

Curated by Ashley Zampogna-Krug,
Faculty Liaison to the International
Education Center

Spring 2024
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GLOBAL CITIZENSHIP PROJECT NEWSLETTER

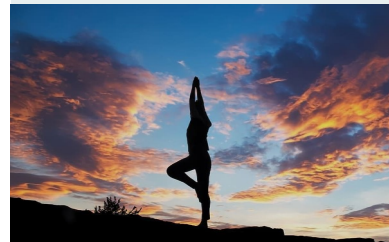
LEARNING FROM ANCIENT WELLNESS PRACTICES

By Ashley Zampogna-Krug, Associate Professor, History Department

This fall my students and I approached World Civilization I through a different lens, one that tasked us to find history *worth repeating*. When students enter a history class and are asked, “Why do we study history?” The first response is often affiliated with the words of Winston Churchill, “Those that fail to learn from history are doomed to repeat it.” I asked students to turn that quote on its head and instead consider the parts of history that ought to be recovered, relearned, and readapted to improve our modern society. Taking on this task, forced students to consider the notion that humanity’s progress is not linear. Instead, it is complex and messy. In some areas we have made vast improvements but in other ways we seem to have lost valuable methods of living and thinking. We began with an assessment of the Paleolithic Era and what humanity has lost along the way that might be worthwhile recovering. What follows is a brief sampling of the Paleolithic wisdom crafted by students in one section of HIST 105:

- ◇ *have gratitude for simple things*
- ◇ *be more physically active*
- ◇ *don’t look for happiness in technology*
- ◇ *feel the earth*
- ◇ *take one day at a time*
- ◇ *make and sustain close friendships*

The students’ mid-semester assessment was a research project on an ancient wellness practice. I provided students with a list of topics that included: yoga, Ayurveda, Temazcal (Mayan sweat baths), cinnabar, Hildegard of Bingen, Hippocrates, Islamic hospitals, and Roman baths. In their research, students investigated the ancient origins of the person or practice as well as modern applications. Their projects were interesting, informative, and useful! One student went beyond researching yoga to integrating it as a personal practice for one week to examine its impact on his health. Another student, raised in a Western Christian tradition, shared that he found many elements of Buddhism and yoga so appealing that he desires to learn more about those customs.



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SPECIAL POINTS OF INTEREST

- Students in world history take on ancient wellness
- Judit Papp shares her latest experience at the Pine Ridge Indian Reservation
- Two alumni reflect on belonging and wellness
- The Civility Week Committee prepares for another week on sustainability
- The CVA Gallery prepares for a spring photography exhibit
- GCD students share last semester’s successes
- The spring semester is packed with exciting global events!

LEARNING FROM ANCIENT WELLNESS PRACTICES CONT.

Brooke Sheroke, a Business Administration major, researched Islamic hospitals/medicine and provided the following testimony of her learning.

What was the most valuable thing you learned?

I was most shocked by learning of Islam's significance in the spread of healthcare facilities and medicine and consider it the most valuable piece of information that I took away from my research. It opened my eyes to the religion as a whole and really sparked my interest in Islam. I got to learn about the background, long stretching history, and beliefs of Muslims. Additionally, I was able to gain context on modern political conflicts involving Islam and context surrounding the eventual creation of modern healthcare, such as its business structure and physical layouts.


What do you think is the most important thing for people to know about your ancient wellness topic?

I believe that understanding the significance of both modern and old medicine is something *all* people should take away from the topic. Throughout my project, I took the time to acknowledge some types of treatments that Muslims used during the early days of medicine, many of which are still used by them today. There are many aspects of them that can be taken into consideration, and we should also be aware of the positive and negative effects that a person's culture has on medicine and learn where to draw a line for their sake. No matter their background, *every* person should understand why medicine is important to maintaining a healthy society and how to continue achieving that.

Would it be beneficial if more people today explored this topic? Why or why not?

