreate the experience of a Gothic monastery, incorporating architectural features of a French cloister, replete with tapestries, stained glass, sculpture, illuminated manuscripts and intricate gardens. Noted philanthropist John D. Rockefeller Jr. donated the Cloisters’ most famous piece, the Unicorn Tapestries. We’ll leave the Middle Ages behind and head to Arthur Avenue, the “Little Italy” of the Bronx to immerse ourselves in Italian American culture and of course, food! Time on your own following lunch will be provided to explore the neighborhood and indulge in a special treat or two.

Thurs, Nov 3, 9 am-6 pm
Fee: $195

SORRY
There are no refunds on Trips.

New York Philharmonic -
Holiday Brass At Lincoln
Center; Brunch At Marseille

Get into the spirit of the holidays with this festive Philharmonic tradition featuring the powerful virtuosity and brilliance of the New York Philharmonic Brass and Percussion. Experience an afternoon of joyful music including Christmas and Chanukah favorites. Brunch at Marseilles is always a bright start to any adventure.

(Orchestra Seats)
Sat, Dec 17, 10 am-5:30 pm
Fee: $225

• A History of German Food & Beer, page 12
• Mad King Ludwig, page 12
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# Fall Courses At A Glance

## September 2022

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GENERAL INFORMATION

COLLEGE CLOSING
College Closing For cancellation due to inclement weather, listen to Brookdale Public Radio 90.5 or log on to www.brookdalecc.edu

FERPA – The Family Education Rights and Privacy Act of 1974 (Buckley Amendment)
The Act provides for the confidentiality of student records. For further information please refer to www.brookdalecc.edu/about/ferpa/

For Persons With Special Needs Wishing To Take Our Tour And Talk
CPS cannot guarantee accessibility of venues and destinations. Before registering it is the registrant’s responsibility to contact venues to determine their accessibility. We cannot provide personal service. For individuals who request special bus transportation, we cannot guarantee special bus availability. We will inform you of the status of your request in a timely manner.

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• Call our office (Mon-Fri 8:30 am-4:30 pm) at 732-224-2315
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- Art Option, Humanities, A.A.
- Creative Writing Option, Humanities, A.A.
- Culinary Arts, A.A.S.
- Engineering, A.S.
- English Option, Humanities, A.A.
- Interior Design, A.A.S.
- Music Option, Humanities, A.A.
- Philosophy Option, Social Sciences, A.A.
- Photography Option, Humanities, A.A.
- Physics Option, Mathematics/Science, A.S.
- Political Science Option, Social Sciences, A.A.
- Psychology Option, Social Sciences, A.A.
- Sociology Option, Social Sciences, A.A.
- Women’s & Gender Studies, Humanities, A.A.

Take Your Passion to the Next Degree
NEW JERSEY VISITING AUTHORS

*The Uninvited*, October 19
*The Art of Looking at Art*, October 28
*The Last Words of James Joyce*, November 16

See Pages 6 & 7