

Academic/Teaching Experience:

Instructor Brookdale Community, College Lincroft, NJ 2009-Present

Teach courses within the Psychology and Human Services Department to lower-level students in class sizes averaging 25-35 Students. Includes teaching a fully online course, and courses taught at a variety of extension sites with a course load averaging 6 courses per semester. Courses are both applied and didactic.

Adjunct Professor Brookdale Community, College Lincroft, NJ
2003-2009

Teach Psychology, Sociology, and Human Development to lower-level students in class sizes averaging 25-35 Students. Includes teaching ITV (classes were taught on the main campus and broadcasted to various extension sites with approximately 50 students in total, web-enhanced courses, with an online component, a fully online course, and courses taught at a variety of extension sites.

Adjunct Professor Monmouth University, West Long Branch, NJ
2003-Present

Teach Psychology classes to lower- level, upper-level, and Masters level students in class sizes averaging 25-35 students. Includes teaching web-enhanced and online courses.

Instructor/SDS Brookdale Community, College Lincroft, NJ
2003-2009

Worked as full time faculty member Spring semester 2007, full responsibilities of a faculty member, otherwise worked as an adjunct Student Development Specialist.

Teaching Evaluations

Quantitative scores nearly always exceed 4 on a 5-point scale in which 5 is top score

Courses Taught

- Crisis Intervention
- Introduction to Psychology
- Developmental Psychology
- Theories of Personality
- Group Dynamics
- Introduction to Alcohol and Drug Abuse
- Counseling the Addicted Person
- Social Aspects of Addiction
- Freshman College Success Seminar
- Intercultural Communication
- Introduction to Human Services

- Various Independent Studies

Master's level courses include:

- Developmental Psychology
- Counseling Practicum I
- Multicultural Counseling
- Marriage and Couples Counseling
- Introduction to Drug and Alcohol Counseling
- Treatment of Drug and Alcohol Abuse
- Counseling Theory and Techniques
- Advanced Alcohol and Drug Counseling

Academic Honors, Awards, and Professional Affiliations:

- Member of American Counseling Association
- Member of New Jersey Counseling Association
- New Jersey Counseling Association Student of the Year
- Member of PSI CHI Honor Society
- Recipient of Academic Fellowship
- Dean's List all semester's of graduate school
- Member of Chi Sigma Iota Honor Society
- Research Chair Chi Sigma Iota
- Treasurer of the Mid-Atlantic Human Services Consortium
- Treasurer of the National Organization for Human Services
- President of the Mid Atlantic Human Services Consortium.
- Selected to provide keynote on Chi Sigma Iota induction ceremony

Scholarly Contributions

Publications:

- Author of chapter on Sexual Assault and Rape in
Cavaiola, A. & Colford, J (Ed) (2005). Practical guide to crisis intervention. New Jersey: Houghton Mifflin
College Division

- Instrumental in indexing, editing, and research for the book :

Trotman, F.K., & Brody, M.C.(2001). *Psychotherapy and counseling with older women: Cross cultural, family, and end-of-life issues*. New York: Springer Publishing Company

- Research and contributions for various books and presentations written by Trotman, F.K. as her graduate assistant 2000-2004.

Presentations:

Trotman, F.K., Silverstein, L.B., & Jackson, N.M. (2012). *Teaching multicultural competence: Traditions, difficulties, and innovations*. 29th Annual Winter Roundtable , Columbia University: New York, NY.

Jackson, N.M., Reynoso, H., and Theis, D. (2011). *The student professor relationship*. National Organization of Human Services: San Antonio, Texas.

Jackson, N.M. and Suprina, J. (2011). *The Belonging/Attachment model of addiction*. Florida Adlerian Society: Clearwater, Florida.

College Service

- Basic Skills Committee member – Governance BCC
- Student Development Committee member – Governance-BCC
- Coordinator of the Human Services Program-BCC; works alongside the Department Chair, is responsible for staffing of human services courses and management of all human services course relation issues within the department.
- Co-Chair of 5-Year Program Review-BCC; task is complete revamping of the Human Service Program, this includes providing all of the educational requirements for the CADC, creating measureable assessments for all courses within the program, ways of marketing and expanding the program, expansion of internships sites , and development of and revision of course curriculum.
- Co-Advisor of the Psychology and Human Services Club
- Panel Discussion- Introduction to Hybrid and Online Classes-Monmouth University

Professional Development

- All continuing education requirements for licensure by the Division of Consumer Affairs, State of New Jersey- over 40 CE's per year pertaining to Psychology, Professional Counseling, and Substance Abuse Counseling.
- Certified by Brookdale to teach fully online courses, through Technology and Learning Center, Brookdale Community College.
- Yearly attendance at Counseling and Human Services conferences.

Non- Academic Work Experience

- Mental Health Clinician* UMDNJ/JJC Jamesburg, NJ
2007-2009

Responsible for providing identified special needs incarcerated youth individual counseling, psycho-education, group therapy, client charting, and formulating and following out treatment plans. Also responsible for assessing the stability of inmates who are at risk for suicide and/ or homicide, or psychotic breaks, while placed on detention status.

Sole Proprietor
present

Private Practice, West Long Branch, NJ

2007-

Owning a small private practice providing mental health counseling and psychotherapy for persons with a myriad of issues including, addictions, mood disorders (Major Depression, Bipolar, Post Partum Depression), anxiety disorders, and other mental health issues. Providing individual, couples, family, and group counseling.

Supervisor
2001-2003 & 2006-2007

Epiphany House, Asbury Park, NJ

Responsible for supervision of supportive clinical staff and interns. Provide weekly didactic supervision sessions, discussing ethical and professional concerns, as well as transference and counter-transference issues. In addition the staff is provided with information about the treatment of the substance addictive client population. Previous roles included that of family counselor and primary counselor. Duties included coordinating case management services with clients clinical counseling needs; performing assessments, providing individual counseling, psycho-education, group therapy, client charting, and formulating and following out treatment plans for alcohol and drug addicted clients. From 2001-2003 worked full-time. Returned in 2006 full-time at the request of the director to assist with various programmatic changes and worked full-time 2006-2007.

Counselor
2003-2006

Ocean Twp. Department of Human Services, Oakhurst, NJ

Duties include providing clients clinical counseling needs; performing assessments, providing individual counseling, psycho-education, group therapy, client charting, and formulating and following out treatment plans for alcohol and drug addicted clients. Served as a Crisis Interventionist when needed. Worked full-time 2004-2005. Worked part-time in 2003 and from 2005-2006.

Counselor/Case Manager Grant Writer Long Branch Housing Authority, Long Branch, NJ
2003

Duties include coordinating case management services with clients clinical counseling needs; performing assessments, providing individual counseling when necessary, client charting, and providing appropriate client needs. Responsible for researching various available grants, writing grant proposals, formulating new programs and implementing them. Secured TANF Youth grant for the organization valued at 20,000; also instrumental in securing of multimillion dollar Hope VI grant. This was a temporary part-time position during the course of the grant.

Highlights

Proficient in Windows operating systems

Proficient in Microsoft Word, Excel, PowerPoint, and Access

Proficient in DataTel Systems

Proficient in SPSS

Founder on non-profit organization, Second Chance that advocates for persons with criminal records to obtain employment

Founded Pride Organization and spoke at several conferences regarding racial tensions on campus

Instrumental in creation of Graduate Student Handbook in Counseling Psychology at Monmouth University