I would recommend for more people to explore the topic of Islamic Hospitals. It is an exploration into a religion that is widely unfamiliar to many people, but especially Americans. This brings attention to the Eurocentric curriculum in the United States because it shows how another group of non-European people were able to make such a widespread impact. The topic also shows the importance of medicine in our modern society and what we can take away from it in the past. It is a representation of human growth, and by spreading these messages along, we are to bring awareness to many issues facing America and beyond.

These are the benefits of integrating the GCP theme into our courses, and it's the reason why I routinely shift my assignments and approaches to teaching HIST 105. The result is a valuable and exciting learning experience for me and for students.



Causae et Curae

Causae et Curae is the second book of Hildegard's medicinal works, and is a much deeper analysis of the medical world in comparison to *Physica*. Similar to her first natural work, *Causae et Curae* is divided into five "books" or chapters.

It begins by analyzing God's creation and the universe. It discusses the entire universe, the sun, moon, stars, and planets, as well as the four elements. Additionally, Hildegard describes the relation between the universe and people on earth (Sweet).

To the left is an image illustrated by Hildegard herself. It is a painting of the universe. It includes the moon, the sun, the stars, and planets. It also includes representations of the four earthly elements. Although this image was created for *Scivias* and not for *Causae et Curae*, it still provides a visual representation of Hildegard's perspective of the universe as described in the book. The image is described as "egg shaped," yet resonates as uniquely feminine and divine.

Hildegard of Bingen, *Liber Scivias*, 1115,
(Hildegard of Bingen, *Liber Scivias*)

A slide from Sophia Patruno's project on Hildegard of Bingen.

HERE WILL GET YOU THERE

Katherine Carias, Coordinator, DSO, International Education Center

Here will take you there...

What if I told you *there* was always *here*? When I graduated from Brookdale in 2018, little did I know I would return to campus five years later to work at the International Education Center (IEC).

After completing my master's in International Relations in Barcelona, I knew I wanted to work in International Education. I was lucky the IEC had just opened up a position as a part-time coordinator - it was just meant to be.

As a new employee, I now understand why I had the success I did as a student: not only are the faculty engaged and committed to the students in their academic development, but the administrators and staff share the goal of ensuring that high-quality education is delivered through outstanding planning and exceptional teamwork behind every office.

It is my pleasure to now serve the Monmouth community through the variety of programming sponsored by the IEC. It is so rewarding to facilitate the academic experience of international students and support them along their journey in the United States. I am confident that with innovation and inclusion, we will continue providing students with the necessary tools for academic success.

I am excited to grow professionally in higher education. It is clear now that life has a purpose for each of us. *Mine was always here.*



[Are you a faculty member interested in global learning?](#)

Funding is available to faculty members who globally enhance classes that are not already designated as “CG” (cultural and global awareness) in the course catalog. To be eligible for funding, a class must (1) meet the minimum requirements (see below), (2) offer a short description on our website, (3) require students to complete a short assessment survey.

[The minimum threshold for a globally enhanced class:](#)

GCP considers a class globally enhanced if students spend at least six hours learning (via lectures, assignments, or self-directed inquiry) about geographical regions outside the US or considering issues that affect diverse populations in multiple locations (e.g., climate change, human trafficking, antibiotic-resistant bacteria, etc.). In these classes, students will share their learning with others after they complete a significant project or series of assignments.

To assist you in writing your description, GCP has created a template for globally enhanced classes. If you would like to add your class to this list, please email Ashley Zampogna-Krug (azampognakrug@brookdalecc.edu). To see our current list of globally enhanced classes please go to: <https://www.brookdalecc.edu/international/global-citizenship/globally-enhanced-classes/> There you can also learn more about the benefits of global enhancements and diversity in the classroom.



From left to right: Sergio Niño, Anna Flood, Katherine Carias, Raj Wesley, Lucy Wadych-Ketley, and Ashley Zampogna-Krug (Missing from photo: our amazing Director, Dr. Janice Thomas).

A MOMENT IN TIME CONT.

By Judit Papp, Filmmaker, Spiritual Healer, and Parapsychologist

As I was sitting on my camping chair, I was watching the clouds, the trees, and the hills around me. We were in a valley, protected by mounds around us, a perfect hiding place. But our reason was different this time. In the year 2023, a group of people from the Sioux Lakota tribe in Oglala, South Dakota did not need to go under ground anymore. In the Religious Crime Code of 1883 Congress banned all Native dancing and ceremonies, including the Sun Dance, Ghost Dance, potlatches, and the practices of medicine persons.

