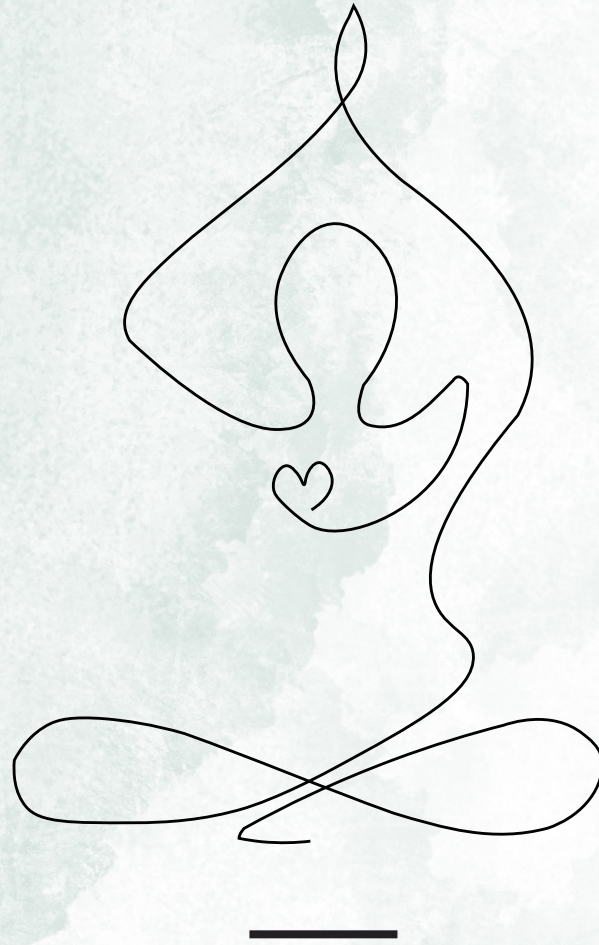


RELAX AND UNWIND

WITH OUR FREE WELLNESS CENTER YOGA SERIES



**YOGA SERIES WITH
LIZ LAWRENCE**

**THURSDAY
12:00PM - 1:00PM
(1:00PM- 1:15 PM)**

**LOCATED IN BREC 202
A 15 MIN MEDITATION SESSION TO FOLLOW EACH CLASS**

**OPEN TO
ALL LEVELS**

**CLASSES BEGIN
ON SEPT 7th**

**REGISTER BY CLICKING OR SCANNING THE QR CODE BELOW
MORE INFORMATION CAN BE FOUND IN SIGN-UP FORM**

