

Fall 2021

Dear Nursing 172 Student,

We would like to take this opportunity to personally welcome you to Nursing 172. The Course Orientation for Nursing 172 is mandatory taking place on Wednesday, September 8, 2021, Remote Live via Zoom. The day students should attend the morning session 10 am.-1:00 pm. and the evening students should attend the evening session from 5:00 pm -8:00 pm. DE students may attend either session.

If the course orientation you are scheduled for conflicts with another class, please feel free to just let us know as you may attend a different course orientation.

You will receive a Zoom invite on Wednesday morning September 8, 2021.

In addition to the bundle purchased in 171 the following additional textbooks are required:

- Davis Advantage for Medical-Surgical Nursing: Making Connections to Practice, 2nd ed by Janice J. Hoffman and Nancy J. Sullivan ISBN-13: 978-0-8036-7707-4
- Psychiatric-Mental Health Nursing 8th ed by Sheila L. Videbeck ISBN: 978-1-975116-37-8.

***When purchasing the Medical Surgical book directly from FA Davis online students receive 20 % off with the discount code H74CHEXV + free shipping**

***When purchasing Videbeck direct from Lippincott (URL below) students receive 30% off**
lippincottdirect.lww.com/NursingEducation-BrookdaleCommunityCollege-Spring2021

Our course will start out with a focus on Mental Health for the first four weeks, then move to a focus on Nursing Care of Patients with disorders of Oxygenation and Perfusion followed by a focus on disorders of Metabolism and Elimination. For all DE sections we value the discussion forums that reinforce the learning outcomes, therefore it is imperative that you participate and achieve a 74 in each discussion forum as noted in our course grading policy.

Review the attached Math Study Packet to prepare for the math exam at the start of the semester.

During course orientations, we have mandatory paperwork that needs to be completed prior to the first day of clinical, to comply with clinical agency requirements. All required documentation needs to be up to date in Castlebranch prior to attending clinical.

Our Best Wishes for an enjoyable summer break!

The Nursing 172 Course Faculty

Linda Servidio, Lisa Mannino and Christine Hogan

Unit 1 Psychosocial Nursing-- Textbook: Psychiatric Mental Health Nursing-8th edition Shelia Videbeck

During the mental health rotation (Unit 1) you will be informed by your clinical instructor what the clinical agency requires as the dress code. Attached is an outline of the first 4 weeks. Please refer to the table of contents for the readings. You will receive the syllabus on the first day of instruction when you gain access to Canvas.

Lecture 1-Clinical Week 1

- Introduction to Mental Health Nursing: /Defensive Mechanisms, Therapeutic Communication
- Foundations of Psychiatric Mental Health Nursing
- Neurobiologic Theories and pharmacology
- Treatment Settings and Therapeutic Programs
- Anxiety Disorders: Focus on Anxiety/Panic/Panic Disorder
- Trauma and Stress Related Disorders-Focus Acute Stress Disorder & Post-traumatic Stress disorder
- Anxiolytics medications
- Personality Disorders-Borderline and Antisocial

Lecture 2-Clinical Week 2

- Legal & Ethical Issues
- Anger, Hostility, & Aggression
- Schizophrenia & Other Psychotic Disorders
- Antipsychotic medications & medications to treat the side effects of Antipsychotic medications

Lecture 3-Clinical Week 3

- Mood Disorders-Depression & Mania & Suicide
- Antidepressants & Mood Stabilizers
- Electroconvulsive therapy

Lecture 4-Clinical Week 4

- Addiction
- Cognitive disorders-Delirium & Dementia