But those times are gone. Since the 1970s they are free to have their Sundance celebration. Until 1942 they were not allowed to vote either. It only took 450 years for them to become American citizens on their own land. They are so marginalized still today and live in such poverty on the reservations, with high suicidal rates. Seeing that, broke my heart to pieces.

This was my fourth trip to Pine Ridge Indian Reservation. The first visit left such an imprint on my soul that I had to return. This time I traveled with three other Hungarians who were curious about those who are native to this land. This was my second time attending

a Sundance ceremony to which a Lakota friend of mine invited me. There are certain rules people need to follow on the ground. I am not going to share those, because I don't have the right to give them out. It was such a privilege they allowed us to attend, and I would not want to betray their trust. The ceremonial ground is so sacred that not even phones are allowed.

One of my friends realized that not being able to use his phone while we were waiting during breaks, made it difficult for him to pass the time. We looked around; people were talking to each other, gathering fire wood for the sweat lodge, children were running around, playing, not worried about snakes, prairie dogs and other wild animals. I closed my eyes, to be with "ME", just to be present. I did not miss my phone, rather my camera. As a photographer and filmmaker, it is a struggle for me not being able to record something amazing that I could share later with others. But this is not the place! It is for those who are there to be part of these special few days. As a spiritual person, I just closed my eyes and focused on the energy around me. I did not miss any electronic devices. I felt relaxed and free.

Suddenly tears rolled down my cheeks, I had hard time breathing and I felt a lump in my throat. I knew this moment was so special, maybe a once in a lifetime experience. Standing barefoot, being connected to the ground, to the tree, to these people (mostly I did not even know them) was different. It was magical, a moment in time, that will never come back. But it will be in my heart and in my memory forever. I felt so honored to be with them, even just for a little bit.

Later on even my friend admitted that it was a challenge, but it felt good at the end not to be able to have his phone. That is the only way to be present wherever we are in whichever moment.

The other days we traveled around, to see the Badlands, the buffalos, the Black Hills, historical sites, like Wounded Knee, where a massacre occurred in 1890 and interesting enough, its anniversary is today as I am writing this article. Also there was an Occupation at the place in 1973. One evening my friend was asked to drive Grandmother Regina (Brave) home, which was a pleasure for us. We just listened to her stories on the way back to Oglala. It turned out she was at Wounded Knee in 1973, her photograph became an icon back then. She also attended the Standing Rock Protest where she was arrested at age 81. It just made me think...that we have no idea what these people had gone through. But life makes these crisscrosses of people's paths, to create interesting friendships and inspiration. Or at least that is how it affected me, to do more, to help them. In a way that is not offensive and with whatever tools I have to do the best that is possible.

Oglala is a place that history did not miss either. There was an incident in 1975 where two FBI agents were killed and Leonard Peltier was convicted for life and had been in prison since 1977. Locals know he is innocent, and he has been eligible for pardon since 1993, but none of the presidents gave forgiveness to him yet.

I also attended a Water Summit, while my friends visited places I had visited before. Other than me, there were only three non-native people. The Natives came from different states and represented many tribes. But they/we all had one goal, to protect the water.

Mni Wiconi=Water is Life.

A MOMENT IN TIME CONT.

For us these are only historical events, dates, and names. But for the Lakotas in Oglala, it is their everyday life, their families, friends and a place they call home. AIM (American Indian Movement) stands up for their culture, their traditions, their ancestors, their roots, their elders, their children, their future, and for justice. Spending time with them, listening to their stories, gave me an insight of the core of their actions. This is a very different perspective, not based on books written by outsiders, but it lays its contents of compassion, care, and love for one another and for the planet. There is a lot we can learn from them. That is why I keep going back and why I made my documentary film, which was accepted to 13 international film festivals and is available to watch now on YouTube.



You can watch Judit's documentary, "I" *The Message* on YouTube: <https://www.youtube.com/watch?v=yucZYpAL3YA>



REFLECTIONS THAT DEFINE, PROVOKE, AND INSPIRE OUR NOTIONS OF SUSTAINABILITY

By Dr. Ave Latte of the Education Department, and Dr. William J. Ryan of the Languages and ESL Department

Sustainability is a powerful word, raising consciousness around social, economic, and intellectual conversations, while simultaneously compelling us to act in line with its imperatives. Yet what does it mean to live in and protect the Earth in view of sustainability efforts? Does sustainability hold a place in narratives of equality and civility? If so, then is it also a foundational aspect of social reforms and transformations? What other ideas does sustainability conjure up when you process the term and its implications?

In the field of international relations, the United Nations foregrounds sustainability in its plan entitled, “Transforming Our World: the 2030 Agenda for Sustainable Development.” The preamble speaks to a framework that begins with eradicating poverty, by way of an interrelationship of goals relating to People, the Planet, Prosperity, Peace, and Partnership. How can the U.N.’s agenda regarding sustainable development—and its emphasis on the elimination of poverty—serve as a guide for ethical forms of political, economic, and social engagement with the concept of sustainability?

Moreover, we must also consider how to discuss the concept of sustainability with others who may not believe that current societal practices are threatening present and future generations. What does civility look like in the context of the climate crisis and the need for consensus, when we find ourselves at the brink of planetary collapse? What can reflection on the practices of sustainability hold for our human and non-human futures, and how can we move our conversations in the direction of civility and hope?

Who is at the vanguard of dealing with the overlapping environmental, sociopolitical, and economic crises facing the planet?



The Civility Week Committee continues to accept proposals for our Spring 2024 Civility Week event on February 19-23, 2024. Consider presentation topics that embolden and expand our notions of sustainability. Our Civility Week Program will be available for participant registration in early February.

Contact Dr. Ave Latte for proposal support and more information on our Sustainability Spring 2024 week at alatte@brookdalecc.edu.

GCD students presented *Sustainability: A 360° Analysis* during the Fall 2023 Civility Week.

Featured from left to right: Dr. Rajkumari Wesley (GCD Coordinator); Eden Pela, Kenneth Grant, and Morena Traditi (GCD Scholars).

MENTAL HEALTH AND WELLNESS TIPS FOR COLLEGE STUDENTS

Chrissy Maber, Class of 2017, Secretary of the Executive Board for the Alumni Association, and Clinical Mental Health Counseling Graduate Student at Georgian Court University

As I am typing this you are on your Winter Break but as you are reading this, you are back in the classroom. This may mean returning to the office for some, for others this may mean hitting the books and starting a new semester, or perhaps this may mean starting another semester of teaching. Regardless, everyone is starting on a fresh slate in the new year. This may bring some individuals feelings of apprehension as the new semester begins, anxiety when midterms arise, or even stress when it is time to take finals.

If you feel this way, or are struggling in other ways at any point during the semester, it is important that you not suppress your feelings. Rather, realize that you can speak to someone in the Counseling Center about how you are feeling so that he or she/they or them can assist you in untying your emotional knots. If necessary, they can connect you with a Licensed Professional Counselor who could further assist you.

As an alumni of Brookdale who wants you to succeed, I have some advice that may assist you. **1)** If you are struggling academically in a course, go to your Professor's Office Hours. Office Hours are typically listed on a Professor's syllabus; if they are not included on the syllabus, their schedule will be posted on their door. Each and every professor at Brookdale truly cares about your success. **2)** Talk to your fellow peers. A simple, "Hi, how are you today?" can go a long way, and you may potentially form lifelong friends with those individuals with whom you form conversations with. Additionally, it may assist you to form study groups with peers in your classes. Do not be afraid to raise your hand and participate or ask questions in class. There will most likely be one or two other students who have the same questions as you. **3)** Find an activity that you love and get involved in it. It has been factually proven that students who get involved do better academically. **4)** Find time for yourself daily. Whether it be journaling, practicing mindfulness, calling a loved one, going to the gym, or taking a walk, yes, your classes matter, but you come first. **5)** Get sleep. Although you may think pulling all-nighters help, do not write an essay the night before it is due or study for an exam the evening prior. You will thank yourself if you start earlier as you will ultimately feel less stressed and overwhelmed. **6)** Jersey Blues, trust yourselves, and welcome to the Spring 2024 Semester.

March 21 2024 – April 26 2024


Experience & REALITY

Intersections of Identity, Design and Imagination in 20th and 21st Century Photography

We are pleased to announce our upcoming CVA Gallery exhibit which includes photography by *Walker Evans, Danny Lyon, Ansel Adams, Arthur Tess* and *Bruce Davidson* from Brookdale's permanent collection alongside work by current Brookdale photography students and recent alumni.

A supplemental digital resource exploring alt-text written as poetry and by AI will be developed around select photographs from the exhibit for people with low and no vision. Students, faculty, staff and members of the community are welcome to join our alt-text workshop on February 6.

Information about the workshop and exhibit will be available at <https://www.brookdalecc.edu/center-for-the-visual-arts-gallery>. Please email Elisa Elorza at elorza@brookdalecc.edu with any questions.



Arthur Tess, *Shadow #53*, c.1974. Gelatin silver print

CHHANGE 2024 SPRING CALENDAR OF EVENTS

Addressing Antisemitism in the Wake of October 7th

January 18, 2024, 6:00-7:00pm – virtual

Join Dr. Michael Berenbaum, the NJ Commission on Holocaust Education, and Holocaust Resource Centers from around New Jersey for this timely and important program designed to respond to questions from educators.

International Holocaust Remembrance Day

January 30, 2024, 7:00-8:30pm – virtual

Dr. Joanna Sliwa and Dr. Elizabeth (Barry) White discuss their book, *The Counterfeit Countess*, which tells the story of little-known hero Countess Janina Suchodolska, who rescued Poles during World War II while trying to hide her Jewish identity and survive the Holocaust.

Kwibuka 30

April 2, 2024, 7:00-8:30pm - virtual

Chhange will commemorate the 30th anniversary of the 1994 Genocide Against the Tutsi in Rwanda with this virtual presentation featuring Henriette Mutekwaraba, Survivor and Executive Director of the Million Lives Genocide Relief Fund.

Armenian Genocide Remembrance

April 24, 2024, 7:00-8:30 pm

Join Chhange for a panel discussion on the forced displacement of Armenians from Artsakh in September 2023 and the current refugee crisis in Armenia. Speakers to be announced.

Yom HaShoah Commemoration

May 1, 2024, 9:30-11:30am – BREC

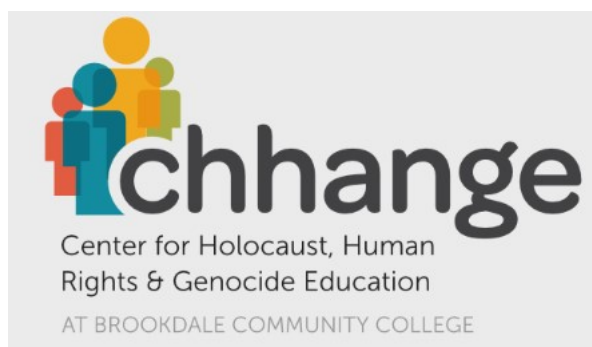
Chhange's annual Yom HaShoah Commemoration event will feature Survivors and their families, with David Frey, Director of the Center for Holocaust and Genocide Studies at West Point Military Academy, as the keynote speaker.

42nd Annual Chhange Colloquium

May 15, 2024, 9:00am-12:30pm – Collins Arena

This year's Colloquium will look at the topic "Confronting Propaganda: Your Message Matters" through breakout sessions and a keynote from Renee Hobbs, Founder, Media Education Lab.

Go to chhange.org for more information on these programs and to register. Contact Rachel MacAulay at rachel.macaulay@chhange.org to schedule a class tour of *Journeys Beyond Genocide: The Human Experience Exhibit*.



THE GLOBAL CITIZENSHIP DISTINCTION PROGRAM: ANOTHER SUCCESSFUL SEMESTER FOR THE GCD SCHOLARS

By Eden Pela and Morena Traditi, GCD Scholars

The Fall term of 2023 proved to be another successful semester for the Global Citizenship Distinction Program. The GCD scholars, led by Faculty Advisor, Dr. Rajkumari Wesley, and encouraged by the success of various events, continued to work hard, and displayed excellence in the various academic and campus activities.

Once again, we brought the community together to reflect upon important issues affecting our society. Last October, during Civility Week, Eden Pela, Kenneth Grant, Jean Paul Gerdy and Morena Traditi stepped-up to discuss the importance of "Sustainability", which was the theme for the week. In their presentation titled **Sustainability: A 360 ° Analysis**, they focused on different aspects of our lives and society and asserted that we should return to the greener side of our environment, to safeguard the ecosystems and the peoples of the world. Everybody in the room was passionately involved in the discussion and offered important resolutions that all of us should observe for the sake of the next generations and their brighter future.

Later in November, we organized the first ever GCD Debate: GCD scholars Morena Traditi and Eden Pela proceeded to bring to the table another sensitive issue affecting the United States: **Do Book Bans Affect Intellectual Wellness?** This was the title for the radical and controversial Debate hosted in collaboration with the Caroline Huber Holistic Wellness Center. The focus of the occasion was: whether it is correct to ban books pertaining to a certain category; particularly, the questions were how the ban is shaping the intellectual development of K-12 students and how they could be affected by the deprivation of books. This was novel in the sense that it is perhaps one of the more recent collaborations, where student panelists worked with faculty to argue and prevail over the opposition. Professor Barbara Bar-

on, formal coach for the debate team at Brookdale, moderated the panelists: Eden Pela and Professor Jacquelyn Seely from the Criminal Justice Department on one side, advocating for the book bans; Kai Antone, Health Science major and Phi Theta Kappa scholar, alongside Professor Jane Scimeca for the proposition, as GCD scholars and the audience came together to talk about a delicate matter that challenges all of us.

The joy and satisfaction derived from another successful semester has once again left the GCD cohort looking forward to a fulfilling Spring 2024 term! The agenda includes another panel for Civility Week, a trip to the United Nations in New York City, a High School Workshop on Wellness, and continued work on the Poster campaigns. We are grateful to the ever-supportive team led by Dr. Janice Thomas, Director of The International Education: Lucy WadychKetley, Anna Flood, Dr. Ashley Zampogna-Krug, Katherine Carias, and our wonderful student worker and a GCD Scholar himself, Sergio Niño. We owe a deep sense of gratitude to the whole team.

Apart from the academic departments and the Globally Enhanced Classes, we have the generous support of several departments like College Relations, the Teaching & Learning Center, Office of Diversity and Inclusion and the Wellness Center among others. As a few of us are ready to move on to the next Institution, we are preparing to say "Goodbye" to a fundamental and amazing GCD Chapter at Brookdale; it is always bittersweet, but we are ready to walk in new forged shoes after graduation. We request the college community reading this article, to please promote the GCD Program in your classes, via Canvas. Please contact Dr. Rajkumari Wesley, Psychology Professor and Faculty Advisor of the GCD Program at rwesley@brookdalecc.edu

Please click on the link below to know more about the GCD program.

<https://www.brookdalecc.edu/international/global-citizenship/global-distinction/>

Important Spring 2024 Meetings (first Tuesday of the month):

February 6, 4:30 p.m. – 5:30 p.m., MAN 108 (Orientation & Kick Off)

March 5, 4:30 p.m. – 5:30 p.m., MAN 108 (Monthly meeting)

April 2, 4:30 p.m. – 5:30 p.m., MAN 108 (Monthly meeting)

May 7, 4:30 p.m. – 5:30 p.m., MAN 108 (Monthly meeting)



SPRING 2024 MEETINGS AND EVENTS

Global Citizenship Project Meetings via Zoom:

Friday, February 9, 10:00 a.m. - 11:00 a.m.

Friday, March 8, 10:00 a.m. - 11:00 a.m.

Friday, April 12, 10:00 a.m. - 11:00 a.m.

**Link for joining via Zoom: <https://brookdalecc.zoom.us/j/93755037267>

International Education Advisory Council Meetings: MAN 108 and via Zoom:

Thursday, February 29, 11:45 a.m. – 1:00 p.m.

Thursday, March 28, 11:45 a.m.— 1:00 p.m.

Thursday, April 18, 11:45 a.m. – 1:00 p.m.

**Link for joining via Zoom: <https://brookdalecc.zoom.us/j/96854061978>

SPRING PROGRAMMING:

It Takes A Village: Saving New Jersey's Coastal Wildlife through Community Engagement

Monday, January 22, 6:30 p.m., Student Life Center Twin Lights Rooms

Director Jenna Reynolds will describe the mission and goals of Save Coastal Wildlife, a non-profit organization dedicated to preserving wildlife along the Jersey Shore through educational outreach programs, citizen science projects, habitat restoration and research activities. Ms. Reynolds will discuss the importance of collaboration amongst community volunteers, local businesses and government, and she will highlight a few of Save Coastal Wildlife's important activities, including horseshoe crab monitoring, seal monitoring, and fish surveys.

Affirming Trans Life and Trans Students Across Campus with Adam Stevens

Wednesday, January 24, 5:00 p.m., Student Life Center (Room 216)

Sponsored by Diversity and Inclusion/CCOG

General Study Abroad Info Session

Tuesday, February 6, 11:30 a.m.—12:30 p.m., MAN 108 and via Zoom

Learn about semester, J-term and summer study abroad options. Learn about scholarships and how to use financial aid to fund your study abroad experience.

Link if joining via Zoom: <https://brookdalecc.zoom.us/j/97870842857>

Sponsored by the International Education Center

Affordable Housing Alliance: How to Buy a Home with Toi Collins

Tuesday, February 20, 12:00 p.m.— 12:30 p.m., Caroline Huber Holistic Wellness Center

Sponsored by Diversity and Inclusion/CCOG

Civility Week: “Sustainability” (February 19-23)

For the full list of Civility Week events go to: <https://www.brookdalecc.edu/civility-week/>

Healthcare and Maternity Leave: International Students' Perspectives (A Civility Week Event)

Tuesday, February 20, 11:45 a.m.—1:00 p.m.; Location TBD

International students will host a panel discussion on their country's policies regarding access to healthcare and maternity leave.

Sponsored by the International Student Association, the International Education Center, and the Civility Week Committee

SPRING PROGRAMMING CONT.:

Ecology & Sustainability Project with Movement Generation (A Civility Week Event)

Wednesday, February 21, 12:00 p.m. via Zoom, scan the QR code to register
Environment, Land, Liberation. We will dive into the Just Transition framework—a vision-led, unifying and place-based set of principles, processes, and practices that build economic and political power to shift from an extractive economy to a regenerative economy.

Sponsored by Diversity and Inclusion/CCOG



Scan the QR code above to view a full list of Diversity & Inclusion/CCOG events and to register for Zoom links.

General Study Abroad Info Session

Thursday, February 29, 11:30 a.m.—12:30 p.m., MAN 108 and via Zoom

Learn about semester, J-term and summer study abroad options. Learn about scholarships and how to use financial aid to fund your study abroad experience.

Link if joining via Zoom: <https://brookdalecc.zoom.us/j/97870842857>

Sponsored by the International Education Center

Mental Health on Indian Reservations

Tuesday, March 5, 9:30 a.m.—10:45 a.m., Location TBD

A presentation by Judit Papp about the root causes of mental health on the Indian Reservations. AIM, Hollywood, history, and tradition from the Native American perspective through a white woman's experience.

Sponsored by the Global Citizenship Project and the International Education Center

Environmental Wellness: Citizen Architect: Samuel Mockbee and the Spirit of the Rural Studio (documentary film)

Thursday, March 21, 12:00 p.m.—1:00 p.m., CVA Gallery

Sponsored by the Global Citizenship Project and the Center for Visual Arts

Protecting NJ Wildlife: The Example of Red Knots and Ecosystem Protection on Delaware Bay

Monday, March 25, 6:30 p.m.

Dr. Lawrence Niles will describe his company's work on shorebird conservation, with a focus on endangered Red Knots. He will also explain how innovative beach and marsh restoration projects can provide protection against the negative impacts of climate change.

Dr. Niles worked for the New Jersey Division of Fish and Wildlife, first as a biologist and then as chief of the Endangered and Nongame Species Program where he led the Bald Eagle Recovery Project and the Delaware Bay Shorebird Project. In 2006, Dr. Niles started Wildlife Restoration Partnerships to focus on shorebird ecology and habitat conservation. Nearly all of Wildlife Restoration Partnerships projects are funded by federal and state wildlife agencies and foundations and are carried out in partnership with many groups, including the American Littoral Society, Conserve Wildlife Foundation of NJ, NJ Audubon Society and Defenders of Wildlife. Dr. Niles is a member of the National Shorebird Council, the Executive Board of the Western Hemisphere Shorebird Reserve Network, and the Adaptive Resource Management Committee of the Atlantic States Marine Fish Commission.

SPRING PROGRAMMING CONT.:

Wellness: Abundance: The Farmlink Story (documentary film) and Food Collection

Thursday, March 28, 11:45 – 1:00 p.m. Location TBD

This brief documentary follows a group of college students on a mission to end food insecurity in the United States by creating the Farmlink Project. To date, the Farmlink Project has moved 130 million pounds of food from farmers to communities and delivered 108 million meals. We invite you to bring a non-perishable food item to this event for donation to a local food pantry. *Sponsored by International Education Center, Global Citizenship Project*

Supporting Students Across the Autism Spectrum with Timothy Rohrer

Wednesday, April 3, 12:00 p.m., Student Life Center (Room 216)

Share his lived experience, please attend this event to learn from and in support of this young local advocate putting his heart on the line.

Social Wellness: International Festival

Tuesday, April 9, 11:30 a.m. – 1:00 p.m., Student Life Center, Navesink Rooms

Each spring the International Student Association hosts the annual International Festival. The festival is a multicultural celebration, featuring ethnic food, dance and music, arts and crafts, and cultural booths. Several Brookdale clubs and organizations, and individual students are involved in the festival representing their unique international and cultural significance.

A highlight of this year's festival will feature Afro Brazilian Capoeira: Spanning 500 years this martial art was hidden in dance, music and the coded language of Brazilian Portuguese. The Crew: Baiano, Amazonas, Gaivota, and Graveto are all professional instructors and practitioners who come from all parts of NJ to demonstrate and facilitate the workshop which will involve the movements, music, and magic of the art of Capoeira. Join us! No experience necessary!

Sponsored by International Student Association, Student Life and Activities, International Education Center, Diversity and Inclusion/CCOG

Intellectual Wellness: Global Citizenship Awards Ceremony

Monday, April 29, 7:00 p.m. – 9:00 p.m., Navesink I & II, Student Life Center

At the 13th annual Global Citizenship Project (GCP) Awards ceremony, Brookdalians will be celebrated for their globally minded coursework and/or their service to the community.

Sponsored by International Education Center, Global Citizenship Project & Student Life & Activities.

Free and open to the public.

THE GLOBAL CITIZENSHIP PROJECT

The Global Citizenship Project (formed in 2009) is a group of Brookdale employees, representing a variety of academic disciplines and programs, all of whom believe in the transformative power of learning, of pushing beyond boundaries and seeing past the self, of engaging with the world while in school.

GET INVOLVED!

Brookdale faculty and employees can engage by creating Globally Enhanced Classes, nominating students for [GCP Awards](#), and participating in the Global Read. All Brookdalians can contribute to GCP by writing articles for the GCP newsletter and by planning or attending globally themed events. Faculty can also access teaching resources in the GCP Canvas course. For a sample of GCP's virtual events, please check out the [GCP Playlist on Brookdale's You Tube channel](#). For more information about the Global Citizenship Project contact Dr. Ashley Zampogna-Krug (azampognakrug@brookdalecc.edu) faculty liaison to the International Education Center.